

Nofio Sir Gar Open Meet 2025 - 18/01/2025 to 19/01/2025

Results - Session 1 (Warmup 8.00 - 8.50)

Event 101 Girls 9-10 400 SC Meter Freestyle					
Name	Age	Team	Finals Time		
1 Enoch, Erin L	10	Carmarthen	6:47.84		
			47.22	52.32	52.65 53.30
			52.74	52.83	51.89 44.89
2 Snellgrove, Maddie	10	Neath	6:57.52		
			45.80	53.23	52.95 53.30
			53.30	53.99	53.72 51.23
3 Harvey, Olivia	10	PembrokeDist	7:47.21		
			48.05	59.67	1:01.46 1:02.28
			1:01.72	1:00.51	1:00.28 53.24

Event 101 Girls 11-12 400 SC Meter Freestyle					
Name	Age	Team	Finals Time		
1 Davies, Isla	11	Nofio S Gar	4:46.72		
			32.90	36.90	37.06 36.91
			36.82	36.53	35.28 34.32
2 Berner, Iyla	11	Nofio S Gar	4:52.13		
			33.32	36.50	36.94 37.40
			37.91	37.63	36.82 35.61
3 Lewis, Evie	11	Hsc	5:25.99		
			35.55	39.75	42.14 41.31
			41.87	42.09	42.65 40.63
4 Williams, Paige T	12	Swansea Aq	5:26.61		
			34.53	38.11	39.74 41.78
			42.94	43.54	43.55 42.42
5 Summerfield, Lucy	12	Llanelli	5:38.38		
			36.18	41.43	43.10 44.01
			44.23	43.44	43.40 42.59
6 Williams, Eirwen N	12	Neath	5:41.35		
			36.77	42.79	44.63 44.13
			44.66	45.50	44.35 38.52
7 Salmon, Amelia A	11	Nexus	5:46.60		
			39.05	42.97	44.12 45.68
			45.09	45.01	43.88 40.80
8 Pinnock, Betsan R	12	Swansea Aq	5:54.99		
			36.91	43.21	44.89 45.16
			46.14	46.58	46.77 45.33
9 Fenemore, Emily G	12	Carmarthen	5:55.78		
			38.46	43.90	45.98 45.86
			45.48	46.86	45.02 44.22
10 Mason, Ezmee	11	Hsc	6:04.59		
			39.46	44.20	46.02 48.11
			48.68	50.57	46.25 41.30
11 Hawkins, Lottie	11	Hsc	6:15.24		
			41.25	45.35	48.85 48.49
			46.89	49.04	48.31 47.06
12 Foldi, Kristina	12	Hsc	6:16.83		
			42.13	46.67	49.40 49.28
			49.41	48.17	48.21 43.56
13 Rossiter-Wargent, Mia	11	Milford Havn	6:17.57		
			41.13	47.71	50.26 48.99
			48.81	48.75	48.61 43.31
14 Francis, Mia	11	Hsc	6:21.95		
			44.93	49.04	50.16 49.79
			47.18	49.22	47.18 44.45
15 Dashfield, Olivia	11	Tenby Dolphins	6:50.20		
			43.97	50.75	52.40 52.33
			52.55	54.47	53.74 49.99

16 Arnold, Olivia	11	Milford Havn	6:52.71		
			47.62	51.22	52.97 52.74
			53.69	53.07	52.89 48.51
17 Wilde, Ayla-Belle	12	Nexus	6:56.33		
			42.80	51.34	53.92 55.39
			55.00	54.62	53.15 50.11

Event 101 Girls 13-14 400 SC Meter Freestyle					
Name	Age	Team	Finals Time		
1 Upton-Boorman, Isabella	14	Nofio S Gar	4:52.44		
			33.19	36.36	37.56 37.51
			38.15	36.40	37.55 35.72
2 Cressey-Rodgers, Gwenllian F	14	Nofio S Gar	5:03.50		
			33.46	37.60	38.55 38.89
			38.73	39.63	39.02 37.62
3 Dafydd, Mali	14	Carmarthen	5:29.12		
			36.50	41.52	42.06 43.57
			40.93	42.49	41.63 40.42
4 Richardson, Beca	14	Swansea Aq	5:41.71		
			37.75	43.00	43.53 45.10
			43.76	44.35	43.65 40.57
5 Andreassen, Freya	14	Amman Valley	5:48.07		
			38.67	42.86	44.37 45.42
			45.11	44.60	42.80 44.24
6 Jones, Ashleigh R	14	Carmarthen	5:52.64		
			37.19	43.15	45.32 45.29
			46.05	45.82	46.89 42.93
7 Alexander, Seren	14	Aberystwyth	6:09.30		
			37.96	45.54	48.38 49.22
			48.17	48.58	48.20 43.25
8 Couzens, Sibylla	13	Fishguard	6:32.16		
			41.36	50.56	50.58 51.99
			50.31	50.69	50.96 45.71
9 Owen, Annabelle	14	Penyrheol	7:05.91		
			44.48	52.35	55.48 55.20
			56.16	57.44	56.94 47.86

