

West Wales Regional SC Championships 2024 - 15/11/2024 to 17/11/2024

Meet Program - Session 7 (Warmup 3.25 - 4.15)

Event 331 Boys 11 & Over 50 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 5 Finals				
1	David, Ioan	12	Haverfordwest	51.06
2	Backen, Frederick	12	Fishguard	48.27
3	Williams, Gethin	13	Nexus	46.89
4	Chapman, Henry	13	Carmarthen	46.69
5	Rees, Oscar	11	Llanelli	46.79
6	Evans, Sam	12	Pembroke	48.12
7	Lloyd- Roberts, Harry	12	Milford Tigers	49.91
8	Bool, Iolo	11	Haverfordwest	54.46

Heat 2 of 5 Finals

1	Jones, Dafydd	12	Amman Valley	46.00
2	Fogarty, Oliver	12	Fishguard	44.27
3	Lloyd, Vincent-Owen	11	Swansea Aq	43.77
4	Smith, Jacob	12	Haverfordwest	43.30
5	Hughes, Freddy	12	Nexus	43.73
6	Smith, Caelan	14	Haverfordwest	43.94
7	Lumms, Ralph	13	Nexus	45.66
8	Jermin, Morgan	11	Llanelli	46.68

Heat 3 of 5 Finals

1	Hale, Oliver	13	Swansea Aq	42.46
2	Thomas, Wilf	12	Aberystwyth	41.82
3	Lerigo, Oli	14	Aberystwyth	41.60
4	Stewart, Finlay	16	Llanelli	40.70
5	Sekula, Szymon	13	Nexus	41.08
6	Marques-Jones, Felix	12	Amman Valley	41.73
7	Smith, Declan	13	Amman Valley	42.26
8	Morgan, Thomas	12	Neath	42.53

Heat 4 of 5 Finals

1	Lewis, Cian	15	Neath	39.75
2	Thomas, Rhys	14	Haverfordwest	37.94
3	Gubb, Harvey	18	Neath	35.48
4	Hall, Ethan	15	Fishguard	35.09
5	Lloyd, Thomas	16	Swansea Aq	35.10
6	Santos, Liam	15	Milford Tigers	37.76
7	Sekula, Mateusz	13	Nexus	38.31
8	Harris, Osian	15	Fishguard	40.69

Heat 5 of 5 Finals

1	Upton-Boorman, Liam	17	Nsg	33.42
2	Phillips, Finley	14	Nsg	32.92
3	Lewis, Matthew	39	Haverfordwest	32.38
4	Ukkash, Hayam	18	Swansea Uni	30.94
5	Montague, Mason	16	Haverfordwest	32.10
6	Bennett, Finley	15	Haverfordwest	32.58
7	Phillips, Ioan	14	Neath	33.36
8	Stuart-Lavender, Jac	14	Llanelli	35.02

Event 332 Female 11 & Over 200 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals				
1				
2				
3	Roberts Mylan, Ffion	12	Swansea Aq	3:19.09
4	Hughes, Nancy	15	Nexus	3:07.24
5	George, Eilir	14	Llanelli	3:11.67
6	Lewis, Evie	11	Haverfordwest	3:32.83
7				
8				

Heat 2 of 2 Finals

1	Rowland, Scarlett	12	Neath	3:02.25
2	Goodliffe, Faith	24	Celtic D.	2:48.50
3	Webb, Saskia	17	Haverfordwest	2:41.37
4	Geach, Libbie	15	Neath	2:30.82
5	Coffey, Cora	14	Neath	2:40.95
6	Dash, Amelie	13	Milford Tigers	2:45.99
7	Thompson, Freya	14	Haverfordwest	2:59.30
8	Mason, Phoebe	14	Haverfordwest	3:03.32

Event 333 Boys 11 & Over 100 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Finals				
1				
2				
3	Jermin, Morgan	11	Llanelli	1:34.43
4	Hughes, Freddy	12	Nexus	1:20.59
5	Noden, Rory	12	Haverfordwest	1:30.91
6				
7				
8				

