

West Wales Regional SC Championships 2024 - 15/11/2024 to 17/11/2024

Results - Session 4 (Warmup 2.40 - 3.30)

Event 231 Girls 11-12 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Berner, Iyla	11 Nsg	37.65
2 Parry, Abigail	11 Carmarthen	39.55
3 Evans, Cadi	12 Swansea Aq	40.00
4 Wilde, Ayla-Belle	12 Nexus	42.34
5 Beasley, Evaleigh	11 Swansea Aq	42.53
6 Filmer, Gwennan	12 Aberystwyth	42.59
7 Summerfield, Lucy	12 Llanelli	42.83
*8 Lewis, Evie	11 Haverfordwest	43.12
*8 Rossiter-Wargent, Mia	11 Milford Tigers	43.12
10 Dyde, Pheobe	12 Pembroke	44.09
11 Dennison, Evie	12 Milford Tigers	44.89
12 Sedgemore, Lola	12 Neath	45.36
13 Jones, Alaw	12 Carmarthen	45.42
14 Szmigiero, Kaya	11 Aberystwyth	45.63
*15 Griffiths, Isla	11 Tenby Dolphins	45.76
*15 Coles, Aria	11 Neath	45.76
17 Dashfield, Olivia	11 Tenby Dolphins	46.27
18 Powell, Nina	12 Fishguard	46.51
19 Harris, Chloe	12 Celtic D.	47.19
20 Massey, Mia	12 Celtic D.	47.45
21 Morris, Ffion	12 Tenby Dolphins	47.63
22 Price, Seren -louise	12 Carmarthen	48.04
23 Percival, Bella	12 Celtic D.	48.26
24 Williams, Fay	12 Swansea Aq	48.32
25 Davies, Loti	11 Celtic D.	49.28
26 Clement, Darcey	12 Afan Valley	49.34
27 Morris, Besi	11 Amman Valley	49.62
28 Besley, Freya	12 Penyrheol Asc	49.90
29 May, Gwen	12 Nexus	49.93
30 Thomas, Lily	11 Carmarthen	50.00
31 Thomas, Enlli	11 Nexus	50.64
32 Launder, Beatrix	11 Neath	50.82
33 Iturbe, Carys	11 Afan Valley	51.41
34 Phillips, Isabelle	11 Haverfordwest	51.93
35 Goss, Lucia	12 Celtic D.	53.83
36 Roberts, Arwyn	11 Afan Valley	54.57
37 Hawkins, Lottie	11 Haverfordwest	54.79
--- Knight, Anna	11 Celtic D.	DQ
--- Williams, Evie	11 Milford Tigers	DQ
--- Titley, Lola	12 Milford Tigers	DQ
--- Henson, Jess	11 Tenby Dolphins	DQ

Event 231 Girls 13-14 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Taffetsauffer, Isabella	13 Nsg	36.80
2 Stark, Tala	14 Fishguard	37.61
3 Davies, Isabella	13 Nsg	37.99
4 Knight, Lily	14 Swansea Aq	38.96
5 Patterson, Hollie	13 Carmarthen	39.01
6 Hughes, Tirion	13 Swansea Aq	40.32
7 Giles, Seren	14 Neath	40.82
8 Alexander, Seren	14 Aberystwyth	41.88
9 Jewitt, Anya	13 Swansea Aq	42.82
10 Griffiths, Gwenan	14 Penyrheol Asc	42.90
11 Hughes, Mollie	13 Celtic D.	43.23
12 Blyth, Isobelle	14 Haverfordwest	43.59
13 Pearce, Ava	13 Afan Valley	43.93
14 Perrott, Hannah	14 Celtic D.	44.39
15 Penfold, Robyn	14 Fishguard	44.44

16 Hughes, Seren	13 Neath	44.66
17 Bowen, Seren	14 Carmarthen	44.96
18 Kaill-Franks, Nia	13 Fishguard	45.04
19 Malough, Holly	13 Swansea Aq	45.23
20 Penfold, Freya	14 Fishguard	46.87
21 Lewis, Megan	13 Neath	47.04
22 Griffiths, Ffion	13 Tenby Dolphins	47.74
23 Thomas, Carys	13 Penyrheol Asc	47.88
24 Jewitt, Sophia	13 Swansea Aq	49.19
25 Thomas, Millie	13 Amman Valley	51.92
--- Davies, Erin	13 Celtic D.	DQ
--- Davies, Cadi	13 Celtic D.	DQ

