

West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

Meet Program - Session 3 (Warmup 11.50 - 12.40)

Event 221 Boys 11 & Over 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time	
Heat 1 of 6 Finals					
1	Davies, Gruffydd	11	Carmarthen	1:42.80	___
2	Pirmohamed, Eshan	12	Swansea Aq	1:39.80	___
3	Moore, Hari	13	Fishguard	1:35.38	___
4	Nash, Oliver	12	Carmarthen	1:33.90	___
5	Elmes, Samuel	12	Carmarthen	1:35.30	___
6	Treinis, Lucian	11	Tenby	1:39.03	___
7	Pyzer, Cyrus	12	Carmarthen	1:40.70	___
8	Salah, Karim	11	Carmarthen	1:43.60	___
Heat 2 of 6 Finals					
1	Dadswell, Harry	12	Haverfordwes	1:32.90	___
2	Jones, Carter	12	Swansea Aq	1:32.80	___
3	Jermin, Morgan	12	Llanelli	1:30.60	___
4	Green, William	13	Aberystwyth	1:29.65	___
5	Backen, Freddie	13	Pembs Cty	1:30.10	___
6	Nicholas, Luca	13	Swansea Aq	1:32.80	___
7	Lloyd, Vincent-Owen	12	Swansea Aq	1:32.80	___
8	Lewis, Gethin	11	Neath	1:33.90	___
Heat 3 of 6 Finals					
1	George, Kieran	14	Milford Havn	1:27.65	___
2	Chapman, Henry	14	Carmarthen	1:26.30	___
3	Taylor, Joshua	13	NexusValleys	1:25.70	___
4	Jones, Dafydd	13	Amman Valley	1:24.60	___
5	Morgan, Thomas	13	Neath	1:25.67	___
6	Marques-Jones, Felix	13	Amman Valley	1:25.90	___
7	Lummis, Ralph	14	NexusValleys	1:27.60	___
8	Bowes, James	13	Carmarthen	1:28.80	___
Heat 4 of 6 Finals					
1	Santos, Liam	16	Milford Havn	1:20.70	___
2	Hughes, Freddy	13	NexusValleys	1:20.40	___
3	Hall, Ethan	16	Fishguard	1:18.80	___
4	Noden, Rory	13	Pembs Cty	1:15.51	___
5	Burt, Caio	15	Llanelli	1:18.60	___
6	Mills, Thomas	14	Llanelli	1:19.20	___
7	Lerigo, Oli	15	Aberystwyth	1:20.47	___
8	Antwhistle, Isaac	13	Swansea Aq	1:24.50	___
Heat 5 of 6 Finals					
1	Davies, Ellis	14	Llanelli	1:13.60	___
2	Read, William	17	Swansea Aq	1:11.10	___
3	King, Ethan	13	Penyrheol	1:10.20	___
4	Phillips, Finley	15	Carmarthen	1:08.04	___
5	Galbraith, Elian	16	Llanelli	1:09.70	___
6	Harwood, Jack	14	Pembs Cty	1:10.60	___
7	Harris, Osian	16	Pembs Cty	1:13.30	___
8	Waters, Toby	14	Swansea Aq	1:15.30	___
Heat 6 of 6 Finals					
1	Thomas, Iolo	15	Neath	1:04.48	___
2	West, Dexter	16	Pembs Cty	1:01.20	___
3	Rawes, Sebastian	21	Swansea Uni	1:00.10	___
4	Braddock, Patrick	21	Swansea Uni	58.72	___
5	Burton, Matt	24	Swansea Uni	59.50	___
6	Johnson, Louis	21	Swansea Uni	1:00.94	___
7	Montague, Mason	17	Pembs Cty	1:04.30	___
8	Elmes, Max	14	Carmarthen	1:05.30	___

