



Llanelli Development Meet 2025

Level 3 Meet

License Nos: 3WL25xxxx

Swum under the following rules and conditions:
FINA Technical Rules, Swim Wales Laws,
Llanelli Development Meet Conditions.

SATURDAY, 22nd February 2025

at

Llanelli Leisure Centre

**CLOSING DATE:
MONDAY, 3rd FEBRUARY 2025**

EVENT INFORMATION AND ENTRY FORMS

Also, please note that each event has an UPPER cut off time. Submitted entry times for this section must be SLOWER than the upper cut off times. 'No Time' entries are welcome here. A swimmer who has already achieved a time FASTER than or EQUAL TO the cut off time for a particular event is not eligible to swim in that event.

Llanelli Amateur Swimming Club

Development Meet 2025

Level 3 Meet - License Nos: 3WL25xxxx

Saturday, 22nd February 2025

1. The meet will be swum under the following rules and conditions:

FINA Technical Rules, Swim Wales Laws and Disciplinary Code, Llanelli Development Meet Conditions.

2. All entrants must be members of an Affiliated Club

3. **Age groups:**

Boys and Girls: 8 (50m events and 100 IM only), 9/10, 11/12, 13/14,15/OV

4. **Events:**

All events will be Heat Declared Winner (HDW)

50m Butterfly, Backstroke, Breaststroke & Freestyle

100m Butterfly, Backstroke, Breaststroke & Freestyle

200m Butterfly, Backstroke, Breaststroke, Freestyle

100m Individual Medley (8, 9/10 years only)

200m Individual Medley (11/Over)

5. **Entries:**

Electronic entries using Hy-Tek Team Manager or Swim Manager is the preferred method of entry. The events file for use with TM and SM is available from both the Swim Wales website and on the West Wales site under the 'Other Meets' menu item at:

www.westwalesswim.org.uk

Electronic entries should be emailed to:

robwilliams1145@gmail.com

Completed chaperone forms, payment summary sheets, etc should also be emailed to:

robwilliams1145@gmail.com

Entries from clubs should be accompanied by a Payment Summary Sheet and a SINGLE cheque to cover all entries and coach/chaperone poolside passes. Cheques should be payable to "Llanelli ASC" and sent to Rob Williams, 12 Park Terrace, Pontarddulais, Swansea. SA4 8HS.

Alternatively, entry fees may be paid by BACS:

Name: Llanelli Amateur Swimming and Water Polo Club

Account No: 04022475

Sort Code: 40-43-31

Reference: Please use "LL25" followed by your four digit team code. e.g for Llanelli the reference would be "LL25LLLY", for Swansea Aquatics it would be "LL25SWAY", etc

If payment is made via BACS then a confirmation email stating the amount and date of payment is also required to:

robwilliams1145@gmail.com

6. Also, please note that each event has an UPPER cut off time. Submitted entry times for these events must be SLOWER than the upper cut off times. 'NT' is also accepted. A swimmer who has already achieved a time FASTER than or EQUAL TO the cut off time for a particular event is not eligible to swim in that event.

In the event of the meet being oversubscribed the meet organisers reserve the right to limit (scratch) entries. If 'scratching' is necessary, then swimmers with the fastest times will be scratched.

Any swimmers not accepted will have their fees returned and will be available on the day of the meet in the form of a single cheque payable to each club and may be collected from the balcony above the learner pool.

7. No swimmers may enter events "Out of Age".
8. Enter event numbers and entry times in the appropriate boxes on the entry form. **Please note that a random selection of submitted times will be checked against the ASA Rankings Database. Entry times which cannot be confirmed in the database will be refused and NO entry fees will be refunded.**
9. All entries to be accompanied by the correct fee (£7.00 per event), a payment summary sheet, and completed coach/chaperone accreditation forms where appropriate. Cheques should be made payable to "Llanelli ASC". Clubs may also make payment by BACS. Please see page 2 of this document for details.

Please note that no refund of entry fees will be made for withdrawals after the closing date (**Monday, 3rd February 2025**) except with a doctor's note. In this situation the doctor's note will only be accepted up until mid-day on the day before the start of the meet. Notes received after this time will not be considered for refunds.

