

Nofio Sir Gar Open Meet 2025 - 18/01/2025 to 19/01/2025

Results - Session 3 (Warmup 3.25 - 4.25)

Event 301 Girls 9-10 100 SC Meter Backstroke				Event 301 Girls 11-12 100 SC Meter Backstroke			
Name	Age	Team	Finals Time	Name	Age	Team	Finals Time
1 Morgan, Iolah	10	PembrokeDist	1:31.68	1 Davies, Isla	11	Nofio S Gar	1:10.95
45.07	46.61			34.87	36.08		
2 Clay, Emelia S	10	Swansea Aq	1:31.97	2 Parry, Abigail	12	Carmarthen	1:21.97
44.86	47.11			39.60	42.37		
3 Symmons, Bronwen D	9	Carmarthen	1:43.38	3 Rowland, Scarlett	12	Neath	1:23.26
51.25	52.13			40.08	43.18		
4 Husband, Alysia	9	Hsc	1:45.94	4 Jones, Alexa	11	Llanelli	1:24.86
53.08	52.86			41.44	43.42		
5 Shearan, Imogen	9	Neath	1:49.26	5 Powell, Nina	12	Fishguard	1:25.48
52.44	56.82			40.44	45.04		
6 Madge, Brianna	10	C Dolphins	1:54.53	6 Fry, Tilly	12	Llanelli	1:27.29
54.89	59.64			42.01	45.28		
7 Prosser, Mia S	9	Tenby Dolphins	1:56.21	7 Hawkins, Lottie	11	Hsc	1:28.71
54.12	1:02.09			43.73	44.98		
8 Llewellyn, Anwen	10	Hsc	1:59.51	8 Morris, Blair	11	Neath	1:29.86
56.95	1:02.56			42.46	47.40		
9 Bellis, Martha A	9	Carmarthen	2:00.76	9 Hill, Lily Ann	12	C Dolphins	1:31.13
57.66	1:03.10			44.04	47.09		
10 Nuttall, Isabelle	10	Milford Havn	2:03.57	10 Henson, Jess	11	Tenby Dolphins	1:31.39
1:00.18	1:03.39			44.84	46.55		
11 Evans, Lowri Carys	10	Carmarthen	2:04.42				
1:00.00	1:04.42						
12 Dashfield, Charlotte	9	Tenby Dolphins	2:16.79				
1:09.04	1:07.75						
13 Gallagher, Thia C	10	Swansea Aq	2:38.00				
1:16.87	1:21.13						
14 Williams, Lowri	9	Neath	2:45.95				
1:52.42	53.53						
--- Soul, Anna F	10	Swansea Aq	DQ				
48.46	54.52						
--- Powell, Leila	9	Fishguard	DQ				
58.62	1:02.79						
--- Antwhistle, Esme W	10	Swansea Aq	DQ				
52.37	53.07						
--- Noakes, Mila	10	C Dolphins	DQ				
53.31	58.70						

Event 301 Girls 13-14 100 SC Meter Backstroke			
Name	Age	Team	Finals Time
1 Taffetsauffer, Isabella	13	Nofio S Gar	1:12.56
35.46	37.10		
2 Layland, Seren	13	Penyrheol	1:17.32
38.67	38.65		
3 Chapman, Olivia	14	Swansea Aq	1:18.46
37.75	40.71		
4 Short, Amelia L	13	Nexus	1:20.55
38.91	41.64		
5 Richardson, Beca	14	Swansea Aq	1:22.46
40.37	42.09		
6 Alexander, Seren	14	Aberystwyth	1:23.90
40.21	43.69		
7 Berner, Kiana H	13	Carmarthen	1:27.47
43.18	44.29		
8 James, Martha	13	Fishguard	1:28.76
1:29.05			
9 Davies, Lauren	13	Llanelli	1:30.29
43.90	46.39		
10 Murphy, Sienna	14	Llanelli	1:30.53
44.20	46.33		
11 Couzens, Sibylla	13	Fishguard	1:36.42
--- Dafydd, Mali	14	Carmarthen	DQ
40.58	42.96		
--- Wells, Iris	13	C Dolphins	DQ
42.41	44.21		

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Results - Session 3 (Warmup 3.25 - 4.25)

