

West Wales Regional SC Championships 2024 - 15/11/2024 to 17/11/2024

Results - Session 1 (Warmup 5.00 - 6.00)

Event 111 Boys 11-12 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 King, Ethan	12 Penyrheol Asc	34.18
2 Noden, Rory	12 Haverfordwest	35.87
3 Smith, Jacob	12 Haverfordwest	36.79
4 Banner, Harry	12 Penyrheol Asc	37.01
5 Evans, Sam	12 Pembroke	37.07
6 Jermin, Morgan	11 Llanelli	39.72
7 Backen, Frederick	12 Fishguard	41.08
8 Morgan, Thomas	12 Neath	41.88
9 Bowes, James	12 Carmarthen	42.04
10 Elmes, Samuel	11 Carmarthen	43.67
11 Dadswell, Harry	11 Haverfordwest	45.47

Event 111 Boys 13-14 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Douglas, Lucas	13 Neath	27.97
2 Thomas, Iolo	14 Neath	28.76
3 Phillips, Finley	14 Nsg	29.62
4 Elmes, Max	13 Nsg	30.54
5 Harwood, Jack	13 Haverfordwest	31.49
6 Morgan, Cole	13 Celtic D.	33.18
7 Mills, Thomas	13 Llanelli	34.07
8 Smith, Declan	13 Amman Valley	34.09
9 Flynn, Asten	14 Nexus	34.32
10 Thomas, Tristan	14 Milford Tigers	35.29
11 Thomas, Rhys	14 Haverfordwest	35.69
12 Lerigo, Oli	14 Aberystwyth	36.12
13 Robinson, Oshan	14 Fishguard	37.39
14 Sekula, Mateusz	13 Nexus	37.76
15 Phillips, Lucas	13 Haverfordwest	39.51
16 Sekula, Szymon	13 Nexus	40.22
17 Lummis, Ralph	13 Nexus	40.78

Event 111 Boys 15-16 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Silverstone, Solomon	15 Haverfordwest	26.67
2 West, Dexter	15 Fishguard	27.68
3 Montague, Mason	16 Haverfordwest	28.67
4 Montgomery, Samuel	16 Haverfordwest	28.82
5 Chapman, Coby	15 Penyrheol Asc	29.93
6 Davies, Gethin	15 Milford Tigers	30.38
7 Harris, Osian	15 Fishguard	30.65
8 Smith, Benjamin	15 Haverfordwest	30.77
9 Price, George	16 Penyrheol Asc	30.84
10 Lloyd, Thomas	16 Swansea Aq	31.47
11 Jenkins, Lloyd	15 Milford Tigers	32.20
12 Backen, Henry	16 Haverfordwest	33.99
13 Hall, Ethan	15 Fishguard	34.05
14 Lewis, Cian	15 Neath	34.96
15 Lewis, Callum	15 Milford Tigers	35.63
16 Stewart, Finlay	16 Llanelli	35.71

Event 111 Boys 17 & Over 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Johnstone, Daniel	17 Nsg	25.84
2 Wu, Kevin	20 Swansea Uni	27.68
3 Upton-Boorman, Liam	17 Nsg	27.77
4 Hedge, Tom	19 Swansea Uni	28.79
5 Burt, Teyan	17 Llanelli	33.94

Event 112 Girls 11-12 1500 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Davies, Elizabeth	11 Tenby Dolphins	22:02.81
	37.92 42.86 43.88 43.90	
	44.40 44.05 43.94 44.29	
	44.43 44.13 44.62 44.53	
	44.53 44.41 44.66 44.98	
	44.79 45.01 45.02 45.65	
	44.26 44.63 45.19 45.24	
	45.36 44.83 44.77 43.83	
	42.73 39.97	
2 May, Gwen	12 Nexus	23:51.24
	42.16 46.96 47.07 47.01	
	47.05 47.17 47.27 47.65	
	48.70 48.44 48.20 47.33	
	48.81 48.04 48.27 49.26	
	48.38 48.67 49.70 50.09	
	48.54 49.40 50.31 48.67	
	48.76 48.02 46.56 46.70	
	46.30 41.75	

