

West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

Meet Program - Session 4 (Warmup (3.30 - 4.20))

Event 231 Female 11 & Over 50 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 10 Finals

1				—
2				—
3	Hawkins, Lottie	12	Haverfordwes	54.10
4	Titley, Lola	13	Milford Havn	52.43
5	Roberts, Arwyn	12	Afan Valley	53.30
6	Philpott, Lowri SB14	14	Llanelli	55.98
7				—
8				—

Heat 2 of 10 Finals

1	Lennon, Amelia	11	Carmarthen	51.40
2	Williams, April	11	Neath	51.14
3	Leane, Megan	13	Haverfordwes	50.80
4	Davies, Erin	14	C Dolphins	50.70
5	Thomas, Enlli	12	NexusValleys	50.70
6	Fenemore, Emily	13	Carmarthen	50.80
7	Duncan, Ava	13	Amman Valley	51.20
8	Iturbe, Carys	12	Afan Valley	51.70

Heat 3 of 10 Finals

1	Williams, Grace	14	NexusValleys	49.40
2	Ellis, Eve	13	C Dolphins	49.21
3	Hawkins, Betsy-May	14	Llanelli	48.90
4	Massey, Mia	13	C Dolphins	48.45
5	Griffiths, Elizabeth	14	Pembs Cty	48.80
6	Davies, Eva	14	Afan Valley	48.90
7	Williams, Fay	13	Neath	49.32
8	Heron, Edith	13	Aberystwyth	50.12

Heat 4 of 10 Finals

1	Lauder, Beatrix	12	Neath	47.74
2	Davies, Betsi	13	Fishguard	47.39
3	Kurys, Bonnie	12	Carmarthen	47.10
4	Szmigiero, Kaya	12	Aberystwyth	46.54
5	Coles, Aria	12	Neath	46.76
6	Dashfield, Olivia	12	Tenby	47.27
7	Lewis, Martha	14	Carmarthen	47.50
8	Harris, Chloe	13	C Dolphins	48.19

Heat 5 of 10 Finals

1	Gil Wood, Elena	13	Swansea Aq	46.20
2	Longar, Miriam	13	Carmarthen	46.10
3	Perrott, Hannah	15	C Dolphins	45.39
4	Pearce, Ava	14	Afan Valley	44.60
5	Bowen, Seren	15	Carmarthen	44.60
6	Layland, Seren	14	Penyrheol	46.00
7	Jones, Alaw	13	Carmarthen	46.10
8	Griffiths, Isla	12	Pembs Cty	46.40

Heat 6 of 10 Finals

1	Hughes, Megan	12	C Dolphins	44.31
2	Lewis, Evie	12	Pembs Cty	43.90
3	Hughes, Mollie	14	C Dolphins	43.24
4	Wilde, Ayla-Belle	13	NexusValleys	43.10
5	Williams, Efa	17	Neath	43.12
6	Rositer-Wargent, Mia	12	Milford Havn	43.60
7	Blyth, Isobelle	15	Haverfordwes	44.30
8	Davies, Alice	17	Fishguard	44.36

Heat 7 of 10 Finals

1	Alexander, Seren	15	Aberystwyth	42.72
2	Holloway, Olivia	16	Afan Valley	42.20
3	Williams, Paige	13	Swansea Aq	41.90
4	Hall, Isabelle	14	Pembs Cty	40.95
5	Filmer, Gwennan	13	Aberystwyth	41.64
6	Snellgrove, Chloe	15	Neath	41.99
7	Hnoiana, Valentyna	13	Swansea Aq	42.60
8	Jewitt, Anya	14	Swansea Aq	42.74

Heat 8 of 10 Finals

1	Ostrowski, Julia	16	Pembs Cty	40.60
2	Hughes, Nancy	16	NexusValleys	40.20
3	Patterson, Hollie	14	Carmarthen	39.80
4	Knight, Lily	15	Swansea Aq	38.90
5	Evans, Cadi	13	Swansea Aq	39.60
6	Thomas, Medi	17	Llanelli	40.20
7	Gilderdale, Celyn	17	Pembs Cty	40.30
8	Ley, Lucy	17	Swansea Aq	40.70

