

West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

Meet Program - Session 1 (Warmup 4.30 - 5.20)

Event 111 Boys 11 & Over 50 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Finals

1				—
2				—
3	Dadswell, Harry	12	Haverfordwes	45.90
4	Elmes, Samuel	12	Carmarthen	44.10
5	Treinis, Lucian	11	Tenby	45.49
6				—
7				—
8				—

Heat 2 of 8 Finals

1	Morgan, Thomas	13	Neath	41.36
2	Antwhistle, Isaac	13	Swansea Aq	40.10
3	Phillips, Lucas	14	Haverfordwes	38.40
4	Evans, Sam	13	Pembs Cty	37.60
5	Jermin, Morgan	12	Llanelli	38.00
6	Williams, Lucas	11	Swansea Aq	39.20
7	Lloyd, Vincent-Owen	12	Swansea Aq	40.80
8	Backen, Freddie	13	Pembs Cty	41.50

Heat 3 of 8 Finals

1	Waters, Toby	14	Swansea Aq	37.20
2	Lerigo, Oli	15	Aberystwyth	36.59
3	Smith, Herbie	15	Swansea Aq	36.10
4	Lewis, Cian	16	Neath	35.66
5	Hale, Oliver	14	Swansea Aq	35.70
6	Lewis, Callum	16	Milford Havn	36.33
7	Foale, Jack	15	Aberystwyth	37.16
8	Banner, Harry	13	Penyrheol	37.50

Heat 4 of 8 Finals

1	Hill, Alexander Ralph	15	Carmarthen	35.20
2	Mills, Thomas	14	Llanelli	34.60
3	Noden, Rory	13	Pembs Cty	34.14
4	Flynn, Asten	15	NexusValleys	33.79
5	Morgan, Cole	14	C Dolphins	33.88
6	Burt, Caio	15	Llanelli	34.40
7	Hughes, Freddy	13	NexusValleys	34.80
8	Grugel, Sam	15	C Dolphins	35.22

Heat 5 of 8 Finals

1	Smith, Declan	14	Amman Valley	33.60
2	Harwood, Jack	14	Pembs Cty	32.10
3	Harris, Osian	16	Pembs Cty	31.13
4	Richards, Aled	18	C Dolphins	30.92
5	Davies, Gethin	16	Pembs Cty	31.00
6	Lloyd, Thomas	17	Swansea Aq	32.10
7	Hall, Ethan	16	Fishguard	33.55
8	Backen, Henry	17	Haverfordwes	33.70

Heat 6 of 8 Finals

1	Elmes, Max	14	Carmarthen	30.37
2	Phillips, Finley	15	Carmarthen	30.21
3	Hedge, Tom	20	Swansea Uni	29.96
4	Chapman, Coby	16	Penyrheol	29.30
5	Jones, Lloyd	22	Swansea Uni	29.44
6	Williams, Thomas	15	Llanelli	30.07
7	Williams, Corey	19	Swansea Aq	30.30
8	Galbraith, Elian	16	Llanelli	30.40

Heat 7 of 8 Finals

1	Thomas, Iolo	15	Neath	29.28
2	Sellick, Fenn	17	Swansea Aq	29.00
3	Clarke, Henry	18	Swansea Aq	28.88
4	Upton-Boorman, Liam	18	Carmarthen	27.43
5	Douglas, Lucas	14	Neath	28.67
6	Twigger, Owen	16	Swansea Aq	28.94
7	McIntyre, Jonah	20	Swansea Uni	29.08
8	Richardson, Osian	17	Swansea Aq	29.30

Heat 8 of 8 Finals

1	Silverstone, Sol	16	Pembs Cty	27.40
2	Murray, Ross	20	Swansea Uni	25.93
3	Greenway, Morgan	22	Swansea Uni	25.91
4	Gallahger, Dylan	22	Swansea Uni	25.36
5	Larkin, Ryan	24	Swansea Uni	25.60
6	Docking-Smith, Frankie	21	Swansea Uni	25.93
7	Westwood, Owen	21	Swansea Uni	26.74
8	Corani, Kalaum	21	Swansea Uni	27.42

Event 112 Female 11 & Over 1500 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1				—
2	Morgan, Iolah	11	PembrokeDist	25:26.54
3	Jones, Hannah	15	Neath	23:21.93
4	Heredia-Rowe, Rhiannon	19	Neath	22:34.92
5	May, Gwen	13	NexusValleys	22:54.80
6	Gardner-Rolfe, Mia	13	Swansea Aq	25:24.90
7				—
8				—

