

West Wales Regional SC Championships 2024 - 15/11/2024 to 17/11/2024

Results - Session 7 (Warmup 3.25 - 4.15)

Event 331 Boys 11-12 50 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Marques-Jones, Felix	12	Amman Valley	40.45
2 Thomas, Wilf	12	Aberystwyth	40.50
3 Fogarty, Oliver	12	Fishguard	40.82
4 Smith, Jacob	12	Haverfordwest	41.56
5 Jones, Dafydd	12	Amman Valley	43.15
6 Lloyd, Vincent-Owen	11	Swansea Aq	43.25
7 Hughes, Freddy	12	Nexus	43.26
8 Morgan, Thomas	12	Neath	43.46
9 Backen, Frederick	12	Fishguard	46.03
10 Jermin, Morgan	11	Llanelli	46.49
11 Lloyd- Roberts, Harry	12	Milford Tigers	47.43
12 Rees, Oscar	11	Llanelli	48.60
13 David, Ioan	12	Haverfordwest	51.24
14 Bool, Iolo	11	Haverfordwest	52.82

Event 331 Boys 13-14 50 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Phillips, Finley	14	Nsg	32.39
2 Phillips, Ioan	14	Neath	34.21
3 Stuart-Lavender, Jac	14	Llanelli	34.84
4 Thomas, Rhys	14	Haverfordwest	37.83
5 Sekula, Mateusz	13	Nexus	39.18
6 Lerigo, Oli	14	Aberystwyth	39.76
7 Sekula, Szymon	13	Nexus	40.92
8 Smith, Declan	13	Amman Valley	41.22
9 Hale, Oliver	13	Swansea Aq	41.75
10 Smith, Caelan	14	Haverfordwest	44.01
11 Williams, Gethin	13	Nexus	44.96
12 Chapman, Henry	13	Carmarthen	45.19
13 Lummis, Ralph	13	Nexus	46.37

Event 331 Boys 15-16 50 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Montague, Mason	16	Haverfordwest	32.56
2 Bennett, Finley	15	Haverfordwest	33.79
3 Lloyd, Thomas	16	Swansea Aq	34.37
4 Hall, Ethan	15	Fishguard	35.39
5 Santos, Liam	15	Milford Tigers	37.60
6 Harris, Osian	15	Fishguard	39.22
7 Lewis, Cian	15	Neath	39.46
8 Stewart, Finlay	16	Llanelli	41.29

Event 331 Boys 17 & Over 50 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Upton-Boorman, Liam	17	Nsg	32.57
2 Lewis, Matthew	39	Haverfordwest	32.81
3 Gubb, Harvey	18	Neath	34.29

Event 332 Girls 11-12 200 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Rowland, Scarlett	12	Neath	3:05.56	
	39.35	46.55	49.06	50.60
2 Lewis, Evie	11	Haverfordwest	3:22.06	
	43.48	53.03	54.48	51.07
3 Roberts Mylan, Ffion	12	Swansea Aq	3:27.11	
	40.74	52.24	57.59	56.54

Event 332 Girls 13-14 200 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Coffey, Cora	14	Neath	2:40.56	
	35.20	41.16	42.65	41.55

2 Dash, Amelie	13	Milford Tigers	2:45.11	
	36.43	41.72	44.06	42.90
3 Mason, Phoebe	14	Haverfordwest	2:57.67	
	37.96	45.07	47.22	47.42
4 George, Eilir	14	Llanelli	3:05.94	
	39.14	48.13	50.29	48.38

Event 332 Girls 15-16 200 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Geach, Libbie	15	Neath	2:30.44	
	33.39	38.17	38.98	39.90
2 Hughes, Nancy	15	Nexus	3:02.12	
	38.57	46.17	49.34	48.04

Event 332 Girls 17 & Over 200 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Webb, Saskia	17	Haverfordwest	2:44.74	
	34.35	41.03	43.94	45.42
2 Goodliffe, Faith	24	Celtic D.	2:50.37	
	37.16	44.07	45.64	43.50

Event 333 Boys 11-12 100 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Hughes, Freddy	12	Nexus	1:20.06	
	37.34	42.72		
2 Noden, Rory	12	Haverfordwest	1:24.62	
	38.30	46.32		
3 Jermin, Morgan	11	Llanelli	1:33.06	
	41.40	51.66		

