

West Wales Regional SC Championships 2024 - 15/11/2024 to 17/11/2024

Results - Session 3 (Warmup 10.50 - 11.40)

Event 221 Boys 11-12 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 King, Ethan	12	Penyrheol Asc	1:09.59
	34.11	35.48	
2 Noden, Rory	12	Haverfordwest	1:14.58
	36.41	38.17	
3 Hughes, Freddy	12	Nexus	1:19.42
	38.47	40.95	
4 Antwhistle, Isaac	12	Swansea Aq	1:23.57
	42.36	41.21	
5 Jones, Dafydd	12	Amman Valley	1:23.63
	41.23	42.40	
6 Evans, Sam	12	Pembroke	1:24.32
	40.83	43.49	
7 Taylor, Joshua	12	Nexus	1:25.53
	42.67	42.86	
8 Monan, Euan	11	Tenby Dolphins	1:27.56
	42.41	45.15	
9 Morgan, Thomas	12	Neath	1:28.28
	42.34	45.94	
10 Backen, Frederick	12	Fishguard	1:29.24
	43.72	45.52	
11 Green, William	12	Aberystwyth	1:29.73
	45.03	44.70	
12 Jermin, Morgan	11	Llanelli	1:29.74
	44.56	45.18	
13 Jones, Carter	11	Swansea Aq	1:31.90
	45.03	46.87	
14 Bowes, James	12	Carmarthen	1:32.13
	45.60	46.53	
15 Bool, Iolo	11	Haverfordwest	1:32.86
	46.57	46.29	
16 Moore, Hari	12	Fishguard	1:33.51
	46.99	46.52	
17 Pirmohamed, Eshan	11	Swansea Aq	1:40.51
	47.54	52.97	
18 Pyzer, Cyrus	11	Carmarthen	1:41.93
	50.08	51.85	
19 Elmes, Samuel	11	Carmarthen	1:43.82
	51.04	52.78	

Event 221 Boys 13-14 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Thomas, Iolo	14	Neath	1:03.28
	30.83	32.45	
2 Elmes, Max	13	Nsg	1:05.83
	31.61	34.22	
3 Harwood, Jack	13	Haverfordwest	1:09.42
	33.83	35.59	
4 Davies, Ellis	13	Llanelli	1:15.29
	36.90	38.39	
5 Mills, Thomas	13	Llanelli	1:18.21
	38.39	39.82	
6 Stuart-Lavender, Jac	14	Llanelli	1:18.25
	38.08	40.17	
7 Lerigo, Oli	14	Aberystwyth	1:22.05
	39.70	42.35	
8 Sekula, Mateusz	13	Nexus	1:25.09
	42.08	43.01	
9 Lummis, Ralph	13	Nexus	1:29.52
	43.54	45.98	

--- George, Kieran 13 Milford Tigers DQ
45.40 45.34

Event 221 Boys 15-16 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 West, Dexter	15	Fishguard	59.86
	29.15	30.71	
2 Montgomery, Samuel	16	Haverfordwest	1:00.73
	28.96	31.77	
3 Price, George	16	Penyrheol Asc	1:09.05
	32.34	36.71	
4 Piotrowski, Bartosz	15	Fishguard	1:11.42
	35.38	36.04	
5 Harris, Osian	15	Fishguard	1:12.22
	35.63	36.59	
6 Parton, Frankie	15	Carmarthen	1:13.83
	34.79	39.04	
7 Hall, Ethan	15	Fishguard	1:17.25
	37.83	39.42	

Event 221 Boys 17 & Over 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Johnstone, Daniel	17	Nsg	56.77
	27.66	29.11	
2 Rukov, Ivan	17	Aberystwyth	1:12.54
	33.99	38.55	