Event 231 Girls 15-16 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Owen, Kessie	16 Neath	37.15
2 Phillips, Emily	16 Neath	37.40
3 Jones, Eryn	15 Neath	37.60
4 Thomas, Medi	16 Llanelli	39.42
5 Hughes, Nancy	15 Nexus	39.43
6 Ostrowski, Julia	15 Pembroke	39.82
7 Ley, Lucy	16 Swansea Aq	40.21
8 Dafydd, Iola	15 Carmarthen	40.64
9 Holloway, Olivia	15 Afan Valley	41.41
10 Hanna, Jazmine	16 Haverfordwest	43.52
11 Finney, Elsa	15 Aberystwyth	45.43
12 Thomas, Caitlyn	15 Neath	46.17
--- Gibbs, Harriet	16 Nsg	DQ

Event 231 Girls 17 & Over 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Welsby, Lily-May	17 Aberystwyth	35.81
2 David, Isabelle	17 Swansea Aq	38.10
3 Morgan, Catrin	17 Amman Valley	42.51
4 Kovachev, Georgie	17 Haverfordwest	42.69
--- Mortimer, Constance	19 Swansea Uni	DQ
--- John, Holly	17 Haverfordwest	DQ

Event 231 Girls 50 SC Meter Breaststroke Multi-Class

Name	AgeTeam	Finals Time
1 %Philpott, Lowri SB14	13 Llanelli	53.67

Event 232 Boys 11-12 200 SC Meter Butterfly

Name	AgeTeam	Finals Time	
1 Hughes, Freddy	12 Nexus	3:13.10	
39.36	49.10	53.59	51.05

Event 232 Boys 15-16 200 SC Meter Butterfly

Name	AgeTeam	Finals Time	
1 West, Dexter	15 Fishguard	2:16.32	
29.64	34.34	35.88	36.46
2 Smith, Benjamin	15 Haverfordwest	2:41.48	
33.87	41.16	43.44	43.01

Event 232 Boys 17 & Over 200 SC Meter Butterfly

Name	AgeTeam	Finals Time	
1 Burt, Teyan	17 Llanelli	2:43.79	
35.06	42.06	43.54	43.13

Event 233 Girls 11-12 100 SC Meter Butterfly

Name	AgeTeam	Finals Time	
1 Berner, Iyla	11 Nsg	1:09.92	
32.74	37.18		

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(Event 233 Girls 11-12 100 SC Meter Butterfly)

Name	Age	Team	Finals Time
2 Davies, Isla	11	Nsg	1:11.84
32.98	38.86		
3 Hnoiana, Valentyna	12	Swansea Aq	1:20.61
36.71	43.90		
4 Rowland, Scarlett	12	Neath	1:20.68
37.55	43.13		
5 Summerfield, Lucy	12	Llanelli	1:21.91
37.17	44.74		
6 Parry, Abigail	11	Carmarthen	1:26.12
39.09	47.03		
7 Pitans, Caitlin	12	Swansea Aq	1:26.16
38.73	47.43		
8 Roberts Mylan, Ffion	12	Swansea Aq	1:28.10
39.29	48.81		
9 Salmon, Amelia	11	Nexus	1:29.13
42.29	46.84		
10 Sedgemore, Lola	12	Neath	1:30.92
39.28	51.64		
11 Szmigiero, Kaya	11	Aberystwyth	1:31.52
41.20	50.32		
12 Mitrjaikina, Kerly-Annaly	12	Swansea Aq	1:32.57
40.66	51.91		
13 Roberts Mylan, Sophie	12	Swansea Aq	1:35.03
43.86	51.17		
14 Powell, Nina	12	Fishguard	1:35.24
44.35	50.89		
15 Foldi, Kristina	12	Haverfordwest	1:36.97
42.82	54.15		
16 Williams, Fay	12	Swansea Aq	1:38.66
45.02	53.64		
17 Jones, Alaw	12	Carmarthen	1:40.61
45.60	55.01		
18 Griffiths, Isla	11	Tenby Dolphins	1:41.62
45.21	56.41		