Event 333 Boys 13-14 100 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Thomas, Iolo	14	Neath	1:03.87	
	29.91	33.96		
2 Douglas, Lucas	13	Neath	1:04.24	
	29.67	34.57		
3 Williams, Thomas	14	Nsg	1:05.86	
	31.13	34.73		
4 Phillips, Finley	14	Nsg	1:08.63	
	32.14	36.49		
5 Mills, Thomas	13	Llanelli	1:14.85	
	34.47	40.38		
6 Flynn, Asten	14	Nexus	1:19.82	
	37.20	42.62		

Event 333 Boys 15-16 100 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Silverstone, Solomon	15	Haverfordwest	1:00.24	
	27.44	32.80		
2 West, Dexter	15	Fishguard	1:00.36	
	28.40	31.96		
3 Montgomery, Samuel	16	Haverfordwest	1:04.74	
	29.96	34.78		
4 Montague, Mason	16	Haverfordwest	1:05.09	
	29.85	35.24		
5 Hnoianyi, Andrii	15	Swansea Aq	1:06.26	
	31.26	35.00		
6 Chapman, Coby	15	Penyrheol Asc	1:08.39	
	32.90	35.49		
7 Bennett, Finley	15	Haverfordwest	1:09.55	
	30.72	38.83		
8 Harris, Osian	15	Fishguard	1:10.20	
	32.54	37.66		

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(Event 333 Boys 15-16 100 SC Meter Butterfly)

Name	Age	Team	Finals Time
9 Davies, Gethin	15	Milford Tigers	1:11.79
			32.36 39.43
10 Morgan, Ben	15	Pembroke	1:13.86
			34.96 38.90

Event 333 Boys 17 & Over 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Johnstone, Daniel	17	Nsg	59.95
			27.58 32.37
2 Lee, Jacob	18	Swansea Uni	1:01.21
			28.39 32.82
3 Gubb, Harvey	18	Neath	1:04.10
			30.44 33.66
4 Burt, Teyan	17	Llanelli	1:20.26
			35.57 44.69

Event 334 Girls 11-12 400 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Williams, Paige	12	Swansea Aq	5:19.49
			35.25 39.15 40.22 40.76
			41.78 42.10 41.07 39.16
2 Davies, Ava-Rose	11	Llanelli	5:22.41
			36.30 39.94 40.41 41.09
			41.30 42.34 40.58 40.45
3 Price, Seren -louise	12	Carmarthen	5:26.99
			37.38 41.17 42.42 42.23
			41.98 41.75 41.57 38.49
4 Lewis, Evie	11	Haverfordwest	5:37.08
			37.45 42.51 42.43 43.01
			42.98 43.41 43.17 42.12
5 Parry, Abigail	11	Carmarthen	5:39.28
			38.15 44.02 44.05 43.92
			42.61 43.92 43.12 39.49
6 Hughes, Megan	11	Celtic D.	5:44.67
			38.19 42.76 44.97 44.59
			43.73 45.01 44.41 41.01
7 Dyde, Pheobe	12	Pembroke	5:48.18
			40.44 44.84 45.32 43.21
			45.59 43.51 43.51 41.76
8 May, Gwen	12	Nexus	5:50.22
			39.82 43.55 44.68 45.79
			45.11 44.76 44.90 41.61
9 Morris, Ffion	12	Tenby Dolphins	5:52.45
			40.98 44.56 45.31 45.68
			43.11 45.33 45.09 42.39
10 Pinnock, Betsan	12	Swansea Aq	5:53.47
			39.42 44.02 44.87 44.82
			46.10 46.01 45.00 43.23
11 Williams, Eirwen	12	Swansea Aq	5:58.53
			40.11 45.03 46.89 46.41
			46.18 46.38 45.81 41.72
12 Henson, Jess	11	Tenby Dolphins	6:01.73
			40.18 45.24 46.54 46.10
			46.40 46.43 46.68 44.16
13 Roberts, Arwyn	11	Afan Valley	6:04.26
			40.43 46.38 46.15 46.36
			46.95 46.94 46.06 44.99
14 Kurys, Bonnie	11	Carmarthen	6:14.93
			40.53 46.21 47.64 48.20
			49.50 48.45 48.24 46.16

