

**Swansea University LC Sprint 2024 - 02/06/2024**  
**Meet Program - Session 1 (Warmup 8.00 - 8.50)**

**Event 1 Boys 12 & Over 200 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 5 Finals**

1				—
2	Bowes, James F	12	Carmarthen	3:05.21
3	Chapman, Henry	12	Carmarthen	2:52.70
4	Waters, Toby	13	Swansea Aq	2:47.49
5	Lewis, Cian	14	Neath	2:52.43
6	Taylor, Joshua M	12	NexusValleys	2:56.70
7				—
8				—

**Heat 2 of 5 Finals**

1	Smith, Declan	12	Amman Valley	2:39.91
2	Flynn, Asten P	13	NexusValleys	2:38.70
3	Hale, Oliver S	13	Swansea Aq	2:33.40
4	Grugel, Sam	13	C Dolphins	2:31.44
5	Harwood, Jack	12	Pembs Cty	2:32.80
6	O'Hara, Corey	15	Aberavon	2:34.32
7	Smith, Herbie C	13	Swansea Aq	2:38.74
8	Thomas, Rhys	13	Pembs Cty	2:40.50

**Heat 3 of 5 Finals**

1	Davies, Gethin	15	Pembs Cty	2:30.00
2	Elmes, Max	13	Carmarthen	2:24.68
3	Griffiths, Sam	15	Carmarthen	2:20.20
4	Chapman, Coby L	14	Penyrheol	2:17.93
5	Bowen, Ifan	17	Carmarthen	2:18.60
6	Roberts-Truman, Harri	13	Neath	2:23.90
7	Morgan, Ben	14	Pembs Cty	2:27.87
8	Williams, Iestyn	17	Neath	2:31.09

**Heat 4 of 5 Finals**

1	Jones, Lloyd D	20	Merthyr Tydf	2:10.00
2	Neaves, Archie	19	Swansea Uni	2:09.27
3	Keeble, Alex	19	Swansea Uni	2:00.79
4	Clegg, Luke	18	Swansea Uni	1:59.60
5	Patsalides, Antonis	22	Swansea Uni	2:00.42
6	Murray, Ross	18	Swansea Uni	2:03.36
7	Bennett, Finley	15	Pembs Cty	2:09.58
8	Douglas, Lucas	13	Neath	2:13.63

**Heat 5 of 5 Finals**

1	Gillett, Oliver	16	Swansea Aq	1:55.67
2	Gallahger, Dylan	21	Swansea Uni	1:55.46
3	Adams, Max	20	Swansea Uni	1:54.50
4	Williams, Joshua	21	Swansea Uni	1:50.60
5	Deighan, Joseph	21	Swansea Uni	1:52.90
6	Armon, Jacob	21	Swansea Uni	1:55.00
7	Staines, Luca	20	Swansea Uni	1:55.55
8	Docking-Smith, Frankie	19	Swansea Uni	1:56.15

**Event 2 Female 12 & Over 200 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 7 Finals**

1				—
2				—
3	Jenkins, Cadi H	12	NexusValleys	3:07.80
4	Morris, Ffion H	12	Pembs Cty	3:01.30
5	Kaill-Franks, Nia	12	Pembs Cty	3:06.80
6				—
7				—
8				—

**Heat 2 of 7 Finals**

1				—
2	Bowen, Seren E	13	Carmarthen	2:56.80
3	Richards, Amber	15	C Dolphins	2:53.88
4	Short, Amelia L	12	NexusValleys	2:48.17
5	Jones, Hannah	13	Swansea Aq	2:49.00
6	Perrott, Hannah	13	C Dolphins	2:56.38
7	Thomas, Carys	13	Penyrheol	3:00.30
8				—