Event 222 Girls 11-12 800 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Filmer, Gwennan	12	Aberystwyth	10:58.44
	34.62	39.25	41.30 41.66
	42.86	42.32	42.63 42.83
	42.54	42.21	42.48 41.48
	41.71	41.70	40.67 38.18
2 Davies, Ava-Rose	11	Llanelli	11:01.91
	36.31	40.57	42.06 41.31
	42.61	42.52	42.61 43.71
	41.59	42.35	41.51 40.45
	42.06	42.01	41.84 38.40
3 Price, Seren -louise	12	Carmarthen	11:14.68
	38.27	42.33	43.19 43.03
	41.95	42.69	42.56 42.64
	43.15	42.77	43.20 42.71
	42.59	42.71	42.73 38.16
4 May, Gwen	12	Nexus	11:50.27
	42.11	44.91	44.01 45.24
	45.36	44.81	44.90 44.18
	45.40	45.33	45.80 44.54
	44.98	44.90	43.38 40.42
5 Williams, Eirwen	12	Swansea Aq	11:53.94
	39.13	44.18	45.36 45.44
	45.66	45.05	45.82 45.95
	43.81	45.99	46.35 44.94
	44.75	45.89	44.38 41.24
6 Roberts Mylan, Sophie	12	Swansea Aq	13:03.75
	42.02	48.40	50.13 49.34
	50.53	50.66	50.43 51.26
	51.64	51.84	50.28 52.63
	50.81	44.92	45.78 43.08

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(Event 222 Girls 11-12 800 SC Meter Freestyle)

Name	Age	Team	Finals Time	
7 Gardner-Rolfe, Mia	12	Swansea Aq	13:04.91	
			41.54	49.46
			48.53	49.44
			49.49	51.49
			49.78	51.00
			51.73	48.03
			49.11	52.14
			51.94	50.83
			48.50	41.90
8 Roberts Mylan, Ffion	12	Swansea Aq	13:10.07	
			42.17	46.79
			49.21	47.52
			49.79	51.14
			52.28	50.63
			51.80	51.31
			50.15	51.91
			50.92	49.86
			48.94	45.65
--- Sedgemore, Lola	12	Neath	DNF	
			34.41	38.73
			41.63	42.74
			42.60	44.00
			43.87	44.67
			15.09	

Event 222 Girls 13-14 800 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Galdes Cutting, Daisy	13	Haverfordwest	9:51.48	
			31.95	35.71
			36.08	36.75
			36.76	37.51
			37.64	37.99
			37.36	37.71
			38.12	37.91
			37.77	37.94
			37.79	36.49
2 McFarlane, Una	13	Milford Tigers	10:31.07	
			34.32	39.12
			39.99	39.94
			40.36	40.75
			40.24	40.84
			40.37	40.63
			40.51	39.88
			39.43	39.27
			38.12	37.30
3 Morgan, Evelyn	13	Nsg	10:31.15	
			34.13	38.69
			39.58	38.90
			39.80	40.08
			40.11	39.91
			39.86	39.88
			40.43	40.57
			40.53	39.53
			40.44	38.71
4 Mason, Phoebe	14	Haverfordwest	10:37.00	
			34.98	38.77
			38.67	39.16
			39.97	40.67
			40.83	40.81
			40.19	40.99
			40.38	40.80
			40.49	40.70
			41.00	38.59
5 Short, Amelia	13	Nexus	11:04.84	
			36.72	39.40
			41.76	41.22
			42.26	42.53
			41.43	42.38
			42.72	42.38
			42.61	42.05
			43.32	42.80
			41.91	39.35
6 Chapman, Olivia	14	Swansea Aq	11:35.59	
			39.95	44.93
			45.65	45.05
			44.63	45.13
			44.25	43.77
			43.70	43.42
			43.10	43.39
			42.55	42.89
			41.59	41.59
7 Jones, Hannah	14	Swansea Aq	11:59.62	
			38.73	44.12
			45.22	44.77
			45.57	45.33
			46.30	46.00
			46.78	46.38
			47.32	45.00
			46.11	45.26
			44.69	42.04
8 Jewitt, Sophia	13	Swansea Aq	12:48.36	
			42.34	46.71
			47.97	47.68
			48.08	48.59
			47.90	48.49
			48.91	49.72
			50.11	48.80
			49.66	48.86
			48.23	46.31