Event 101 Women 15 & Over 400 SC Meter Freestyle					
Name	Age	Team	Finals Time		
1 King, Marley	16	Penyrheol	4:47.21		
			32.03	35.04	35.78 36.47
			37.09	37.90	37.24 35.66
2 Collins-Falconer, Alesha G	16	Nexus	5:29.14		
			36.23	40.03	41.69 41.64
			41.52	41.31	44.33 42.39
3 Heredia-Rowe, Rhiannon A	18	Neath	5:40.92		
			36.83	40.96	42.89 43.58
			44.12	44.58	45.04 42.92
4 Richards, Amber	15	C Dolphins	5:52.44		
			37.34	41.41	43.32 44.63
			45.44	46.11	46.95 47.24
5 Tucker, Lowri	15	Llanelli	6:18.13		
			43.76	46.67	47.56 48.95
			47.66	47.26	48.75 47.52

Event 101 Women 400 SC Meter Freestyle Multi-Class					
Name	Age	Team	Finals Time		
1 %Philpott, Lowri S14	13	Llanelli	7:05.02		
			44.62	53.39	53.92 56.36
			55.68	55.26	55.39 50.40

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Results - Session 1 (Warmup 8.00 - 8.50)

Event 101 Boys 9-10 400 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Lewis, Gethin R	10	Swansea Aq	6:24.64	
	44.32	48.65	49.45	49.63
	48.97	49.71	49.16	44.75
2 Thomas, Gabriel	10	Llanelli	6:32.82	
	39.89	48.96	49.69	51.35
	51.78	53.12	51.71	46.32
3 Hearne, Logan	9	PembrokeDist	6:47.82	
	44.35	53.49	52.89	52.04
	52.96	52.60	50.42	49.07
4 Salah, Karim	10	Carmarthen	7:03.23	
	44.67	52.90	54.26	53.57
	55.16	53.88	55.48	53.31
5 Weston, Zac	10	PembrokeDist	7:14.87	
	48.01	55.43	55.91	54.98
	55.73	56.23	56.35	52.23
6 Price, Riley	10	PembrokeDist	8:34.33	
	56.62	1:04.76	1:08.50	1:05.98
	1:03.78	1:08.80	1:03.88	1:02.01

Event 101 Boys 11-12 400 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Jones, Dafydd	12	Amman Valley	5:19.97	
	34.11	38.11	39.70	41.03
	41.57	42.10	42.70	40.65
2 Marques-Jones, Felix	12	Amman Valley	5:26.44	
	35.13	41.12	42.35	42.66
	42.44	42.36	41.17	39.21
3 Fogarty, Oliver	12	Fishguard	5:39.55	
	38.01	42.41	44.72	42.81
	44.03	43.33	43.09	41.15
4 Antwhistle, Isaac J	12	Swansea Aq	5:39.76	
	41.29	44.34	44.11	44.83
	44.64	42.70	41.57	36.28
5 Bowes, James F	12	Carmarthen	5:41.81	
	39.39	41.85	43.27	43.06
	43.93	44.15	43.37	42.79
6 Bool, Iolo	11	Hsc	6:05.02	
	43.11	45.98	48.31	47.66
	48.15	45.95	43.83	42.03

