

Nofio Sir Gar Open Meet 2025 - 18/01/2025 to 19/01/2025

Meet Program - Session 2 (Warmup 11.50 - 12.50)

Event 201 Mixed 9 & Over 50 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 21 Finals

1				—
2				—
3	Wickland, Jonah	M9	PembrokeDist	NT
4	Gallagher, Thia C	W10	Swansea Aq	NT
5	Husband, Alysia	W9	Hsc	NT
6				—
7				—
8				—

Heat 2 of 21 Finals

1	Soul, Anna F	W10	Swansea Aq	NT
2	Gray, Ioan	M10	Fishguard	NT
3	Davies, Halle	W10	Amman Valley	NT
4	Rees, Oscar	M11	Llanelli	NT
5	Evans, Cora E	W10	Carmarthen	NT
6	Davies, Gruffydd R	M10	Carmarthen	NT
7	Popham, Nyla C	W10	Swansea Aq	NT
8	Price, Riley	M10	PembrokeDist	NT

Heat 3 of 21 Finals

1	Gibbons, Elsa-Rose	W11	Milford Havn	NT
2	Davies-Jones, Ayla	W12	Llanelli	NT
3	Bevan, Driw	M12	Llanelli	NT
4	Hoskins, James C	M13	Nexus	NT
5	Mitrjaikina, Kerly-Annaly S	W12	Swansea Aq	NT
6	Williams, Efa L	W12	Carmarthen	NT
7	Lloyd- Roberts, Harry	M12	Milford Havn	NT
8	Williams, Eva M	W11	Swansea Aq	NT

Heat 4 of 21 Finals

1	Monan, Sofia	W14	Tenby Dolphins	NT
2	Heatley, Dexter	M11	Neath	1:36.09
3	#Prosser, Eleri	W16	Llanelli	1:20.07
4	Gil Wood, Sofia A	W9	Swansea Aq	1:13.16
5	Batcup, Charlie W	M9	Swansea Aq	1:16.54
6	Williams, Lowri	W9	Neath	1:29.39
7	Hill, Alexander Ralph	M14	Carmarthen	NT
8	Perrott, Hannah	W14	C Dolphins	NT

Heat 5 of 21 Finals

1	McFarlane, Mali	W10	Milford Havn	1:11.55
2	Dalton, Daisy	W10	Hsc	1:09.28
3	Evans, Mari F	W13	Carmarthen	1:06.85
4	Owen, Molly	W10	Penyrheol	1:04.70
5	Taffetsauffer, Leo	M9	Llanelli	1:05.37
6	Fenn, William G	M9	Swansea Aq	1:07.19
7	Jermin, Martha	W9	Llanelli	1:10.31
8	Heatley, Darcey	W10	Neath	1:12.00

Heat 6 of 21 Finals

1	Dashfield, Olivia	W11	Tenby Dolphins	1:00.39
2	Rogers, Mia	W10	PembrokeDist	59.75
3	Harvey, Olivia	W10	PembrokeDist	57.87
4	Arnold, Olivia	W11	Milford Havn	56.83
5	Cole, Jacob	M12	Neath	57.66
6	Weston, Zac	M10	PembrokeDist	58.37
7	Shepherd, Amelia H	W10	C Dolphins	1:00.06
8	Shearan, Imogen	W9	Neath	1:04.64

Heat 7 of 21 Finals

1	Bool, Iolo	M11	Hsc	56.56
2	Selby, Chloe	W14	Neath	54.98
3	Williams, Eve	W12	Penyrheol	54.80
4	Jones, Bobby	M12	Neath	53.04
5	Evans, Alys E	W9	Carmarthen	54.64
6	Davis, Max G	M11	Carmarthen	54.88
7	Antwhistle, Esme W	W10	Swansea Aq	55.41
8	Polverino, Tilly	W11	Neath	56.74

Heat 8 of 21 Finals

1	Richards, Chloe-Elin	W12	C Dolphins	52.14
2	Fretwell, Logan	M10	Milford Havn	51.55
3	Haslam, Tia	W14	Carmarthen	50.92
4	Monan, Euan	M11	Tenby Dolphins	50.22
5	Humphreys, Mali G	W11	Swansea Aq	50.81
6	Evans, Gwenllian	W10	Fishguard	51.45
7	Francis, Mia	W11	Hsc	51.78
8	Symmons, Bronwen D	W9	Carmarthen	52.90

Heat 9 of 21 Finals

1	Nash, Sylvia	W10	Milford Havn	49.92
2	Davies, Betsi	W12	Fishguard	48.75
3	Rossiter-Wargent, Mia	W11	Milford Havn	48.47
4	Thomas, Eden	W11	Neath	46.84
5	Crotty, Beau	M13	PembrokeDist	47.75
6	Pinnock, Betsan R	W12	Swansea Aq	48.68
7	Salah, Karim	M10	Carmarthen	49.08
8	El Saghir, Mohamed S	M13	Carmarthen	50.16

Heat 10 of 21 Finals

1	Pirmohamed, Eshan A	M11	Swansea Aq	46.66
2	Mason, Ezmee	W11	Hsc	46.55
3	Jarrold, Tilly	W11	PembrokeDist	46.25
4	Huws, Llew I	M12	Nexus	45.40
5	Couzens, Sibylla	W13	Fishguard	45.52
6	Price, Harry	M14	Carmarthen	46.51
7	Phillips, Isabella	W12	Hsc	46.63
8	Baylis, Ellie	W12	Penyrheol	46.81