Heat 2 of 2 Finals

1	Filmer, Gwennan	13	Aberystwyth	21:04.37
2	Morgan, Evelyn	14	Llanelli	20:11.17
3	Humphreys, Holly	17	Swansea Aq	19:13.20
4	Forwood, Emily	21	Swansea Uni	17:11.43
5	Philpott, Ffion	16	Llanelli	18:51.42
6	Griffiths, Cerys	15	Pembs Cty	19:13.57
7	Cooper, Megan	17	Neath	20:43.38
8	Collins-Falconer, Alesha	17	NexusValleys	21:35.20

Event 113 Boys 11 & Over 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Finals

1	McFadyen, Hamish	13	Aberystwyth	44.62
2	Davies, Gruffydd	11	Carmarthen	44.60
3	Treinis, Lucian	11	Tenby	44.16
4	Nicholas, Luca	13	Swansea Aq	44.10
5	Pyzer, Cyrus	12	Carmarthen	44.10
6	David, Ioan	13	Haverfordwes	44.30
7	Elmes, Samuel	12	Carmarthen	44.60
8				—

Heat 2 of 7 Finals

1	Jones, Carter	12	Swansea Aq	43.00
2	Dadswell, Harry	12	Haverfordwes	42.50
3	Lewis, Gethin	11	Neath	42.00
4	Lloyd, Vincent-Owen	12	Swansea Aq	41.80
5	Moore, Hari	13	Fishguard	41.84
6	Backen, Freddie	13	Pembs Cty	42.10
7	Abell, Ronan	13	Neath	42.77
8	McAdie, Isaac	13	Swansea Aq	43.34

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Meet Program - Session 1 (Warmup 4.30 - 5.20)

Heat 3 Finals (#113 Boys 11 & Over 50 LC Meter Backstroke)

1	Antwhistle, Isaac	13	Swansea Aq	40.87	___
2	Phillips, Gethin	14	Haverfordwes	40.40	___
3	Jermin, Morgan	12	Llanelli	40.00	___
4	Mills, Thomas	14	Llanelli	38.82	___
5	Williams, Lucas	11	Swansea Aq	38.90	___
6	Green, William	13	Aberystwyth	40.21	___
7	Chapman, Henry	14	Carmarthen	40.50	___
8	Lummis, Ralph	14	NexusValleys	41.20	___

Heat 4 of 7 Finals

1	Banner, Harry	13	Penyrheol	38.40	___
2	Williams, Efan	13	Neath	37.88	___
3	Lewis, Callum	16	Milford Havn	37.40	___
4	Burt, Caio	15	Llanelli	36.40	___
5	Lerigo, Oli	15	Aberystwyth	36.85	___
6	Waters, Toby	14	Swansea Aq	37.86	___
7	Morgan, Thomas	13	Neath	38.39	___
8	Jones, Dafydd	13	Amman Valley	38.50	___

Heat 5 of 7 Finals

1	Flynn, Asten	15	NexusValleys	35.90	___
2	Hale, Oliver	14	Swansea Aq	35.40	___
3	Davies, Gethin	16	Pembs Cty	35.20	___
4	Harwood, Jack	14	Pembs Cty	33.50	___
5	Hetherington, Trystan	16	Neath	34.31	___
6	Noden, Rory	13	Pembs Cty	35.29	___
7	Gray, Gruffudd	16	Swansea Aq	35.80	___
8	Hall, Ethan	16	Fishguard	36.05	___

Heat 6 of 7 Finals

1	Richards, Aled	18	C Dolphins	33.20	___
2	Galbraith, Elian	16	Llanelli	31.70	___
3	Elmes, Max	14	Carmarthen	30.26	___
4	Greenway, Morgan	22	Swansea Uni	29.90	___
5	Douglas, Lucas	14	Neath	30.15	___
6	Phillips, Finley	15	Carmarthen	31.24	___
7	King, Ethan	13	Penyrheol	31.90	___
8	Harris, Osian	16	Pembs Cty	33.40	___

Heat 7 of 7 Finals

1	Thomas, Iolo	15	Neath	29.45	___
2	Upton-Boorman, Liam	18	Carmarthen	28.88	___
3	Johnson, Louis	21	Swansea Uni	28.21	___
4	Burton, Matt	24	Swansea Uni	27.53	___
5	Rawes, Sebastian	21	Swansea Uni	27.60	___
6	Ryan, Sam	19	Swansea Uni	28.48	___
7	Silverstone, Sol	16	Pembs Cty	29.30	___
8	Montague, Mason	17	Pembs Cty	29.70	___

