

West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

Meet Program - Session 5 (Warmup 8.00 - 8.50)

Event 311 Female 11 & Over 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 14 Finals				
1				—
2				—
3	Owen, Maisie	12	Neath	3:46.01
4	Snellgrove, Maddie	11	Neath	3:43.32
5	Prince, Edith	11	Swansea Aq	3:45.40
6				—
7				—
8				—
Heat 2 of 14 Finals				
1	Mason, Ezmee	12	Pembs Cty	3:39.10
2	Francis, Mia	12	Haverfordwes	3:36.80
3	Polverino, Tilly	12	Neath	3:33.48
4	Gardner-Rolfe, Mia	13	Swansea Aq	3:31.70
5	Davies, Betsi	13	Fishguard	3:32.32
6	Edmunds, Freya	12	Llanelli	3:35.00
7	Williams, Kelsey	12	NexusValleys	3:37.10
8				—
Heat 3 of 14 Finals				
1	Kurys, Bonnie	12	Carmarthen	3:30.80
2	Hawkins, Lottie	12	Haverfordwes	3:27.60
3	Iturbe, Carys	12	Afan Valley	3:26.60
4	Morris, Besi	12	Amman Valley	3:23.00
5	Williams, Grace	14	NexusValleys	3:25.60
6	Wilde, Ayla-Belle	13	NexusValleys	3:26.98
7	Davies, Alana	13	Neath	3:30.67
8	Roberts, Arwyn	12	Afan Valley	3:31.60
Heat 4 of 14 Finals				
1	Massey, Mia	13	C Dolphins	3:22.30
2	Lewis, Martha	14	Carmarthen	3:22.00
3	Fenemore, Emily	13	Carmarthen	3:20.60
4	Jones, Ashleigh	15	Carmarthen	3:19.30
5	May, Gwen	13	NexusValleys	3:20.00
6	Percival, Bella	13	C Dolphins	3:21.33
7	Foldi, Kristina	13	Haverfordwes	3:22.00
8	Roberts Mylan, Sophie	13	Swansea Aq	3:22.50
Heat 5 of 14 Finals				
1	Jewitt, Sophia	14	Swansea Aq	3:17.80
2	Szmigiero, Kaya	12	Aberystwyth	3:17.30
3	Griffiths, Elizabeth	14	Pembs Cty	3:17.10
4	Williams, April	11	Neath	3:15.36
5	Williams, Evie	12	Milford Havn	3:16.15
6	Rees-Davies, Saoirse	14	Llanelli	3:17.10
7	Clement, Darcey	13	Afan Valley	3:17.40
8	Edwards, Ffion	14	Penyrheol	3:18.10
Heat 6 of 14 Finals				
1	Pinnock, Betsan	13	Swansea Aq	3:14.80
2	Lewis, Evie	12	Pembs Cty	3:14.10
3	Fry, Tilly	13	Llanelli	3:13.80
4	Gale, Jasmine	15	Afan Valley	3:13.20
5	Davies, Eva	14	Afan Valley	3:13.30
6	Perrott, Hannah	15	C Dolphins	3:13.84
7	Williams, Fay	13	Neath	3:14.15
8	Henson, Jessica	12	Pembs Cty	3:15.20

Heat 7 of 14 Finals

1	Williams, Lois	13	Swansea Aq	3:12.50
2	Griffiths, Isla	12	Pembs Cty	3:11.20
3	Wilcockson, Alys	15	Aberystwyth	3:07.65
4	Kenny, Jemima	14	Pembs Cty	3:07.50
5	Powell, Nina	13	Pembs Cty	3:07.60
6	Harris, Chloe	13	C Dolphins	3:09.00
7	Jones, Alexa	12	Llanelli	3:11.70
8	Roberts Mylan, Ffion	13	Swansea Aq	3:12.80

Heat 8 of 14 Finals

1	Coles, Aria	12	Neath	3:04.50
2	Gil Wood, Elena	13	Swansea Aq	3:04.40
3	Kaill-Franks, Nia	14	Pembs Cty	3:04.15
4	Bowen, Seren	15	Carmarthen	3:03.70
5	Dyde, Phoebe	13	Pembs Cty	3:03.70
6	Pitans, Caitlin	13	Swansea Aq	3:04.20
7	Morris, Ffion	13	Pembs Cty	3:04.40
8	Evans, Cadi	13	Swansea Aq	3:06.60

Heat 9 of 14 Finals

1	Ostrowski, Julia	16	Pembs Cty	2:59.50
2	Davies, Erin	14	C Dolphins	2:58.36
3	Davies, Elizabeth	12	Pembs Cty	2:57.68
4	Collins-Falconer, Alesha	17	NexusValleys	2:56.70
5	Martin, Phoebe	15	Penyrheol	2:56.90
6	Dafydd, Mali	15	Carmarthen	2:57.70
7	Davies, Ava-Rose	12	Llanelli	2:59.50
8	Griffiths, Ffion	14	Pembs Cty	3:01.70