Event 112 Girls 13-14 1500 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Hall, Ellena	13 Fishguard	20:08.70
	35.67 38.93 39.33 39.51	
	39.84 40.04 40.34 40.86	
	40.43 40.14 40.48 40.33	
	40.58 40.77 40.60 40.54	
	40.84 40.97 40.74 41.08	
	40.78 41.03 41.18 40.79	
	40.92 40.78 40.94 41.12	
	40.70 38.44	
2 Mason, Phoebe	14 Haverfordwest	20:26.15
	35.21 38.96 39.96 39.65	
	39.96 40.26 40.74 40.28	
	41.00 40.57 41.60 40.94	
	41.01 41.32 41.79 41.11	
	41.59 41.71 42.18 42.05	
	42.83 42.26 41.09 41.61	
	40.42 42.29 42.39 41.76	
	42.00 37.61	
3 Short, Amelia	13 Nexus	21:08.24
	37.10 40.67 41.62 42.36	
	42.06 42.17 43.57 41.74	
	41.74 42.19 41.52 42.53	
	42.28 42.49 43.09 42.77	
	42.64 43.44 42.24 43.63	
	42.26 43.34 43.75 42.75	
	43.58 43.52 42.69 43.40	
	42.79 38.31	

Event 112 Girls 15-16 1500 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Cooper, Megan	16 Neath	20:19.38
	36.25 39.08 40.03 40.14	
	41.20 41.30 40.51 41.00	
	41.02 41.03 41.22 40.80	
	41.52 40.98 40.84 40.90	
	41.54 40.36 40.56 40.49	
	40.87 40.78 41.40 41.15	
	41.80 41.04 41.57 40.26	
	41.05 38.69	

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(Event 112 Girls 15-16 1500 SC Meter Freestyle)

Name	Age	Team	Finals Time	
2 Holmes, Seren	15	Neath	21:21.29	
	34.10	38.84	41.64	41.24
	41.36	43.43	43.59	43.75
	43.39	43.72	42.57	42.75
	43.44	43.45	44.11	45.31
	43.40	42.68	44.47	44.91
	43.18	44.52	43.24	44.69
	43.92	40.39	43.79	43.99
	41.75	39.67		

Event 112 Girls 17 & Over 1500 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Clifford, Bethany	17	Neath	20:28.32	
	35.43	38.88	39.67	40.21
	40.16	40.49	40.76	40.74
	40.75	40.97	41.25	40.92
	41.43	41.15	41.93	41.34
	41.79	41.84	41.58	41.65
	41.54	41.70	41.92	42.01
	41.24	42.15	41.72	42.30
	42.13	38.67		

Event 113 Boys 11-12 50 SC Meter Backstroke

Name	Age	Team	Finals Time	
1 King, Ethan	12	Penyrheol Asc	32.60	
2 Noden, Rory	12	Haverfordwest	34.79	
3 Evans, Sam	12	Pembroke	37.69	
4 Smith, Jacob	12	Haverfordwest	37.78	
5 Banner, Harry	12	Penyrheol Asc	37.84	
6 Jones, Dafydd	12	Amman Valley	37.93	
7 Williams, Efan	12	Neath	38.56	
8 Monan, Euan	11	Tenby Dolphins	39.27	
9 Fogarty, Oliver	12	Fishguard	39.72	
10 Green, William	12	Aberystwyth	40.16	
11 Moore, Hari	12	Fishguard	41.02	
12 Jermin, Morgan	11	Llanelli	41.07	
13 Morgan, Thomas	12	Neath	41.10	
14 Lloyd, Vincent-Owen	11	Swansea Aq	41.34	
15 Backen, Frederick	12	Fishguard	41.61	
16 Bowes, James	12	Carmarthen	41.96	
17 Dadswell, Harry	11	Haverfordwest	42.01	
18 Jones, Carter	11	Swansea Aq	42.49	
19 Bool, Iolo	11	Haverfordwest	43.11	
20 Nicholas, Luca	12	Swansea Aq	43.62	
21 David, Ioan	12	Haverfordwest	43.88	
22 Elmes, Samuel	11	Carmarthen	44.68	
23 Huws, Lleu	12	Nexus	45.56	
24 Whatmore, Finley	11	Milford Tigers	48.84	
25 James, Caio	11	Fishguard	50.06	