**Heat 3 of 7 Finals**

1	Powell, Lottie	14	Swansea Aq	2:43.20
2	Williams, Paige T	12	Swansea Aq	2:42.30
3	Knight, Lily E	13	Swansea Aq	2:41.00
4	Griffiths, Ffion	12	Pembs Cty	2:39.30
5	Davies, Erin	12	C Dolphins	2:40.59
6	Collins-Falconer, Alesha G	15	NexusValleys	2:41.84
7	Patterson, Hollie M	12	Carmarthen	2:42.69
8	Jones, Hunydd	12	Carmarthen	2:43.90

**Heat 4 of 7 Finals**

1	Hall, Isabelle	13	Pembs Cty	2:37.03
2	Thompson, Freya	13	Pembs Cty	2:33.43
3	Mason, Phoebe	13	Pembs Cty	2:30.74
4	Thomas, Caitlin	15	Penyrheol	2:28.50
5	Bruce, Skye	15	Pembs Cty	2:30.30
6	Coffey, Cora	14	Neath	2:32.87
7	Hughes, Nancy J	15	NexusValleys	2:35.60
8	Stark, Tala	13	Pembs Cty	2:38.20

**Heat 5 of 7 Finals**

1	Hale, Libby R	15	Swansea Aq	2:26.17
2	Williams, Marys E	14	Swansea Aq	2:23.60
3	Clissold, Elizabeth	18	Pembs Cty	2:21.32
4	Webb, Saskia	17	Pembs Cty	2:20.00
5	Stoimenova, Kameliya	20	Swansea Uni	2:20.54
6	Gilderdale, Celyn	15	Pembs Cty	2:23.46
7	Carter, Ava	15	Penyrheol	2:23.80
8	Sedgemore, Lola	12	Neath	2:27.91

**Heat 6 of 7 Finals**

1	Lewis, Lowri	17	Neath	2:19.38
2	Smart, Charlotte E	17	Swansea Aq	2:18.04
3	King, Marley	15	Penyrheol	2:14.90
4	Bamborough, Katie	19	Swansea Uni	2:13.27
5	Geach, Libbie	15	Neath	2:14.65
6	Humphreys, Holly	15	Swansea Aq	2:17.94
7	Chayka, Sofia	18	Swansea Aq	2:18.09
8	Huws, Awen G	15	NexusValleys	2:19.40

**Heat 7 of 7 Finals**

1	Stokes, Aimee L	19	Swansea Uni	2:10.62
2	Johnson, Charlotte	20	Swansea Uni	2:09.44
3	Sharp, Laura	21	Swansea Uni	2:07.93
4	Patterson, Millie	18	Swansea Uni	2:06.72
5	Forwood, Emily	19	Swansea Uni	2:06.97
6	Griffiths, Cerys	14	Pembs Cty	2:08.20
7	Lamb, Holly	19	Swansea Uni	2:09.79
8	Hunter, Olivia	19	Swansea Uni	2:12.65

**Swansea University LC Sprint 2024 - 02/06/2024**  
**Meet Program - Session 1 (Warmup 8.00 - 8.50)**

**Event 3 Boys 12 & Over 50 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 5 Finals**

1				—
2				—
3	Williams, Gethin E	12	NexusValleys	1:02.00
4	Backen, Freddie	12	Pembs Cty	59.10
5	Bowes, James F	12	Carmarthen	59.90
6				—
7				—
8				—

**Heat 2 of 5 Finals**

1	Lummis, Ralph J	13	NexusValleys	53.10
2	Chapman, Henry	12	Carmarthen	50.80
3	Chadwick, Thomas	14	Neath	48.99
4	O'Hara, Corey	15	Aberavon	46.55
5	Stephens, Charlie	13	Neath	47.65
6	Flynn, Asten P	13	NexusValleys	49.70
7	Griffiths, Harri	13	C Dolphins	52.29
8				—

**Heat 3 of 5 Finals**

1	Jones, Jack	14	Pembs Cty	44.10
2	Johnson, Louis	19	Swansea Uni	41.00
3	Thomas, Iolo	14	Neath	40.54
4	Butler, Martin	51	C Dolphins	38.35
5	Chapman, Coby L	14	Penyrheol	39.00
6	Sekula, Mateusz J	12	NexusValleys	40.78
7	Sekula, Szymon A	12	NexusValleys	44.05
8	#Davies, Cai J	15	Swansea Aq	46.41