Event 233 Girls 13-14 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Nichols, Grace	14	Haverfordwest	1:06.58
30.48	36.10		
2 Griffiths, Cerys	14	Haverfordwest	1:08.26
31.87	36.39		
3 Coffey, Cora	14	Neath	1:10.30
32.78	37.52		
4 Bissicks, Cari	13	Neath	1:12.87
33.85	39.02		
5 Taffetsauffer, Isabella	13	Nsg	1:14.23
34.60	39.63		
6 Mason, Phoebe	14	Haverfordwest	1:17.76
36.07	41.69		
7 Stark, Tala	14	Fishguard	1:18.87
35.28	43.59		
8 Galdes Cutting, Daisy	13	Haverfordwest	1:19.16
35.71	43.45		
9 Morgan, Evelyn	13	Nsg	1:19.27
36.92	42.35		
10 Martin, Phoebe	14	Penyrheol Asc	1:19.52
36.51	43.01		
11 Bowen, Seren	14	Carmarthen	1:19.63
36.57	43.06		

*12 Thompson, Freya	14	Haverfordwest	1:19.73
36.27	43.46		
*12 Short, Amelia	13	Nexus	1:19.73
37.29	42.44		
14 Dafydd, Mali	14	Carmarthen	1:19.95
35.82	44.13		
15 McFarlane, Una	13	Milford Tigers	1:21.54
36.46	45.08		
16 George, Eilir	14	Llanelli	1:24.80
38.23	46.57		
17 Kenny, Jemima	13	Milford Tigers	1:27.08
40.57	46.51		

Event 233 Girls 15-16 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Geach, Libbie	15	Neath	1:05.67
30.74	34.93		
2 Gibbs, Harriet	16	Nsg	1:12.74
34.06	38.68		
3 Knight, Cari	16	Penyrheol Asc	1:12.94
33.02	39.92		
4 Koo, Kathryn	15	Tenby Dolphins	1:14.51
34.15	40.36		
5 Clissold, Bronwyn	16	Tenby Dolphins	1:16.08
35.05	41.03		
6 Catling, Freya	16	Celtic D.	1:16.14
35.36	40.78		
7 Miles, Megan	16	Fishguard	1:19.45
34.06	45.39		
8 Jenkins, Alexandra	15	Swansea Aq	1:20.98
37.43	43.55		
9 Ostrowski, Julia	15	Pembroke	1:22.59
36.64	45.95		
--- Davies, Lowri	16	Celtic D.	DQ
39.28	46.18		

Event 233 Girls 17 & Over 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Bissicks, Ella	17	Swansea Aq	1:08.33
31.39	36.94		
2 Webb, Saskia	17	Haverfordwest	1:09.27
31.54	37.73		
3 Goodliffe, Faith	24	Celtic D.	1:10.58
32.12	38.46		
4 David, Isabelle	17	Swansea Aq	1:14.65
33.72	40.93		
5 Kovachev, Georgie	17	Haverfordwest	1:16.15
34.31	41.84		

Event 234 Boys 11-12 400 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Noden, Rory	12	Haverfordwest	5:15.48
36.22	40.14	39.70	40.42
39.67	41.19	39.41	38.73
2 Evans, Sam	12	Pembroke	5:48.38
36.20	42.45	44.95	45.66
46.06	45.86	45.66	41.54
3 Taylor, Joshua	12	Nexus	5:51.79
38.94	44.03	44.95	45.48
45.23	45.22	45.30	42.64
4 Bool, Iolo	11	Haverfordwest	6:26.89
41.52	47.61	48.96	49.81
50.41	50.53	49.62	48.43

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Event 234 Boys 13-14 400 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Douglas, Lucas	13	Neath	4:46.45	
			31.23	34.49
			35.72	35.97
			36.96	37.50
			38.30	36.28
2 Harwood, Jack	13	Haverfordwest	4:53.46	
			32.22	36.48
			37.23	38.10
			38.38	37.70
			37.97	35.38
3 Flynn, Asten	14	Nexus	4:59.94	
			33.67	36.90
			38.75	38.12
			38.30	38.48
			37.91	37.81
4 Burt, Caio	14	Llanelli	5:00.33	
			32.32	36.56
			38.51	39.34
			38.79	39.39
			38.60	36.82
5 Thomas, Rhys	14	Haverfordwest	5:09.11	
			35.31	38.83
			40.39	38.90
			39.76	39.42
			39.22	37.28
6 Sekula, Mateusz	13	Nexus	5:37.01	
			36.73	42.80
			43.13	42.89
			43.44	43.52
			43.79	40.71