Event 101 Boys 13-14 400 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Williams, Thomas	14	Nofio S Gar	4:27.54	
	30.01	32.65	33.89	34.41
	34.47	34.60	34.74	32.77
2 Elmes, Max	13	Nofio S Gar	4:35.18	
	31.95	34.05	34.89	35.33
	35.44	35.08	34.77	33.67
3 Davies, Ellis V	13	Llanelli	5:03.15	
	33.32	37.57	38.36	38.73
	38.77	39.68	38.72	38.00
4 Smith, Declan	13	Amman Valley	5:14.93	
	33.80	37.29	38.85	39.11
	40.76	41.32	42.24	41.56
5 Lerigo, Oli	14	Aberystwyth	5:42.91	
	35.90	41.69	43.23	44.32
	44.85	44.40	42.42	46.10
6 Phillips, Lucas	13	Hsc	6:54.63	
	42.49	50.67	52.95	54.05
	1:50.22	1:44.25		

Event 101 Men 15 & Over 400 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Bowen, Ifan	18	Carmarthen	4:31.50	
	31.53	33.63	33.62	33.98
	34.41	34.90	35.11	34.32
2 Griffiths, Sam	16	Carmarthen	4:41.54	
	32.18	34.51	34.92	35.81
	36.24	36.27	36.23	35.38
3 Hall, Ethan	15	Fishguard	5:41.24	
	37.23	40.57	42.52	43.70
	44.28	44.16	45.23	43.55

Event 102 Girls 9-10 200 SC Meter Breaststroke

Name	Age	Team	Finals Time	
1 Jones, Gwenllian F	9	Carmarthen	4:14.49	
	58.71	1:05.70	1:07.56	1:02.52
2 Monan, Hazel	9	Tenby Dolphins	4:15.18	
	1:00.68	1:02.52	1:07.23	1:04.75
3 Evans, Alys E	9	Carmarthen	4:39.18	
	1:03.89	1:09.75	1:13.78	1:11.76
4 Rogers, Mia	10	PembrokeDist	4:42.54	
	1:03.29	1:12.96	1:15.44	1:10.85
5 Gallagher, Thia C	10	Swansea Aq	4:52.62	
	1:06.01	1:14.06	1:18.16	1:14.39
6 Dalton, Daisy	10	Hsc	4:53.37	
	1:08.82	1:15.55	1:17.01	1:11.99
--- Shepherd, Amelia H	10	C Dolphins	DQ	
	59.76	1:06.12	1:07.99	1:07.46
--- Antwhistle, Esme W	10	Swansea Aq	DQ	
	1:02.90	1:12.69	1:13.94	1:13.70

Event 102 Girls 11-12 200 SC Meter Breaststroke

Name	Age	Team	Finals Time	
1 Parry, Abigail	12	Carmarthen	3:00.47	
	39.81	46.42	47.27	46.97
2 Rowland, Scarlett	12	Neath	3:23.19	
	45.91	51.82	52.49	52.97
3 Davies, Betsi	12	Fishguard	3:38.39	
	48.67	55.99	57.99	55.74
4 Hill, Lily Ann	12	C Dolphins	3:40.60	
	50.30	57.57	57.27	55.46
5 Koszalski, Soffia L	12	Llanelli	3:50.43	
	49.73	57.44	1:03.58	59.68
6 Leane, Megan	12	Hsc	3:50.79	
	49.35	1:00.19	1:00.81	1:00.44
7 Ellis, Eve	12	C Dolphins	3:52.22	
	50.81	1:01.24	1:00.21	59.96
8 Mason, Ezmee	11	Hsc	4:02.28	
	52.46	1:02.00	1:07.17	1:00.65
9 Alexander, Fflur	11	Aberystwyth	4:04.98	
	54.07	1:06.28	1:04.49	1:00.14

Event 102 Girls 13-14 200 SC Meter Breaststroke

Name	Age	Team	Finals Time	
1 Kazmiruk, Anastasiia	13	Amman Valley	2:58.37	
	39.81	45.01	46.79	46.76
2 Knight, Lily E	14	Swansea Aq	2:59.41	
	40.91	45.62	46.50	46.38
3 Patterson, Hollie M	13	Carmarthen	3:04.83	
	42.11	47.02	49.13	46.57
4 Burns, Freya	13	Nofio S Gar	3:09.15	
	42.60	48.81	49.39	48.35

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(Event 102 Girls 13-14 200 SC Meter Breaststroke)

