

**Carmarthen Open Meet 2024 - 15/12/2024**  
**Meet Program - Session 3 (Warmup 3.10 - 4.10)**

**Event 301 Female 9 & Over 100 SC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 11 Finals**

1	Evans, Sylvie	9	Llanelli	NT
2	Lory, Penny	9	Haverfordwes	NT
3	Lewis, Darcy	9	Haverfordwes	NT
4	Finney, Harriet	10	Aberystwyth	NT
5	Evans, Lowri Carys	10	Carmarthen	NT
6	Bellis, Martha A	9	Carmarthen	NT
7	Prosser, Mia S	9	Tenby	NT
8				

**Heat 2 of 11 Finals**

1	Evans, Gwenllian	10	Fishguard	NT
2	Keen, Sabrina	10	Carmarthen	NT
3	Lolla, Phoebe M	11	Swansea Aq	NT
4	Thomas, Ella-Rose	11	Llanelli	NT
5	McManamon, Lilli	11	Milford Havn	NT
6	Gibbons, Elsa-Rose	11	Milford Havn	NT
7	Hope, Brooke	10	Tenby	NT
8	Burnett, Maggie	10	Amman Valley	NT

**Heat 3 of 11 Finals**

1	Thomas, Millie	13	Amman Valley	NT
2	Edmunds, Paige P	15	Llanelli	NT
3	James, Isla	10	Haverfordwes	2:37.95
4	Llewellyn, Anwen	10	Haverfordwes	2:03.52
5	Williams, Alys L	11	Carmarthen	2:04.95
6	Davies, Alice	16	Fishguard	NT
7	Cooper, Daisy	14	Fishguard	NT
8	Jones, Paige M	13	Carmarthen	NT

**Heat 4 of 11 Finals**

1	Bates, Rosa	11	Aberystwyth	1:54.78
2	McFarlane, Mali	10	Milford Havn	1:48.22
3	Tooze, Moli	10	Aberystwyth	1:44.61
4	Lewis, Megan	14	Milford Havn	1:42.41
5	Evans, Lilianna	9	Llanelli	1:43.20
6	Husband, Alysia	9	Haverfordwes	1:44.86
7	Owen, Molly	10	Penyrheol	1:52.48
8	Nuttall, Isabelle	10	Milford Havn	1:54.96

**Heat 5 of 11 Finals**

1	Owen, Charlotte	12	Penyrheol	1:40.36
2	Emam, Lina	11	Swansea Aq	1:36.40
3	Foldi, Kristina	12	Haverfordwes	1:35.56
4	Curtis, Carley	12	Milford Havn	1:34.54
5	Kurys, Bonnie P	11	Carmarthen	1:35.13
6	Monan, Hazel	9	Tenby	1:35.74
7	Jenkins, Olivia I	11	Swansea Aq	1:36.90
8	Symmons, Bronwen D	9	Carmarthen	1:40.92

**Heat 6 of 11 Finals**

1	Couzens, Sibylla	13	Fishguard	1:33.32
2	Kellaway, Evie-Rosa	11	Aberystwyth	1:32.19
3	Enoch, Erin L	10	Carmarthen	1:30.63
4	Wolverson, Mela	11	Tenby	1:26.40
5	Francis, Mia	11	Haverfordwes	1:28.81
6	Boyle, Samantha J	10	Carmarthen	1:31.54
7	Monan, Sofia	14	Tenby	1:32.83
8	Harvey-Flinn, Ruby E	11	Swansea Aq	1:33.99

**Heat 7 of 11 Finals**

1	Edmunds, Freya	11	Llanelli	1:26.11
2	Rossiter-Wargent, Mia	11	Milford Havn	1:24.59
3	Jones, Ashleigh R	13	Carmarthen	1:23.10
4	Mason, Ezmee	11	Haverfordwes	1:21.00
5	Thomas, Leah	13	Haverfordwes	1:21.18
6	Morris, Alanna-Rae	12	Aberystwyth	1:24.49
7	Williams, Ffion	15	Milford Havn	1:24.79
8	Thomas, Angharad	14	Fishguard	1:26.31

**Heat 8 of 11 Finals**

1	Fenemore, Emily G	12	Carmarthen	1:20.39
2	Morris, Besi	11	Amman Valley	1:19.30
3	Jones, Rosie E	13	Swansea Aq	1:18.90
4	Morris, Ffion	12	Tenby	1:17.98
5	Lloyd-Taylor, Cali	13	Fishguard	1:18.58
6	David, Emily	13	Haverfordwes	1:19.21
7	Henson, Jess	11	Tenby	1:19.78
8	Kaill-Franks, Nia	13	Fishguard	1:20.69