Event 114 Female 11 & Over 50 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 14 Finals

1					___
2					___
3	Prince, Edith	11	Swansea Aq	45.00	___
4	Clement, Darcey	13	Afan Valley	44.90	___
5	Davies, Betsi	13	Fishguard	44.98	___
6	Thomas, Enlli	12	NexusValleys	46.46	___
7					___
8					___

Heat 2 of 14 Finals

1	Iturbe, Carys	12	Afan Valley	44.40	___
2	Williams, April	11	Neath	44.04	___
3	Roberts Mylan, Sophie	13	Swansea Aq	43.30	___
4	Francis, Mia	12	Haverfordwes	42.90	___
5	Massey, Mia	13	C Dolphins	42.98	___
6	Edmunds, Freya	12	Llanelli	43.90	___
7	Snellgrove, Maddie	11	Neath	44.28	___
8	Williams, Evie	12	Milford Havn	44.69	___

Heat 3 of 14 Finals

1	Williams, Lois	13	Swansea Aq	42.10	___
2	Harris, Chloe	13	C Dolphins	41.48	___
3	Berner, Kiana	14	Carmarthen	40.40	___
4	Henson, Jessica	12	Pembs Cty	40.20	___
5	Jones, Rosie	14	Swansea Aq	40.38	___
6	Titley, Lola	13	Milford Havn	40.67	___
7	Kurys, Emiliese	11	Carmarthen	41.60	___
8	Roberts, Grace	13	C Dolphins	42.21	___

Heat 4 of 14 Finals

1	Williams, Fay	13	Neath	39.85	___
2	Jones, Alexa	12	Llanelli	39.70	___
3	Foldi, Kristina	13	Haverfordwes	39.20	___
4	Kaill-Franks, Nia	14	Pembs Cty	38.93	___
5	Snellgrove, Chloe	15	Neath	39.06	___
6	Salmon, Amelia	12	NexusValleys	39.37	___
7	Wells, Iris	14	C Dolphins	39.81	___
8	Jones, Alaw	13	Carmarthen	40.10	___

Heat 5 of 14 Finals

1	Pitans, Caitlin	13	Swansea Aq	38.60	___
2	Dyde, Phoebe	13	Pembs Cty	38.40	___
3	Lewis, Evie	12	Pembs Cty	38.10	___
4	Davies, Eva	14	Afan Valley	37.90	___
5	Gil Wood, Elena	13	Swansea Aq	38.00	___
6	Price, Seren -louise	13	Carmarthen	38.20	___
7	Szmigiero, Kaya	12	Aberystwyth	38.40	___
8	Perrott, Hannah	15	C Dolphins	38.68	___

Heat 6 of 14 Finals

1	Davies, Lowri	17	C Dolphins	37.63	___
2	Hall, Ellena	14	Pembs Cty	37.30	___
3	Roberts Mylan, Ffion	13	Swansea Aq	36.90	___
4	Powell, Lottie	15	Neath	36.89	___
5	Mason, Phoebe	15	Pembs Cty	36.90	___
6	Kasto, Evie	14	Swansea Aq	37.20	___
7	Pearce, Ava	14	Afan Valley	37.40	___
8	Gwenter, Isobel	11	Neath	37.82	___

Heat 7 of 14 Finals

1	Wood, Lilly	12	Neath	36.80	___
2	Edwards, Isabel	16	Penyrheol	36.60	___
3	Goodman, Evie	14	Swansea Aq	36.33	___
4	George, Eilir	15	Llanelli	35.90	___
5	Evans, Cadi	13	Swansea Aq	36.10	___
6	Davies, Erin	14	C Dolphins	36.43	___
7	Hughes, Nancy	16	NexusValleys	36.60	___
8	Hall, Isabelle	14	Pembs Cty	36.80	___

West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

Meet Program - Session 1 (Warmup 4.30 - 5.20)

Heat 8 Finals (#114 Female 11 & Over 50 LC Meter Butterfly)

1	Williams, Efa	17	Neath	35.46	___
2	Patterson, Hollie	14	Carmarthen	35.30	___
3	Goodman, Lola	14	Swansea Aq	35.20	___
4	Martin, Phoebe	15	Penyrheol	35.00	___
5	Owen, Kessie	17	Neath	35.14	___
6	Cressey-Rodgers, Gwenllian	15	Carmarthen	35.25	___
7	Parry, Abigail	12	Carmarthen	35.30	___
8	Bowen, Seren	15	Carmarthen	35.60	___