Event 222 Girls 15-16 800 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Philpott, Ffion	15	Nsg	9:57.07	
			33.06	35.72
			36.90	37.34
			37.61	37.79
			37.85	37.82
			37.81	38.17
			37.98	38.35
			38.12	37.84
			37.85	36.86
2 Huws, Awen	16	Nexus	10:20.08	
			33.56	36.62
			38.23	38.93
			39.38	39.15
			40.27	39.90
			39.14	40.41
			39.84	40.46
			39.67	40.03
			38.19	36.30
3 Clissold, Bronwyn	16	Tenby Dolphins	10:28.60	
			32.92	37.49
			39.62	39.67
			39.47	39.58
			40.03	40.76
			40.47	40.42
			40.79	40.92
			40.60	40.28
			38.83	36.75
4 Cooper, Megan	16	Neath	10:43.50	
			35.42	39.10
			40.09	40.20
			40.25	40.60
			40.47	40.59
			40.85	40.97
			41.41	40.63
			40.81	40.97
			41.01	40.13

Event 222 Girls 17 & Over 800 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Patterson, Millie	18	Swansea Uni	9:19.83	
			31.90	33.99
			34.04	34.14
			34.35	34.73
			35.20	35.40
			35.63	35.79
			35.74	35.88
			35.52	35.91
			36.87	34.74
2 Clissold, Elizabeth	18	Tenby Dolphins	9:49.01	
			32.66	36.41
			36.69	36.95
			37.07	37.14
			37.32	36.89
			37.67	37.34
			37.62	37.10
			37.64	37.31
			37.22	35.98
3 Clifford, Bethany	17	Neath	10:37.63	
			34.79	38.22
			39.44	39.61
			39.72	39.87
			39.94	40.36
			40.76	40.82
			41.58	42.35
			39.98	40.90
			41.27	38.02

Event 223 Boys 11-12 100 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Evans, Sam	12	Pembroke	1:09.05	
			33.03	36.02
2 Fogarty, Oliver	12	Fishguard	1:11.61	
			33.95	37.66
3 Banner, Harry	12	Penyrheol Asc	1:11.91	
			33.87	38.04
4 Smith, Jacob	12	Haverfordwest	1:12.14	
			33.49	38.65
5 Jones, Dafydd	12	Amman Valley	1:12.51	
			35.10	37.41
6 Antwhistle, Isaac	12	Swansea Aq	1:13.91	
			36.68	37.23
7 Lloyd, Vincent-Owen	11	Swansea Aq	1:16.98	
			36.87	40.11
8 Monan, Euan	11	Tenby Dolphins	1:18.87	
			38.05	40.82
*9 Jermin, Morgan	11	Llanelli	1:19.13	
			38.24	40.89

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Results - Session 3 (Warmup 10.50 - 11.40)

(Event 223 Boys 11-12 100 SC Meter Freestyle)

Name	Age	Team	Finals Time
*9 Bowes, James	12	Carmarthen	1:19.13
38.59	40.54		
11 Moore, Hari	12	Fishguard	1:20.57
38.87	41.70		
12 Backen, Frederick	12	Fishguard	1:21.09
39.48	41.61		
13 Morgan, Thomas	12	Neath	1:21.33
38.23	43.10		
14 Hart, Ruaraidh	12	Nexus	1:25.08
41.87	43.21		
15 Pirmohamed, Eshan	11	Swansea Aq	1:26.43
40.64	45.79		
16 Bool, Iolo	11	Haverfordwest	1:26.45
41.28	45.17		
17 Whatmore, Finley	11	Milford Tigers	1:34.95
47.65	47.30		
--- Marques-Jones, Felix	12	Amman Valley	DQ
35.11	38.88		