Name	Age	Team	Finals Time	
5 Edwards, Alice	14	Carmarthen	3:14.77	
	44.70	50.33	50.73	49.01
6 Hughes, Mollie	13	C Dolphins	3:20.86	
	45.64	50.09	52.76	52.37
7 Couzens, Sibylla	13	Fishguard	4:02.31	
	53.09	1:04.36	1:03.73	1:01.13
8 Selby, Chloe	14	Neath	4:06.23	
	52.62	1:04.86	1:07.45	1:01.30
--- Monan, Sofia	14	Tenby Dolphins	DQ	
	53.46	58.02	1:02.38	59.01

Event 102 Women 15 & Over 200 SC Meter Breaststroke

Name	Age	Team	Finals Time	
1 Dafydd, Iola	15	Carmarthen	3:15.06	
	44.55	50.74	50.78	48.99
2 Conway, Erin J	15	Swansea Aq	3:34.03	
	46.21	52.84	57.24	57.74

Event 102 Boys 9-10 200 SC Meter Breaststroke

Name	Age	Team	Finals Time	
1 Weston, Zac	10	PembrokeDist	4:08.95	
	1:00.83	1:05.40	1:03.02	59.70

Event 102 Boys 11-12 200 SC Meter Breaststroke

Name	Age	Team	Finals Time	
1 Thomas, Wilf	12	Aberystwyth	3:02.24	
	40.67	47.12	47.81	46.64
2 Batcup, Oliver J	12	Swansea Aq	3:20.85	
	44.03	51.48	53.45	51.89
3 Lewis, Henry	12	Neath	3:32.32	
	46.30	54.05	56.97	55.00
4 Rees, Oscar	11	Llanelli	3:38.17	
	50.45	58.19	53.77	55.76
5 Monan, Euan	11	Tenby Dolphins	3:41.50	
	48.42	55.55	59.63	57.90
6 Lloyd- Roberts, Harry	12	Milford Havn	3:48.76	
	51.85	57.84	1:01.25	57.82
7 Rudder, Frankie	12	Hsc	4:05.09	
	57.38	1:05.67	1:02.96	59.08
8 Gurung, Tiamind W	12	Swansea Aq	4:16.45	
	56.31	1:07.11	1:06.02	1:07.01
9 Mills, Flynn	11	Milford Havn	4:20.73	
	1:01.51	1:08.43	1:06.43	1:04.36
--- Jones, Osian	11	Aberystwyth	DQ	
	58.80	1:09.79	1:11.04	1:07.58
--- Dadswell, Harry	11	Hsc	DQ	
	51.42	58.84	57.76	59.02
--- Noble, Reuben	12	Hsc	DQ	
	52.22	1:01.98	1:00.89	56.50

Event 102 Boys 13-14 200 SC Meter Breaststroke

Name	Age	Team	Finals Time	
1 Phillips, Finley	14	Nofio S Gar	2:40.76	
	35.15	40.58	42.24	42.79
2 Stuart-Lavender, Jac	14	Llanelli	2:44.86	
	36.10	42.93	1:25.83	
3 Crotty, Beau	13	PembrokeDist	3:14.58	
	44.61	50.77	51.31	47.89
4 Smith, Caelan	14	Hsc	3:24.98	
	44.66	52.37	52.60	55.35

5 El Saghir, Mohamed S	13	Carmarthen	3:39.73	
	49.91	58.71	58.61	52.50

Event 102 Men 15 & Over 200 SC Meter Breaststroke

Name	Age	Team	Finals Time	
1 Clarke, Henry	17	Swansea Aq	2:31.78	
	33.22	38.21	39.68	40.67
2 Richardson, Osian	16	Swansea Aq	2:32.28	
	33.46	38.11	39.71	41.00
3 Santos, Liam	15	Milford Havn	3:20.09	
	42.35	52.40	54.07	51.27

Event 103 Girls 11-12 200 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Roberts Mylan, Ffion C	12	Swansea Aq	3:06.89	
	38.57	46.72	49.96	51.64
2 Gil Wood, Elena	12	Swansea Aq	3:18.03	
	41.03	47.19	56.64	53.17

Event 103 Girls 13-14 200 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Bowen, Seren E	14	Carmarthen	3:05.29	
	36.83	45.36	49.81	53.29

Event 103 Women 15 & Over 200 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Williams, Marys E	15	Swansea Aq	2:40.89	
	35.07	40.91	41.86	43.05