Heat 11 of 21 Finals

1	Treinis, Lucian	M10	Tenby Dolphins	44.71
2	Hill, Lily Ann	W12	C Dolphins	44.52
3	Griffiths, Harri	M14	C Dolphins	44.23
4	Batcup, Oliver J	M12	Swansea Aq	44.04
5	Lewis, Martha F	W13	Carmarthen	44.23
6	Massey, Mia	W12	C Dolphins	44.51
7	Edwards, Alice	W14	Carmarthen	44.63
8	Percival, Bella	W12	C Dolphins	44.85

Heat 12 of 21 Finals

1	Gardner-Rolfe, Mia G	W12	Swansea Aq	43.75
2	Hearne, Logan	M9	PembrokeDist	43.52
3	Roberts Mylan, Sophie I	W12	Swansea Aq	42.85
4	Titely, Lola	W12	Milford Havn	42.59
5	John, Annabel	W15	PembrokeDist	42.83
6	Hopkins, Darcy	W11	Penyrheol	43.29
7	Elmes, Samuel	M11	Carmarthen	43.67
8	Williams, April M	W10	Swansea Aq	43.84

Nofio Sir Gar Open Meet 2025 - 18/01/2025 to 19/01/2025

Meet Program - Session 2 (Warmup 11.50 - 12.50)

Heat 13 Finals (#201 Mixed 9 & Over 50 SC Meter Butterfly)

1	Edwards, Ffion	W13	Penyrheol	42.26	___
2	Alexander, Seren	W14	Aberystwyth	42.10	___
3	Conway, Erin J	W15	Swansea Aq	41.63	___
4	Jones, Paige M	W13	Carmarthen	40.77	___
5	Dafydd, Iola	W15	Carmarthen	41.28	___
6	Bowes, James F	M12	Carmarthen	42.04	___
7	Phillips, Gethin	M13	Hsc	42.24	___
8	Thomas, Carys	W13	Penyrheol	42.45	___

Heat 14 of 21 Finals

1	Jones, Alexa	W11	Llanelli	40.18	___
2	Henson, Jess	W11	Tenby Dolphins	39.73	___
3	Jermin, Morgan	M11	Llanelli	39.36	___
4	Williams, Fay P	W12	Neath	39.15	___
5	Griffiths, Isla	W11	Tenby Dolphins	39.26	___
6	Antwhistle, Isaac J	M12	Swansea Aq	39.64	___
7	Berner, Kiana H	W13	Carmarthen	39.89	___
8	Weston, Ben	M13	PembrokeDist	40.63	___

Heat 15 of 21 Finals

1	Powell, Nina	W12	Fishguard	38.89	___
2	Evans, Annie	W13	Neath	38.79	___
3	Foldi, Kristina	W12	Hsc	38.75	___
4	Hawkins, Betsy-May	W13	Llanelli	38.62	___
5	Davies, Ellis V	M13	Llanelli	38.71	___
6	Foale, Jack	M14	Aberystwyth	38.77	___
7	Phillips, Lucas	M13	Hsc	38.79	___
8	Pitans, Caitlin R	W12	Swansea Aq	39.10	___

Heat 16 of 21 Finals

1	Snellgrove, Chloe	W14	Neath	38.36	___
2	Dyde, Pheobe	W12	PembrokeDist	37.89	___
3	Griffiths, Ffion	W13	Tenby Dolphins	37.30	___
4	Roberts Mylan, Ffion C	W12	Swansea Aq	36.98	___
5	Chapman, Olivia	W14	Swansea Aq	37.21	___
6	Santos, Liam	M15	Milford Havn	37.80	___
7	Morgan, Catrin	W17	Amman Valley	38.00	___
8	Collins-Falconer, Alesha G	W16	Nexus	38.42	___

Heat 17 of 21 Finals

1	Hughes, Tirion H	W14	Swansea Aq	36.07	___
2	Parry, Abigail	W12	Carmarthen	35.51	___
3	Grugel, Sam	M14	C Dolphins	35.06	___
4	Jones, Hunydd	W13	Carmarthen	34.99	___
5	Bowen, Seren E	W14	Carmarthen	35.05	___
6	Edwards, Isabel	W15	Penyrheol	35.20	___
7	George, Eilir	W14	Llanelli	35.64	___
8	Hughes, Freddy J	M12	Nexus	36.40	___

Heat 18 of 21 Finals

1	Thomas, Caitlin	W16	Penyrheol	34.64	___
2	Martin, Phoebe	W14	Penyrheol	34.49	___
3	Burt, Caio	M14	Llanelli	34.38	___
4	Short, Amelia L	W13	Nexus	34.30	___
5	Upton-Boorman, Isabella	W14	Nofio S Gar	34.33	___
6	Patterson, Hollie M	W13	Carmarthen	34.47	___
7	Stewart, Finlay	M16	Llanelli	34.62	___
8	Williams, Efa	W16	Neath	34.76	___

Heat 19 of 21 Finals

1	Mills, Thomas	M13	Llanelli	34.07	___
2	Jones, Matthew	M17	Penyrheol	33.79	___
3	Richardson, Beca	W14	Swansea Aq	33.66	___
4	Morgan, Cole	M13	C Dolphins	33.18	___
5	Perrott, Niamh	W15	Swansea Aq	33.21	___
6	Morgan, Evelyn	W13	Nofio S Gar	33.67	___
7	Carter, Ava	W16	Penyrheol	33.86	___
8	Jones, Adam	M15	Penyrheol	34.16	___

Heat 20 of 21 Finals

1	David, Isabelle	W17	Swansea Aq	32.24	___
2	Williams, Hollie	W17	Nofio S Gar	31.65	___
3	Berner, Iyla	W11	Nofio S Gar	31.55	___
4	Richards, Aled	M17	C Dolphins	30.15	___
5	Gibbs, Harriet	W16	Nofio S Gar	30.67	___
6	John, Holly	W17	Hsc	31.60	___
7	Davies, Isla	W11	Nofio S Gar	32.03	___
8	Burns, Freya	W13	Nofio S Gar	32.28	___