Heat 9 of 14 Finals

1	Short, Amelia	14	Neath	34.86	___
2	Beasley, Evaleigh	12	Swansea Aq	34.70	___
3	Holmes, Seren	16	Neath	34.49	___
4	Phillips, Emily	17	Neath	34.33	___
5	Thomas, Medi	17	Llanelli	34.40	___
6	Jenkins, Alexandra	16	Swansea Aq	34.70	___
7	Williams, Paige	13	Swansea Aq	34.80	___
8	Rowland, Scarlett	13	Neath	34.90	___

Heat 10 of 14 Finals

1	Upton-Boorman, Isabella	15	Carmarthen	34.15	___
2	Perrott, Niamh	16	Swansea Aq	33.87	___
3	King, Marley	17	Penyrheol	33.80	___
4	Sedgemore, Lola	13	Neath	33.72	___
5	Gilderdale, Celyn	17	Pembs Cty	33.73	___
6	Catling, Freya	17	C Dolphins	33.83	___
7	Ostrowski, Julia	16	Pembs Cty	34.10	___
8	Richardson, Beca	15	Swansea Aq	34.20	___

Heat 11 of 14 Finals

1	Arnold, Lily	17	Milford Havn	33.19	___
2	Miles, Megan	17	Pembs Cty	32.80	___
3	Clapham, Rhiannon	20	Fishguard	32.76	___
4	Williams, Marys	16	Swansea Aq	32.60	___
5	Williams, Hollie	18	Llanelli	32.67	___
6	Knight, Cari	17	Penyrheol	32.77	___
7	Burns, Freya	14	Amman Valley	32.93	___
8	Taffetsauffer, Isabella	14	Llanelli	33.72	___

Heat 12 of 14 Finals

1	Koo, Kathryn	16	Pembs Cty	32.38	___
2	Hatton-Ellis, Isabelle	17	Swansea Aq	32.20	___
3	Kazmiruk, Anastasiia	14	Amman Valley	32.00	___
4	Stokes, Aimee	21	Swansea Uni	31.56	___
5	Bissicks, Cari	14	Neath	31.92	___
6	Berner, Iyla	12	Carmarthen	32.16	___
7	Davies, Isla	12	Amman Valley	32.32	___
8	Huws, Awen	17	NexusValleys	32.50	___

Heat 13 of 14 Finals

1	Goodliffe, Faith	25	C Dolphins	30.91	___
2	Gibbs, Harriet	17	Amman Valley	30.77	___
3	Tucker, Holly	17	Swansea Aq	30.67	___
4	Smart, Charlotte	18	Swansea Aq	30.45	___
5	Knight, Bria	20	Swansea Uni	30.45	___
6	Davies, Rachel	20	Swansea Uni	30.76	___
7	Bissicks, Ella	18	Swansea Aq	30.90	___
8	Coffey, Cora	15	Neath	31.01	___

Heat 14 of 14 Finals

1	Geach, Libbie	16	Neath	30.31	___
2	Rees, Katie	27	Swansea Uni	29.81	___
3	Lewis, Lowri	19	Neath	29.76	___
4	Mortimer, Connie	20	Swansea Uni	29.52	___
5	Dewsbury, Daisy	20	Swansea Uni	29.59	___
6	Fry, Caitlyn	21	Swansea Uni	29.77	___
7	Rose, Katie	19	Swansea Uni	30.13	___
8	Butcher, Katherine	21	Swansea Uni	30.32	___

Event 115 Boys 11 & Over 1500 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1					___
2					___
3	Bowes, James	13	Carmarthen	22:17.20	___
4	Hughes, Freddy	13	NexusValleys	20:43.90	___
5	Hughes-Llewellyn, David	15	Llanelli	21:05.70	___
6	Rood, Rowan	15	NexusValleys	22:49.20	___
7					___
8					___

Heat 2 of 2 Finals

1	Morgan, Ben	16	Pembs Cty	19:36.40	___
2	Williams, Thomas	15	Llanelli	17:36.66	___
3	Neaves, Archie	20	Swansea Uni	16:36.20	___
4	Sargeant, Alexander	23	Swansea Uni	15:19.63	___
5	Trebilcock, Thomas	22	Swansea Uni	15:35.73	___
6	Bennett, Finley	16	Pembs Cty	17:15.70	___
7	Bruce, Finley	18	Tenby	19:15.10	___
8	Davies, Ellis	14	Llanelli	20:38.40	___