Event 222 Female 11 & Over 800 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	
Heat 1 of 4 Finals					
1					___
2					___
3	Thomas, Enlli	12	NexusValleys	14:11.40	___
4	Morgan, Iolah	11	PembrokeDist	13:01.82	___
5	Gardner-Rolfe, Mia	13	Swansea Aq	13:04.90	___
6					___
7					___
8					___
Heat 2 of 4 Finals					
1					___
2	Hughes, Megan	12	C Dolphins	12:28.70	___
3	Williams, Eirwen	13	Neath	12:02.00	___
4	Bray, Bethan	19	C Dolphins	11:36.28	___
5	Chapman, Olivia	15	Swansea Aq	11:43.90	___
6	Jones, Hannah	15	Neath	12:04.64	___
7	Mason, Ezmee	12	Pembs Cty	12:42.80	___
8					___
Heat 3 of 4 Finals					
1	Price, Seren -louise	13	Carmarthen	11:23.20	___
2	Filmer, Gwennan	13	Aberystwyth	11:11.61	___
3	Cooper, Megan	17	Neath	10:56.30	___
4	Morgan, Evelyn	14	Llanelli	10:43.77	___
5	Mason, Phoebe	15	Pembs Cty	10:46.00	___
6	Davies, Ava-Rose	12	Llanelli	11:04.10	___
7	Short, Amelia	14	Neath	11:17.64	___
8	Hall, Ellena	14	Pembs Cty	11:23.20	___
Heat 4 of 4 Finals					
1	Clissold, Bronwyn	17	Pembs Cty	10:37.70	___
2	Clissold, Elizabeth	19	Pembs Cty	9:58.70	___
3	Johnson, Charlotte	22	Swansea Uni	9:17.35	___
4	Forwood, Emily	21	Swansea Uni	9:03.34	___
5	Mitchell, Abby	19	Swansea Uni	9:15.66	___
6	Patterson, Millie	19	Swansea Uni	9:30.44	___
7	Galdes Cutting, Daisy	14	Pembs Cty	10:01.11	___
8	Bruce, Skye	16	Pembs Cty	10:40.10	___

Event 223 Boys 11 & Over 100 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	
Heat 1 of 10 Finals					
1					___
2					___
3	Salah, Karim	11	Carmarthen	1:33.10	___
4	Dadswell, Harry	12	Haverfordwes	1:28.70	___
5	Treinis, Lucian	11	Tenby	1:30.03	___
6					___
7					___
8					___
Heat 2 of 10 Finals					
1	Nash, Oliver	12	Carmarthen	1:27.20	___
2	Pirmohamed, Eshan	12	Swansea Aq	1:21.80	___
3	Morgan, Thomas	13	Neath	1:19.51	___
4	Weston, Ben	14	PembrokeDist	1:17.85	___
5	Lloyd, Vincent-Owen	12	Swansea Aq	1:18.10	___
6	Lewis, Henry	13	Neath	1:20.99	___
7	Moore, Hari	13	Fishguard	1:22.18	___
8					___

West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

Meet Program - Session 3 (Warmup 11.50 - 12.40)

Heat 3 Finals (#223 Boys 11 & Over 100 LC Meter Freestyle)

1	Williams, Lucas	11	Swansea Aq	1:16.20	___
2	Bowes, James	13	Carmarthen	1:15.70	___
3	Marques-Jones, Felix	13	Amman Valley	1:14.80	___
4	Phillips, Gethin	14	Haverfordwes	1:14.60	___
5	Taylor, Joshua	13	NexusValleys	1:14.72	___
6	Antwhistle, Isaac	13	Swansea Aq	1:15.00	___
7	Jermin, Morgan	12	Llanelli	1:15.80	___
8	Jones, Dion	14	Carmarthen	1:17.80	___

Heat 4 of 10 Finals

1	Jones, Dafydd	13	Amman Valley	1:13.70	___
2	Smudzinski, Max	13	Neath	1:11.76	___
3	Lewis, Callum	16	Milford Havn	1:11.50	___
4	Griffiths, Harri	15	C Dolphins	1:10.25	___
5	Morris, Leo	14	Llanelli	1:10.60	___
6	Waters, Toby	14	Swansea Aq	1:11.60	___
7	Williams, Efan	13	Neath	1:12.58	___
8	Chapman, Henry	14	Carmarthen	1:14.00	___

Heat 5 of 10 Finals

1	Smith, Declan	14	Amman Valley	1:08.85	___
2	Evans, Sam	13	Pembs Cty	1:08.50	___
3	Fogarty, Oliver	13	Pembs Cty	1:07.95	___
4	Morgan, Cole	14	C Dolphins	1:07.40	___
5	Smith, Herbie	15	Swansea Aq	1:07.66	___
6	Backen, Henry	17	Haverfordwes	1:08.10	___
7	Hughes, Freddy	13	NexusValleys	1:08.80	___
8	Lerigo, Oli	15	Aberystwyth	1:10.01	___