Event 301 Women 15 & Over 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Hatton-Ellis, Isabelle L	16	Swansea Aq	1:06.63
			32.41 34.22
2 King, Marley	16	Penyrheol	1:12.61
			34.64 37.97
3 Huws, Awen G	16	Nexus	1:13.85
			34.75 39.10
4 Philpott, Ffion	15	Nofio S Gar	1:14.55
			36.65 37.90
5 Williams, Marys E	15	Swansea Aq	1:16.39
			37.41 38.98
6 Williams, Hollie	17	Nofio S Gar	1:16.92
			36.66 40.26
*7 Perrott, Niamh	15	Swansea Aq	1:19.12
			38.42 40.70
*7 Thomas, Nikita	15	Llanelli	1:19.12
			38.85 40.27
9 Collins-Falconer, Alesha G	16	Nexus	1:21.28
			39.64 41.64
10 Thomas, Medi A	16	Llanelli	1:23.66
			40.58 43.08
11 Dafydd, Iola	15	Carmarthen	1:26.52
			41.33 45.19
12 Conway, Erin J	15	Swansea Aq	1:27.18
			42.69 44.49
--- #Prosser, Eleri	16	Llanelli	DQ
			1:04.82 1:13.09

Event 301 Boys 9-10 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Treinis, Lucian	10	Tenby Dolphins	1:37.83
			47.69 50.14
2 Fretwell, Logan	10	Milford Havn	1:40.42
			48.78 51.64
3 Davies, Gruffydd R	10	Carmarthen	1:42.00
			51.46 50.54
4 Price, Riley	10	PembrokeDist	1:53.08
			54.67 58.41
5 Fenn, William G	9	Swansea Aq	1:56.68
			56.72 59.96
6 Marques-Jones, Idris	10	Amman Valley	2:14.69
			1:04.28 1:10.41
--- Powell, Fred	9	Fishguard	DQ
			49.90 54.08

Event 301 Boys 11-12 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 King, Ethan	12	Penyrheol	1:07.46
			32.67 34.79
2 Antwhistle, Isaac J	12	Swansea Aq	1:25.61
			44.26 41.35
3 Monan, Euan	11	Tenby Dolphins	1:27.37
			43.34 44.03
4 Bowes, James F	12	Carmarthen	1:27.92
			44.04 43.88
*5 Bool, Iolo	11	Hsc	1:31.92
			44.97 46.95
*5 Nicholas, Luca G	12	Swansea Aq	1:31.92
			44.97 46.95
7 Dadswell, Harry	11	Hsc	1:32.23
			44.99 47.24

8 Nash, Oliver J	11	Carmarthen	1:33.21
			45.68 47.53
9 Elmes, Samuel	11	Carmarthen	1:34.41
			45.68 48.73
10 Lloyd- Roberts, Harry	12	Milford Havn	1:40.09
			48.59 51.50
11 Pyzer, Cyrus A	11	Carmarthen	1:42.02
			51.93 50.09
12 Munt, Oliver	11	Hsc	1:50.80
			55.62 55.18
13 Mills, Flynn	11	Milford Havn	1:53.98
			57.10 56.88
--- Couzens, Sebastian	11	Fishguard	DQ
			1:01.99 1:05.09

Event 301 Boys 13-14 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Elmes, Max	13	Nofio S Gar	1:05.11
			31.38 33.73
2 Burt, Caio	14	Llanelli	1:17.71
			37.06 40.65
3 Lerigo, Oli	14	Aberystwyth	1:18.89
			38.04 40.85
4 George, Kieran	13	Milford Havn	1:26.45
			42.36 44.09
5 Crotty, Beau	13	PembrokeDist	1:33.58
			47.00 46.58
6 Abell, Ronan	13	Neath	1:37.91
			45.02 52.89
7 Hoskins, James C	13	Nexus	1:44.10
			51.04 53.06
8 #Prosser, Harri	13	Llanelli	2:35.50
			1:16.05 1:19.45

Event 301 Men 15 & Over 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Richardson, Osian	16	Swansea Aq	1:06.75
			32.28 34.47
2 Galbraith, Elian	15	Llanelli	1:09.26
			32.77 36.49
3 Hall, Ethan	15	Fishguard	1:17.33
			37.04 40.29
4 Santos, Liam	15	Milford Havn	1:19.50
			38.18 41.32
5 Lewis, Callum	15	Milford Havn	1:22.05
			38.57 43.48

Event 301 Men 100 SC Meter Backstroke Multi-Class

Name	Age	Team	Finals Time
1 %Read, William S14	17	Swansea Aq	1:09.95
			34.08 35.87