**Heat 9 of 11 Finals**

1	Vlasceanu, Maia	13	Carmarthen	1:16.79
2	Murphy, Sienna	14	Llanelli	1:15.63
3	Kasto, Evie T	13	Swansea Aq	1:14.48
4	Lewis, Evie	11	Haverfordwes	1:14.26
5	Williams, Fay P	11	Swansea Aq	1:14.33
6	Jones, Alaw R	12	Carmarthen	1:14.83
7	Thomas, Carys	13	Penyrheol	1:15.70
8	Williams, April M	10	Swansea Aq	1:17.06

**Heat 10 of 11 Finals**

1	Griffiths, Elizabeth	13	Fishguard	1:12.82
2	Jones, Hannah	14	Swansea Aq	1:12.46
3	Bowen, Seren E	13	Carmarthen	1:12.40
4	Price, Seren -louise	12	Carmarthen	1:12.30
5	Jones, Hunydd	13	Carmarthen	1:12.30
6	Jenkins, Elli J	13	Swansea Aq	1:12.45
7	Patterson, Hollie M	12	Carmarthen	1:12.70
8	Powell, Nina	12	Fishguard	1:12.88

**Heat 11 of 11 Finals**

1	Thompson, Freya	14	Pembs Cty	1:07.86
2	Arnold, Jessica R	14	Swansea Aq	1:04.20
3	Clissold, Bronwyn	16	Pembs Cty	1:04.10
4	Clissold, Elizabeth	18	Pembs Cty	1:01.80
5	Gilderdale, Celyn	16	Pembs Cty	1:04.10
6	Hale, Libby R	15	Swansea Aq	1:04.20
7	John, Holly	17	Haverfordwes	1:04.79
8	Griffiths, Ffion	13	Tenby	1:10.41

**Event 302 Boys 9 & Over 100 SC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 7 Finals**

1				
2				
3	Thomas, Oliver	9	Llanelli	NT
4	Gray, Ioan	10	Fishguard	NT
5	Marques-Jones, Idris	10	Amman Valley	NT
6				
7				
8				

**Carmarthen Open Meet 2024 - 15/12/2024**  
**Meet Program - Session 3 (Warmup 3.10 - 4.10)**

**Heat 2 Finals (#302 Boys 9 & Over 100 SC Meter Freestyle)**

1					
2	Couzens, Sebastian	11	Fishguard	NT	
3	Piotrowski, Bartosz	15	Fishguard	NT	
4	Boyle, Toby M	9	Carmarthen	1:47.25	
5	Prosser, Harri	13	Llanelli	2:21.29	
6	Djumataev, Nurislam	11	Swansea Aq	NT	
7	Collins-Clifton, Gabriel T	11	Carmarthen	NT	
8					

**Heat 3 of 7 Finals**

1	Pyzer, Cyrus A	11	Carmarthen	1:40.03	
2	Nash, Oliver J	11	Carmarthen	1:36.55	
3	Munt, Oliver	11	Haverfordwes	1:32.97	
4	Dadswell, Harry	11	Haverfordwes	1:32.72	
5	Lloyd- Roberts, Harry	11	Milford Havn	1:32.94	
6	Bowen, Cai	13	Fishguard	1:35.25	
7	Noble, Reuben	12	Haverfordwes	1:37.57	
8	Jones, Carter A	11	Swansea Aq	1:44.99	

**Heat 4 of 7 Finals**

1	Leahy, Herbie	10	Haverfordwes	1:31.85	
2	Thomas, Harry	14	Haverfordwes	1:29.75	
3	Higgins, Finley J	13	Swansea Aq	1:26.78	
4	Jones, Tomi M	12	Swansea Aq	1:25.95	
5	David, Ioan	12	Haverfordwes	1:26.53	
6	Gibbs, Jenson	13	Amman Valley	1:28.63	
7	Collins-Williams, Zac	15	Fishguard	1:31.63	
8	Salah, Karim	10	Carmarthen	1:32.15	

**Heat 5 of 7 Finals**

1	Price, Harry	14	Carmarthen	1:25.19	
2	Monan, Euan	11	Tenby	1:22.30	
3	El Saghir, Mohamed S	13	Carmarthen	1:20.96	
4	Smith, Caelan	14	Haverfordwes	1:18.39	
5	Bawden, Lewis J	16	Penyrheol	1:20.71	
6	Zhdanov, Vadym	14	Swansea Aq	1:21.77	
7	Bool, Iolo	11	Haverfordwes	1:24.58	
8	Lewis, Gethin R	10	Swansea Aq	1:25.80	