10. Closing date for entries: **Monday, 3rd February, 2025.**
11. Clubs may have a maximum of two poolside managers at each session unless by prior arrangement with the meet organisers. These will be admitted with a special pass ordered beforehand - £12.00 per person, to include access to the poolside and programmes for each session. Passes may be collected from the balcony above the learner pool on the morning of the meet and will be in the form of a badge that must be worn at all times. Please note that Coaches/Managers without a pass will not be allowed onto the poolside.

All Coaches and Chaperones who will be on the poolside at any time during the competition, must have individual accreditation obtained by completing the official form enclosed in this information pack. Completed forms must be accompanied by a passport size photograph.

Applicants must have a valid DBS, safeguarding qualification, an active membership and the relevant role related qualification. E.g. Coaches qualification or a Team Manager qualification.

Passes will need to be worn at all times. Anyone without a pass will be asked to leave poolside/changing area.

The closing date for passes will be the same as the closing date for entries. Applications will not be accepted on the day.

12. Team managers must ensure that swimmers are available to the marshals two heats before their swim.
13. Awards to the first three in all events.
14. All swimmers must be amateurs as defined by Swim Wales law.
15. **Ages as at the day of the meet. i.e. 22nd February 2025.**
16. Clubs will be sent confirmation of the entries entered into the computer.

17. Programmes for the meet will be published in advance showing the heat & lane allocation of each swimmer for each event. When a swimmer fails to show in the marshalling area prior to the start of the race then that lane will be left empty. No substitute swimmers will be allowed.
18. The first session will have warm up at 8.00am with start time to be confirmed. Warm up and start times for sessions 2 & 3 will be confirmed when all entries have been received and processed. Details will be returned with the confirmation of entries.

Health & Safety

In addition to the above meet conditions a number of Health and Safety rules as laid down by Swim Wales must be observed:

All competitors are required to ensure that they observe all safety announcements and conduct themselves with safety in mind at all times

It is the responsibility of the swimmer and/or parent/guardian to declare to the referee any disability or medical condition that could present a health or safety risk

If such a disability or medical condition exists, swimmers must produce a medical note confirming that their participation presents no health or safety problems

All swimmers, officials, volunteers, spectators, and visitors are required, at all times, to abide by the rules set out in the Pool Operating Procedures and / or the Normal Operating Procedures & Emergency Action Plan for the facility hired for the meet

Unacceptable Behaviour

Behaviour becomes “unacceptable” when it is considered “Offensive” to others; this includes, but is not limited to, the following:

Theft, wilful damage to property and / or equipment, acts of vandalism, abuse of alcohol and / or drugs, bullying, offensive language, aggressive / violent acts, threatening behaviour, all breaches of safety practices, failure to comply with instructions / directions, actions that bring the sport of swimming into disrepute.

Competitive Start Award

Swimmers must have attained the standard of the Competitive Start Award in order to start from the blocks; (this is the responsibility of the club coach).

Swimmers who have not attained the standard of the Competitive Start Award must lower themselves into over the side into the water, on the long whistle of the Referee before starting at an appropriate place.

Jewellery

“For safety and security reasons, the wearing of jewellery is not permitted while in the water during warm-ups / swim-downs and / or competition. This includes watches, necklaces, chains, bangles, wrist bands, ear-rings (except studs), and rings (except wedding bands).

Swim Wales will not be responsible for any jewellery brought to events and will not be liable if such jewellery is lost or damaged.”

Video and Photography.

Llanelli ASC will adhere to the Swim Wales Film and Photography Policy as outlined below.

Swim Wales Film and Photography Policy

Please be advised that photographs and videos may be taken at this event. Swim Wales are aware of the wide range of devices including mobile telephones that have photographic and filming capabilities. This enables the capture of both static and moving images. Used responsibly, such devices are perfectly safe, but sharing images widely may betray a confidence or identity of a child/children which may present a risk of harm to the child/children concerned. The use of such equipment is difficult to control but we can all be vigilant. If you have any concerns or safeguarding queries, please bring them to the immediate attention of the event management team. The full swim Wales Photography Guidance Policy can be found on the Swim Wales website.

19. All correspondence to:

Rob Williams, 12 Park Terrace, Pontarddulais, Swansea. SA4 8HS.