15 Roberts Mylan, Sophie	12	Swansea Aq	6:29.79
			41.39 49.64 49.86 1:37.96
			1:41.51 49.43
16 Williams, Kelsey	11	Nexus	6:35.13
			40.88 49.45 50.41 51.34
			50.72 52.31 52.24 47.78
17 Thomas, Enlli	11	Nexus	6:48.92
			46.62 55.15 53.77 51.87
			52.49 52.10 50.35 46.57

Event 334 Girls 13-14 400 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Burns, Freya	13	Nsg	4:51.53
			32.38 36.36 36.95 37.32
			37.81 36.81 37.29 36.61
2 Upton-Boorman, Isabella	14	Nsg	4:56.78
			32.82 37.13 36.76 37.94
			36.59 38.47 38.49 38.58
3 Morgan, Evelyn	13	Nsg	4:58.44
			34.07 37.80 38.31 38.45
			38.14 37.66 37.59 36.42
4 Davies, Isabella	13	Nsg	5:03.27
			35.81 38.80 39.33 39.25
			38.25 38.78 37.63 35.42
5 Cressey-Rodgers, Gwenllian	14	Nsg	5:08.54
			33.87 38.03 39.62 39.52
			39.77 40.18 39.52 38.03
6 Mason, Phoebe	14	Haverfordwest	5:10.61
			35.77 38.61 39.32 39.47
			39.30 40.00 40.00 38.14
7 Watkins, Mylee	14	Neath	5:10.82
			34.28 37.72 39.37 39.66
			40.25 39.70 39.87 39.97
8 Hall, Ellena	13	Fishguard	5:13.27
			34.33 39.01 39.61 40.21
			40.44 40.42 40.20 39.05
9 McFarlane, Una	13	Milford Tigers	5:13.36
			35.14 38.81 39.73 40.08
			40.58 39.94 40.14 38.94
10 Patterson, Hollie	13	Carmarthen	5:13.75
			35.47 39.05 39.76 39.80
			40.08 40.70 40.79 38.10
11 Short, Amelia	13	Nexus	5:24.43
			36.77 40.35 41.13 40.69
			41.78 41.72 42.06 39.93
12 Kenny, Jemima	13	Milford Tigers	5:28.79
			36.01 40.40 41.00 41.99
			42.85 41.98 43.05 41.51
13 Jenkins, Elli	13	Swansea Aq	5:30.28
			38.47 40.70 42.61 42.17
			41.95 40.92 41.90 41.56
14 Griffiths, Ffion	13	Tenby Dolphins	5:30.50
			37.21 42.19 42.56 43.01
			42.39 41.73 41.39 40.02
15 Jones, Hannah	14	Swansea Aq	5:36.53
			38.00 41.72 43.18 42.93
			42.88 43.30 40.10 44.42
16 Andreassen, Freya	13	Amman Valley	5:49.92
			38.39 43.55 45.35 45.42
			44.84 46.05 44.40 41.92

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(Event 334 Girls 13-14 400 SC Meter Freestyle)

Name	Age	Team	Finals Time	
17 Thomas, Leah	13	Haverfordwest	6:37.04	
			41.86	46.24
			50.78	51.05
			50.29	54.70
			50.62	51.50

Event 334 Girls 15-16 400 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 King, Marley	16	Penyrheol Asc	4:44.95	
			32.00	35.45
			36.51	36.95
			37.11	35.00
2 Philpott, Ffion	15	Nsg	4:53.65	
			32.67	36.24
			37.51	37.76
			37.85	37.00
3 Clissold, Bronwyn	16	Tenby Dolphins	5:00.12	
			32.45	36.43
			39.03	38.41
			38.76	37.36
4 Huws, Awen	16	Nexus	5:04.66	
			32.82	36.48
			39.99	39.22
			38.41	40.17
			39.01	39.01
5 Hale, Libby	15	Swansea Aq	5:05.27	
			34.47	37.51
			38.96	38.99
			39.32	38.31
6 Bruce, Skye	15	Pembroke	5:08.94	
			35.19	38.41
			39.32	39.11
			39.09	38.52
7 Cooper, Megan	16	Neath	5:17.58	
			35.68	39.47
			41.03	40.46
			40.95	39.35

Event 334 Girls 17 & Over 400 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Clissold, Elizabeth	18	Tenby Dolphins	4:49.90	
			32.30	36.27
			37.31	37.08
			36.57	37.35
			36.89	36.13
2 Sullivan, Katie	17	Neath	5:05.92	
			34.18	37.69
			38.99	39.64
			38.43	39.24
			39.43	38.32