Heat 6 of 10 Finals

1	Thomas, Rhys	15	Pembs Cty	1:07.00	___
2	Flynn, Asten	15	NexusValleys	1:06.50	___
3	Hetherington, Trystan	16	Neath	1:05.13	___
4	Hale, Oliver	14	Swansea Aq	1:04.60	___
5	Stuart-Lavender, Jac	15	Llanelli	1:05.00	___
6	Davies, Ellis	14	Llanelli	1:06.10	___
7	Burt, Caio	15	Llanelli	1:06.70	___
8	Gray, Gruffudd	16	Swansea Aq	1:07.30	___

Heat 7 of 10 Finals

1	Davies, Gethin	16	Pembs Cty	1:03.30	___
2	Morgan, Ben	16	Pembs Cty	1:01.90	___
3	Lloyd, Thomas	17	Swansea Aq	1:00.80	___
4	Galbraith, Elian	16	Llanelli	1:00.30	___
5	Williams, Thomas	15	Llanelli	1:00.65	___
6	Williams, Corey	19	Swansea Aq	1:00.80	___
7	King, Ethan	13	Penyrheol	1:03.00	___
8	Mills, Thomas	14	Llanelli	1:04.30	___

Heat 8 of 10 Finals

1	Elmes, Max	14	Carmarthen	59.89	___
2	Chapman, Coby	16	Penyrheol	59.09	___
3	Richardson, Osian	17	Swansea Aq	58.80	___
4	Sellick, Fenn	17	Swansea Aq	58.30	___
5	West, Dexter	16	Pembs Cty	58.50	___
6	Montague, Mason	17	Pembs Cty	59.00	___
7	Phillips, Finley	15	Carmarthen	59.74	___
8	Bennett, Finley	16	Pembs Cty	59.94	___

Heat 9 of 10 Finals

1	Douglas, Lucas	14	Neath	58.15	___
2	Silverstone, Sol	16	Pembs Cty	55.70	___
3	Upton-Boorman, Liam	18	Carmarthen	55.36	___
4	Broom, Dylan	23	Swansea Uni	54.87	___
5	Ryan, Sam	19	Swansea Uni	55.13	___
6	Westwood, Owen	21	Swansea Uni	55.37	___
7	Jones, Lloyd	22	Swansea Uni	57.72	___
8	Niland, Harrison	20	Swansea Uni	58.29	___

Heat 10 of 10 Finals

1	Sadberry, Jack	21	Swansea Uni	54.20	___
2	Nikolaou, Antonio	22	Swansea Uni	53.47	___
3	Larkin, Ryan	24	Swansea Uni	53.12	___
4	Rodriguez, Antonio	21	Swansea Uni	52.70	___
5	Adams, Max	21	Swansea Uni	52.83	___
6	Lee, Jacob	19	Swansea Uni	53.41	___
7	Burton, Luke	22	Swansea Uni	54.10	___
8	Neroshenko, Valeriy	20	Swansea Uni	54.54	___

Event 224 Female 11 & Over 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Finals

1				___	
2				___	
3	Alexander, Fflur	12	Aberystwyth	4:09.88	___
4	Heron, Edith	13	Aberystwyth	3:59.00	___
5	Williams, April	11	Neath	4:06.57	___
6	Hawkins, Lottie	12	Haverfordwes	4:13.30	___
7				___	
8				___	

Heat 2 of 7 Finals

1	May, Gwen	13	NexusValleys	3:52.90	___
2	Ellis, Eve	13	C Dolphins	3:50.05	___
3	Massey, Mia	13	C Dolphins	3:46.91	___
4	Dashfield, Olivia	12	Tenby	3:44.97	___
5	Percival, Bella	13	C Dolphins	3:45.59	___
6	Kurys, Bonnie	12	Carmarthen	3:47.90	___
7	Williams, Grace	14	NexusValleys	3:50.70	___
8	Leane, Megan	13	Haverfordwes	3:53.10	___