Event 103 Boys 11-12 200 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Bowes, James F	12	Carmarthen	3:21.75	
	45.47	51.38	53.18	51.72

Event 103 Boys 13-14 200 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Phillips, Finley	14	Nofio S Gar	2:36.87	
	32.76	39.93	42.23	41.95
2 Mills, Thomas	13	Llanelli	2:55.75	
	37.14	43.96	47.05	47.60

Event 104 Girls 9-10 800 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Williams, April M	10	Neath	11:50.50	
	38.18	42.92	43.96	45.38
	44.02	45.83	46.64	45.11
	44.18	45.52	46.62	45.73
	45.29	46.29	41.14	43.69
2 Kurys, Emiliese J	10	Carmarthen	12:26.01	
	39.36	45.22	46.14	46.52
	46.44	47.03	48.00	48.03
	49.13	47.42	48.67	48.22
	47.22	46.97	45.99	45.65
3 Morgan, Iolah	10	PembrokeDist	12:49.46	
	41.05	46.92	47.84	49.37
	48.60	49.33	49.26	49.39
	49.67	48.82	49.04	50.02
	48.48	48.51	48.01	45.15

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Event 104 Girls 11-12 800 SC Meter Freestyle					Event 104 Girls 13-14 800 SC Meter Freestyle				
Name	Age	Team	Finals Time		Name	Age	Team	Finals Time	
1 Prosser, Sofia I	12	Torfaen D	9:34.47		12 Thomas, Enlli M	11	Nexus	14:04.59	
32.16	35.71	36.24	36.17		43.90	52.17	53.76	52.99	
36.29	35.88	36.23	36.43		53.69	55.44	54.52	54.85	
36.33	36.47	36.62	36.25		54.58	56.86	55.22	54.42	
36.93	36.73	36.22	33.81		53.20	51.13	51.17	46.69	
2 Sherrard, Alex H	12	Torfaen D	9:52.14		Event 104 Girls 13-14 800 SC Meter Freestyle				
32.72	35.46	36.57	36.38		1 Sullivan, Ariana M	14	Torfaen D	10:07.53	
37.16	37.47	38.52	38.26		32.07	36.07	38.17	38.23	
38.73	38.28	37.41	37.94		38.76	38.17	38.87	38.82	
37.55	37.85	36.90	34.94		38.73	38.93	39.38	39.47	
3 Davies, Ava-Rose	12	Llanelli	11:00.53		39.05	39.28	38.66	34.87	
37.68	40.59	42.06	42.32		2 Davies, Isabella	13	Nofio S Gar	10:31.84	
42.65	41.92	42.55	42.81		36.34	39.02	39.45	39.72	
42.22	40.57	41.63	41.47		39.65	39.81	38.01	41.09	
41.63	41.38	40.62	38.43		39.80	39.44	40.70	40.32	
4 Powell, Nina	12	Fishguard	11:21.97		40.82	40.19	39.79	37.69	
37.35	42.60	42.66	42.98		3 Short, Amelia L	13	Nexus	11:33.77	
43.54	43.14	42.77	42.59		38.43	41.91	42.22	43.92	
42.74	43.80	42.62	43.91		42.97	46.36	41.57	45.18	
42.98	43.50	43.75	41.04		43.97	44.68	45.61	44.62	
5 Dyde, Pheobe	12	PembrokeDist	11:55.90		44.89	45.09	44.60	37.75	
40.13	44.52	45.29	44.57		4 Chapman, Olivia	14	Swansea Aq	11:37.08	
44.67	44.43	45.91	46.18		39.26	44.01	44.69	44.62	
45.50	45.48	46.43	45.64		43.42	43.24	43.70	43.91	
45.97	45.65	44.63	40.90		43.66	43.51	44.26	44.06	
6 May, Gwen A	12	Nexus	12:04.18		43.54	44.44	43.85	42.91	
40.60	45.45	45.50	45.64		5 Williams, Grace O	13	Nexus	12:15.62	
45.40	46.15	46.47	47.11		39.25	45.21	46.78	47.74	
46.07	47.00	44.32	44.73		47.66	46.72	46.06	44.98	
46.40	47.05	44.06	42.23		46.47	46.76	47.21	47.37	
7 Williams, Fay P	12	Neath	12:04.29		47.57	47.33	46.05	42.46	
39.96	45.67	48.07	46.46		Event 104 Women 15 & Over 800 SC Meter Freestyle				
47.50	45.99	44.98	44.84		Name	Age	Team	Finals Time	
46.12	46.06	46.64	45.51		1 Philpott, Ffion	15	Nofio S Gar	9:53.96	
46.03	45.65	45.46	39.35		32.97	36.01	36.96	37.71	
8 Hughes, Megan	11	C Dolphins	12:15.90		37.94	38.24	38.11	37.95	
38.63	43.82	46.12	45.97		37.51	37.34	37.45	37.43	
47.51	47.12	47.20	47.55		37.19	37.34	37.24	36.57	
47.95	48.28	47.14	46.52		2 Clifford, Bethany	17	Neath	10:34.59	
46.97	46.55	46.35	42.22		35.66	38.24	39.53	39.43	
9 Henson, Jess	11	Tenby Dolphins	12:30.46		39.80	40.02	40.34	40.28	
39.06	44.41	45.57	46.23		40.39	40.70	40.27	40.13	
46.74	47.95	48.65	48.30		40.41	40.57	40.18	38.64	
48.76	49.11	48.75	49.17		3 Cooper, Megan	16	Neath	10:48.51	
49.25	47.96	46.23	44.32		36.49	39.35	40.12	40.52	
10 Kurys, Bonnie P	11	Carmarthen	12:56.47		40.70	41.09	40.73	41.49	
41.47	47.40	48.82	49.86		41.21	41.79	40.78	41.29	
48.64	49.90	50.01	49.47		41.06	41.44	40.84	39.61	
51.22	49.82	51.58	49.95		4 Huws, Awen G	16	Nexus	10:56.18	
49.77	49.86	47.41	41.29		32.85	37.13	39.37	40.08	
11 Gardner-Rolfe, Mia G	12	Swansea Aq	12:57.50		39.89	41.37	41.85	41.84	
39.92	46.50	48.11	47.58		41.86	41.74	41.70	42.19	
48.96	49.27	50.76	49.68		41.63	40.96	39.82	51.90	
49.85	49.50	49.86	51.38						
50.74	52.19	49.89	43.31						