Event 223 Boys 13-14 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Douglas, Lucas	13	Neath	57.95
28.00	29.95		
2 Phillips, Finley	14	Nsg	58.57
28.03	30.54		
3 Thomas, Iolo	14	Neath	58.62
28.10	30.52		
4 Williams, Thomas	14	Nsg	59.50
28.91	30.59		
5 Phillips, Ioan	14	Neath	1:00.23
29.03	31.20		
6 Elmes, Max	13	Nsg	1:01.01
29.33	31.68		
7 Harwood, Jack	13	Haverfordwest	1:04.15
30.92	33.23		
8 Stuart-Lavender, Jac	14	Llanelli	1:04.82
30.95	33.87		
9 Mills, Thomas	13	Llanelli	1:05.31
31.48	33.83		
10 Thomas, Rhys	14	Haverfordwest	1:05.77
31.94	33.83		
11 Flynn, Asten	14	Nexus	1:05.81
32.43	33.38		
12 Morgan, Cole	13	Celtic D.	1:06.09
32.56	33.53		
13 Burt, Caio	14	Llanelli	1:06.37
31.63	34.74		
14 Davies, Ellis	13	Llanelli	1:07.77
32.76	35.01		
15 Smith, Declan	13	Amman Valley	1:07.93
33.06	34.87		
16 Thomas, Tristan	14	Milford Tigers	1:10.20
34.27	35.93		
17 Hill, Alexander Ralph	14	Carmarthen	1:10.38
33.71	36.67		
18 Griffiths, Harri	14	Celtic D.	1:12.25
34.08	38.17		
19 Lerigo, Oli	14	Aberystwyth	1:12.28
34.50	37.78		

20 Chapman, Henry	13	Carmarthen	1:12.84
36.15	36.69		
21 Phillips, Gethin	13	Haverfordwest	1:16.23
35.27	40.96		
22 Jones, Dion	13	Carmarthen	1:18.45
38.80	39.65		
23 George, Kieran	13	Milford Tigers	1:20.60
38.78	41.82		

Event 223 Boys 15-16 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Montgomery, Samuel	16	Haverfordwest	57.04
27.47	29.57		
2 West, Dexter	15	Fishguard	57.09
27.81	29.28		
3 Montague, Mason	16	Haverfordwest	57.55
27.90	29.65		
4 Bennett, Finley	15	Haverfordwest	58.91
28.38	30.53		
5 Chapman, Coby	15	Penyrheol Asc	59.38
28.48	30.90		
6 Lloyd, Thomas	16	Swansea Aq	59.41
28.29	31.12		
7 Morgan, Ben	15	Pembroke	1:00.48
29.30	31.18		
8 Smith, Benjamin	15	Haverfordwest	1:01.70
29.24	32.46		
9 Davies, Gethin	15	Milford Tigers	1:01.94
29.56	32.38		
10 Jenkins, Lloyd	15	Milford Tigers	1:05.19
30.42	34.77		
11 Parton, Frankie	15	Carmarthen	1:05.27
31.15	34.12		
12 Backen, Henry	16	Haverfordwest	1:07.44
32.61	34.83		
13 Lewis, Callum	15	Milford Tigers	1:10.74
33.77	36.97		
14 Lewis, Cian	15	Neath	1:10.92
33.41	37.51		
15 Santos, Liam	15	Milford Tigers	1:12.19
33.85	38.34		

Event 223 Boys 17 & Over 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Johnstone, Daniel	17	Nsg	53.98
25.96	28.02		
2 Lee, Jacob	18	Swansea Uni	54.02
26.33	27.69		
3 Keeble, Alex	20	Swansea Uni	54.33
26.38	27.95		
4 Upton-Boorman, Liam	17	Nsg	55.60
26.56	29.04		
5 Wu, Kevin	20	Swansea Uni	56.06
26.88	29.18		
6 Ukkash, Hayam	18	Swansea Uni	58.22
27.99	30.23		
7 Rukov, Ivan	17	Aberystwyth	1:02.23
29.05	33.18		
8 Burt, Teyan	17	Llanelli	1:03.43
30.62	32.81		

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Results - Session 3 (Warmup 10.50 - 11.40)