**Heat 6 of 7 Finals**

1	Phillips, Gethin	13	Haverfordwes	1:16.18	
2	Antwhistle, Isaac J	12	Swansea Aq	1:15.10	
3	Hill, Alexander Ralph	14	Carmarthen	1:10.37	
4	Smith, Herbie C	14	Swansea Aq	1:06.40	
5	Backen, Henry	16	Haverfordwes	1:07.37	
6	Lewis, Callum	15	Milford Havn	1:10.52	
7	Bowes, James F	12	Carmarthen	1:15.87	
8	Fogarty, Oliver	12	Fishguard	1:16.68	

**Heat 7 of 7 Finals**

1	Smith, Ben	15	Pembs Cty	1:04.16	
2	Morgan, Ben	15	Pembs Cty	1:03.90	
3	May, Christopher	32	Haverfordwes	1:01.55	
4	Grogan, Adam A	18	Carmarthen	59.44	
5	Lewis, Matthew D	39	Haverfordwes	1:01.09	
6	Davies, Gethin	15	Pembs Cty	1:03.40	
7	Hale, Oliver S	13	Swansea Aq	1:04.00	
8	Parton, Frankie F	15	Carmarthen	1:04.52	

**Event 303 Female 8 & Over 50 SC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 10 Finals**

1					
2	Backen, Matilda	8	Fishguard	NT	
3	Butcher, Freya S	9	Swansea Aq	NT	
4	Evans, Cora E	10	Carmarthen	NT	
5	Sinfield, Alis	9	Llanelli	NT	
6	Monan, Frances	8	Tenby	NT	
7					
8					

**Heat 2 of 10 Finals**

1	Dulson, Ffion	10	Haverfordwes	NT	
2	Davies, Halle	10	Amman Valley	NT	
3	Thomas, Ella-Rose	11	Llanelli	NT	
4	Morris, Alanna-Rae	12	Aberystwyth	NT	
5	Gibbons, Elsa-Rose	11	Milford Havn	NT	
6	Williams, Alys L	11	Carmarthen	NT	
7	Howell, Thea	10	Haverfordwes	NT	
8	Green, Freya	10	Haverfordwes	NT	

**Heat 3 of 10 Finals**

1	Edmunds, Paige P	15	Llanelli	NT	
2	Prosser, Eleri	16	Llanelli	1:20.07	
3	McFarlane, Mali	10	Milford Havn	1:12.79	
4	Coates, Betsy	11	Haverfordwes	1:08.63	
5	Dalton, Daisy	9	Haverfordwes	1:09.28	
6	Gil Wood, Sofia A	9	Swansea Aq	1:13.16	
7	Dafydd, Iola	15	Carmarthen	NT	
8	Bessent, Mia	13	Penyrheol	NT	

**Heat 4 of 10 Finals**

1	Owen, Charlotte	12	Penyrheol	1:06.06	
2	Tooze, Moli	10	Aberystwyth	58.43	
3	Kaill-Franks, Eira	14	Fishguard	55.55	
4	Evans, Alys E	9	Carmarthen	55.33	
5	Antwhistle, Esme W	10	Swansea Aq	55.41	
6	Curtis, Carley	12	Milford Havn	55.93	
7	Kellaway, Evie-Rosa	11	Aberystwyth	1:04.29	
8	Green, Hazel	8	Haverfordwes	1:08.33	

**Heat 5 of 10 Finals**

1	Hawkins, Lottie	11	Haverfordwes	53.27	
2	Monan, Hazel	9	Tenby	52.60	
3	Nash, Sylvia	10	Milford Havn	49.92	
4	Davies, Betsi	12	Fishguard	48.75	
5	Jones, Zara	8	Llanelli	49.62	
6	Dennison, Evie	12	Milford Havn	51.43	
7	Symmons, Bronwen D	9	Carmarthen	52.90	
8	Evans, Sylvie	9	Llanelli	55.16	

**Heat 6 of 10 Finals**

1	Phillips, Isabella	12	Haverfordwes	46.63	
2	Couzens, Sibylla	13	Fishguard	45.52	
3	Edwards, Alice	14	Carmarthen	44.63	
4	Edmunds, Freya	11	Llanelli	43.51	
5	Kurys, Emiliese J	10	Carmarthen	43.55	
6	Williams, Lois G	12	Swansea Aq	44.64	
7	Wolverson, Mela	11	Tenby	45.65	
8	Fenemore, Emily G	12	Carmarthen	46.75	