Heat 21 of 21 Finals

1	Williams, Corey B	M18	Swansea Aq	29.80	___
2	Phillips, Finley	M14	Nofio S Gar	29.62	___
3	Richardson, Osian	M16	Swansea Aq	28.90	___
4	Johnstone, Daniel	M17	Nofio S Gar	25.38	___
5	Sellick, Fenn	M16	Swansea Aq	28.31	___
6	Williams, Thomas	M14	Nofio S Gar	29.48	___
7	Galbraith, Elian	M15	Llanelli	29.73	___
8	Hnoianyi, Andrii	M15	Swansea Aq	29.81	___

Event 202 Mixed 9 & Over 100 SC Meter Freestyle**Lane Name Age Team Seed Time****Heat 1 of 27 Finals**

1					___
2	Powell, Leila	W9	Fishguard	NT	___
3	Wickland, Jonah	M9	PembrokeDist	NT	___
4	Lomas, Alfred	M9	Hsc	NT	___
5	Prosser, Mia S	W9	Tenby Dolphins	NT	___
6	Bellis, Martha A	W9	Carmarthen	NT	___
7					___
8					___

Heat 2 of 27 Finals

1	Lory, Penny	W9	Hsc	NT	___
2	Madge, Brianna	W10	C Dolphins	NT	___
3	Harrod, Percy	M10	Hsc	NT	___
4	Evans, Lowri Carys	W10	Carmarthen	NT	___
5	Evans, Cora E	W10	Carmarthen	NT	___
6	Hope, Brooke	W10	Tenby Dolphins	NT	___
7	Powell, Fred	M9	Fishguard	NT	___
8	Jones, Gwenllian F	W9	Carmarthen	NT	___

Heat 3 of 27 Finals

1	Couzens, Sebastian	M11	Fishguard	NT	___
2	Lomas, Alexander	M12	Fishguard	NT	___
3	Duncan, Ava	W12	Amman Valley	NT	___
4	Longar, Miriam E	W12	Carmarthen	NT	___
5	Davies-Jones, Ayla	W12	Llanelli	NT	___
6	Williams, Efan	M12	Neath	NT	___
7	Collins-Williams, Jasmine	W12	Fishguard	NT	___
8	Gibbons, Elsa-Rose	W11	Milford Havn	NT	___

Nofio Sir Gar Open Meet 2025 - 18/01/2025 to 19/01/2025

Meet Program - Session 2 (Warmup 11.50 - 12.50)

Heat 4 Finals (#202 Mixed 9 & Over 100 SC Meter Freestyle)

1	Thomas, Phoebe	W13	Milford Havn	NT	_____
2	Gibbs, Jenson	M13	Amman Valley	NT	_____
3	Ryan, Cora	W15	C Dolphins	NT	_____
4	#Prosser, Harri	M13	Llanelli	2:21.29	_____
5	Williams, Lowri	W9	Neath	2:25.31	_____
6	Myers, Megan	W13	Penyrheol	NT	_____
7	Jones, Paige M	W13	Carmarthen	NT	_____
8	Abell, Ronan	M13	Neath	NT	_____

Heat 5 of 27 Finals

1	Heatley, Dexter	M11	Neath	2:11.22	_____
2	Shearan, Imogen	W9	Neath	2:07.03	_____
3	Williams, Alys L	W11	Carmarthen	2:04.95	_____
4	Llewellyn, Anwen	W10	Hsc	2:03.52	_____
5	Heatley, Darcey	W10	Neath	2:04.78	_____
6	Conings, Charlie	M10	Hsc	2:06.23	_____
7	Williams, Tom	M10	Hsc	2:08.52	_____
8	#Prosser, Eleri	W16	Llanelli	2:11.83	_____

Heat 6 of 27 Finals

1	Cole, Jacob	M12	Neath	1:55.19	_____
2	Nuttall, Isabelle	W10	Milford Havn	1:54.96	_____
3	Jermin, Martha	W9	Llanelli	1:54.32	_____
4	Rogers, Mia	W10	PembrokeDist	1:49.40	_____
5	Felton, Gwennan	W12	C Dolphins	1:51.59	_____
6	Soul, Anna F	W10	Swansea Aq	1:54.84	_____
7	Green, Freya	W11	Hsc	1:55.00	_____
8	Dalton, Daisy	W10	Hsc	1:57.02	_____

Heat 7 of 27 Finals

1	Gurung, Tiamind W	M12	Swansea Aq	1:47.61	_____
2	Owen, Maisie	W11	Neath	1:46.16	_____
3	Burt, Gwion	M11	Llanelli	1:43.08	_____
4	Mills, Flynn	M11	Milford Havn	1:41.17	_____
5	Alexander, Fflur	W11	Aberystwyth	1:41.21	_____
6	Husband, Alysia	W9	Hsc	1:44.86	_____
7	Felton, Catrin	W9	C Dolphins	1:47.37	_____
8	Jones, Osian	M11	Aberystwyth	1:48.89	_____

Heat 8 of 27 Finals

1	Phillips, Isabella	W12	Hsc	1:40.38	_____
2	Evans, Mari F	W13	Carmarthen	1:40.06	_____
3	Davis, Max G	M11	Carmarthen	1:38.60	_____
4	Bray, Gwilym	M12	C Dolphins	1:37.59	_____
5	Williams, Efa L	W12	Carmarthen	1:38.44	_____
6	Lennon, Amelia	W11	Carmarthen	1:39.10	_____
7	Owen, Charlotte	W12	Penyrheol	1:40.36	_____
8	Symmons, Bronwen D	W9	Carmarthen	1:40.92	_____