Event 113 Boys 13-14 50 SC Meter Backstroke

Name	Age	Team	Finals Time	
1 Thomas, Iolo	14	Neath	29.48	
2 Douglas, Lucas	13	Neath	29.55	
3 Phillips, Finley	14	Nsg	30.63	
4 Elmes, Max	13	Nsg	31.17	
5 Harwood, Jack	13	Haverfordwest	32.94	
6 Thomas, Rhys	14	Haverfordwest	35.13	
7 Thomas, Tristan	14	Milford Tigers	35.47	
8 Flynn, Asten	14	Nexus	35.72	
9 Lerigo, Oli	14	Aberystwyth	36.13	

10 Smith, Declan	13	Amman Valley	38.69
11 Chapman, Henry	13	Carmarthen	40.67
*12 George, Kieran	13	Milford Tigers	40.75
*12 Lummis, Ralph	13	Nexus	40.75
14 Sekula, Szymon	13	Nexus	41.11
15 Sekula, Mateusz	13	Nexus	42.16
16 Williams, Gethin	13	Nexus	42.17
--- Phillips, Gethin	13	Haverfordwest	DQ

Event 113 Boys 15-16 50 SC Meter Backstroke

Name	Age	Team	Finals Time	
1 Montgomery, Samuel	16	Haverfordwest	28.35	
2 West, Dexter	15	Fishguard	28.52	
3 Silverstone, Solomon	15	Haverfordwest	28.64	
4 Montague, Mason	16	Haverfordwest	29.01	
5 Price, George	16	Penyrheol Asc	31.48	
6 Smith, Benjamin	15	Haverfordwest	32.56	
7 Harris, Osian	15	Fishguard	32.80	
8 Parton, Frankie	15	Carmarthen	34.33	
9 Davies, Gethin	15	Milford Tigers	34.59	
10 Santos, Liam	15	Milford Tigers	34.92	
11 Hall, Ethan	15	Fishguard	35.34	
12 Lewis, Callum	15	Milford Tigers	37.05	

Event 113 Boys 17 & Over 50 SC Meter Backstroke

Name	Age	Team	Finals Time	
1 Johnstone, Daniel	17	Nsg	26.45	
2 Wu, Kevin	20	Swansea Uni	29.31	

Event 114 Girls 11-12 50 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Berner, Iyla	11	Nsg	31.90	
2 Davies, Isla	11	Nsg	32.03	
3 Beasley, Evaleigh	11	Swansea Aq	34.12	
4 Filmer, Gwennan	12	Aberystwyth	34.69	
5 Parry, Abigail	11	Carmarthen	35.51	
6 Evans, Cadi	12	Swansea Aq	35.60	
7 Sedgemore, Lola	12	Neath	35.74	
8 Rowland, Scarlett	12	Neath	36.72	
9 Lewis, Evie	11	Haverfordwest	37.61	
10 Szmigiero, Kaya	11	Aberystwyth	37.65	
11 Dyde, Pheobe	12	Pembroke	37.89	
12 Foldi, Kristina	12	Haverfordwest	38.75	
13 Powell, Nina	12	Fishguard	38.89	
14 Pitans, Caitlin	12	Swansea Aq	39.10	
15 Salmon, Amelia	11	Nexus	39.11	
*16 Henson, Jess	11	Tenby Dolphins	39.73	
*16 Davies, Ava-Rose	11	Llanelli	39.73	
18 Jones, Alexa	11	Llanelli	40.18	
19 Morris, Ffion	12	Tenby Dolphins	40.57	
20 Jones, Alaw	12	Carmarthen	40.87	
21 Roberts Mylan, Ffion	12	Swansea Aq	41.05	
22 Roberts, Grace	12	Celtic D.	41.51	
23 Williams, Fay	12	Swansea Aq	42.20	
24 Titley, Lola	12	Milford Tigers	42.59	
25 Roberts Mylan, Sophie	12	Swansea Aq	43.03	
26 Williams, Evie	11	Milford Tigers	43.99	
27 Edmunds, Freya	11	Llanelli	44.20	
28 Morris, Besi	11	Amman Valley	44.58	
29 Davies, Alana	12	Neath	45.39	
30 Massey, Mia	12	Celtic D.	45.58	
31 Iturbe, Carys	11	Afan Valley	45.76	