**Carmarthen Open Meet 2024 - 15/12/2024**  
**Meet Program - Session 3 (Warmup 3.10 - 4.10)**

**Heat 7 Finals (#303 Female 8 & Over 50 SC Meter Butterfly)**

1	Henson, Jess	11	Tenby	40.87	___
2	Lloyd-Taylor, Cali	13	Fishguard	40.26	___
3	Jones, Hunydd	13	Carmarthen	39.70	___
4	Gil Wood, Elena	12	Swansea Aq	39.50	___
5	Jones, Alaw R	12	Carmarthen	39.62	___
6	Jones, Rosie E	13	Swansea Aq	39.90	___
7	Jones, Paige M	13	Carmarthen	40.77	___
8	Thomas, Leah	13	Haverfordwes	43.00	___

**Heat 8 of 10 Finals**

1	Kasto, Evie T	13	Swansea Aq	38.50	___
2	Kaill-Franks, Nia	13	Fishguard	38.15	___
3	Price, Seren -louise	12	Carmarthen	37.98	___
4	Griffiths, Ffion	13	Tenby	37.30	___
5	Kenny, Jemima	13	Milford Havn	37.92	___
6	Peach, Eliza M	16	Haverfordwes	38.14	___
7	Beynon, Chloe	17	Fishguard	38.22	___
8	Griffiths, Isla	11	Tenby	39.26	___

**Heat 9 of 10 Finals**

1	Hall, Ellena	13	Pembs Cty	36.82	___
2	Mason, Phoebe	14	Pembs Cty	36.23	___
3	Parry, Abigail	11	Carmarthen	35.77	___
4	Stark, Tala	14	Pembs Cty	35.08	___
5	Griffiths, Amelia	14	Fishguard	35.65	___
6	Bowen, Seren E	13	Carmarthen	36.02	___
7	Davies, Elizabeth	11	Pembs Cty	36.32	___
8	Griffiths, Gwenan	14	Penyrheol	37.20	___

**Heat 10 of 10 Finals**

1	Thompson, Freya	14	Pembs Cty	34.61	___
2	Richardson, Beca	14	Swansea Aq	33.66	___
3	Ostrowski, Julia	15	Pembs Cty	33.57	___
4	John, Holly	17	Haverfordwes	31.73	___
5	Clissold, Elizabeth	18	Pembs Cty	32.60	___
6	Gilderdale, Celyn	16	Pembs Cty	33.60	___
7	Jenkins, Alexandra G	14	Swansea Aq	33.88	___
8	Bruce, Skye	15	Pembs Cty	34.90	___

**Event 304 Boys 8 & Over 50 SC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Finals**

1	Thomas, Oliver	9	Llanelli	NT	___
2	Pyzer, Cyrus A	11	Carmarthen	NT	___
3	Munt, Oliver	11	Haverfordwes	NT	___
4	Taylor, Jasper B	12	Swansea Aq	NT	___
5	Jones, Tomi M	12	Swansea Aq	NT	___
6	Evans, Emlyn	11	Aberystwyth	NT	___
7	Price, Riley	10	Pembroke	NT	___
8	Taylor, Kingsley C	9	Swansea Aq	NT	___

**Heat 2 of 4 Finals**

1	Hill, Alexander Ralph	14	Carmarthen	NT	___
2	Higgins, Finley J	13	Swansea Aq	51.40	___
3	Giddings, Aiden	13	Penyrheol	49.10	___
4	Lewis, Gethin R	10	Swansea Aq	47.49	___
5	Salah, Karim	10	Carmarthen	49.08	___
6	El Saghir, Mohamed S	13	Carmarthen	50.16	___
7	Fitzsimmons, Jac	11	Llanelli	1:00.09	___
8	Chapman, Henry	13	Carmarthen	NT	___

**Heat 3 of 4 Finals**

1	Elmes, Samuel	11	Carmarthen	45.32	___
2	Backen, Frederick	12	Fishguard	42.58	___
3	Marques-Jones, Felix	12	Amman Valley	41.00	___
4	Collins, Thomas	12	Penyrheol	38.20	___
5	Phillips, Lucas	13	Haverfordwes	38.79	___
6	Phillips, Gethin	13	Haverfordwes	42.24	___
7	Bawden, Lewis J	16	Penyrheol	44.33	___
8	Price, Harry	14	Carmarthen	46.51	___