Heat 9 of 27 Finals

1	Clay, Emelia S	W10	Swansea Aq	1:37.48	_____
2	Filmer, Owen	M9	Aberystwyth	1:37.33	_____
3	Rudder, Frankie	M12	Hsc	1:36.65	_____
4	Jenkins, Olivia I	W11	Swansea Aq	1:35.85	_____
5	Nash, Oliver J	M11	Carmarthen	1:36.55	_____
6	Pyzer, Cyrus A	M11	Carmarthen	1:37.16	_____
7	Williams, Eve	W12	Penyrheol	1:37.46	_____
8	Noble, Reuben	M12	Hsc	1:37.57	_____

Heat 10 of 27 Finals

1	Foldi, Kristina	W12	Hsc	1:35.56	_____
2	Curtis, Carley	W12	Milford Havn	1:34.54	_____
3	Harvey-Flinn, Ruby E	W11	Swansea Aq	1:33.99	_____
4	Richards, Chloe-Elin	W12	C Dolphins	1:33.96	_____
5	Davies, Gruffydd R	M10	Carmarthen	1:33.99	_____
6	Fretwell, Logan	M10	Milford Havn	1:34.05	_____
7	Lewis, Megan	W14	Milford Havn	1:35.22	_____
8	Monan, Hazel	W9	Tenby Dolphins	1:35.74	_____

Heat 11 of 27 Finals

1	Couzens, Sibylla	W13	Fishguard	1:33.32	_____
2	Munt, Oliver	M11	Hsc	1:32.97	_____
3	Jones, Bobby	M12	Neath	1:31.82	_____
4	Elmes, Samuel	M11	Carmarthen	1:31.24	_____
5	Collins-Williams, Zac	M16	Fishguard	1:31.63	_____
6	Leane, Megan	W12	Hsc	1:32.54	_____
7	Treinis, Lucian	M10	Tenby Dolphins	1:33.01	_____
8	Humphreys, Mali G	W11	Swansea Aq	1:33.74	_____

Heat 12 of 27 Finals

1	Shelmerdine, Molly	W9	Neath	1:30.72	_____
2	Jenkins, Alys	W12	Amman Valley	1:29.29	_____
3	Enoch, Erin L	W10	Carmarthen	1:29.02	_____
4	Phillips, Isabelle	W11	Hsc	1:28.20	_____
5	Haslam, Tia	W14	Carmarthen	1:28.93	_____
6	Polverino, Tilly	W11	Neath	1:29.27	_____
7	Simon, Meg	W13	Tenby Dolphins	1:29.92	_____
8	Lloyd- Roberts, Harry	M12	Milford Havn	1:30.76	_____

Heat 13 of 27 Finals

1	Goss, Lucia	W12	C Dolphins	1:27.61	_____
2	Thomas, Enlli M	W11	Nexus	1:27.10	_____
3	Hopkins, Darcy	W11	Penyrheol	1:26.69	_____
4	Pirmohamed, Eshan A	M11	Swansea Aq	1:26.43	_____
5	Dennison, Evie	W12	Milford Havn	1:26.45	_____
6	Higgins, Finley J	M13	Swansea Aq	1:26.78	_____
7	Massey, Mia	W12	C Dolphins	1:27.24	_____
8	Koszalski, Soffia L	W12	Llanelli	1:27.93	_____

Heat 14 of 27 Finals

1	Abraham, A-Jay	M13	Neath	1:26.00	_____
2	Davies, Lauren	W13	Llanelli	1:25.48	_____
3	Joseph, Ellie	W12	C Dolphins	1:24.78	_____
4	Bool, Iolo	M11	Hsc	1:24.58	_____
5	Jarrold, Tilly	W11	PembrokeDist	1:24.71	_____
6	Price, Harry	M14	Carmarthen	1:25.19	_____
7	Davies, Betsi	W12	Fishguard	1:25.80	_____
8	Thomas, Gabriel	M10	Llanelli	1:26.30	_____

Heat 15 of 27 Finals

1	Williams, Lucas C	M10	Swansea Aq	1:23.68	_____
2	Morris, Blair	W11	Neath	1:23.19	_____
3	Edwards, Ffion	W13	Penyrheol	1:22.09	_____
4	Percival, Bella	W12	C Dolphins	1:21.70	_____
5	Davis, Oliver J	M14	Carmarthen	1:21.71	_____
6	Salmon, Amelia A	W11	Nexus	1:22.20	_____
7	Pinnock, Betsan R	W12	Swansea Aq	1:23.52	_____
8	Hawkins, Lottie	W11	Hsc	1:23.86	_____

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Meet Program - Session 2 (Warmup 11.50 - 12.50)

Heat 16 Finals (#202 Mixed 9 & Over 100 SC Meter Freestyle)

1	Lewis, Henry	M12	Neath	1:20.95	___
2	Thomas, Eden	W11	Neath	1:19.64	___
3	Jermin, Morgan	M11	Llanelli	1:19.13	___
4	Jones, Dion R	M13	Carmarthen	1:18.45	___
5	Tucker, Lowri	W15	Llanelli	1:18.48	___
6	Morris, Besi	W11	Amman Valley	1:19.30	___
7	George, Kieran	M13	Milford Havn	1:19.73	___
8	Mason, Ezmee	W11	Hsc	1:21.00	___