**Heat 4 of 5 Finals**

1	Ismail, Zarya	14	Swansea Aq	36.76
2	Rogers, Logan L	17	Penyrheol	36.20
3	Morgan, Dean	53	C Dolphins	35.33
4	Greenway, Morgan	20	Swansea Uni	33.70
5	Richardson, Osian	16	Swansea Aq	34.20
6	Burton, Matt	22	Swansea Uni	35.57
7	Richards, Aled	16	C Dolphins	36.47
8	Koriakovtsev, Illia D	17	Swansea Aq	38.24

**Heat 5 of 5 Finals**

1	Burton, Luke	20	Swansea Uni	31.90
2	Hoey, Luke	21	Swansea Uni	30.25
3	Stratton, Joe	19	Swansea Uni	30.18
4	Larkin, Ryan	23	Swansea Uni	30.08
5	Minshull, Callum	19	Swansea Uni	30.10
6	Lovell - Pascal, Jean Luc	18	Swansea Uni	30.20
7	Gallahger, Dylan	21	Swansea Uni	31.37
8	Song, Guangping	15	Swansea Aq	32.97

**Event 4 Female 12 & Over 50 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 5 Finals**

1	Richards, Chloe-Elin	12	C Dolphins	1:00.41
2	McAdie, Imogen	15	Swansea Aq	54.40
3	Snelgrove, Scarlett	12	Neath	53.52
4	O'Hara, Ella	12	Aberavon	52.47
5	Boggis, Mali I	13	NexusValleys	53.23
6	O'Connell, Cari F	12	NexusValleys	54.00
7	Jenkins, Cadi H	12	NexusValleys	59.30
8				—

**Heat 2 of 5 Finals**

1	Hill, Lily Ann	12	C Dolphins	51.64
2	Davies, Erin	12	C Dolphins	49.44
3	Conway, Erin J	14	Swansea Aq	47.40
4	Thomas, Caitlyn	15	Neath	47.29
5	Palmer, Ffion	14	Aberavon	47.35
6	Moseley, Olivia G	15	NexusValleys	48.00
7	Gambell, Lowri	14	Penyrheol	49.60
8	Chanfi, Nina	13	Aberavon	52.06

**Heat 3 of 5 Finals**

1	Hughes, Seren	12	Neath	46.07
2	Jones, Hannah	13	Swansea Aq	45.46
3	Hughes, Mollie	13	C Dolphins	44.60
4	Dash, Amelie	12	Pembs Cty	44.30
5	Hall, Ellena	13	Pembs Cty	44.50
6	Richardson, Beca	13	Swansea Aq	45.20
7	Snellgrove, Chloe	14	Neath	45.53
8	Mcfarlane, Una	13	Pembs Cty	46.70

**Heat 4 of 5 Finals**

1	Holmes, Seren	15	Neath	42.99
2	Miles, Megan	15	Pembs Cty	41.10
3	Bissicks, Cari	13	Neath	40.00
4	Stark, Tala	13	Pembs Cty	39.80
5	Knight, Lily E	13	Swansea Aq	39.82
6	Williams, Marys E	14	Swansea Aq	40.40
7	Giles, Seren	13	Neath	41.97
8	Williams, Efa	16	Neath	43.73

**Heat 5 of 5 Finals**

1	Wheeler, Oriana	19	Swansea Uni	38.60
2	Owen, Kessie	15	Neath	36.43
3	Bissicks, Ella	16	Swansea Aq	33.90
4	Woodcock, Hannah	20	Swansea Uni	30.50
5	Butler, Georgina	23	Swansea Uni	33.80
6	Rees, Katie	25	Swansea Uni	34.85
7	Lythgoe, Manon H	14	Swansea Aq	37.12
8	Gillett, Keira	19	Swansea Uni	38.69