**Heat 4 of 4 Finals**

1	Noden, Rory	12	Pembs Cty	37.08	___
2	Gourley, Ethan	15	Penyrheol	35.08	___
3	Hall, Ethan	15	Fishguard	34.21	___
4	Grogan, Adam A	18	Carmarthen	30.69	___
5	Backen, Henry	16	Haverfordwes	33.13	___
6	Caprilli, Claudio	39	Fishguard	34.24	___
7	Hale, Oliver S	13	Swansea Aq	35.79	___
8	Thomas, Rhys	14	Pembs Cty	37.51	___

**Event 305 Female 9 & Over 200 SC Meter IM**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 6 Finals**

1	Lolla, Phoebe M	11	Swansea Aq	NT	___
2	Owen, Annabelle	13	Penyrheol	NT	___
3	Dafydd, Mali	14	Carmarthen	NT	___
4	Beynon, Eila	11	Penyrheol	4:14.68	___
5	Green, Freya	10	Haverfordwes	4:34.92	___
6	Monan, Sofia	14	Tenby	NT	___
7	Phillips, Isabella	12	Haverfordwes	NT	___
8	Morris, Besi	11	Amman Valley	NT	___

**Heat 2 of 6 Finals**

1	Arnold, Olivia	11	Milford Havn	4:10.15	___
2	Francis, Mia	11	Haverfordwes	4:00.66	___
3	Jenkins, Olivia I	11	Swansea Aq	3:47.79	___
4	Couzens, Sibylla	13	Fishguard	3:42.88	___
5	Monan, Hazel	9	Tenby	3:44.27	___
6	Dashfield, Olivia	11	Tenby	3:49.78	___
7	Symmons, Bronwen D	9	Carmarthen	4:08.52	___
8	Evans, Alys E	9	Carmarthen	4:10.74	___

**Heat 3 of 6 Finals**

1	Hawkins, Lottie	11	Haverfordwes	3:35.95	___
2	Edmunds, Freya	11	Llanelli	3:33.17	___
3	Edwards, Ffion	13	Penyrheol	3:26.80	___
4	Williams, April M	10	Swansea Aq	3:17.39	___
5	Jones, Rosie E	13	Swansea Aq	3:22.44	___
6	Foldi, Kristina	12	Haverfordwes	3:30.52	___
7	Mason, Ezmee	11	Haverfordwes	3:35.41	___
8	Davies, Betsi	12	Fishguard	3:36.53	___

**Heat 4 of 6 Finals**

1	Henson, Jess	11	Tenby	3:15.36	___
2	Griffiths, Elizabeth	13	Fishguard	3:15.05	___
3	Williams, Fay P	11	Swansea Aq	3:13.20	___
4	Edwards, Alice	14	Carmarthen	3:11.73	___
5	Lewis, Evie	11	Haverfordwes	3:12.05	___
6	Jones, Hannah	14	Swansea Aq	3:14.90	___
7	Williams, Evie	11	Milford Havn	3:15.20	___
8	Jones, Ashleigh R	13	Carmarthen	3:17.35	___

**Carmarthen Open Meet 2024 - 15/12/2024**  
**Meet Program - Session 3 (Warmup 3.10 - 4.10)**

**Heat 5 Finals (#305 Female 9 & Over 200 SC Meter IM)**

1	Jones, Alexa	11	Llanelli	3:09.58	___
2	Powell, Nina	12	Fishguard	3:08.77	___
3	Parry, Abigail	11	Carmarthen	3:04.85	___
4	Davies, Elizabeth	11	Pembs Cty	2:57.62	___
5	Griffiths, Ffion	13	Tenby	3:01.80	___
6	Kenny, Jemima	13	Milford Havn	3:05.74	___
7	Kaill-Franks, Nia	13	Fishguard	3:09.14	___
8	Griffiths, Isla	11	Tenby	3:09.87	___

**Heat 6 of 6 Finals**

1	Ostrowski, Julia	15	Pembs Cty	2:54.20	___
2	John, Holly	17	Haverfordwes	2:53.00	___
3	Bruce, Skye	15	Pembs Cty	2:49.40	___
4	Mason, Phoebe	14	Pembs Cty	2:47.76	___
5	Stark, Tala	14	Pembs Cty	2:47.80	___
6	Patterson, Hollie M	12	Carmarthen	2:52.31	___
7	Edwards, Isabel	15	Penyrheol	2:53.52	___
8	Griffiths, Gwenan	14	Penyrheol	2:56.10	___

**Event 306 Boys 9 & Over 200 SC Meter IM**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Finals**

1					___
2	Whatmore, Finley	10	Milford Havn	NT	___
3	Mills, Flynn	10	Milford Havn	NT	___
4	Thomas, Wilf	12	Aberystwyth	NT	___
5	Evans, Emlyn	11	Aberystwyth	NT	___
6	Williams, Tom	10	Haverfordwes	NT	___
7					___
8					___