Heat 9 of 10 Finals

1	Parry, Abigail	12	Carmarthen	38.60
2	Stark, Tala	15	Pembs Cty	38.37
3	Lewis, Lowri	19	Neath	37.14
4	Taffetsauffer, Isabella	14	Llanelli	35.94
5	Owen, Kessie	17	Neath	36.07
6	Phillips, Emily	17	Neath	37.38
7	David, Isabelle	18	Swansea Aq	38.40
8	Davies, Isabella	14	Llanelli	38.75

Heat 10 of 10 Finals

1	Gibbs, Harriet	17	Amman Valley	34.53
2	Mortimer, Connie	20	Swansea Uni	33.85
3	Woodcock, Hannah	21	Swansea Uni	33.10
4	Stoimenova, Kameliya	22	Swansea Uni	31.96
5	Huellon, Claire	20	Swansea Uni	32.66
6	Bissicks, Ella	18	Swansea Aq	33.80
7	Mercer, Olivia	21	Swansea Uni	34.52
8	Knight, Bria	20	Swansea Uni	35.09

Event 232 Boys 11 & Over 200 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 1 Finals

1				—
2	West, Dexter	16	Pembs Cty	2:18.60
3	Armon, Jacob	22	Swansea Uni	2:10.21
4	Ryan, Sam	19	Swansea Uni	2:06.74
5	Chapman, Nathan	21	Swansea Uni	2:06.98
6	Kendrick, Elijah	21	Swansea Uni	2:13.58
7				—
8				—

Event 233 Female 11 & Over 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 8 Finals

1				—
2				—
3	Morgan, Iolah	11	PembrokeDist	1:48.50
4	Iturbe, Carys	12	Afan Valley	1:44.40
5	Snellgrove, Maddie	11	Neath	1:46.00
6				—
7				—
8				—

West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

Meet Program - Session 4 (Warmup (3.30 - 4.20))

Heat 2 Finals (#233 Female 11 & Over 100 LC Meter Butterfly)

1	Kurys, Bonnie	12	Carmarthen	1:43.40	___
2	Kurys, Emiliese	11	Carmarthen	1:39.50	___
3	Roberts Mylan, Sophie	13	Swansea Aq	1:35.80	___
4	Szmigiero, Kaya	12	Aberystwyth	1:33.35	___
5	Dyde, Phoebe	13	Pembs Cty	1:35.20	___
6	Henson, Jessica	12	Pembs Cty	1:37.60	___
7	Rossiter-Wargent, Mia	12	Milford Havn	1:42.14	___
8					___

Heat 3 of 8 Finals

1	Davies, Eva	14	Afan Valley	1:31.20	___
2	Blyth, Isobelle	15	Haverfordwes	1:30.80	___
3	Kaill-Franks, Nia	14	Pembs Cty	1:30.00	___
4	Salmon, Amelia	12	NexusValleys	1:30.00	___
5	Gil Wood, Elena	13	Swansea Aq	1:30.00	___
6	Gwenter, Isobel	11	Neath	1:30.72	___
7	Foldi, Kristina	13	Haverfordwes	1:30.90	___
8	Mitrjaikina, Kerly-Annaly	13	Swansea Aq	1:31.90	___

Heat 4 of 8 Finals

1	Kenny, Jemima	14	Pembs Cty	1:28.00	___
2	Pitans, Caitlin	13	Swansea Aq	1:24.60	___
3	George, Eilir	15	Llanelli	1:23.60	___
4	Bowen, Seren	15	Carmarthen	1:20.60	___
5	Hall, Isabelle	14	Pembs Cty	1:21.91	___
6	Davies, Lowri	17	C Dolphins	1:24.18	___
7	Roberts Mylan, Ffion	13	Swansea Aq	1:27.30	___
8	Hall, Ellena	14	Pembs Cty	1:28.23	___

Heat 5 of 8 Finals

1	Thompson, Freya	15	Pembs Cty	1:20.47	___
2	Rowland, Scarlett	13	Neath	1:20.03	___
3	Short, Amelia	14	Neath	1:17.45	___
4	Clissold, Elizabeth	19	Pembs Cty	1:16.68	___
5	Morgan, Evelyn	14	Llanelli	1:17.09	___
6	Mason, Phoebe	15	Pembs Cty	1:18.70	___
7	Miles, Megan	17	Pembs Cty	1:20.40	___
8	Martin, Phoebe	15	Penyrheol	1:20.50	___