Event 224 Girls 11-12 200 SC Meter Breaststroke

Name	Age	Team	Finals Time	
1 Berner, Iyla	11	Nsg	3:01.49	
	40.99	45.85	47.28	47.37
2 Parry, Abigail	11	Carmarthen	3:06.62	
	41.05	46.74	48.97	49.86
3 Evans, Cadi	12	Swansea Aq	3:10.32	
	43.73	49.00	49.57	48.02
4 Rossiter-Wargent, Mia	11	Milford Tigers	3:16.90	
	44.18	50.58	53.18	48.96
5 Beasley, Evaleigh	11	Swansea Aq	3:19.64	
	45.35	52.77	51.72	49.80
6 Dyde, Pheobe	12	Pembroke	3:23.10	
	46.94	52.60	53.16	50.40
7 Davies, Elizabeth	11	Tenby Dolphins	3:23.58	
	46.03	52.26	53.38	51.91
8 Filmer, Gwennan	12	Aberystwyth	3:23.86	
	46.03	50.82	53.75	53.26
9 Mitrjaikina, Kerly-Annaly	12	Swansea Aq	3:25.52	
	45.79	52.04	53.70	53.99
10 Lewis, Evie	11	Haverfordwest	3:28.12	
	46.44	53.80	54.45	53.43
11 Coles, Aria	11	Neath	3:29.61	
	48.55	53.26	54.97	52.83
12 Powell, Nina	12	Fishguard	3:34.57	
	49.65	54.93	54.12	55.87
13 Wilde, Ayla-Belle	12	Nexus	3:35.34	
	45.25	54.92	57.39	57.78
*14 Salmon, Amelia	11	Nexus	3:35.47	
	49.62	55.04	57.03	53.78
*14 Pinnock, Betsan	12	Swansea Aq	3:35.47	
	49.97	54.58	55.08	55.84
16 Henson, Jess	11	Tenby Dolphins	3:35.48	
	49.95	56.17	55.11	54.25
17 Dennison, Evie	12	Milford Tigers	3:35.82	
	48.01	55.44	58.39	53.98
18 Clement, Darcey	12	Afan Valley	3:38.93	
	51.28	55.98	56.99	54.68
19 Percival, Bella	12	Celtic D.	3:41.59	
	48.59	56.15	1:00.12	56.73
20 Massey, Mia	12	Celtic D.	3:42.91	
	51.27	56.97	57.68	56.99
21 Dashfield, Olivia	11	Tenby Dolphins	3:44.05	
	51.90	57.44	59.51	55.20
22 Williams, Evie	11	Milford Tigers	3:46.41	
	52.01	57.37	59.33	57.70
23 Thomas, Enlli	11	Nexus	4:01.34	
	53.15	1:03.89	1:02.33	1:01.97
24 Gardner-Rolfe, Mia	12	Swansea Aq	4:06.40	
	54.54	1:02.41	1:05.99	1:03.46
25 Jenkins, Olivia	11	Swansea Aq	4:17.36	
	1:00.01	1:05.86	1:08.42	1:03.07
--- Hawkins, Lottie	11	Haverfordwest	DQ	
	55.35	1:03.05	1:04.48	1:02.26
--- Griffiths, Isla	11	Tenby Dolphins	DQ	
	48.12	57.57	58.15	58.87
--- Harris, Chloe	12	Celtic D.	DQ	
	48.66	55.47	56.17	54.38
--- Kurys, Bonnie	11	Carmarthen	DQ	
	52.40	59.75	1:02.23	58.11