**Heat 2 of 4 Finals**

1	Jones, Tomi M	12	Swansea Aq	NT	___
2	Jenkins, Lloyd	15	Milford Havn	NT	___
3	Leahy, Herbie	10	Haverfordwes	4:05.54	___
4	El Saghir, Mohamed S	13	Carmarthen	3:46.10	___
5	Lloyd- Roberts, Harry	11	Milford Havn	3:47.92	___
6	Grogan, Adam A	18	Carmarthen	NT	___
7	Green, William	12	Aberystwyth	NT	___
8	Fogarty, Oliver	12	Fishguard	NT	___

**Heat 3 of 4 Finals**

1	Phillips, Lucas	13	Haverfordwes	3:38.85	___
2	Dadswell, Harry	11	Haverfordwes	3:32.93	___
3	Backen, Frederick	12	Fishguard	3:21.61	___
4	Collins, Thomas	12	Penyrheol	3:11.90	___
5	Smith, Caelan	14	Haverfordwes	3:15.98	___
6	Monan, Euan	11	Tenby	3:22.54	___
7	Nicholas, Luca G	12	Swansea Aq	3:35.10	___
8	Thomas, Harry	14	Haverfordwes	3:40.04	___

**Heat 4 of 4 Finals**

1	Piotrowski, Bartosz	15	Fishguard	2:59.46	___
2	Smith, Declan	13	Amman Valley	2:49.00	___
3	Davies, Gethin	15	Pembs Cty	2:42.40	___
4	Morgan, Ben	15	Pembs Cty	2:37.29	___
5	Smith, Ben	15	Pembs Cty	2:40.50	___
6	Thomas, Rhys	14	Pembs Cty	2:46.01	___
7	Antwhistle, Isaac J	12	Swansea Aq	2:57.19	___
8	Lewis, Callum	15	Milford Havn	3:09.70	___

**Event 307 Female 8 & Over 50 SC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 12 Finals**

1					___
2	Raistrick, Evelyn	8	Amman Valley	NT	___
3	Popham, Mari G	8	Swansea Aq	NT	___
4	Duncan, Miriam G	9	Carmarthen	NT	___
5	Dakin, Chloe	9	Llanelli	NT	___
6	Monan, Frances	8	Tenby	NT	___
7					___
8					___

**Heat 2 of 12 Finals**

1	Davies, Halle	10	Amman Valley	NT	___
2	Evans, Cora E	10	Carmarthen	NT	___
3	Finney, Harriet	10	Aberystwyth	NT	___
4	Wolverson, Mela	11	Tenby	NT	___
5	Popham, Nyla C	10	Swansea Aq	NT	___
6	Keen, Sabrina	10	Carmarthen	NT	___
7	Hope, Brooke	10	Tenby	NT	___
8	Bellis, Martha A	9	Carmarthen	NT	___

**Heat 3 of 12 Finals**

1	Jones, Cati	11	Aberystwyth	NT	___
2	Jones, Rosie E	13	Swansea Aq	NT	___
3	Dafydd, Iola	15	Carmarthen	NT	___
4	Green, Hazel	8	Haverfordwes	1:25.74	___
5	Sinfield, Alis	9	Llanelli	1:30.86	___
6	Dafydd, Mali	14	Carmarthen	NT	___
7	Duncan, Ava	12	Amman Valley	NT	___
8	Harvey-Flinn, Ruby E	11	Swansea Aq	NT	___

**Heat 4 of 12 Finals**

1	Bool, Lani	8	Haverfordwes	1:21.39	___
2	Backen, Matilda	8	Fishguard	1:17.03	___
3	Dashfield, Charlotte	9	Tenby	1:12.73	___
4	Evans, Sylvie	9	Llanelli	1:10.34	___
5	Evans, Lilianna	9	Llanelli	1:11.15	___
6	Evans, Lowry Carys	10	Carmarthen	1:13.95	___
7	Llewellyn, Anwen	10	Haverfordwes	1:17.05	___
8	Gil Wood, Sofia A	9	Swansea Aq	1:22.43	___

**Heat 5 of 12 Finals**

1	Owen, Molly	10	Penyrheol	1:07.40	___
2	Powell, Leila	8	Fishguard	1:06.10	___
3	Tooze, Moli	10	Aberystwyth	1:02.65	___
4	Rabaiotti, Orla-Rae	9	Swansea Aq	1:02.58	___
5	Dalton, Daisy	9	Haverfordwes	1:02.64	___
6	Evans, Alys E	9	Carmarthen	1:04.59	___
7	Bates, Rosa	11	Aberystwyth	1:06.94	___
8	Husband, Alysia	9	Haverfordwes	1:09.36	___