**Event 5 Boys 12 & Over 100 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 3 Finals**

1	Arnold, Jack I	15	Swansea Aq	NT
2	Flynn, Asten P	13	NexusValleys	1:30.40
3	O'Hara, Corey	15	Aberavon	1:26.41
4	Gray, Gruffudd I	14	Swansea Aq	1:19.90
5	Hetherington, Trystan	14	Neath	1:21.59
6	Taylor, Joshua M	12	NexusValleys	1:30.35
7	Lummis, Ralph J	13	NexusValleys	1:35.60
8				—

**Heat 2 of 3 Finals**

1	Harwood, Jack	12	Pembs Cty	1:17.79
2	Read, William	16	Swansea Aq	1:13.80
3	Elmes, Max	13	Carmarthen	1:13.05
4	Koriakovtsev, Illia D	17	Swansea Aq	1:10.80
5	Bennett, Finley	15	Pembs Cty	1:11.82
6	King, Ethan	12	Penyrheol	1:13.56
7	Jones, Jack	14	Pembs Cty	1:13.95
8	Davies, Gethin	15	Pembs Cty	1:19.40

## Swansea University LC Sprint 2024 - 02/06/2024

## Meet Program - Session 1 (Warmup 8.00 - 8.50)

**Heat 3 Finals (#5 Boys 12 & Over 100 LC Meter Backstroke)**

1	Douglas, Lucas	13	Neath	1:09.69	___
2	Montague, Mason	16	Pembs Cty	1:04.12	___
3	Keeble, Alex	19	Swansea Uni	1:02.66	___
4	Hollinsky, Gideon	18	Swansea Uni	58.23	___
5	Montgomery, Sammy	16	Pembs Cty	1:01.70	___
6	Williams, Joshua	21	Swansea Uni	1:03.50	___
7	Twigger, Owen	15	Swansea Aq	1:07.20	___
8	Silverstone, Sol	14	Pembs Cty	1:10.80	___

**Event 6 Female 12 & Over 100 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 5 Finals**

1	Bessent, Mia	13	Penyrheol	1:36.30	___
2	Thomas, Carys	13	Penyrheol	1:34.60	___
3	Moseley, Olivia G	15	NexusValleys	1:31.80	___
4	O'Connell, Cerys E	15	NexusValleys	1:27.40	___
5	Hall, Isabelle	13	Pembs Cty	1:28.88	___
6	Hall, Ellena	13	Pembs Cty	1:34.50	___
7	Patterson, Hollie M	12	Carmarthen	1:35.70	___
8					___

**Heat 2 of 5 Finals**

1	Short, Amelia L	12	NexusValleys	1:27.00	___
2	Collins-Falconer, Alesha G	15	NexusValleys	1:25.80	___
3	Griffiths, Ffion	12	Pembs Cty	1:22.20	___
4	Williams, Paige T	12	Swansea Aq	1:20.11	___
5	Mcfarlane, Una	13	Pembs Cty	1:21.20	___
6	Giles, Seren	13	Neath	1:23.58	___
7	Sedgemore, Lola	12	Neath	1:26.65	___
8	Hughes, Tirion H	13	Swansea Aq	1:27.03	___

**Heat 3 of 5 Finals**

1	Clissold, Elizabeth	18	Pembs Cty	1:19.30	___
2	Thomas, Caitlin	15	Penyrheol	1:18.50	___
3	Jenkins, Alexandra G	14	Swansea Aq	1:18.10	___
4	Galdes-Cutting, Daisy	13	Pembs Cty	1:17.65	___
5	Foley, Romy	20	Swansea Uni	1:18.00	___
6	Gilderdale, Celyn	15	Pembs Cty	1:18.49	___
7	Dash, Amelie	12	Pembs Cty	1:18.90	___
8	Perrott, Niamh	14	Swansea Aq	1:19.56	___