Email: robwilliams1145@gmail.com

Llanelli Open Meet 2025
SATURDAY, 22nd February 2025
Llanelli Leisure Centre
Programme of Events – All Events HDW

Session 1				
Event No	Gender	Age Groups	Distance	Stroke
1	Boys	8, 9/10	100	IM
2	Girls	8, 9/10	100	IM
3	Boys	8, 9/10, 11/12, 13/14, 15+	50	Backstroke
4	Girls	8, 9/10, 11/12, 13/14, 15+	50	Backstroke
5	Boys	9/10, 11/12, 13/14, 15+	200	Breaststroke
6	Girls	9/10, 11/12, 13/14, 15+	200	Breaststroke
7	Boys	9/10, 11/12, 13/14, 15+	100	Butterfly
8	Girls	9/10, 11/12, 13/14, 15+	100	Butterfly
9	Boys	9/10, 11/12, 13/14, 15+	200	Freestyle
10	Girls	9/10, 11/12, 13/14, 15+	200	Freestyle

Session 2				
Event No	Gender	Age Groups	Distance	Stroke
20	Boys	11/12, 13/14, 15+	200	IM
21	Girls	9/10, 11/12, 13/14, 15+	100	Backstroke
22	Boys	9/10, 11/12, 13/14, 15+	100	Backstroke
23	Girls	8, 9/10, 11/12, 13/14, 15+	50	Breaststroke
24	Boys	8, 9/10, 11/12, 13/14, 15+	50	Breaststroke
25	Girls	9/10, 11/12, 13/14, 15+	200	Butterfly
26	Boys	9/10, 11/12, 13/14, 15+	200	Butterfly
27	Girls	9/10, 11/12, 13/14, 15+	100	Freestyle
28	Boys	9/10, 11/12, 13/14, 15+	100	Freestyle

Session 3				
Event No	Gender	Age Groups	Distance	Stroke
30	Girls	11/12, 13/14, 15+	200	IM
31	Boys	9/10, 11/12, 13/14, 15+	200	Backstroke
32	Girls	9/10, 11/12, 13/14, 15+	200	Backstroke
33	Boys	8, 9/10, 11/12, 13/14, 15+	50	Butterfly
34	Girls	8, 9/10, 11/12, 13/14, 15+	50	Butterfly
35	Boys	9/10, 11/12, 13/14, 15+	100	Breaststroke
36	Girls	9/10, 11/12, 13/14, 15+	100	Breaststroke
37	Boys	8, 9/10, 11/12, 13/14, 15+	50	Freestyle
38	Girls	8, 9/10, 11/12, 13/14, 15+	50	Freestyle

Session 1 will have warmup at 8.00am. Subsequent warmup and start times will be confirmed when all entries have been received and processed. Details will be returned with the confirmation of entries.