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Results - Session 1 (Warmup 5.00 - 6.00)

Event 114 Girls 13-14 50 SC Meter Butterfly				20	Hanna, Shelby	15	Haverfordwest	39.62	
Name	Age	Team	Finals Time	Event 114 Girls 17 & Over 50 SC Meter Butterfly					
				Name	Age	Team	Finals Time		
1	Nichols, Grace	14	Haverfordwest	30.08	1	Bissicks, Ella	17	Swansea Aq	30.33
2	Coffey, Cora	14	Neath	30.96	2	Mortimer, Constance	19	Swansea Uni	30.36
3	Griffiths, Cerys	14	Haverfordwest	31.23	3	Smart, Charlotte	17	Swansea Aq	30.64
4	Bissicks, Cari	13	Neath	31.27	4	Goodliffe, Faith	24	Celtic D.	30.79
5	Dash, Amelie	13	Milford Tigers	32.53	5	John, Holly	17	Haverfordwest	31.60
6	Burns, Freya	13	Nsg	32.92	6	Webb, Saskia	17	Haverfordwest	31.82
7	Taffetsauffer, Isabella	13	Nsg	33.06	7	Clissold, Elizabeth	18	Tenby Dolphins	31.89
8	Galdes Cutting, Daisy	13	Haverfordwest	33.56	8	Kovachev, Georgie	17	Haverfordwest	32.12
9	Thompson, Freya	14	Haverfordwest	34.21	9	Williams, Hollie	17	Nsg	32.53
10	Stark, Tala	14	Fishguard	34.23	10	Clapham, Rhiannon	19	Fishguard	32.56
11	Upton-Boorman, Isabella	14	Nsg	34.33	Event 115 Boys 11-12 1500 SC Meter Freestyle				
12	Davies, Isabella	13	Nsg	34.45	Name	Age	Team	Finals Time	
13	Cressey-Rodgers, Gwenllian	14	Nsg	34.56	1	Hughes, Freddy	12	Nexus	20:39.61
14	Dafydd, Mali	14	Carmarthen	34.61		35.57	38.71	41.10	41.59
15	Bowen, Seren	14	Carmarthen	35.05		42.01	41.98	42.69	42.22
16	Jones, Hunydd	13	Carmarthen	35.25		42.26	42.61	41.96	41.45
17	McFarlane, Una	13	Milford Tigers	35.32		40.57	41.25	42.25	41.76
18	Goodman, Lola	13	Swansea Aq	35.49		41.35	40.36	42.53	43.01
19	Martin, Phoebe	14	Penyrheol Asc	35.50		43.66	43.12	40.55	41.40
20	Davies, Erin	13	Celtic D.	35.73		41.86	41.63	42.41	41.32
21	Patterson, Hollie	13	Carmarthen	35.98		39.74	36.69		
22	Mason, Phoebe	14	Haverfordwest	36.36	2	Taylor, Joshua	12	Nexus	21:56.20
23	Goodman, Evie	13	Swansea Aq	36.54		38.61	42.32	44.03	43.38
24	Kasto, Evie	13	Swansea Aq	36.64		43.04	44.78	43.94	44.31
25	Chapman, Olivia	14	Swansea Aq	37.21		43.72	44.80	44.28	44.71
26	Griffiths, Ffion	13	Tenby Dolphins	37.32		43.69	45.11	44.28	44.70
27	Davies, Eva	13	Afan Valley	37.40		42.30	43.59	45.89	45.82
28	Pearce, Ava	13	Afan Valley	37.59		44.23	44.15	46.30	45.12
29	Kenny, Jemima	13	Milford Tigers	37.96		43.90	44.19	44.84	43.51
30	Morgan, Gwerfyl	13	Aberystwyth	38.82		42.78	39.88		
31	Kaill-Franks, Nia	13	Fishguard	39.57	Event 115 Boys 13-14 1500 SC Meter Freestyle				
32	Lloyd-Taylor, Cali	13	Fishguard	39.68	Name	Age	Team	Finals Time	
33	Berner, Kiana	13	Carmarthen	39.89	1	Williams, Thomas	14	Nsg	17:40.34
34	Gale, Jasmine	14	Afan Valley	40.77		31.09	34.67	35.49	34.91
35	Andreassen, Freya	13	Amman Valley	42.14		34.91	35.44	35.80	35.56
36	Thomas, Carys	13	Penyrheol Asc	42.45		35.78	35.40	35.58	35.64
37	Thomas, Leah	13	Haverfordwest	42.59		35.86	35.30	35.40	35.61
						35.77	35.66	35.18	36.01
						35.90	36.23	35.80	35.68
						35.64	35.73	36.10	35.36
						34.95	33.89		
					2	Mills, Thomas	13	Llanelli	19:11.88
						35.01	38.56	38.78	39.08
						39.18	39.16	39.59	39.68
						38.82	38.86	38.68	39.19
						39.42	39.12	38.83	38.72
						39.12	38.91	39.09	37.86
						38.06	39.36	37.81	37.67
						38.31	38.01	38.12	37.48
						37.28	34.12		