Heat 10 of 14 Finals

1	Short, Amelia	14	Neath	2:55.72
2	Jones, Hunydd	14	Carmarthen	2:53.50
3	Hall, Ellena	14	Pembs Cty	2:52.70
4	Beasley, Evaleigh	12	Swansea Aq	2:51.80
5	Hall, Isabelle	14	Pembs Cty	2:52.20
6	Summerfield, Lucy	13	Llanelli	2:52.80
7	Jenkins, Alexandra	16	Swansea Aq	2:54.00
8	Morgan, Evelyn	14	Llanelli	2:56.27

Heat 11 of 14 Finals

1	Thompson, Freya	15	Pembs Cty	2:50.50
2	Williams, Paige	13	Swansea Aq	2:49.50
3	Cressey-Rodgers, Gwenllian	15	Carmarthen	2:48.98
4	Mason, Phoebe	15	Pembs Cty	2:48.60
5	Perrott, Niamh	16	Swansea Aq	2:48.80
6	Kazmiruk, Anastasiia	14	Amman Valley	2:49.50
7	Mcfarlane, Una	14	Pembs Cty	2:50.50
8	Bruce, Skye	16	Pembs Cty	2:50.80

Heat 12 of 14 Finals

1	Stark, Tala	15	Pembs Cty	2:48.30
2	Knight, Lily	15	Swansea Aq	2:47.60
3	Filmer, Gwennan	13	Aberystwyth	2:46.45
4	Galdes Cutting, Daisy	14	Pembs Cty	2:43.98
5	Coffey, Cora	15	Neath	2:46.14
6	Ley, Lucy	17	Swansea Aq	2:46.90
7	Holmes, Seren	16	Neath	2:48.17
8	Upton-Boorman, Isabella	15	Carmarthen	2:48.57

West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

Meet Program - Session 5 (Warmup 8.00 - 8.50)

Heat 13 Finals (#311 Female 11 & Over 200 LC Meter IM)

1	Webb, Saskia	18	Pembs Cty	2:42.60	___
2	Burns, Freya	14	Amman Valley	2:39.61	___
3	King, Marley	17	Penyrheol	2:37.20	___
4	Tree, Charlotte	21	Swansea Uni	2:36.40	___
5	Berner, Iyla	12	Carmarthen	2:36.94	___
6	Taffetsauffer, Isabella	14	Llanelli	2:39.40	___
7	Davies, Isla	12	Amman Valley	2:41.39	___
8	Dash, Amelie	14	Pembs Cty	2:43.10	___

Heat 14 of 14 Finals

1	Geach, Libbie	16	Neath	2:34.45	___
2	Lewis, Lowri	19	Neath	2:33.54	___
3	Davis, Bethan	20	Swansea Uni	2:31.31	___
4	Dickinson, Jessica	20	Swansea Uni	2:23.17	___
5	Hornby, Rachel	21	Swansea Uni	2:23.98	___
6	Dewsbury, Daisy	20	Swansea Uni	2:32.95	___
7	Griffiths, Cerys	15	Pembs Cty	2:33.80	___
8	Gillett, Keira	20	Swansea Uni	2:35.81	___

Event 312 Boys 11 & Over 400 LC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1					___
2					___
3	Sekula, Szymon	14	NexusValleys	6:12.70	___
4	Sekula, Mateusz	14	NexusValleys	5:52.10	___
5	Thomas, Rhys	15	Pembs Cty	5:53.00	___
6	Lerigo, Oli	15	Aberystwyth	6:13.34	___
7					___
8					___

Heat 2 of 2 Finals

1	Williams, Thomas	15	Llanelli	5:18.65	___
2	Bennett, Finley	16	Pembs Cty	5:07.60	___
3	Upton-Boorman, Liam	18	Carmarthen	5:02.25	___
4	Patsalides, Antonis	23	Swansea Uni	4:38.53	___
5	Neaves, Archie	20	Swansea Uni	4:45.72	___
6	Phillips, Finley	15	Carmarthen	5:04.11	___
7	Richardson, Osian	17	Swansea Aq	5:11.20	___
8	Davies, Gethin	16	Pembs Cty	5:36.80	___

Event 313 Female 11 & Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Finals

1	Philpott, Lowri SB14	14	Llanelli	2:00.14	___
2	Bowen, Ella	12	Llanelli	1:58.60	___
3	Francis, Mia	12	Haverfordwes	1:54.40	___
4	Leane, Megan	13	Haverfordwes	1:53.00	___
5	Boyle, Samantha	11	Carmarthen	1:53.20	___
6	Phillips, Isabelle	12	Haverfordwes	1:55.90	___
7	Alexander, Fflur	12	Aberystwyth	1:59.50	___
8					___

Heat 2 of 8 Finals

1	Heron, Edith	13	Aberystwyth	1:51.36	___
2	Williams, Fay	13	Neath	1:48.20	___
3	Rice, Lily	21	Pembs Cty	1:47.88	___
4	Duncan, Ava	13	Amman Valley	1:46.56	___
5	Davies, Betsi	13	Fishguard	1:47.11	___
6	Polverino, Tilly	12	Neath	1:47.94	___
7	Owen, Maisie	12	Neath	1:49.91	___
8	Lennon, Amelie	11	Carmarthen	1:51.60	___