**Heat 4 of 5 Finals**

1	Koo, Kathryn	15	Pembs Cty	1:15.90	___
2	Humphreys, Holly	15	Swansea Aq	1:15.27	___
3	Griffiths, Cerys	14	Pembs Cty	1:13.30	___
4	Arnold, Jessica R	13	Swansea Aq	1:12.33	___
5	Bissicks, Ella	16	Swansea Aq	1:13.00	___
6	Carter, Ava	15	Penyrheol	1:14.00	___
7	Bruce, Skye	15	Pembs Cty	1:15.28	___
8	Miles, Megan	15	Pembs Cty	1:17.50	___

**Heat 5 of 5 Finals**

1	Stokes, Aimee L	19	Swansea Uni	1:10.80	___
2	Leggott, Holly	21	Swansea Uni	1:08.31	___
3	Butcher, Katherine	20	Swansea Uni	1:05.49	___
4	Nichols, Grace	14	Pembs Cty	1:05.00	___
5	Stead, Martha	19	Swansea Uni	1:05.47	___
6	Bamborough, Katie	19	Swansea Uni	1:06.13	___
7	Smith, Ella	19	Swansea Uni	1:09.20	___
8	Geach, Libbie	15	Neath	1:11.30	___

**Event 7 Boys 14 & Under 200 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

1					
2	NexusValleys	A		2:24.02	___
	1) Lummis, Ralph J 13		2) Sekula, Mateusz J 12		
	3) Taylor, Joshua M 12		4) Flynn, Asten P 13		
3	Neath	B		2:09.87	___
	1) Hetherington, Trystan 14		2) Lewis, Cian 14		
	3) Abraham, A-Jay 13		4) Williams, Efan 12		
4	Neath	A		1:55.43	___
	1) Douglas, Lucas 13		2) Phillips, Ioan 13		
	3) Roberts-Truman, Harri 13		4) Thomas, Iolo 14		
5	Swansea Aq	A		2:08.81	___
6	C Dolphins	A		2:19.30	___
7					___
8					___

**Event 8 Boys 15 & Over 200 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

1					
2	Swansea Uni	B		NT	___
3	Swansea Aq	B		2:05.03	___
4	Swansea Aq	A		1:44.59	___
5	C Dolphins	A		1:55.40	___
6	Swansea Uni	A		NT	___
7					___
8					___

**Event 9 Female 14 & Under 200 LC Meter Medley Relay**

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 1 Finals**

1					
2	NexusValleys	A		2:56.57	___
	1) Jenkins, Cadi H 12		2) Boggis, Mali I 13		
	3) Short, Amelia L 12		4) O'Connell, Cari F 12		
3	Swansea Aq	B		2:22.90	___
4	Neath	A		2:09.25	___
	1) Coffey, Cora 14		2) Giles, Seren 13		
	3) Bissicks, Cari 13		4) Sedgemore, Lola 12		
5	Swansea Aq	A		2:15.42	___
6	C Dolphins	A		2:39.90	___
7	Aberavon	A		NT	___
	1) Chanfi, Nina 13		2) Palmer, Ffion 14		
	3) Palmer, Madison 12		4) O'Hara, Ella 12		
8					___

**Swansea University LC Sprint 2024 - 02/06/2024**  
**Meet Program - Session 1 (Warmup 8.00 - 8.50)**

**Event 10 Female 15 & Over 200 LC Meter Medley Relay**

Lane	Team	Relay	Seed Time
<b>Heat 1 of 1 Finals</b>			
1			_____
2	Swansea Uni	A	NT _____
3	NexusValleys	A	2:28.62 _____
	1) Collins-Falconer, Alesha G 15	2) Hughes, Nancy J 15	
	3) Huws, Awen G 15	4) O'Connell, Cerys E 15	
4	Swansea Aq	A	2:05.81 _____
5	Neath	A	2:14.49 _____
	1) Evans, Bethan 19	2) Owen, Kessie 15	
	3) Lewis, Lowri 17	4) Geach, Libbie 15	
6	C Dolphins	A	2:30.43 _____
7	Swansea Uni	B	NT _____
8			_____