Event 114 Girls 15-16 50 SC Meter Butterfly

Name	Age	Team	Finals Time	
1	Geach, Libbie	15	Neath	30.23
2	Huws, Awen	16	Nexus	31.92
3	Miles, Megan	16	Fishguard	32.20
4	Knight, Cari	16	Penyrheol Asc	32.26
5	Koo, Kathryn	15	Tenby Dolphins	33.00
6	King, Marley	16	Penyrheol Asc	33.24
7	Perrott, Niamh	15	Swansea Aq	33.33
8	Clissold, Bronwyn	16	Tenby Dolphins	33.54
9	Jones, Eryn	15	Neath	33.55
10	Phillips, Emily	16	Neath	33.63
11	Thomas, Medi	16	Llanelli	33.84
12	Ostrowski, Julia	15	Pembroke	34.25
13	Owen, Kessie	16	Neath	34.90
14	Bruce, Skye	15	Pembroke	35.43
15	Hanna, Jazmine	16	Haverfordwest	35.61
16	Hughes, Nancy	15	Nexus	36.07
17	Thomas, Nikita	15	Llanelli	36.84
18	Davies, Lowri	16	Celtic D.	36.93
19	Szmigiero, Victoria	15	Aberystwyth	37.89

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Results - Session 1 (Warmup 5.00 - 6.00)

(Event 115 Boys 13-14 1500 SC Meter Freestyle)

Name	Age	Team	Finals Time	
3 Burt, Caio	14	Llanelli	19:16.23	
	34.48	38.41	39.06	39.07
	39.35	39.42	39.47	39.58
	39.40	38.26	38.96	39.18
	39.38	39.41	39.17	38.04
	39.32	39.18	39.37	38.64
	38.40	38.44	37.02	37.64
	38.21	38.15	38.06	37.37
	37.84	37.95		
4 Rood, Rowan	14	Nexus	22:33.98	
	36.07	42.75	44.25	45.73
	45.43	44.73	45.57	45.40
	46.01	47.08	44.33	46.45
	45.04	46.15	46.04	46.70
	46.47	45.98	46.45	46.21
	46.84	45.72	45.87	45.48
	46.24	44.71	45.03	45.54
	43.97	41.74		

Event 115 Boys 15-16 1500 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Bennett, Finley	15	Haverfordwest	16:55.60	
	29.83	33.21	33.15	33.68
	33.63	34.09	33.86	34.10
	34.40	34.25	33.76	34.44
	33.96	34.22	34.21	34.30
	34.05	33.86	33.90	34.08
	33.95	34.50	33.84	34.72
	34.31	34.78	33.94	33.71
	33.89	32.98		
2 Morgan, Ben	15	Pembroke	19:18.73	
	32.62	36.81	37.40	38.18
	38.06	38.51	38.06	38.95
	38.50	38.55	39.12	39.00
	39.63	39.62	39.46	38.99
	39.05	39.60	39.83	39.63
	39.77	39.74	39.13	39.09
	39.70	39.65	39.14	38.47
	38.22	36.25		