Event 234 Boys 15-16 400 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Bennett, Finley	15	Haverfordwest	4:21.23	
			28.98	31.81
			32.97	33.88
			33.51	33.90
			33.89	32.29
2 Griffiths, Sam	16	Carmarthen	4:47.81	
			30.81	34.72
			36.25	36.85
			37.46	37.80
			38.04	35.88
3 Morgan, Ben	15	Pembroke	4:48.28	
			31.48	35.00
			36.34	36.99
			37.65	37.97
			37.71	35.14
4 Davies, Gethin	15	Milford Tigers	4:52.61	
			32.40	37.68
			38.03	37.55
			37.93	37.61
			37.58	33.83

Event 234 Boys 17 & Over 400 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Keeble, Alex	20	Swansea Uni	4:06.31	
			27.81	30.80
			31.47	31.34
			31.23	31.79
			31.17	30.70
2 Clegg, Luke	19	Swansea Uni	4:16.46	
			28.67	32.63
			32.95	32.77
			31.45	32.12
			32.40	33.47

Event 235 Girls 11-12 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Berner, Iyla	11	Nsg	2:17.40	
			31.95	35.24
			36.48	33.73
2 Filmer, Gwennan	12	Aberystwyth	2:33.71	
			33.93	39.52
			41.81	38.45
3 Davies, Elizabeth	11	Tenby Dolphins	2:35.90	
			35.52	40.08
			41.13	39.17
4 Mitrjaikina, Kerly-Annaly	12	Swansea Aq	2:37.89	
			35.58	39.98
			42.43	39.90
5 Lewis, Evie	11	Haverfordwest	2:39.18	
			35.76	40.57
			42.27	40.58
6 Powell, Nina	12	Fishguard	2:40.17	
			38.21	40.33
			41.94	39.69
7 Dyde, Pheobe	12	Pembroke	2:40.44	
			36.37	42.54
			42.20	39.33

8 Morris, Ffion	12	Tenby Dolphins	2:43.96	
			36.81	41.97
			43.52	41.66
9 Pitans, Caitlin	12	Swansea Aq	2:46.41	
			38.16	42.03
			44.04	42.18
10 Williams, Eirwen	12	Swansea Aq	2:48.05	
			36.63	43.32
			44.88	43.22
11 Coles, Aria	11	Neath	2:48.40	
			38.91	43.00
			44.23	42.26
12 Pinnock, Betsan	12	Swansea Aq	2:50.71	
			37.58	43.85
			45.66	43.62
13 Clement, Darcey	12	Afan Valley	2:53.12	
			40.22	44.36
			46.28	42.26
14 Roberts, Arwyn	11	Afan Valley	2:53.72	
			40.19	45.93
			44.94	42.66
15 Kurys, Bonnie	11	Carmarthen	2:55.76	
			39.93	46.01
			46.03	43.79
16 Henson, Jess	11	Tenby Dolphins	2:56.73	
			40.59	45.26
			46.08	44.80
17 Williams, Evie	11	Milford Tigers	2:58.04	
			42.00	47.10
			47.62	41.32
18 Titley, Lola	12	Milford Tigers	2:59.47	
			40.90	46.58
			48.10	43.89
19 Launder, Beatrix	11	Neath	3:00.37	
			40.11	46.93
			48.82	44.51
20 Rossiter-Wargent, Mia	11	Milford Tigers	3:00.44	
			40.15	47.39
			49.12	43.78
21 Foldi, Kristina	12	Haverfordwest	3:02.70	
			41.46	46.84
			48.21	46.19
22 Dennison, Evie	12	Milford Tigers	3:03.98	
			42.35	47.60
			49.72	44.31
23 Arnold, Olivia	11	Milford Tigers	3:05.85	
			43.76	49.08
			48.64	44.37
24 Austin, Sophie Haf	11	Celtic D.	3:06.41	
			41.61	47.56
			51.53	45.71
25 Hawkins, Lottie	11	Haverfordwest	3:11.96	
			42.93	49.28
			51.16	48.59

Event 235 Girls 13-14 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Griffiths, Cerys	14	Haverfordwest	2:07.01	
			29.36	32.37
			33.72	31.56
2 Burns, Freya	13	Nsg	2:15.67	
			30.78	34.49
			35.18	35.22
3 Upton-Boorman, Isabella	14	Nsg	2:23.49	
			33.53	36.62
			37.03	36.31
*4 Davies, Isabella	13	Nsg	2:24.02	
			33.95	36.52
			37.29	36.26
*4 Mason, Phoebe	14	Haverfordwest	2:24.02	
			34.22	36.93
			36.95	35.92
6 Morgan, Evelyn	13	Nsg	2:25.16	
			33.25	37.35
			37.81	36.75
7 Cressey-Rodgers, Gwenllian	14	Nsg	2:26.26	
			33.40	36.91
			37.95	38.00
8 Watkins, Mylee	14	Neath	2:26.48	
			32.83	36.84
			38.07	38.74
9 Thompson, Freya	14	Haverfordwest	2:26.66	
			32.79	37.19
			38.69	37.99
10 Giles, Seren	14	Neath	2:28.95	
			33.96	38.02
			38.59	38.38
11 Davies, Erin	13	Celtic D.	2:29.12	
			35.38	37.59
			37.99	38.16