Nofio Sir Gar Open Meet 2025 - 18/01/2025 to 19/01/2025

Results - Session 1 (Warmup 8.00 - 8.50)

Event 104 Boys 11-12 800 SC Meter Freestyle					3	Howe, Inigo W	15	Torfaen D	10:47.37
Name	Age	Team	Finals Time						
1 Hughes, Freddy J	12	Nexus	10:20.22						
			34.51	37.79	32.10	36.18	38.08	39.72	
			39.37	39.43	40.86	42.09	42.15	42.61	
			39.68	40.04	42.47	42.23	42.49	41.96	
			39.27	38.76	41.83	42.12	41.07	39.41	
2 Evans, Sam	12	PembrokeDist	11:14.66						
			34.27	40.04					
			43.63	43.08					
			44.52	43.52					
			43.35	42.94					
3 Lummis, Oscar D	12	Nexus	13:19.23						
			40.99	47.66					
			50.89	52.85					
			51.29	51.27					
			50.28	49.39					

Event 104 Boys 13-14 800 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Spinks, Rhys H	14	Torfaen D	10:18.36	
			32.99	36.77
			39.26	39.13
			39.48	40.09
			38.62	39.27
2 Flynn, Asten P	14	Nexus	10:31.13	
			33.08	37.96
			40.76	39.46
			40.46	42.42
			42.65	40.35
3 Hopkins, Luc P	13	Torfaen D	10:34.88	
			33.17	37.55
			40.54	40.47
			40.67	41.34
			41.33	40.47
4 Sekula, Mateusz J	13	Nexus	11:03.80	
			35.38	41.24
			42.56	42.60
			44.23	42.24
			41.72	42.65
5 Sekula, Szymon A	13	Nexus	11:22.80	
			37.60	43.09
			44.61	42.74
			44.88	42.27
			44.40	41.20

Event 104 Men 15 & Over 800 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Spinks, Owen H	16	Torfaen D	9:29.69	
			30.86	34.29
			36.02	35.92
			36.23	36.87
			36.26	36.63
2 Galbraith, Elian	15	Llanelli	9:54.22	
			31.54	35.28
			37.68	38.13
			39.00	38.93
			38.16	38.15