Event 115 Boys 17 & Over 1500 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Bowen, Ifan	18	Carmarthen	17:46.89	
	32.07	34.64	35.05	35.24
	35.55	35.58	35.68	35.49
	35.82	35.50	35.69	36.12
	35.91	36.05	35.65	35.59
	36.04	35.89	35.66	35.60
	35.86	36.13	36.12	35.67
	35.75	36.03	35.73	35.93
	35.90	34.95		

Event 116 Girls 11-12 50 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Davies, Isla	11	Nsg	32.65
2 Berner, Iyla	11	Nsg	33.83
3 Filmer, Gwennan	12	Aberystwyth	36.29
4 Beasley, Evaleigh	11	Swansea Aq	36.56
5 Evans, Cadi	12	Swansea Aq	36.92
6 Szmigiero, Kaya	11	Aberystwyth	38.01
7 Pinnock, Betsan	12	Swansea Aq	38.57

*8 Sedgemore, Lola	12	Neath	38.64
*8 Parry, Abigail	11	Carmarthen	38.64
10 Morris, Ffion	12	Tenby Dolphins	38.71
11 Price, Seren -louise	12	Carmarthen	38.90
12 Powell, Nina	12	Fishguard	38.97
13 Jones, Alexa	11	Llanelli	39.03
14 Lewis, Evie	11	Haverfordwest	39.89
15 Williams, Fay	12	Swansea Aq	39.91
16 Davies, Ava-Rose	11	Llanelli	40.41
17 Morris, Besi	11	Amman Valley	40.60
18 Hawkins, Lottie	11	Haverfordwest	40.73
19 Salmon, Amelia	11	Nexus	40.83
20 Williams, Evie	11	Milford Tigers	41.27
21 Davies, Loti	11	Celtic D.	41.79
22 Jones, Alaw	12	Carmarthen	41.84
23 Massey, Mia	12	Celtic D.	42.24
24 Roberts Mylan, Ffion	12	Swansea Aq	42.36
25 Henson, Jess	11	Tenby Dolphins	42.45
26 Titley, Lola	12	Milford Tigers	42.46
27 Richards, Chloe-Elin	12	Celtic D.	43.53
28 Clement, Darcey	12	Afan Valley	43.55
29 Phillips, Isabelle	11	Haverfordwest	43.82
30 Dennison, Evie	12	Milford Tigers	44.03
31 Roberts Mylan, Sophie	12	Swansea Aq	44.29
32 Iturbe, Carys	11	Afan Valley	44.44
33 Thomas, Enlli	11	Nexus	44.95
34 Arnold, Olivia	11	Milford Tigers	45.04
35 Duncan, Ava	12	Amman Valley	46.61
36 Powell, Poppy	11	Llanelli	49.83
--- Edmunds, Freya	11	Llanelli	DQ

Event 116 Girls 13-14 50 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Nichols, Grace	14	Haverfordwest	30.67
2 Griffiths, Cerys	14	Haverfordwest	32.46
3 Coffey, Cora	14	Neath	32.48
4 Taffetsauffer, Isabella	13	Nsg	33.87
5 Jones, Hunydd	13	Carmarthen	34.28
6 Bissicks, Cari	13	Neath	34.36
7 Burns, Freya	13	Nsg	34.94
8 Upton-Boorman, Isabella	14	Nsg	35.17
9 Dash, Amelie	13	Milford Tigers	35.25
10 Cressey-Rodgers, Gwenllian	14	Nsg	35.30
11 Galdes Cutting, Daisy	13	Haverfordwest	35.46
12 Stark, Tala	14	Fishguard	36.48
13 Chapman, Olivia	14	Swansea Aq	36.50
14 Davies, Isabella	13	Nsg	36.55
15 Andreassen, Freya	13	Amman Valley	36.58
16 Griffiths, Ffion	13	Tenby Dolphins	36.74
17 Thompson, Freya	14	Haverfordwest	36.75
18 Patterson, Hollie	13	Carmarthen	36.97
19 Alexander, Seren	14	Aberystwyth	37.46
20 McFarlane, Una	13	Milford Tigers	37.50
21 Martin, Phoebe	14	Penyrheol Asc	37.51
22 Griffiths, Gwenan	14	Penyrheol Asc	37.64
23 Goodman, Lola	13	Swansea Aq	37.68
24 Goodman, Evie	13	Swansea Aq	37.95
25 Kasto, Evie	13	Swansea Aq	38.04
26 Hall, Ellena	13	Fishguard	38.71
27 Davies, Eva	13	Afan Valley	38.85
28 Kenny, Jemima	13	Milford Tigers	38.98
29 Dafydd, Mali	14	Carmarthen	39.10