Heat 6 of 8 Finals

1	Catling, Freya	17	C Dolphins	1:15.10	___
2	Bissicks, Cari	14	Neath	1:14.27	___
3	Knight, Cari	17	Penyrheol	1:14.00	___
4	Davies, Isla	12	Amman Valley	1:13.28	___
5	Huws, Awen	17	NexusValleys	1:13.60	___
6	Dash, Amelie	14	Pembs Cty	1:14.20	___
7	David, Isabelle	18	Swansea Aq	1:14.60	___
8	Koo, Kathryn	16	Pembs Cty	1:15.50	___

Heat 7 of 8 Finals

1	Goodliffe, Faith	25	C Dolphins	1:10.53	___
2	Berner, Iyla	12	Carmarthen	1:10.36	___
3	Griffiths, Cerys	15	Pembs Cty	1:09.40	___
4	Geach, Libbie	16	Neath	1:06.92	___
5	Nichols, Grace	15	Pembs Cty	1:07.70	___
6	Coffey, Cora	15	Neath	1:10.04	___
7	Webb, Saskia	18	Pembs Cty	1:10.40	___
8	Gibbs, Harriet	17	Amman Valley	1:11.50	___

Heat 8 of 8 Finals

1	Davis, Bethan	20	Swansea Uni	1:05.81	___
2	Hunter, Olivia	21	Swansea Uni	1:04.46	___
3	Dewsbury, Daisy	20	Swansea Uni	1:03.85	___
4	Roberts, Catherine	22	Swansea Uni	1:01.88	___
5	Willis, Hannah	20	Swansea Uni	1:03.64	___
6	Rose, Katie	19	Swansea Uni	1:04.01	___
7	Crawley, Abigail	20	Swansea Uni	1:05.58	___
8	Fry, Caitlyn	21	Swansea Uni	1:06.13	___

Event 234 Boys 11 & Over 400 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 5 Finals

1					___
2					___
3	Backen, Freddie	13	Pembs Cty	6:12.99	___
4	Bowes, James	13	Carmarthen	5:45.90	___
5	Evans, Sam	13	Pembs Cty	5:52.40	___
6					___
7					___
8					___

Heat 2 of 5 Finals

1	Sekula, Szymon	14	NexusValleys	5:42.30	___
2	Taylor, Joshua	13	NexusValleys	5:38.47	___
3	Sekula, Mateusz	14	NexusValleys	5:28.33	___
4	Grugel, Sam	15	C Dolphins	5:20.70	___
5	Smith, Declan	14	Amman Valley	5:25.50	___
6	Jones, Dafydd	13	Amman Valley	5:33.60	___
7	Chapman, Henry	14	Carmarthen	5:41.10	___
8					___

Heat 3 of 5 Finals

1	Hale, Oliver	14	Swansea Aq	5:17.50	___
2	Hughes-Llewellyn, David	15	Llanelli	5:12.00	___
3	Flynn, Asten	15	NexusValleys	5:04.60	___
4	Harwood, Jack	14	Pembs Cty	4:58.20	___
5	Davies, Ellis	14	Llanelli	5:03.70	___
6	Mills, Thomas	14	Llanelli	5:07.81	___
7	Roberts-Truman, Harri	15	Neath	5:12.24	___
8	Hughes, Freddy	13	NexusValleys	5:19.00	___

Heat 4 of 5 Finals

1	Galbraith, Elian	16	Llanelli	4:46.79	___
2	Williams, Thomas	15	Llanelli	4:32.89	___
3	Bennett, Finley	16	Pembs Cty	4:26.50	___
4	Twigger, Owen	16	Swansea Aq	4:18.60	___
5	Burton, Matt	24	Swansea Uni	4:19.79	___
6	Silverstone, Sol	16	Pembs Cty	4:28.90	___
7	Griffiths, Sam	17	Carmarthen	4:46.50	___
8	Morgan, Ben	16	Pembs Cty	4:53.10	___

Heat 5 of 5 Finals

1	Burton, Luke	22	Swansea Uni	4:12.12	___
2	Clegg, Luke	20	Swansea Uni	4:08.60	___
3	Staines, Luca	21	Swansea Uni	4:04.58	___
4	Adams, Max	21	Swansea Uni	4:01.94	___
5	Braddock, Patrick	21	Swansea Uni	4:03.42	___
6	Gallahger, Dylan	22	Swansea Uni	4:06.70	___
7	Neroshenko, Valeriy	20	Swansea Uni	4:10.12	___
8	Neaves, Archie	20	Swansea Uni	4:14.00	___

West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

Meet Program - Session 4 (Warmup (3.30 - 4.20))