Heat 2 of 4 Finals

1				
2	Mills, Thomas	13	Llanelli	1:17.69
3	Price, George	16	Penyrheol Asc	1:13.55
4	Harris, Osian	15	Fishguard	1:12.27
5	Davies, Gethin	15	Milford Tigers	1:12.59
6	Morgan, Ben	15	Pembroke	1:15.74
7	Flynn, Asten	14	Nexus	1:20.20
8				

Heat 3 of 4 Finals

1	Burt, Teyan	17	Llanelli	1:11.45
2	Hnoianyi, Andrii	15	Swansea Aq	1:07.66
3	Bennett, Finley	15	Haverfordwest	1:06.39
4	Montgomery, Samuel	16	Haverfordwest	1:03.98
5	Williams, Thomas	14	Nsg	1:05.50
6	Chapman, Coby	15	Penyrheol Asc	1:06.80
7	Phillips, Finley	14	Nsg	1:08.04
8	Smith, Benjamin	15	Haverfordwest	1:12.01

Heat 4 of 4 Finals

1	Thomas, Iolo	14	Neath	1:03.65
2	Douglas, Lucas	13	Neath	1:02.93
3	Silverstone, Solomon	15	Haverfordwest	1:00.25
4	Lee, Jacob	18	Swansea Uni	55.90
5	Johnstone, Daniel	17	Nsg	59.11
6	West, Dexter	15	Fishguard	1:00.82
7	Montague, Mason	16	Haverfordwest	1:03.61
8	Gubb, Harvey	18	Neath	1:03.90

Event 334 Female 11 & Over 400 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Finals				
1	%Philpott, Lowri S14	13	Llanelli	7:33.58
2	Williams, Kelsey	11	Nexus	6:33.22
3	Roberts Mylan, Sophie	12	Swansea Aq	6:23.71
4	Hughes, Megan	11	Celtic D.	6:20.89
5	Thomas, Leah	13	Haverfordwest	6:23.60
6	Kurys, Bonnie	11	Carmarthen	6:32.52
7	Thomas, Enlli	11	Nexus	6:34.66
8				

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Meet Program - Session 7 (Warmup 3.25 - 4.15)

Heat 2 Finals (#334 Female 11 & Over 400 SC Meter Freestyle)

1	Roberts, Arwyn	11	Afan Valley	6:15.80	___
2	Dyde, Pheobe	12	Pembroke	6:04.45	___
3	Parry, Abigail	11	Carmarthen	6:01.59	___
4	Pinnock, Betsan	12	Swansea Aq	6:00.60	___
5	Williams, Eirwen	12	Swansea Aq	6:00.70	___
6	Morris, Ffion	12	Tenby Dolphins	6:02.20	___
7	Mason, Ezmee	11	Haverfordwest	6:08.74	___
8	Henson, Jess	11	Tenby Dolphins	6:17.82	___

Heat 3 of 6 Finals

1	Jenkins, Elli	13	Swansea Aq	5:53.98	___
2	Kenny, Jemima	13	Milford Tigers	5:50.47	___
3	May, Gwen	12	Nexus	5:49.64	___
4	Snellgrove, Chloe	14	Neath	5:48.47	___
5	Andreassen, Freya	13	Amman Valley	5:49.07	___
6	Lewis, Evie	11	Haverfordwest	5:50.22	___
7	Griffiths, Ffion	13	Tenby Dolphins	5:51.14	___
8	Jones, Hannah	14	Swansea Aq	5:56.80	___

Heat 4 of 6 Finals

1	Price, Seren -louise	12	Carmarthen	5:26.53	___
2	Williams, Paige	12	Swansea Aq	5:18.80	___
3	Davies, Ava-Rose	11	Llanelli	5:14.99	___
4	Patterson, Hollie	13	Carmarthen	5:14.82	___
5	Mason, Phoebe	14	Haverfordwest	5:14.99	___
6	Davies, Isabella	13	Nsg	5:15.69	___
7	Cooper, Megan	16	Neath	5:18.82	___
8	Short, Amelia	13	Nexus	5:39.90	___