Llanelli Open Meet 2025 - Upper Cut Off Times

Please note that there are NO Upper Cut Off Times for 8 year old swimmers

Girls								Boys						
9	10	11	12	13	14	15/Ov		9	10	11	12	13	14	15/OV
37.80	35.30	33.60	32.00	31.00	30.30	29.70	50 Free	37.30	34.70	33.00	31.10	29.60	28.30	27.30
1.25.50	1.17.50	1.12.20	1.08.30	1.06.30	1.04.70	1.03.90	100 Free	1.24.20	1.15.80	1.11.50	1.07.10	1.03.50	1.00.80	59.00
3.01.70	2.44.90	2.35.40	2.27.00	2.22.20	2.19.30	2.17.00	200m Free	2.59.50	2.43.80	2.34.70	2.25.80	2.18.10	2.12.20	2.08.30
43.60	40.20	38.10	36.20	35.00	34.10	33.70	50 Back	43.30	40.10	37.90	36.00	33.80	32.50	31.10
1.37.20	1.27.40	1.20.90	1.16.30	1.13.50	1.11.80	1.10.40	100 Back	1.35.40	1.27.00	1.20.60	1.15.90	1.11.40	1.07.90	1.05.40
3.21.60	3.05.00	2.51.00	2.42.40	2.37.20	2.33.70	2.30.60	200 Back	3.19.10	3.03.10	2.51.80	2.42.20	2.33.10	2.25.90	2.20.80
50.00	45.90	43.00	40.60	39.10	38.10	37.30	50 Breast	49.10	45.50	42.80	40.20	37.60	35.90	34.50
1.51.00	1.40.00	1.32.10	1.27.10	1.23.40	1.20.60	1.19.60	100 Breast	1.50.70	1.39.40	1.32.10	1.26.20	1.20.60	1.16.90	1.14.00
3.52.10	3.32.70	3.17.70	3.06.80	2.58.80	2.54.10	2.51.80	200 Breast	3.49.70	3.32.30	3.17.90	3.06.00	2.54.80	2.46.30	2.40.60
42.90	39.00	36.90	35.00	33.80	32.90	32.20	50 Fly	42.30	38.90	36.50	34.60	32.60	31.10	29.70
1.43.50	1.28.40	1.21.00	1.16.10	1.13.40	1.11.20	1.10.30	100 Fly	1.42.20	1.28.30	1.20.70	1.15.40	1.10.80	1.07.30	1.04.60
3.46.40	3.15.90	2.58.50	2.46.80	2.40.20	2.35.50	2.32.60	200 Fly	3.42.80	3.13.30	2.56.50	2.46.20	2.36.40	2.28.90	2.21.90
1.36.90	1.27.00						100 IM (8/10)	1.35.60	1.28.30					
		2.55.60	2.46.10	2.41.10	2.37.10	2.34.70	200 IM (11/OV)			2.55.40	2.45.60	2.37.10	2.29.20	2.24.30

Submitted entry times must be SLOWER than the upper cut off times shown above. A swimmer who has already achieved a time FASTER than, or EQUAL TO the cut off time for a particular event is not eligible to swim in that event. Entry times of 'NT' are accepted.

Llanelli Amateur Swimming Club - Development Meet 2025 - Entry Form

For all events in this meet, age groups will be as of 22nd February 2025

Name: _____

Date of Birth: DD/MM/YYYY

Gender: Male/Female (Please delete as appropriate)

Swim Wales/ASA Registration Number: _____

Club: _____ Contact Name: _____

Contact Telephone Number: _____

Contact email address: _____

Please note that 8 year old swimmers may only enter the 50m events and the 100m IM.

		Event No	Entry Time	LC	SC
Freestyle	50				
	100				
	200				
Backstroke	50				
	100				
	200				
Breaststroke	50				
	100				
	200				
Butterfly	50				
	100				
	200				
Individual Medley (IM)	100 (8/10)				
	200 (11/OV)				

Total number of entries on this sheet: X £7.00 = £

Please see page 2 of this meet pack for payment details.

Closing date for entries: Monday 3rd February 2025

Entries to: Rob Williams, 12 Park Terrace, Pontarddulais, Swansea. SA4 8HS
robwilliams1145@gmail.com

**Llanelli Amateur Swimming Club
Open Meet – 22nd February 2025**

Affix passport style
photograph here
or
preferably send picture via
email to
robwilliams1145@gmail.com

COACH/CHAPERONE ACCREDITATION FORM

PLEASE COMPLETE THIS FORM IN BLOCK CAPITALS

FULL NAME: _____

CLUB: _____

POSITION (e.g. Club Coach) _____

ADDRESS: _____

POST CODE: _____

TEL. NO. _____

EMAIL: _____

SWIM WALES OR ASA REG. NO. _____

DBS NUMBER: _____

Please note that only members who. have a valid DBS, safeguarding qualification, an active membership and the relevant role related qualification e.g. coaches qualification or a team manager qualification are eligible for a coach/chaperone pass

No passes will be available on the day and must be purchased beforehand.

There will be no access to the poolside without a coach/chaperone pass.

All completed forms to be returned to Rob Williams.

Closing Date: Monday, 3rd February 2025

Llanelli ASC – Open Meet 2025

Payment Summary Sheet

Please complete the following Payment Summary Sheet and return with entries.

Club: _____

Contact Name _____

Telephone Number: _____

Email Address: _____

No. Coach Passes X £12.00 = £

Total Individual Entries X £7.00 = £

Total Amount Due: £

Please return with entries to:

Rob Williams,
12 Park Terrace,
Pontarddulais,
Swansea.
SA4 8HS

Email: robwilliams1145@gmail.com