Event 116 Female 11 & Over 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 15 Finals

1	Madge, Brianna	11	C Dolphins	49.35	___
2	Watson, Isabelle	12	Neath	49.17	___
3	Lennon, Amelia	11	Carmarthen	47.60	___
4	Mason, Ezmee	12	Pembs Cty	47.30	___
5	Antwhistle, Esme	11	Swansea Aq	47.60	___
6	Enoch, Erin	11	Carmarthen	48.70	___
7	Tooze, Moli	11	Aberystwyth	49.27	___
8	Prince, Edith	11	Swansea Aq	49.90	___

Heat 2 of 15 Finals

1	Roberts, Arwyn	12	Afan Valley	46.80	___
2	Mekael, Jolie	12	Neath	46.21	___
3	Dyde, Phoebe	13	Pembs Cty	45.70	___
4	Thomas, Enlli	12	NexusValleys	45.40	___
5	Arnold, Olivia	12	Milford Havn	45.64	___
6	Jenkins, Alys	13	Amman Valley	46.00	___
7	Austin, Sophie Haf	12	C Dolphins	46.65	___
8	Edmunds, Freya	12	Llanelli	47.30	___

Heat 3 of 15 Finals

1	Snellgrove, Maddie	11	Neath	45.10	___
2	Baylis, Ellie	13	Penyrheol	44.30	___
3	Francis, Mia	12	Haverfordwes	43.80	___
4	Polverino, Tilly	12	Neath	43.77	___
5	Clay, Emelia	11	Swansea Aq	43.80	___
6	Clement, Darcey	13	Afan Valley	44.00	___
7	Davies, Betsi	13	Fishguard	44.77	___
8	Duncan, Ava	13	Amman Valley	45.20	___

West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

Meet Program - Session 1 (Warmup 4.30 - 5.20)

Heat 4 Finals (#116 Female 11 & Over 50 LC Meter Backstroke)

1	Richards, Chloe-Elin	13	C Dolphins	43.61	_____
2	Edwards, Ffion	14	Penyrheol	43.10	_____
3	Henson, Jessica	12	Pembs Cty	42.90	_____
4	Kurys, Bonnie	12	Carmarthen	42.80	_____
5	Massey, Mia	13	C Dolphins	42.84	_____
6	David, Emily	14	Haverfordwes	42.90	_____
7	Iturbe, Carys	12	Afan Valley	43.40	_____
8	Roberts Mylan, Sophie	13	Swansea Aq	43.61	_____

Heat 5 of 15 Finals

1	Jones, Alaw	13	Carmarthen	42.30	_____
2	Griffiths, Elizabeth	14	Pembs Cty	42.20	_____
3	Griffiths, Isla	12	Pembs Cty	41.40	_____
4	Salmon, Amelia	12	NexusValleys	41.30	_____
5	Thomas, Leah	14	Haverfordwes	41.30	_____
6	Thomas, Carys	14	Penyrheol	41.80	_____
7	Kurys, Emiliese	11	Carmarthen	42.30	_____
8	Titley, Lola	13	Milford Havn	42.70	_____

Heat 6 of 15 Finals

1	Morris, Besi	12	Amman Valley	41.10	_____
2	Perrott, Hannah	15	C Dolphins	40.88	_____
3	Roberts Mylan, Ffion	13	Swansea Aq	40.60	_____
4	Berner, Kiana	14	Carmarthen	40.50	_____
5	Gil Wood, Elena	13	Swansea Aq	40.50	_____
6	Harris, Chloe	13	C Dolphins	40.83	_____
7	Williams, Evie	12	Milford Havn	41.01	_____
8	Wells, Iris	14	C Dolphins	41.18	_____

Heat 7 of 15 Finals

1	Bowen, Seren	15	Carmarthen	40.10	_____
2	Layland, Seren	14	Penyrheol	40.00	_____
3	Mitrjaikina, Kerly-Annaly	13	Swansea Aq	39.70	_____
4	Kenny, Jemima	14	Pembs Cty	39.50	_____
5	Williams, Fay	13	Neath	39.63	_____
6	Wood, Lilly	12	Neath	39.75	_____
7	Holloway, Olivia	16	Afan Valley	40.10	_____
8	Williams, April	11	Neath	40.44	_____