Event 224 Girls 13-14 200 SC Meter Breaststroke

Name	Age	Team	Finals Time	
1 Taffetsauffer, Isabella	13	Nsg	2:48.14	
	39.05	42.86	43.45	42.78
2 Davies, Isabella	13	Nsg	2:50.50	
	40.86	43.73	43.72	42.19
3 Stark, Tala	14	Fishguard	2:54.29	
	38.65	43.60	45.88	46.16
4 Knight, Lily	14	Swansea Aq	2:56.71	
	40.54	44.95	45.59	45.63
5 Bissicks, Cari	13	Neath	2:57.42	
	40.54	44.98	45.59	46.31
6 Patterson, Hollie	13	Carmarthen	3:05.19	
	41.69	46.60	48.28	48.62
7 Hall, Ellena	13	Fishguard	3:08.68	
	43.44	47.99	48.48	48.77
8 Jewitt, Anya	13	Swansea Aq	3:11.49	
	43.93	47.91	49.80	49.85
9 Alexander, Seren	14	Aberystwyth	3:14.39	
	42.59	51.67	50.88	49.25
10 Hughes, Mollie	13	Celtic D.	3:21.50	
	44.65	52.27	53.59	50.99
11 Dafydd, Mali	14	Carmarthen	3:24.79	
	44.53	53.12	53.66	53.48
12 Kaill-Franks, Nia	13	Fishguard	3:25.77	
	45.98	51.85	54.26	53.68
13 Malough, Holly	13	Swansea Aq	3:32.88	
	48.62	52.96	54.71	56.59
14 Blyth, Isobelle	14	Haverfordwest	3:38.69	
	44.72	55.55	59.89	58.53
15 Lewis, Martha	13	Carmarthen	3:39.42	
	48.18	55.42	58.02	57.80
16 Philpott, Lowri	13	Llanelli	4:00.03	
	53.74	1:02.58	1:02.53	1:01.18
--- Upton-Boorman, Isabella	14	Nsg	DQ	
	43.69	48.54	49.88	50.74

Event 224 Girls 15-16 200 SC Meter Breaststroke

Name	Age	Team	Finals Time	
1 Gibbs, Harriet	16	Nsg	2:50.64	
	37.90	43.78	44.42	44.54
2 Owen, Kessie	16	Neath	2:54.57	
	38.17	44.17	46.21	46.02
3 Phillips, Emily	16	Neath	3:00.49	
	40.25	45.55	47.51	47.18
4 Hughes, Nancy	15	Nexus	3:09.15	
	42.57	48.65	49.21	48.72
5 Ostrowski, Julia	15	Pembroke	3:12.21	
	42.10	48.21	50.63	51.27
6 Dafydd, Iola	15	Carmarthen	3:14.56	
	42.89	49.85	51.96	49.86

Event 225 Boys 11-12 50 SC Meter Butterfly (Skins)

Name	Age	Team	Finals Time
1 King, Ethan	12	Penyrheol Asc	33.89
2 Noden, Rory	12	Haverfordwest	36.44
3 Banner, Harry	12	Penyrheol Asc	38.04
4 Evans, Sam	12	Pembroke	39.08
5 Antwhistle, Isaac	12	Swansea Aq	39.64
6 Taylor, Joshua	12	Nexus	40.28
7 Lloyd, Vincent-Owen	11	Swansea Aq	40.38
8 Morgan, Thomas	12	Neath	40.66

West Wales Regional SC Championships 2024 - 15/11/2024 to 17/11/2024

Results - Session 3 (Warmup 10.50 - 11.40)

Event 226 Boys 13-14 50 SC Meter Backstroke (Skins)

	Name	AgeTeam	Finals Time
1	Phillips, Finley	14 Nsg	31.48
2	Douglas, Lucas	13 Neath	31.65
3	Thomas, Iolo	14 Neath	32.59
4	Elmes, Max	13 Nsg	32.66
5	Harwood, Jack	13 Haverfordwest	33.16
6	Thomas, Rhys	14 Haverfordwest	34.97
7	Stuart-Lavender, Jac	14 Llanelli	35.43
8	Burt, Caio	14 Llanelli	35.87

Event 227 Boys 15-16 50 SC Meter Freestyle (Skins)

	Name	AgeTeam	Finals Time
*1	Bennett, Finley	15 Haverfordwest	27.61
*1	Montague, Mason	16 Haverfordwest	27.61
3	Silverstone, Solomon	15 Haverfordwest	27.62
4	Smith, Benjamin	15 Haverfordwest	27.77
5	West, Dexter	15 Fishguard	27.81
6	Price, George	16 Penyrheol Asc	28.03
7	Morgan, Ben	15 Pembroke	28.14
8	Davies, Gethin	15 Milford Tigers	28.43

Event 228 Boys 17 & Over 50 SC Meter Butterfly (Skins)

	Name	AgeTeam	Finals Time
1	Lee, Jacob	18 Swansea Uni	29.70
2	Clegg, Luke	19 Swansea Uni	30.53
3	Upton-Boorman, Liam	17 Nsg	34.00
4	Burt, Teyan	17 Llanelli	37.50