Event 334 Girls 400 SC Meter Freestyle Multi-Class

Name	Age	Team	Finals Time	
1 %Philpott, Lowri S14	13	Llanelli	7:35.58	
			48.78	56.78
			1:01.23	56.70
			1:58.16	59.55
			54.38	

Event 335 Boys 11-12 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 King, Ethan	12	Penyrheol Asc	2:17.63	
			31.75	35.67
			35.89	34.32
2 Noden, Rory	12	Haverfordwest	2:29.67	
			34.46	39.07
			38.33	37.81
3 Fogarty, Oliver	12	Fishguard	2:37.95	
			34.48	40.53
			42.08	40.86
4 Evans, Sam	12	Pembroke	2:39.00	
			35.43	40.62
			43.18	39.77
5 Marques-Jones, Felix	12	Amman Valley	2:39.20	
			36.19	41.56
			42.24	39.21
6 Thomas, Wilf	12	Aberystwyth	2:44.33	
			36.66	42.20
			43.93	41.54
7 Jones, Tomi	12	Swansea Aq	2:49.54	
			37.57	42.56
			45.89	43.52
8 Backen, Frederick	12	Fishguard	2:53.75	
			39.61	45.61
			44.75	43.78

9 Morgan, Thomas	12	Neath	2:57.85	
			38.96	45.74
			46.99	46.16
10 Bool, Iolo	11	Haverfordwest	3:02.21	
			42.07	46.51
			48.14	45.49
11 McAdie, Isaac	12	Swansea Aq	3:03.73	
			41.20	46.89
			48.72	46.92

Event 335 Boys 13-14 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Williams, Thomas	14	Nsg	2:07.77	
			29.69	32.37
			33.18	32.53
2 Douglas, Lucas	13	Neath	2:08.77	
			29.39	33.05
			33.65	32.68
3 Elmes, Max	13	Nsg	2:11.95	
			30.16	33.28
			34.87	33.64
4 Thomas, Iolo	14	Neath	2:14.66	
			30.35	34.14
			35.31	34.86
5 Roberts-Truman, Harri	14	Neath	2:14.96	
			30.65	33.91
			35.45	34.95
6 Mills, Thomas	13	Llanelli	2:18.94	
			31.47	34.82
			36.76	35.89
7 Harwood, Jack	13	Haverfordwest	2:20.01	
			31.44	35.48
			36.76	36.33
8 Burt, Caio	14	Llanelli	2:21.14	
			32.08	35.42
			37.18	36.46
9 Flynn, Asten	14	Nexus	2:21.63	
			33.23	37.25
			36.94	34.21
10 Stuart-Lavender, Jac	14	Llanelli	2:22.95	
			31.94	37.32
			37.75	35.94
11 Davies, Ellis	13	Llanelli	2:23.79	
			33.56	36.80
			37.28	36.15
12 Hale, Oliver	13	Swansea Aq	2:25.75	
			33.21	37.95
			38.59	36.00
13 Thomas, Rhys	14	Haverfordwest	2:26.02	
			34.06	37.59
			38.08	36.29
14 Smith, Declan	13	Amman Valley	2:26.35	
			34.43	38.23
			38.14	35.55
15 Thomas, Tristan	14	Milford Tigers	2:36.05	
			36.12	39.79
			41.12	39.02
16 Chapman, Henry	13	Carmarthen	2:39.61	
			37.55	40.64
			41.60	39.82
17 Lerigo, Oli	14	Aberystwyth	2:40.85	
			35.68	42.32
			43.82	39.03
18 Lummis, Ralph	13	Nexus	2:50.61	
			37.63	45.32
			45.91	41.75
19 George, Kieran	13	Milford Tigers	2:55.22	
			39.91	45.24
			45.46	44.61

Event 335 Boys 15-16 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Silverstone, Solomon	15	Haverfordwest	2:00.02	
			26.77	30.85
			31.68	30.72
2 Lloyd, Thomas	16	Swansea Aq	2:12.10	
			29.83	33.04
			34.92	34.31
3 Morgan, Ben	15	Pembroke	2:16.28	
			30.06	34.62
			36.09	35.51

Event 335 Boys 17 & Over 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Lee, Jacob	18	Swansea Uni	1:59.15	
			27.32	30.75
			31.68	29.40
2 Upton-Boorman, Liam	17	Nsg	2:03.80	
			27.25	30.66
			32.58	33.31