Heat 8 of 15 Finals

1	Powell, Nina	13	Pembs Cty	39.50	_____
2	Price, Seren -louse	13	Carmarthen	39.40	_____
3	Szmigiero, Kaya	12	Aberystwyth	38.77	_____
4	Kasto, Evie	14	Swansea Aq	38.60	_____
5	Davies, Erin	14	C Dolphins	38.74	_____
6	Morris, Ffion	13	Pembs Cty	39.13	_____
7	Davies, Eva	14	Afan Valley	39.40	_____
8	Jones, Alexa	12	Llanelli	39.50	_____

Heat 9 of 15 Finals

1	Owen, Kessie	17	Neath	38.25	_____
2	Alexander, Seren	15	Aberystwyth	38.21	_____
3	Short, Amelia	14	Neath	38.04	_____
4	Lewis, Megan	14	Neath	37.98	_____
5	Morris, Blair	12	Neath	38.01	_____
6	Parry, Abigail	12	Carmarthen	38.10	_____
7	Sedgemore, Lola	13	Neath	38.23	_____
8	Jenkins, Elli	14	Swansea Aq	38.40	_____

Heat 10 of 15 Finals

1	Mcfarlane, Una	14	Pembs Cty	37.90	_____
2	Collins-Falconer, Alesha	17	NexusValleys	37.70	_____
3	Thomas, Medi	17	Llanelli	37.50	_____
4	George, Eilir	15	Llanelli	37.40	_____
5	Edwards, Isabel	16	Penyrheol	37.46	_____
6	Powell, Lottie	15	Neath	37.67	_____
7	Pinnock, Betsan	13	Swansea Aq	37.80	_____
8	Thomas, Caitlin	17	Penyrheol	37.90	_____

Heat 11 of 15 Finals

1	Beasley, Evaleigh	12	Swansea Aq	37.10	_____
2	Hughes, Nancy	16	NexusValleys	36.90	_____
3	Koo, Kathryn	16	Pembs Cty	36.28	_____
4	Richardson, Beca	15	Swansea Aq	36.20	_____
5	Perrott, Niamh	16	Swansea Aq	36.20	_____
6	Chapman, Olivia	15	Swansea Aq	36.70	_____
7	Ostrowski, Julia	16	Pembs Cty	37.06	_____
8	Griffiths, Ffion	14	Pembs Cty	37.30	_____

Heat 12 of 15 Finals

1	Miles, Megan	17	Pembs Cty	36.10	_____
2	Gilderdale, Celyn	17	Pembs Cty	35.62	_____
3	Williams, Marys	16	Swansea Aq	35.40	_____
4	Williams, Hollie	18	Llanelli	34.98	_____
5	Williams, Paige	13	Swansea Aq	35.00	_____
6	Cressey-Rodgers, Gwenllian	15	Carmarthen	35.50	_____
7	Clapham, Rhiannon	20	Fishguard	36.09	_____
8	Kazmiruk, Anastasiia	14	Amman Valley	36.19	_____

Heat 13 of 15 Finals

1	Jones, Hunydd	14	Carmarthen	34.90	_____
2	Taffetsauffer, Isabella	14	Llanelli	34.04	_____
3	Berner, Iyla	12	Carmarthen	33.94	_____
4	Geach, Libbie	16	Neath	33.32	_____
5	Gibbs, Harriet	17	Amman Valley	33.39	_____
6	Burns, Freya	14	Amman Valley	34.00	_____
7	Upton-Boorman, Isabella	15	Carmarthen	34.45	_____
8	Bissicks, Cari	14	Neath	34.96	_____

Heat 14 of 15 Finals

1	Carter, Ava	17	Penyrheol	33.00	_____
2	Goodliffe, Faith	25	C Dolphins	32.74	_____
3	Huws, Awen	17	NexusValleys	32.20	_____
4	Hatton-Ellis, Isabelle	17	Swansea Aq	31.90	_____
5	Smart, Charlotte	18	Swansea Aq	32.00	_____
6	Davies, Isla	12	Amman Valley	32.37	_____
7	Stokes, Aimee	21	Swansea Uni	32.76	_____
8	Arnold, Jessica	15	Swansea Aq	33.20	_____

Heat 15 of 15 Finals

1	Coffey, Cora	15	Neath	31.86	_____
2	Bamborough, Katie	21	Swansea Uni	31.42	_____
3	Stead, Martha	20	Swansea Uni	30.54	_____
4	Butcher, Katherine	21	Swansea Uni	30.39	_____
5	Woodcock, Hannah	21	Swansea Uni	30.50	_____
6	Lush, Emily	23	Swansea Uni	31.32	_____
7	Keepings, Charlotte	19	Swansea Uni	31.44	_____
8	Leggott, Holly	23	Swansea Uni	31.87	_____