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Results - Session 4 (Warmup 2.40 - 3.30)

(Event 235 Girls 13-14 200 SC Meter Freestyle)

Name	Age	Team	Finals Time
12 Hall, Ellena	13	Fishguard	2:29.99
34.48	38.12	38.87	38.52
13 Knight, Lily	14	Swansea Aq	2:31.19
33.67	38.77	39.89	38.86
14 Patterson, Hollie	13	Carmarthen	2:32.24
34.62	38.37	40.32	38.93
15 Jenkins, Elli	13	Swansea Aq	2:33.52
35.48	38.22	40.51	39.31
16 Hughes, Tirion	13	Swansea Aq	2:33.85
34.47	39.36	40.59	39.43
17 Griffiths, Ffion	13	Tenby Dolphins	2:34.54
34.56	38.69	41.60	39.69
18 Dafydd, Mali	14	Carmarthen	2:37.66
34.45	39.72	42.72	40.77
19 Lewis, Megan	13	Neath	2:41.20
36.73	41.53	42.14	40.80
20 Kenny, Jemima	13	Milford Tigers	2:42.14
36.61	40.83	43.52	41.18
21 Kaill-Franks, Nia	13	Fishguard	2:44.73
38.36	42.59	42.73	41.05
22 Bowen, Seren	14	Carmarthen	2:44.90
36.88	42.60	43.79	41.63
23 Andreassen, Freya	13	Amman Valley	2:45.11
37.63	42.84	43.85	40.79
24 Perrott, Hannah	14	Celtic D.	2:47.76
37.21	42.73	44.68	43.14
25 Jones, Ashleigh	14	Carmarthen	2:48.74
36.16	42.74	46.20	43.64
26 Malough, Holly	13	Swansea Aq	2:52.36
40.47	44.04	45.49	42.36
27 Lewis, Martha	13	Carmarthen	2:52.73
38.72	43.82	46.64	43.55
28 Thomas, Carys	13	Penyrheol Asc	2:53.91
39.76	44.10	46.86	43.19
29 Jewitt, Sophia	13	Swansea Aq	2:58.37
40.59	45.52	47.17	45.09

Event 235 Girls 17 & Over 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Stokes, Aimee	20	Swansea Uni	2:10.49
29.33	32.09	34.10	34.97
2 Clissold, Elizabeth	18	Tenby Dolphins	2:14.80
30.81	33.64	35.32	35.03
3 Webb, Saskia	17	Haverfordwest	2:16.08
30.71	34.39	35.57	35.41
4 Clifford, Bethany	17	Neath	2:28.11
33.59	37.76	39.05	37.71

Event 235 Girls 200 SC Meter Freestyle Multi-Class

Name	Age	Team	Finals Time
1 %Philpott, Lowri S14	13	Llanelli	3:32.76
46.56	55.91	56.49	53.80

Event 235 Girls 15-16 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 King, Marley	16	Penyrheol Asc	2:11.85
30.23	33.42	34.78	33.42
2 Geach, Libbie	15	Neath	2:14.15
30.39	33.06	35.00	35.70
3 Huws, Awen	16	Nexus	2:18.09
31.84	35.02	35.99	35.24
4 Philpott, Ffion	15	Nsg	2:18.19
31.70	34.73	36.15	35.61
5 Clissold, Bronwyn	16	Tenby Dolphins	2:21.61
32.04	35.57	37.40	36.60
6 Ley, Lucy	16	Swansea Aq	2:25.40
33.34	36.29	37.44	38.33
7 Perrott, Niamh	15	Swansea Aq	2:34.56
35.07	39.51	40.60	39.38
8 Cooper, Megan	16	Neath	2:36.31
35.03	40.55	40.93	39.80
9 Holloway, Olivia	15	Afan Valley	2:37.07
35.72	40.38	42.02	38.95
10 Szmigiero, Victoria	15	Aberystwyth	2:47.70
36.28	42.19	44.54	44.69