Heat 17 of 27 Finals

1	Finney, Elsa	W15	Aberystwyth	1:18.32	___
2	Williams, April M	W10	Swansea Aq	1:17.06	___
3	Foale, Jack	M14	Aberystwyth	1:16.72	___
4	Gil Wood, Elena	W12	Swansea Aq	1:16.36	___
5	Wells, Iris	W13	C Dolphins	1:16.48	___
6	Lloyd, Vincent-Owen N	M11	Swansea Aq	1:16.98	___
7	Pitans, Caitlin R	W12	Swansea Aq	1:17.82	___
8	Smith, Caelan	M14	Hsc	1:18.39	___

Heat 18 of 27 Finals

1	Phillips, Gethin	M13	Hsc	1:16.18	___
2	Bowes, James F	M12	Carmarthen	1:15.87	___
3	Andreassen, Freya	W14	Amman Valley	1:14.64	___
4	Antwhistle, Isaac J	M12	Swansea Aq	1:13.91	___
5	Richards, Amber	W15	C Dolphins	1:14.58	___
6	Murphy, Sienna	W14	Llanelli	1:15.63	___
7	Hawkins, Betsy-May	W13	Llanelli	1:16.08	___
8	Morris, Leo	M13	Llanelli	1:16.25	___

Heat 19 of 27 Finals

1	James, Martha	W13	Fishguard	1:13.34	___
2	Davies, Ava-Rose	W12	Llanelli	1:12.86	___
3	Chapman, Henry	M13	Carmarthen	1:12.84	___
4	Jenkins, Elli J	W13	Swansea Aq	1:12.45	___
5	Jones, Hannah	W14	Swansea Aq	1:12.46	___
6	Jones, Matthew	M17	Penyrheol	1:12.84	___
7	Heredia-Rowe, Rhiannon A	W18	Neath	1:13.23	___
8	Marques-Jones, Felix	M12	Amman Valley	1:13.64	___

Heat 20 of 27 Finals

1	Griffiths, Harri	M14	C Dolphins	1:12.25	___
2	Stewart, Finlay	M16	Llanelli	1:10.92	___
3	Lewis, Evie	W11	Hsc	1:10.83	___
4	Lewis, Callum	M15	Milford Havn	1:10.52	___
5	Dafydd, Mali	W14	Carmarthen	1:10.53	___
6	Lewis, Cian	M15	Neath	1:10.92	___
7	Conway, Erin J	W15	Swansea Aq	1:11.10	___
8	Price, Seren -louise	W12	Carmarthen	1:12.30	___

Heat 21 of 27 Finals

1	Santos, Liam	M15	Milford Havn	1:10.14	___
2	Bowen, Seren E	W14	Carmarthen	1:09.65	___
3	Williams, Paige T	W12	Swansea Aq	1:09.40	___
4	Hughes, Freddy J	M12	Nexus	1:09.30	___
5	Filmer, Gwennan	W12	Aberystwyth	1:09.34	___
6	Giles, Seren	W14	Neath	1:09.41	___
7	Grugel, Sam	M14	C Dolphins	1:09.97	___
8	Hill, Alexander Ralph	M14	Carmarthen	1:10.37	___

Heat 22 of 27 Finals

1	Evans, Sam	M12	PembrokeDist	1:09.05	___
2	Knight, Lily E	W14	Swansea Aq	1:08.66	___
3	Hughes, Tirion H	W14	Swansea Aq	1:08.40	___
4	Layland, Seren	W13	Penyrheol	1:07.42	___
5	Smith, Declan	M13	Amman Valley	1:07.60	___
6	Griffiths, Ffion	W13	Tenby Dolphins	1:08.50	___
7	Jenkins, Alexandra G	W15	Swansea Aq	1:08.79	___
8	Martin, Phoebe	W14	Penyrheol	1:09.23	___

Heat 23 of 27 Finals

1	Thomas, Medi A	W16	Llanelli	1:07.30	___
2	Taffetsauffer, Isabella	W13	Nofio S Gar	1:06.81	___
3	Thomas, Nikita	W15	Llanelli	1:06.49	___
4	Smith, Herbie C	M14	Swansea Aq	1:06.33	___
5	Flynn, Asten P	M14	Nexus	1:06.43	___
6	Jones, Adam	M15	Penyrheol	1:06.52	___
7	Kazmiruk, Anastasiia	W13	Amman Valley	1:06.97	___
8	Perrott, Niamh	W15	Swansea Aq	1:07.37	___

Heat 24 of 27 Finals

1	Morgan, Evelyn	W13	Nofio S Gar	1:05.99	___
2	Cressey-Rodgers, Gwenllian	W14	Nofio S Gar	1:05.85	___
3	Philpott, Ffion	W15	Nofio S Gar	1:05.68	___
4	Jenkins, Lloyd	M15	Milford Havn	1:05.19	___
5	Ley, Lucy	W16	Swansea Aq	1:05.53	___
6	Upton-Boorman, Isabella	W14	Nofio S Gar	1:05.83	___
7	Burt, Caio	M14	Llanelli	1:05.95	___
8	Gray, Gruffudd I	M15	Swansea Aq	1:06.05	___

Heat 25 of 27 Finals

1	Stuart-Lavender, Jac	M14	Llanelli	1:04.82	___
2	Mills, Thomas	M13	Llanelli	1:04.31	___
3	Hnoianyi, Andrii	M15	Swansea Aq	1:03.71	___
4	Hetherington, Trystan	M15	Neath	1:03.53	___
5	Davies, Isla	W11	Nofio S Gar	1:03.63	___
6	Williams, Marys E	W15	Swansea Aq	1:03.72	___
7	John, Holly	W17	Hsc	1:04.79	___
8	Davies, Ellis V	M13	Llanelli	1:04.87	___

