

# Llanelli Autumn Meet 2024

## Session Times

Date	Session	Warm-up	Session Start	Estimated Finish	Events
Sat 5th Oct.	1	08.00 - 09.00	09.10	11.20	101 - 103
	2	11.35 - 12.35	12.45	14.45	201 - 203
	3	15.00 - 16.00	16.10	18.05	301 - 303
Sun 6th Oct.	4	<b>08.30</b> - 09.00	09.10	<b>10.35</b>	401 - 402
	5	10.50 - 11.50	12.00	13.25	501 - 503
	6	13.40 - 14.40	14.50	16.40	601 - 603