**Heat 6 of 12 Finals**

1	Nash, Sylvia	10	Milford Havn	1:01.73	___
2	Lamb, Myla	9	Fishguard	1:00.79	___
3	Couzens, Sibylla	13	Fishguard	59.98	___
4	Antwhistle, Esme W	10	Swansea Aq	59.40	___
5	Hope, Madi	8	Tenby	59.88	___
6	Beynon, Eila	11	Penyrheol	1:00.60	___
7	Jones, Zara	8	Llanelli	1:01.20	___
8	Coates, Betsy	11	Haverfordwes	1:02.28	___

**Carmarthen Open Meet 2024 - 15/12/2024**  
**Meet Program - Session 3 (Warmup 3.10 - 4.10)**

**Heat 7 Finals (#307 Female 8 & Over 50 SC Meter Breaststroke)**

1	Emam, Lina	11	Swansea Aq	57.80	_____
2	Burnett, Maggie	10	Amman Valley	56.00	_____
3	Morris, Alanna-Rae	12	Aberystwyth	55.06	_____
4	Cooper, Millie	11	Fishguard	53.47	_____
5	Evans, Gwenllian	10	Fishguard	53.53	_____
6	Williams, Lois G	12	Swansea Aq	55.36	_____
7	Phillips, Isabella	12	Haverfordwes	57.65	_____
8	Jones, Gwenllian F	9	Carmarthen	59.26	_____

**Heat 8 of 12 Finals**

1	Kellaway, Evie-Rosa	11	Aberystwyth	53.20	_____
2	Phillips, Isabelle	11	Haverfordwes	53.09	_____
3	Monan, Sofia	14	Tenby	52.35	_____
4	Williams, Ffion	15	Milford Havn	51.52	_____
5	Kaill-Franks, Eira	14	Fishguard	51.93	_____
6	Jones, Catrin H	11	Swansea Aq	52.49	_____
7	Lennon, Amelia	10	Carmarthen	53.15	_____
8	Boyle, Samantha J	10	Carmarthen	53.42	_____

**Heat 9 of 12 Finals**

1	Thomas, Angharad	14	Fishguard	51.00	_____
2	Besley, Freya	12	Penyrheol	50.45	_____
3	Kathrens, Dionne	12	Llanelli	50.04	_____
4	Kasto, Evie T	13	Swansea Aq	49.21	_____
5	David, Emily	13	Haverfordwes	49.60	_____
6	Kurys, Emiliese J	10	Carmarthen	50.44	_____
7	Jones, Paige M	13	Carmarthen	50.56	_____
8	Bessent, Mia	13	Penyrheol	51.28	_____

**Heat 10 of 12 Finals**

1	Davies, Betsi	12	Fishguard	48.05	_____
2	Morris, Ffion	12	Tenby	47.07	_____
3	Kurys, Bonnie P	11	Carmarthen	46.46	_____
4	Gil Wood, Elena	12	Swansea Aq	46.34	_____
5	Griffiths, Isla	11	Tenby	46.36	_____
6	Henson, Jess	11	Tenby	46.69	_____
7	Cooper, Daisy	14	Fishguard	47.37	_____
8	Dashfield, Olivia	11	Tenby	48.67	_____

**Heat 11 of 12 Finals**

1	Jenkins, Elli J	13	Swansea Aq	46.25	_____
2	Dennison, Evie	12	Milford Havn	45.33	_____
3	Kaill-Franks, Nia	13	Fishguard	45.13	_____
4	Jones, Hannah	14	Swansea Aq	44.30	_____
5	Vlasceanu, Maia	13	Carmarthen	44.81	_____
6	Davies, Alice	16	Fishguard	45.23	_____
7	Longar, Miriam E	12	Carmarthen	45.60	_____
8	Jones, Hunydd	13	Carmarthen	46.32	_____

**Heat 12 of 12 Finals**

1	Hall, Ellena	13	Pembs Cty	42.70	_____
2	Parry, Abigail	11	Carmarthen	42.23	_____
3	Clissold, Bronwyn	16	Pembs Cty	41.22	_____
4	John, Holly	17	Haverfordwes	36.58	_____
5	Patterson, Hollie M	12	Carmarthen	39.19	_____
6	Edwards, Isabel	15	Penyrheol	41.99	_____
7	Rossiter-Wargent, Mia	11	Milford Havn	42.60	_____
8	Bowen, Seren E	13	Carmarthen	43.93	_____