Event 235 Female 11 & Over 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 12 Finals

1	Philpott, Lowri S14	14	Llanelli	3:32.04	___
2	Snellgrove, Maddie	11	Neath	3:15.67	___
3	Arnold, Olivia	12	Milford Havn	3:09.05	___
4	Titley, Lola	13	Milford Havn	3:02.67	___
5	Austin, Sophie Haf	12	C Dolphins	3:07.85	___
6	Dashfield, Olivia	12	Tenby	3:13.05	___
7	Enoch, Erin	11	Carmarthen	3:19.00	___
8					___

Heat 2 of 12 Finals

1	Roberts Mylan, Sophie	13	Swansea Aq	3:01.30	___
2	Foldi, Kristina	13	Haverfordwes	2:59.30	___
3	Morris, Besi	12	Amman Valley	2:58.70	___
4	Jewitt, Sophia	14	Swansea Aq	2:56.60	___
5	Kurys, Bonnie	12	Carmarthen	2:57.70	___
6	Roberts-Truman, Betsan	13	Neath	2:59.18	___
7	Williams, Evie	12	Milford Havn	2:59.49	___
8	Hawkins, Lottie	12	Haverfordwes	3:01.70	___

Heat 3 of 12 Finals

1	Roberts, Arwyn	12	Afan Valley	2:55.70	___
2	Fenemore, Emily	13	Carmarthen	2:54.40	___
3	Griffiths, Isla	12	Pembs Cty	2:53.30	___
4	Thomas, Carys	14	Penyrheol	2:52.70	___
5	Hughes, Megan	12	C Dolphins	2:52.90	___
6	Roberts Mylan, Ffion	13	Swansea Aq	2:54.00	___
7	Clement, Darcey	13	Afan Valley	2:55.10	___
8	Lauder, Beatrix	12	Neath	2:56.58	___

Heat 4 of 12 Finals

1	Kurys, Emiliese	11	Carmarthen	2:52.50	___
2	Morris, Blair	12	Neath	2:52.05	___
3	Lewis, Martha	14	Carmarthen	2:51.40	___
4	Griffiths, Elizabeth	14	Pembs Cty	2:48.95	___
5	Wells, Iris	14	C Dolphins	2:51.05	___
6	Coles, Aria	12	Neath	2:51.60	___
7	Parry, Abigail	12	Carmarthen	2:52.30	___
8	Mason, Ezmee	12	Pembs Cty	2:52.50	___

Heat 5 of 12 Finals

1	Hawkins, Betsy-May	14	Llanelli	2:47.70	___
2	Williams, April	11	Neath	2:46.89	___
3	Morris, Ffion	13	Pembs Cty	2:46.10	___
4	Williams, Fay	13	Neath	2:45.74	___
5	Andreassen, Freya	14	Amman Valley	2:46.00	___
6	Kaill-Franks, Nia	14	Pembs Cty	2:46.80	___
7	Gil Wood, Elena	13	Swansea Aq	2:47.00	___
8	Wood, Lilly	12	Neath	2:48.83	___

Heat 6 of 12 Finals

1	Harris, Chloe	13	C Dolphins	2:44.96	___
2	May, Gwen	13	NexusValleys	2:42.80	___
3	Layland, Seren	14	Penyrheol	2:42.20	___
4	Pitans, Caitlin	13	Swansea Aq	2:40.60	___
5	Miles, Megan	17	Pembs Cty	2:42.01	___
6	Lewis, Megan	14	Neath	2:42.66	___
7	Williams, Eirwen	13	Neath	2:44.20	___
8	Richards, Amber	16	C Dolphins	2:45.41	___

Heat 7 of 12 Finals

1	Mitrjaikina, Kerly-Annaly	13	Swansea Aq	2:40.10	___
2	Snellgrove, Chloe	15	Neath	2:39.46	___
3	Davies, Ava-Rose	12	Llanelli	2:38.80	___
4	Stark, Tala	15	Pembs Cty	2:38.20	___
5	Lewis, Evie	12	Pembs Cty	2:38.67	___
6	Holloway, Olivia	16	Afan Valley	2:39.30	___
7	Powell, Nina	13	Pembs Cty	2:39.53	___
8	Kenny, Jemima	14	Pembs Cty	2:40.40	___