Heat 26 of 27 Finals

1	Carter, Ava	W16	Penyrheol	1:02.50	___
2	Williams, Hollie	W17	Nofio S Gar	1:02.18	___
3	Hatton-Ellis, Isabelle L	W16	Swansea Aq	1:01.45	___
4	Elmes, Max	M13	Nofio S Gar	59.96	___
5	King, Marley	W16	Penyrheol	1:00.50	___
6	Berner, Iyla	W11	Nofio S Gar	1:02.00	___
7	King, Ethan	M12	Penyrheol	1:02.29	___
8	Huws, Awen G	W16	Nexus	1:02.60	___

Heat 27 of 27 Finals

1	Williams, Thomas	M14	Nofio S Gar	59.46	___
2	Williams, Corey B	M18	Swansea Aq	59.09	___
3	Chapman, Coby L	M15	Penyrheol	57.70	___
4	Upton-Boorman, Liam	M17	Nofio S Gar	55.60	___
5	Sellick, Fenn	M16	Swansea Aq	56.69	___
6	Clarke, Henry	M17	Swansea Aq	59.01	___
7	Galbraith, Elian	M15	Llanelli	59.26	___
8	Tucker, Holly	W16	Swansea Aq	59.87	___

Nofio Sir Gar Open Meet 2025 - 18/01/2025 to 19/01/2025

Meet Program - Session 2 (Warmup 11.50 - 12.50)

Event 203 Mixed 9 & Over 50 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 27 Finals

1				—
2				—
3	Lomas, Alfred	M9	Hsc	NT
4	Jones, Gruffudd	M9	Aberystwyth	NT
5	Lory, Penny	W9	Hsc	NT
6	Duncan, Miriam G	W9	Carmarthen	NT
7				—
8				—

Heat 2 of 27 Finals

1	Howarth, Gwen L	W10	Carmarthen	NT
2	Davies, Halle	W10	Amman Valley	NT
3	Gray, Ioan	M10	Fishguard	NT
4	Soul, Anna F	W10	Swansea Aq	NT
5	Hope, Brooke	W10	Tenby Dolphins	NT
6	Fox, Frankie	W10	Tenby Dolphins	NT
7	Popham, Nyla C	W10	Swansea Aq	NT
8	Evans, Cora E	W10	Carmarthen	NT

Heat 3 of 27 Finals

1	Williams, Eva M	W11	Swansea Aq	NT
2	Price, Noah	M11	Carmarthen	NT
3	Couzens, Sebastian	M11	Fishguard	NT
4	Taylor, Joshua M	M12	Nexus	NT
5	Bevan, Driw	M12	Llanelli	NT
6	Owen, Maisie	W11	Neath	NT
7	Harvey-Flinn, Ruby E	W11	Swansea Aq	NT
8	Gallagher, Thia C	W10	Swansea Aq	NT

Heat 4 of 27 Finals

1	Lomas, Alexander	M12	Fishguard	NT
2	Evans, Mari F	W13	Carmarthen	NT
3	Gibbs, Jenson	M13	Amman Valley	NT
4	Lewis, Megan	W14	Milford Havn	NT
5	Hill, Alexander Ralph	M14	Carmarthen	NT
6	James, Martha	W13	Fishguard	NT
7	Couzens, Sibylla	W13	Fishguard	NT
8	Mitrjaikina, Kerly-Annaly S	W12	Swansea Aq	NT

Heat 5 of 27 Finals

1	Ryan, Cora	W15	C Dolphins	NT
2	Heatley, Dexter	M11	Neath	1:25.97
3	#Prosser, Eleri	W16	Llanelli	1:22.34
4	Williams, Lowri	W9	Neath	1:19.53
5	Kummer, Seb	M9	Milford Havn	1:21.24
6	Gil Wood, Sofia A	W9	Swansea Aq	1:22.43
7	Johnstone, Daniel	M17	Nofio S Gar	NT
8	Jenkins, Lloyd	M15	Milford Havn	NT

Heat 6 of 27 Finals

1	Llewellyn, Anwen	W10	Hsc	1:17.05
2	Madge, Brianna	W10	C Dolphins	1:13.77
3	Harrod, Percy	M10	Hsc	1:11.45
4	Nuttall, Isabelle	W10	Milford Havn	1:08.76
5	Percival, Kitty-Rae	W10	C Dolphins	1:09.93
6	Dashfield, Charlotte	W9	Tenby Dolphins	1:12.73
7	Evans, Lowri Carys	W10	Carmarthen	1:13.95
8	Conings, Charlie	M10	Hsc	1:17.93

Heat 7 of 27 Finals

1	Shearan, Imogen	W9	Neath	1:07.76
2	Owen, Molly	W10	Penyrheol	1:07.40
3	Fenn, William G	M9	Swansea Aq	1:06.77
4	Rogers, Mia	W10	PembrokeDist	1:05.60
5	Williams, Tom	M10	Hsc	1:06.70
6	Jermin, Martha	W9	Llanelli	1:07.35
7	Batcup, Charlie W	M9	Swansea Aq	1:07.61
8	Foale, Freddie	M12	Aberystwyth	1:08.06

Heat 8 of 27 Finals

1	Houlding, Edward	M9	Neath	1:05.41
2	Evans, Alys E	W9	Carmarthen	1:04.59
3	Wickland, Jonah	M9	PembrokeDist	1:03.56
4	Marques-Jones, Idris	M10	Amman Valley	1:02.74
5	Burt, Gwion	M11	Llanelli	1:02.92
6	Arnold, Olivia	W11	Milford Havn	1:04.40
7	Hearne, Logan	M9	PembrokeDist	1:04.77
8	Price, Riley	M10	PembrokeDist	1:05.52