Heat 5 of 6 Finals

1	Bruce, Skye	15	Pembroke	5:14.30	___
2	Watkins, Mylee	14	Neath	5:08.27	___
3	Cressey-Rodgers, Gwenllian	14	Nsg	5:04.68	___
4	Sullivan, Katie	17	Neath	5:01.78	___
5	Hale, Libby	15	Swansea Aq	5:03.96	___
6	McFarlane, Una	13	Milford Tigers	5:07.88	___
7	Hall, Ellena	13	Fishguard	5:12.98	___
8	Morgan, Evelyn	13	Nsg	5:14.57	___

Heat 6 of 6 Finals

1	Gilderdale, Celyn	16	Haverfordwest	4:59.30	___
2	Upton-Boorman, Isabella	14	Nsg	4:54.96	___
3	Clissold, Elizabeth	18	Tenby Dolphins	4:51.65	___
4	King, Marley	16	Penyrheol Asc	4:40.80	___
5	Philpott, Ffion	15	Nsg	4:44.92	___
6	Huws, Awen	16	Nexus	4:53.05	___
7	Burns, Freya	13	Nsg	4:56.66	___
8	Clissold, Bronwyn	16	Tenby Dolphins	5:01.10	___

Heat 2 of 6 Finals

1					___
2	Jermin, Morgan	11	Llanelli	3:00.26	___
3	Morgan, Thomas	12	Neath	2:55.35	___
4	Lummis, Ralph	13	Nexus	2:51.97	___
5	George, Kieran	13	Milford Tigers	2:54.37	___
6	Backen, Frederick	12	Fishguard	2:58.60	___
7	Jones, Tomi	12	Swansea Aq	3:03.36	___
8					___

Heat 3 of 6 Finals

1	Thomas, Wilf	12	Aberystwyth	2:47.71	___
2	Thomas, Tristan	14	Milford Tigers	2:41.98	___
3	Chapman, Henry	13	Carmarthen	2:41.47	___
4	Noden, Rory	12	Haverfordwest	2:35.46	___
5	Lerigo, Oli	14	Aberystwyth	2:40.47	___
6	Marques-Jones, Felix	12	Amman Valley	2:41.57	___
7	Evans, Sam	12	Pembroke	2:45.57	___
8	Fogarty, Oliver	12	Fishguard	2:48.14	___

Heat 4 of 6 Finals

1	Burt, Caio	14	Llanelli	2:26.47	___
2	Stuart-Lavender, Jac	14	Llanelli	2:25.94	___
3	Flynn, Asten	14	Nexus	2:21.94	___
4	King, Ethan	12	Penyrheol Asc	2:20.49	___
5	Davies, Ellis	13	Llanelli	2:20.69	___
6	Hale, Oliver	13	Swansea Aq	2:25.30	___
7	Thomas, Rhys	14	Haverfordwest	2:26.35	___
8	Smith, Declan	13	Amman Valley	2:31.78	___

Heat 5 of 6 Finals

1	Smith, Benjamin	15	Haverfordwest	2:18.90	___
2	Harwood, Jack	13	Haverfordwest	2:18.23	___
3	Morgan, Ben	15	Pembroke	2:17.56	___
4	Elmes, Max	13	Nsg	2:15.04	___
5	Roberts-Truman, Harri	14	Neath	2:15.37	___
6	Lloyd, Thomas	16	Swansea Aq	2:17.89	___
7	Mills, Thomas	13	Llanelli	2:18.74	___
8	Burt, Teyan	17	Llanelli	2:19.05	___

Heat 6 of 6 Finals

1	Chapman, Coby	15	Penyrheol Asc	2:09.20	___
2	Douglas, Lucas	13	Neath	2:06.46	___
3	Silverstone, Solomon	15	Haverfordwest	2:02.83	___
4	Lee, Jacob	18	Swansea Uni	1:50.06	___
5	Clegg, Luke	19	Swansea Uni	1:55.38	___
6	Upton-Boorman, Liam	17	Nsg	2:04.17	___
7	Williams, Thomas	14	Nsg	2:06.88	___
8	Thomas, Iolo	14	Neath	2:10.50	___

Event 335 Boys 11 & Over 200 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Finals

1					___
2					___
3	Lloyd, Vincent-Owen	11	Swansea Aq	3:07.00	___
4	McAdie, Isaac	12	Swansea Aq	3:03.60	___
5	Bool, Iolo	11	Haverfordwest	3:04.54	___
6					___
7					___
8					___