**Event 308 Boys 8 & Over 50 SC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 7 Finals**

1	Kummer, Seb	9	Milford Havn	NT	_____
2	Gray, Ioan	10	Fishguard	NT	_____
3	Holiday, Huw	10	Haverfordwes	NT	_____
4	Phillips, Ieuan	11	Fishguard	NT	_____
5	Goodhall, James	10	Milford Havn	NT	_____
6	Brown, Parker	10	Penyrheol	NT	_____
7	Boyle, Toby M	9	Carmarthen	NT	_____
8					_____

**Heat 2 of 7 Finals**

1	Djumataev, Nurislam	11	Swansea Aq	NT	_____
2	Price, Noah	11	Carmarthen	NT	_____
3	Jones, Tomi M	12	Swansea Aq	NT	_____
4	Zhdanov, Vadym	14	Swansea Aq	NT	_____
5	Sadowski, David S	13	Swansea Aq	NT	_____
6	Couzens, Sebastian	11	Fishguard	NT	_____
7	Pyzer, Cyrus A	11	Carmarthen	NT	_____
8	Hughes, Dylan R	11	Swansea Aq	NT	_____

**Heat 3 of 7 Finals**

1	Powell, Fred	8	Fishguard	1:12.10	_____
2	Williams, Tom	10	Haverfordwes	1:06.70	_____
3	Caprilli, Valentino	10	Fishguard	1:04.27	_____
4	Taylor, Jasper B	12	Swansea Aq	1:02.22	_____
5	Marques-Jones, Idris	10	Amman Valley	1:02.74	_____
6	Giddings, Aiden	13	Penyrheol	1:06.53	_____
7	Taylor, Kingsley C	9	Swansea Aq	1:09.72	_____
8	Parton, Frankie F	15	Carmarthen	NT	_____

**Heat 4 of 7 Finals**

1	Fitzsimmons, Jac	11	Llanelli	1:00.74	_____
2	Munt, Oliver	11	Haverfordwes	56.26	_____
3	Higgins, Finley J	13	Swansea Aq	55.05	_____
4	Elmes, Samuel	11	Carmarthen	54.69	_____
5	Bowen, Cai	13	Fishguard	54.86	_____
6	Noble, Reuben	12	Haverfordwes	55.15	_____
7	Gourley, Noah	12	Penyrheol	1:00.66	_____
8	Rhys, Efan	10	Amman Valley	1:01.31	_____

**Heat 5 of 7 Finals**

1	Salah, Karim	10	Carmarthen	54.56	_____
2	Rudder, Frankie	12	Haverfordwes	52.74	_____
3	Nash, Oliver J	11	Carmarthen	51.19	_____
4	Noden, Rory	12	Pembs Cty	51.01	_____
5	David, Ioan	12	Haverfordwes	51.06	_____
6	Lewis, Gethin R	10	Swansea Aq	51.98	_____
7	Bool, Iolo	11	Haverfordwes	54.46	_____
8	Leahy, Herbie	10	Haverfordwes	54.62	_____

**Heat 6 of 7 Finals**

1	Gibbs, Jenson	13	Amman Valley	48.71	_____
2	Collins-Williams, Zac	15	Fishguard	48.47	_____
3	Antwhistle, Isaac J	12	Swansea Aq	48.14	_____
4	Elias, Ruben	14	Carmarthen	46.57	_____
5	Monan, Euan	11	Tenby	46.95	_____
6	Thomas, Harry	14	Haverfordwes	48.33	_____
7	El Saghier, Mohamed S	13	Carmarthen	48.65	_____
8	Bowes, James F	12	Carmarthen	49.66	_____

**Carmarthen Open Meet 2024 - 15/12/2024**  
**Meet Program - Session 3 (Warmup 3.10 - 4.10)**

**Heat 7 Finals (#308 Boys 8 & Over 50 SC Meter Breaststroke)**

1	Thomas, Wilf	12	Aberystwyth	41.82	___
2	Backen, Henry	16	Haverfordwes	39.61	___
3	Hall, Ethan	15	Fishguard	35.09	___
4	Lewis, Matthew D	39	Haverfordwes	32.38	___
5	May, Christopher	32	Haverfordwes	33.76	___
6	Gourley, Ethan	15	Penyrheol	38.83	___
7	Marques-Jones, Felix	12	Amman Valley	41.73	___
8	Beynon, Aaron	14	Fishguard	46.52	___