Heat 9 of 27 Finals

1	Abell, Ronan	M13	Neath	1:01.84
2	Cole, Jacob	M12	Neath	1:01.12
3	Heatley, Darcey	W10	Neath	1:01.01
4	Roberts Mylan, Sophie I	W12	Swansea Aq	1:00.75
5	Jones, Osian	M11	Aberystwyth	1:00.75
6	Davies, Lily N	W10	Swansea Aq	1:01.02
7	Rhys, Efan	M10	Amman Valley	1:01.31
8	Dalton, Daisy	W10	Hsc	1:02.64

Heat 10 of 27 Finals

1	Mills, Flynn	M11	Milford Havn	1:00.20
2	Jones, Gwenllian F	W9	Carmarthen	59.22
3	McFarlane, Mali	W10	Milford Havn	58.87
4	Humphreys, Mali G	W11	Swansea Aq	58.33
5	Antwhistle, Esme W	W10	Swansea Aq	58.73
6	Felton, Gwennan	W12	C Dolphins	59.16
7	Nash, Sylvia	W10	Milford Havn	59.73
8	Felton, Catrin	W9	C Dolphins	1:00.31

Heat 11 of 27 Finals

1	Holborow, Esmay	W9	Amman Valley	58.09
2	Monan, Hazel	W9	Tenby Dolphins	57.76
3	Phillips, Isabella	W12	Hsc	57.65
4	Houlding, Holly	W12	Neath	57.28
5	Taffetsauffer, Leo	M9	Llanelli	57.34
6	Owen, Annabelle	W14	Penyrheol	57.74
7	Haslam, Tia	W14	Carmarthen	57.90
8	Snellgrove, Maddie	W10	Neath	58.20

Heat 12 of 27 Finals

1	Filmer, Owen	M9	Aberystwyth	56.80
2	Dadswell, Harry	M11	Hsc	56.56
3	Alexander, Fflur	W11	Aberystwyth	56.25
4	Howarth, Mali E	W14	Carmarthen	55.42
5	Simon, Meg	W13	Tenby Dolphins	56.01
6	Munt, Oliver	M11	Hsc	56.26
7	Foale, Jack	M14	Aberystwyth	56.71
8	Curtis, Carley	W12	Milford Havn	56.99

Nofio Sir Gar Open Meet 2025 - 18/01/2025 to 19/01/2025

Meet Program - Session 2 (Warmup 11.50 - 12.50)

Heat 13 Finals (#203 Mixed 9 & Over 50 SC Meter Breaststroke)

1	Noble, Reuben	M12	Hsc	55.15	___
2	Hopkins, Darcy	W11	Penyrheol	54.73	___
3	Roberts Mylan, Ffion C	W12	Swansea Aq	54.40	___
4	Knight, Anna	W11	C Dolphins	53.96	___
5	Huws, Lleu I	M12	Nexus	54.10	___
6	Salah, Karim	M10	Carmarthen	54.56	___
7	Jones, Bobby	M12	Neath	55.07	___
8	Francis, Mia	W11	Hsc	55.32	___

Heat 14 of 27 Finals

1	Pirmohamed, Eshan A	M11	Swansea Aq	53.57	___
2	Hawkins, Lottie	W11	Hsc	53.52	___
3	Monan, Sofia	W14	Tenby Dolphins	52.35	___
4	Davis, Max G	M11	Carmarthen	52.18	___
5	Leane, Megan	W12	Hsc	52.28	___
6	Rudder, Frankie	M12	Hsc	52.74	___
7	Evans, Gwennlian	W10	Fishguard	53.53	___
8	%Philpott, Lowri SB14	W13	Llanelli	53.67	___

Heat 15 of 27 Finals

1	Titley, Lola	W12	Milford Havn	51.89	___
2	Selby, Chloe	W14	Neath	51.51	___
3	Thomas, Eden	W11	Neath	51.23	___
4	Nash, Oliver J	M11	Carmarthen	51.19	___
5	Treinis, Lucian	M10	Tenby Dolphins	51.19	___
6	Davies, Lauren	W13	Llanelli	51.30	___
7	Kenny, Jemima	W13	Milford Havn	51.74	___
8	Phillips, Isabelle	W11	Hsc	51.93	___

Heat 16 of 27 Finals

1	Jones, Paige M	W13	Carmarthen	50.56	___
2	Thomas, Gabriel	M10	Llanelli	50.01	___
3	Polverino, Tilly	W11	Neath	49.44	___
4	Jarrold, Tilly	W11	PembrokeDist	49.19	___
5	Baylis, Ellie	W12	Penyrheol	49.41	___
6	May, Gwen A	W12	Nexus	50.00	___
7	Joseph, Ellie	W12	C Dolphins	50.56	___
8	Lennon, Amelia	W11	Carmarthen	50.80	___

Heat 17 of 27 Finals

1	George, Kieran	M13	Milford Havn	48.97	___
2	Collins-Williams, Zac	M16	Fishguard	48.47	___
3	Williams, Fay P	W12	Neath	48.32	___
4	Hawkins, Betsy-May	W13	Llanelli	48.21	___
5	Ellis, Eve	W12	C Dolphins	48.21	___
6	Hill, Lily Ann	W12	C Dolphins	48.47	___
7	El Saghir, Mohamed S	M13	Carmarthen	48.65	___
8	Berner, Kiana H	W13	Carmarthen	49.11	___

Heat 18 of 27 Finals

1	Davies, Betsi	W12	Fishguard	48.05	___
2	Williams, Efa L	W12	Carmarthen	47.61	___
3	Wilde, Ayla-Belle	W12	Nexus	47.31	___
4	Monan, Euan	M11	Tenby Dolphins	46.95	___
5	Price, Harry	M14	Carmarthen	47.05	___
6	Jones, Dion R	M13	Carmarthen	47.37	___
7	Thomas, Carys	W13	Penyrheol	47.88	___
8	Antwhistle, Isaac J	M12	Swansea Aq	48.14	___