Event 302 Girls 9-10 200 SC Meter IM

Name	Age	Team	Finals Time
1 Shelmerdine, Molly	9	Neath	3:22.38
			47.56 52.51 1:01.10 41.21
2 Morgan, Iolah	10	PembrokeDist	3:25.02
			50.87 47.93 1:02.09 44.13
3 Snellgrove, Maddie	10	Neath	3:40.53
			48.86 53.65 1:10.39 47.63
4 Monan, Hazel	9	Tenby Dolphins	3:45.35
			53.63 56.79 1:03.48 51.45

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(Event 302 Girls 9-10 200 SC Meter IM)

Name	Age	Team	Finals Time
5 Soul, Anna F	10	Swansea Aq	3:47.52
56.73	57.89	1:05.15	47.75
6 Shepherd, Amelia H	10	C Dolphins	3:57.06
59.51	58.96	1:08.87	49.72
7 Shearan, Imogen	9	Neath	3:58.24
56.87	58.85	1:12.15	50.37
8 McFarlane, Mali	10	Milford Havn	4:03.79
1:01.72	1:01.99	1:05.26	54.82
9 Owen, Molly	10	Penyrheol	4:15.98
1:00.83	1:03.14	1:16.43	55.58
10 Rogers, Mia	10	PembrokeDist	4:18.93
1:03.68	1:11.67	1:10.41	53.17
11 Harvey, Olivia	10	PembrokeDist	4:19.26
1:04.47	1:02.62	1:17.72	54.45
--- Clay, Emelia S	10	Swansea Aq	DQ
53.40	48.26	1:08.12	48.87
--- Husband, Alysia	9	Hsc	DQ
1:02.20	1:00.03	1:11.10	52.33

Event 302 Girls 11-12 200 SC Meter IM

Name	Age	Team	Finals Time
1 Berner, Iyla	11	Nofio S Gar	2:33.86
32.67	41.42	46.01	33.76
2 Filmer, Gwennan	12	Aberystwyth	2:43.19
36.17	41.71	49.41	35.90
3 Williams, Paige T	12	Swansea Aq	2:48.96
38.12	41.81	51.17	37.86
4 Parry, Abigail	12	Carmarthen	2:54.17
40.27	43.27	48.59	42.04
5 Lewis, Evie	11	Hsc	2:54.91
39.33	45.16	51.72	38.70
6 Mitrjaikina, Kerly-Annaly S	12	Swansea Aq	2:57.38
38.41	45.10	53.02	40.85
7 Pitans, Caitlin R	12	Swansea Aq	3:02.01
38.81	48.65	55.21	39.34
8 Gil Wood, Elena	12	Swansea Aq	3:02.25
40.34	47.49	54.77	39.65
9 Salmon, Amelia A	11	Nexus	3:05.01
41.19	47.17	57.02	39.63
10 Roberts Mylan, Ffion C	12	Swansea Aq	3:10.74
39.75	47.71	59.97	43.31
11 Dyde, Pheobe	12	PembrokeDist	3:10.85
42.97	50.83	54.37	42.68
12 Fry, Tilly	12	Llanelli	3:11.79
44.29	47.51	59.26	40.73
13 Morris, Blair	11	Neath	3:15.02
43.42	47.70	1:04.41	39.49
14 Morris, Besi	11	Amman Valley	3:17.23
44.36	48.42	1:02.04	42.41
15 May, Gwen A	12	Nexus	3:18.10
50.31	47.11	58.05	42.63
16 Massey, Mia	12	C Dolphins	3:19.10
45.92	50.81	59.79	42.58
17 Beall, Isabelle	12	Penyrheol	3:19.16
44.80	49.65	57.37	47.34
18 Foldi, Kristina	12	Hsc	3:19.98
40.68	55.52	1:00.56	43.22
19 Mason, Ezmee	11	Hsc	3:26.79
47.45	54.56	1:02.31	42.47

20 Baylis, Ellie	12	Penyrheol	3:27.76
45.78	53.57	1:02.41	46.00
21 Hopkins, Darcy	11	Penyrheol	3:29.99
48.05	51.54	1:05.63	44.77
22 Polverino, Tilly	11	Neath	3:30.28
52.66	51.25	57.77	48.60
23 Dashfield, Olivia	11	Tenby Dolphins	3:31.63
52.94	53.95	56.13	48.61
24 Jenkins, Olivia I	11	Swansea Aq	3:35.62
49.63	53.06	1:05.96	46.97
25 Jenkins, Alys	12	Amman Valley	3:43.42
54.39		49.45	
26 Harvey-Flinn, Ruby E	11	Swansea Aq	3:45.07
59.52	54.26	1:02.65	48.64
27 Davies, Betsi	12	Fishguard	3:45.34
53.45	54.53	1:03.54	53.82
28 Phillips, Isabelle	11	Hsc	3:54.87
57.70	52.16	1:11.62	53.39
29 Williams, Eve	12	Penyrheol	3:59.47
59.42	55.79	1:11.81	52.45
30 Arnold, Olivia	11	Milford Havn	4:13.25
56.73	2:20.53	55.99	
31 Green, Freya	11	Hsc	4:45.27
1:08.66	1:11.73	1:18.77	1:06.11
--- Wilde, Ayla-Belle	12	Nexus	DQ
49.53	53.05	58.56	50.56
--- Phillips, Isabella	12	Hsc	DQ
54.84	55.66	1:08.76	50.40