Heat 8 of 12 Finals

1	Perrott, Niamh	16	Swansea Aq	2:36.30	___
2	Koo, Kathryn	16	Pembs Cty	2:36.06	___
3	Jenkins, Alexandra	16	Swansea Aq	2:33.10	___
4	Giles, Seren	15	Neath	2:32.08	___
5	Jenkins, Elli	14	Swansea Aq	2:32.80	___
6	Davies, Elizabeth	12	Pembs Cty	2:34.22	___
7	Bray, Bethan	19	C Dolphins	2:36.20	___
8	Griffiths, Ffion	14	Pembs Cty	2:36.80	___

Heat 9 of 12 Finals

1	Bruce, Skye	16	Pembs Cty	2:30.00	___
2	Clifford, Bethany	18	Neath	2:29.76	___
3	Thompson, Freya	15	Pembs Cty	2:29.00	___
4	Cressey-Rodgers, Gwenllian	15	Carmarthen	2:28.52	___
5	Filmer, Gwennan	13	Aberystwyth	2:28.98	___
6	Williams, Paige	13	Swansea Aq	2:29.10	___
7	Patterson, Hollie	14	Carmarthen	2:29.80	___
8	Davies, Erin	14	C Dolphins	2:31.98	___

Heat 10 of 12 Finals

1	Ley, Lucy	17	Swansea Aq	2:27.80	___
2	Upton-Boorman, Isabella	15	Carmarthen	2:26.36	___
3	Clissold, Bronwyn	17	Pembs Cty	2:24.00	___
4	Williams, Marys	16	Swansea Aq	2:23.40	___
5	Gilderdale, Celyn	17	Pembs Cty	2:23.46	___
6	Davies, Isla	12	Amman Valley	2:24.95	___
7	Davies, Isabella	14	Llanelli	2:26.90	___
8	Mcfarlane, Una	14	Pembs Cty	2:28.26	___

Heat 11 of 12 Finals

1	Galdes Cutting, Daisy	14	Pembs Cty	2:21.36	___
2	Philpott, Ffion	16	Llanelli	2:18.97	___
3	Clissold, Elizabeth	19	Pembs Cty	2:17.40	___
4	King, Marley	17	Penyrheol	2:14.50	___
5	Burns, Freya	14	Amman Valley	2:16.86	___
6	Webb, Saskia	18	Pembs Cty	2:18.60	___
7	Berner, Iyla	12	Carmarthen	2:20.15	___
8	Lythgoe, Manon	16	Swansea Aq	2:21.90	___

Heat 12 of 12 Finals

1	Nichols, Grace	15	Pembs Cty	2:14.26	___
2	Stokes, Aimee	21	Swansea Uni	2:10.62	___
3	Davies, Megan	20	Swansea Uni	2:10.11	___
4	Sutton, Rebecca	24	Swansea Uni	2:03.59	___
5	Griffiths, Cerys	15	Pembs Cty	2:08.68	___
6	Crawley, Abigail	20	Swansea Uni	2:10.38	___
7	Rees, Katie	27	Swansea Uni	2:11.40	___
8	Hatton-Ellis, Isabelle	17	Swansea Aq	2:14.30	___

West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

Meet Program - Session 4 (Warmup (3.30 - 4.20))

Event 236 Boys 11-12 400 LC Meter Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			---
2			---
3			---
4	Llanelli	A	NT
5			---
6			---
7			---
8			---

Event 237 Boys 13-14 400 LC Meter Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			---
2			---
3	Swansea Aq	A	5:26.00
4	Neath	A	4:50.67
	1) Smudzinski, Max 13	2) Morgan, Thomas 13	
	3) Douglas, Lucas 14	4) Williams, Efan 13	
5	NexusValleys	A	5:20.00
	1) Lummis, Ralph 14	2) Sekula, Mateusz 14	
	3) Hughes, Freddy 13	4) Taylor, Joshua 13	
6	Llanelli	A	NT
7			---
8			---

Event 238 Boys 15-16 400 LC Meter Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			---
2			---
3	Pembs Cty	A	NT
4	Neath	A	4:29.00
	1) Thomas, Iolo 15	2) Phillips, Ioan 15	
	3) Roberts-Truman, Harri 15	4) Hetherington, Trystan 16	
5	Swansea Aq	A	4:39.00
6	Llanelli	A	NT
7			---
8			---

Event 239 Boys 17 & Over 400 LC Meter Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			---
2			---
3			---
4	Swansea Aq	A	4:19.00
5			---
6			---
7			---
8			---