West Wales Regional SC Championships 2024 - 15/11/2024 to 17/11/2024

Results - Session 1 (Warmup 5.00 - 6.00)

(Event 116 Girls 13-14 50 SC Meter Backstroke)

	Name	AgeTeam	Finals Time
30	Bowen, Seren	14 Carmarthen	39.89
31	Perrott, Hannah	14 Celtic D.	40.28
32	Davies, Erin	13 Celtic D.	40.39
33	Morgan, Gwerfyl	13 Aberystwyth	40.76
34	Thomas, Leah	13 Haverfordwest	40.84
35	Lloyd-Taylor, Cali	13 Fishguard	40.85
36	Hughes, Seren	13 Neath	41.09
37	Berner, Kiana	13 Carmarthen	41.35
38	Kaill-Franks, Nia	13 Fishguard	41.50
39	James, Martha	13 Fishguard	41.77
40	Pearce, Ava	13 Afan Valley	41.94
41	Griffiths, Elizabeth	13 Fishguard	42.43
42	David, Emily	13 Haverfordwest	42.80
43	Jones, Ashleigh	14 Carmarthen	42.93

Event 116 Girls 15-16 50 SC Meter Backstroke

	Name	AgeTeam	Finals Time
1	Huws, Awen	16 Nexus	32.44
2	Geach, Libbie	15 Neath	32.72
3	Carter, Ava	16 Penyrheol Asc	33.21
4	King, Marley	16 Penyrheol Asc	34.04
5	Holmes, Seren	15 Neath	34.35
6	Douglas, Fabiana	16 Neath	35.02
7	Clissold, Bronwyn	16 Tenby Dolphins	35.47
8	Miles, Megan	16 Fishguard	35.52
9	Bruce, Skye	15 Pembroke	35.53
10	Koo, Kathryn	15 Tenby Dolphins	35.97
11	Hughes, Nancy	15 Nexus	36.36
12	Hanna, Jazmine	16 Haverfordwest	36.64
13	Perrott, Niamh	15 Swansea Aq	36.81
14	Thomas, Medi	16 Llanelli	37.15
15	Thomas, Nikita	15 Llanelli	37.46
16	Owen, Kessie	16 Neath	37.65
17	Ostrowski, Julia	15 Pembroke	38.15
18	Dafydd, Iola	15 Carmarthen	38.41
19	Szmigiero, Victoria	15 Aberystwyth	39.22
20	Holloway, Olivia	15 Afan Valley	39.63
21	Hanna, Shelby	15 Haverfordwest	40.10

Event 116 Girls 17 & Over 50 SC Meter Backstroke

	Name	AgeTeam	Finals Time
1	Butcher, Katherine	20 Swansea Uni	29.67
2	Ford, Katie	18 Swansea Uni	31.58
3	Smart, Charlotte	17 Swansea Aq	32.04
4	Stokes, Aimee	20 Swansea Uni	32.52
5	Goodliffe, Faith	24 Celtic D.	32.99
6	Thomas, Ffion	17 Neath	34.09
7	Williams, Hollie	17 Nsg	34.78
8	Clissold, Elizabeth	18 Tenby Dolphins	35.13
9	Clapham, Rhiannon	19 Fishguard	35.63
10	Kovachev, Georgie	17 Haverfordwest	36.63
11	Morgan, Catrin	17 Amman Valley	40.48