Event 302 Girls 13-14 200 SC Meter IM

Name	Age	Team	Finals Time
1 Taffetsauffer, Isabella	13	Nofio S Gar	2:36.27
33.52	39.93	45.82	37.00
2 Burns, Freya	13	Nofio S Gar	2:39.13
33.97	39.94	50.27	34.95
3 Knight, Lily E	14	Swansea Aq	2:45.19
37.06	43.61	46.15	38.37
4 Cressey-Rodgers, Gwennlian F	14	Nofio S Gar	2:45.95
34.55	40.33	53.58	37.49
5 Patterson, Hollie M	13	Carmarthen	2:47.17
38.28	44.07	47.66	37.16
6 Jenkins, Elli J	13	Swansea Aq	2:53.82
40.95	42.21	52.15	38.51
7 Morgan, Evelyn	13	Nofio S Gar	2:54.54
35.63	44.64	57.61	36.66
8 Edwards, Alice	14	Carmarthen	3:02.47
43.43	45.76	54.39	38.89
9 Perrott, Hannah	14	C Dolphins	3:11.23
40.57	49.22	56.06	45.38
10 Snellgrove, Chloe	14	Neath	3:13.27
42.34	51.40	54.29	45.24
11 Thomas, Carys	13	Penyrheol	3:16.79
44.98	49.56	57.97	44.28
12 Edwards, Ffion	13	Penyrheol	3:18.24
47.94	45.06	1:01.51	43.73
13 Couzens, Sibylla	13	Fishguard	3:41.77
52.69	55.69	1:02.89	50.50
14 Owen, Annabelle	14	Penyrheol	3:57.48
56.42	58.16	1:11.97	50.93
--- Monan, Sofia	14	Tenby Dolphins	DQ
53.87	55.05	1:03.97	51.79

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Results - Session 3 (Warmup 3.25 - 4.25)