Heat 19 of 27 Finals

1	Powell, Nina	W12	Fishguard	46.51	___
2	Koszalski, Soffia L	W12	Llanelli	46.30	___
3	Weston, Ben	M13	PembrokeDist	46.17	___
4	Conway, Erin J	W15	Swansea Aq	45.78	___
5	Lewis, Martha F	W13	Carmarthen	45.80	___
6	Dashfield, Olivia	W11	Tenby Dolphins	46.27	___
7	Jermin, Morgan	M11	Llanelli	46.49	___
8	Henson, Jess	W11	Tenby Dolphins	46.69	___

Heat 20 of 27 Finals

1	Griffiths, Harri	M14	C Dolphins	45.73	___
2	Finney, Elsa	W15	Aberystwyth	45.43	___
3	Chapman, Henry	M13	Carmarthen	45.19	___
4	Dennison, Evie	W12	Milford Havn	44.89	___
5	Lewis, Henry	M12	Neath	45.17	___
6	Collins-Falconer, Alesha G	W16	Nexus	45.35	___
7	Longar, Miriam E	W12	Carmarthen	45.60	___
8	Griffiths, Isla	W11	Tenby Dolphins	45.76	___

Heat 21 of 27 Finals

1	Richardson, Beca	W14	Swansea Aq	44.54	___
2	Richards, Amber	W15	C Dolphins	44.32	___
3	Smith, Caelan	M14	Hsc	43.94	___
4	Jones, Matthew	M17	Penyrheol	43.78	___
5	Bowen, Seren E	W14	Carmarthen	43.93	___
6	Dyde, Pheobe	W12	PembrokeDist	44.09	___
7	Perrott, Hannah	W14	C Dolphins	44.39	___
8	Williams, Lucas C	M10	Swansea Aq	44.86	___

Heat 22 of 27 Finals

1	Lloyd, Vincent-Owen N	M11	Swansea Aq	43.25	___
2	John, Annabel	W15	PembrokeDist	43.13	___
3	Burns, Freya	W13	Nofio S Gar	42.91	___
4	Hughes, Mollie	W13	C Dolphins	42.24	___
5	Rossiter-Wargent, Mia	W11	Milford Havn	42.60	___
6	Lewis, Evie	W11	Hsc	43.12	___
7	Jones, Dafydd	M12	Amman Valley	43.15	___
8	Lewis, Callum	M15	Milford Havn	43.71	___

Heat 23 of 27 Finals

1	Edwards, Isabel	W15	Penyrheol	41.99	___
2	Williams, Paige T	W12	Swansea Aq	41.83	___
3	Sekula, Szymon A	M13	Nexus	41.08	___
4	Snellgrove, Chloe	W14	Neath	40.99	___
5	Batcup, Oliver J	M12	Swansea Aq	40.99	___
6	Crotty, Beau	M13	PembrokeDist	41.38	___
7	Filmer, Gwennan	W12	Aberystwyth	41.90	___
8	Williams, Efa	W16	Neath	42.12	___

Heat 24 of 27 Finals

1	Elmes, Max	M13	Nofio S Gar	40.84	___
2	Morgan, Catrin	W17	Amman Valley	40.70	___
3	Hughes, Nancy J	W15	Nexus	40.55	___
4	Burt, Caio	M14	Llanelli	40.28	___
5	Hughes, Tirion H	W14	Swansea Aq	40.32	___
6	Dafydd, Iola	W15	Carmarthen	40.64	___
7	Giles, Seren	W14	Neath	40.82	___
8	Hetherington, Trystan	M15	Neath	40.95	___

Nofio Sir Gar Open Meet 2025 - 18/01/2025 to 19/01/2025**Meet Program - Session 2 (Warmup 11.50 - 12.50)****Heat 25 Finals (#203 Mixed 9 & Over 50 SC Meter Breaststroke)**

1	Davis, Oliver J	M14	Carmarthen	40.18	___
2	Lewis, Cian	M15	Neath	39.46	___
3	Jones, Adam	M15	Penyrheol	38.59	___
4	Morgan, Cole	M13	C Dolphins	38.35	___
5	Parry, Abigail	W12	Carmarthen	38.46	___
6	Smith, Herbie C	M14	Swansea Aq	38.83	___
7	Lerigo, Oli	M14	Aberystwyth	39.76	___
8	Ley, Lucy	W16	Swansea Aq	40.21	___

Heat 26 of 27 Finals

1	Knight, Lily E	W14	Swansea Aq	38.16	___
2	Berner, Iyla	W11	Nofio S Gar	37.65	___
3	Patterson, Hollie M	W13	Carmarthen	37.11	___
4	Richards, Aled	M17	C Dolphins	35.47	___
5	John, Holly	W17	Hsc	36.58	___
6	David, Isabelle	W17	Swansea Aq	37.54	___
7	Davies, Isabella	W13	Nofio S Gar	37.99	___
8	Sekula, Mateusz J	M13	Nexus	38.31	___

Heat 27 of 27 Finals

1	Williams, Corey B	M18	Swansea Aq	35.15	___
2	Gibbs, Harriet	W16	Nofio S Gar	33.85	___
3	Richardson, Osian	M16	Swansea Aq	32.74	___
4	Phillips, Finley	M14	Nofio S Gar	32.24	___
5	Upton-Boorman, Liam	M17	Nofio S Gar	32.57	___
6	Stuart-Lavender, Jac	M14	Llanelli	33.46	___
7	Hall, Ethan	M15	Fishguard	35.09	___
8	Taffetsauffer, Isabella	W13	Nofio S Gar	35.24	___