Heat 3 of 7 Finals

1	Jones, Alaw	13	Carmarthen	3:42.50	___
2	Salmon, Amelia	12	NexusValleys	3:37.90	___
3	Wilde, Ayla-Belle	13	NexusValleys	3:37.80	___
4	Lewis, Martha	14	Carmarthen	3:34.60	___
5	Powell, Nina	13	Pembs Cty	3:37.00	___
6	Pinnock, Betsan	13	Swansea Aq	3:37.90	___
7	Clement, Darcey	13	Afan Valley	3:41.30	___
8	Davies, Betsi	13	Fishguard	3:42.76	___

Heat 4 of 7 Finals

1	Blyth, Isobelle	15	Haverfordwes	3:33.10	___
2	Kaill-Franks, Nia	14	Pembs Cty	3:28.30	___
3	Hughes, Mollie	14	C Dolphins	3:24.86	___
4	Alexander, Seren	15	Aberystwyth	3:18.28	___
5	Lewis, Evie	12	Pembs Cty	3:23.36	___
6	Mitrjaikina, Kerly-Annaly	13	Swansea Aq	3:26.20	___
7	Snellgrove, Chloe	15	Neath	3:33.05	___
8	Coles, Aria	12	Neath	3:33.61	___

West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

Meet Program - Session 3 (Warmup 11.50 - 12.40)

Heat 5 Finals (#224 Female 11 & Over 200 LC Meter Breaststroke)

1	Rossiter-Wargent, Mia	12	Milford Havn	3:14.80	___
2	Hughes, Nancy	16	NexusValleys	3:11.90	___
3	Hall, Isabelle	14	Pembs Cty	3:11.20	___
4	Summerfield, Lucy	13	Llanelli	3:07.30	___
5	Evans, Cadi	13	Swansea Aq	3:10.30	___
6	Dash, Amelie	14	Pembs Cty	3:11.52	___
7	Jewitt, Anya	14	Swansea Aq	3:14.20	___
8	Holmes, Seren	16	Neath	3:14.83	___

Heat 6 of 7 Finals

1	Berner, Iyla	12	Carmarthen	3:03.47	___
2	Knight, Lily	15	Swansea Aq	2:59.60	___
3	Stark, Tala	15	Pembs Cty	2:57.30	___
4	Tree, Charlotte	21	Swansea Uni	2:55.22	___
5	Owen, Kessie	17	Neath	2:57.01	___
6	Huws, Awen	17	NexusValleys	2:57.90	___
7	Parry, Abigail	12	Carmarthen	3:03.00	___
8	Patterson, Hollie	14	Carmarthen	3:07.20	___

Heat 7 of 7 Finals

1	Davies, Isabella	14	Llanelli	2:53.91	___
2	Taffetsauffer, Isabella	14	Llanelli	2:51.50	___
3	Lythgoe, Manon	16	Swansea Aq	2:47.30	___
4	Huellon, Claire	20	Swansea Uni	2:37.77	___
5	Hornby, Rachel	21	Swansea Uni	2:38.88	___
6	Wheeler, Oriana	20	Swansea Uni	2:50.07	___
7	Gibbs, Harriet	17	Amman Valley	2:52.92	___
8	Lewis, Lowri	19	Neath	2:55.16	___

Event 225 Boys 11-12 400 LC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			___
2			___
3			___
4	Llanelli	A	NT
5			___
6			___
7			___
8			___

Event 226 Boys 13-14 400 LC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			___
2	Pembs Cty	A	NT
3	NexusValleys	A	5:06.42
	1) Taylor, Joshua 13	2) Sekula, Szymon 14	
	3) Sekula, Mateusz 14	4) Hughes, Freddy 13	
4	Neath	A	4:37.00
	1) Douglas, Lucas 14	2) Morgan, Thomas 13	
	3) Smudzinski, Max 13	4) Williams, Efan 13	
5	Swansea Aq	A	4:50.00
6	Llanelli	A	NT
7			___
8			___

Event 227 Boys 15-16 400 LC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			___
2			___
3	Llanelli	A	NT
4	Neath	A	4:08.00
	1) Phillips, Ioan 15	2) Hetherington, Trystan 16	
	3) Roberts-Truman, Harri 15	4) Thomas, Iolo 15	
5	Swansea Aq	A	4:12.00
6	Pembs Cty	A	NT
7			___
8			___

Event 228 Boys 17 & Over 400 LC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			___
2			___
3			___
4	Swansea Aq	A	3:58.00
5			___
6			___
7			___
8			___