(Event 302 Girls 13-14 200 SC Meter IM)										
Name		AgeTeam		Finals Time						
--- Upton-Boorman, Isabella					14	Nofio S Gar			DQ	
34.67	40.81	46.61	37.81							
Event 302 Women 15 & Over 200 SC Meter IM										
Name		AgeTeam		Finals Time						
1	Ley, Lucy	16	Swansea Aq	2:44.56						
	35.57	43.67	47.00	38.32						
2	Jenkins, Alexandra G	15	Swansea Aq	2:52.89						
	35.72	44.72	52.69	39.76						
3	Conway, Erin J	15	Swansea Aq	3:13.06						
	44.14	48.07	59.46	41.39						
4	Finney, Elsa	15	Aberystwyth	3:17.83						
	46.04	51.30	54.31	46.18						
Event 302 Boys 9-10 200 SC Meter IM										
Name		AgeTeam		Finals Time						
1	Williams, Lucas C	10	Swansea Aq	3:16.83						
	39.69	48.84	1:01.88	46.42						
2	Lewis, Gethin R	10	Swansea Aq	3:23.40						
	46.55	51.00	1:02.30	43.55						
3	Hearne, Logan	9	PembrokeDist	3:40.83						
	48.55	53.43	1:11.90	46.95						
4	Weston, Zac	10	PembrokeDist	3:44.93						
	55.76	58.98	1:03.63	46.56						
--- Wickland, Jonah					9	PembrokeDist			DQ	
	1:02.98	1:04.57	1:10.38	53.13						
--- Treinis, Lucian					10	Tenby Dolphins			DQ	
	52.29	55.52	1:05.00	50.31						
--- Price, Riley					10	PembrokeDist			DQ	
	1:18.14	1:01.82	1:12.99	1:01.55						
Event 302 Boys 11-12 200 SC Meter IM										
Name		AgeTeam		Finals Time						
1	Thomas, Wilf	12	Aberystwyth	2:47.66						
	38.19	44.44	46.95	38.08						
2	Jones, Dafydd	12	Amman Valley	2:50.47						
	40.35	42.41	49.51	38.20						
3	Marques-Jones, Felix	12	Amman Valley	2:56.37						
	40.57	46.10	49.14	40.56						
4	Evans, Sam	12	PembrokeDist	3:00.23						
	37.27	47.16	57.82	37.98						
5	Antwhistle, Isaac J	12	Swansea Aq	3:03.33						
	44.55	47.57	52.68	38.53						
6	Jermin, Morgan	11	Llanelli	3:06.46						
	39.43	48.21	57.04	41.78						
7	Bowes, James F	12	Carmarthen	3:13.08						
	45.33	48.45	57.92	41.38						
8	Dadswell, Harry	11	Hsc	3:18.21						
	43.98	51.34	59.43	43.46						
9	Monan, Euan	11	Tenby Dolphins	3:19.44						
	48.05	49.35	57.35	44.69						
10	Nicholas, Luca G	12	Swansea Aq	3:25.80						
	46.74	49.95	1:02.05	47.06						
11	Bool, Iolo	11	Hsc	3:32.79						
	55.64	48.91	1:03.25	44.99						
12	Huws, Llleu I	12	Nexus	3:37.05						
	50.55	54.19	1:05.14	47.17						
13	Munt, Oliver	11	Hsc	3:47.17						
	54.16	59.43	59.74	53.84						
--- Hughes, Freddy J					12	Nexus			DQ	
	35.91	42.64	49.02	35.58						
					--- Bray, Gwilym					
					12	C Dolphins			DQ	
					52.65	59.04	1:04.65	54.82		
Event 302 Boys 13-14 200 SC Meter IM										
Name		AgeTeam		Finals Time						
1	Phillips, Finley	14	Nofio S Gar	2:24.19						
	31.97	38.37	41.42	32.43						
2	Williams, Thomas	14	Nofio S Gar	2:24.99						
	31.45	38.50	42.62	32.42						
3	Stuart-Lavender, Jac	14	Llanelli	2:38.34						
	37.16	40.93	43.70	36.55						
4	Sekula, Mateusz J	13	Nexus	2:41.76						
	36.63	45.18	43.31	36.64						
5	Morgan, Cole	13	C Dolphins	2:42.76						
	36.48	44.16	46.71	35.41						
6	Burt, Caio	14	Llanelli	2:45.69						
	35.46	43.30	48.72	38.21						
7	Flynn, Asten P	14	Nexus	2:46.00						
	35.59	45.53	50.26	34.62						
8	Smith, Declan	13	Amman Valley	2:47.65						
	37.20	43.38	49.89	37.18						
9	Davies, Ellis V	13	Llanelli	2:48.42						
	37.11	42.51	52.79	36.01						
10	Sekula, Szymon A	13	Nexus	2:53.13						
	38.84	46.21	47.59	40.49						
11	Foale, Jack	14	Aberystwyth	3:11.22						
	37.93	49.84	59.04	44.41						
12	Jones, Dion R	13	Carmarthen	3:14.53						
	46.48	48.69	57.45	41.91						
13	El Saghir, Mohamed S	13	Carmarthen	3:19.25						
	48.19	53.50	55.81	41.75						
14	Crotty, Beau	13	PembrokeDist	3:25.23						
	50.84	54.73	52.47	47.19						
15	Phillips, Lucas	13	Hsc	3:31.55						
	42.39	58.24	1:03.24	47.68						
--- Weston, Ben					13	PembrokeDist			DQ	
	42.57	51.26	56.65	41.25						
--- Phillips, Gethin					13	Hsc			DQ	
	43.43	46.85	1:02.89	42.99						
--- George, Kieran					13	Milford Havn			DQ	
	47.79	48.52	1:02.04	40.58						
Event 302 Men 15 & Over 200 SC Meter IM										
Name		AgeTeam		Finals Time						
1	Upton-Boorman, Liam	17	Nofio S Gar	2:17.13						
	29.00	35.04	40.41	32.68						
2	Galbraith, Elian	15	Llanelli	2:29.92						
	31.77	39.14	45.27	33.74						
3	Lewis, Cian	15	Neath	2:51.75						
	36.79	45.38	48.35	41.23						
Event 302 Men 200 SC Meter IM Multi-Class										
Name		AgeTeam		Finals Time						
1	%Read, William SM14	17	Swansea Aq	2:39.22						
	35.75	38.64	48.80	36.03						