Heat 3 of 8 Finals

1	Rees-Davies, Saoirse	14	Llanelli	1:43.90	___
2	Gwenter, Isobel	11	Neath	1:42.97	___
3	Salmon, Amelia	12	NexusValleys	1:41.80	___
4	Kurys, Bonnie	12	Carmarthen	1:40.70	___
5	Wilcockson, Alys	15	Aberystwyth	1:40.90	___
6	Gil Wood, Elena	13	Swansea Aq	1:42.20	___
7	Jones, Alaw	13	Carmarthen	1:43.80	___
8	Griffiths, Isla	12	Pembs Cty	1:45.70	___

Heat 4 of 8 Finals

1	Pearce, Ava	14	Afan Valley	1:39.60	___
2	Thomas, Nikita	16	Llanelli	1:38.60	___
3	Lewis, Evie	12	Pembs Cty	1:37.17	___
4	Heredia-Rowe, Rhiannon	19	Neath	1:35.94	___
5	Hughes, Megan	12	C Dolphins	1:37.07	___
6	Wilde, Ayla-Belle	13	NexusValleys	1:37.70	___
7	Rowland, Scarlett	13	Neath	1:39.02	___
8	Longar, Miriam	13	Carmarthen	1:40.50	___

Heat 5 of 8 Finals

1	Rossiter-Wargent, Mia	12	Milford Havn	1:34.52	___
2	Snellgrove, Chloe	15	Neath	1:33.81	___
3	Jewitt, Anya	14	Swansea Aq	1:32.40	___
4	Dash, Amelie	14	Pembs Cty	1:30.10	___
5	Dafydd, Iola	16	Carmarthen	1:31.00	___
6	Alexander, Seren	15	Aberystwyth	1:32.61	___
7	Filmer, Gwennan	13	Aberystwyth	1:33.90	___
8	Hughes, Mollie	14	C Dolphins	1:34.73	___

Heat 6 of 8 Finals

1	Summerfield, Lucy	13	Llanelli	1:29.30	___
2	Hall, Isabelle	14	Pembs Cty	1:28.10	___
3	Patterson, Hollie	14	Carmarthen	1:27.70	___
4	David, Isabelle	18	Swansea Aq	1:25.30	___
5	Hughes, Tirion	14	Swansea Aq	1:26.70	___
6	Holmes, Seren	16	Neath	1:27.76	___
7	Hughes, Nancy	16	NexusValleys	1:28.90	___
8	Evans, Cadi	13	Swansea Aq	1:29.50	___

Heat 7 of 8 Finals

1	Gillett, Keira	20	Swansea Uni	1:24.12	___
2	Bissicks, Cari	14	Neath	1:23.70	___
3	Stark, Tala	15	Pembs Cty	1:21.80	___
4	Taffetsauffer, Isabella	14	Llanelli	1:19.61	___
5	Owen, Kessie	17	Neath	1:20.31	___
6	Phillips, Emily	17	Neath	1:23.52	___
7	Davies, Isabella	14	Llanelli	1:23.85	___
8	Knight, Lily	15	Swansea Aq	1:24.60	___

Heat 8 of 8 Finals

1	Rees, Katie	27	Swansea Uni	1:17.50	___
2	Mortimer, Connie	20	Swansea Uni	1:16.04	___
3	Huellon, Claire	20	Swansea Uni	1:12.67	___
4	Stoimenova, Kameliya	22	Swansea Uni	1:09.31	___
5	Woodcock, Hannah	21	Swansea Uni	1:12.60	___
6	Bissicks, Ella	18	Swansea Aq	1:14.73	___
7	Mercer, Olivia	21	Swansea Uni	1:16.45	___
8	Gibbs, Harriet	17	Amman Valley	1:18.00	___

West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

Meet Program - Session 5 (Warmup 8.00 - 8.50)

Event 314 Boys 11 & Over 200 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Finals

1				—
2				—
3	Treinis, Lucian	11	Tenby	3:28.01
4	Backen, Freddie	13	Pembs Cty	3:12.48
5	Lummis, Ralph	14	NexusValleys	3:12.50
6				—
7				—
8				—

Heat 2 of 5 Finals

1	Banner, Harry	13	Penyrheol	3:12.20
2	Morgan, Thomas	13	Neath	3:09.07
3	Lloyd, Vincent-Owen	12	Swansea Aq	3:06.80
4	Antwhistle, Isaac	13	Swansea Aq	2:57.80
5	Marques-Jones, Felix	13	Amman Valley	3:01.40
6	George, Kieran	14	Milford Havn	3:07.07
7	McAdie, Isaac	13	Swansea Aq	3:12.10
8				—

Heat 3 of 5 Finals

1	Lerigo, Oli	15	Aberystwyth	2:56.47
2	Santos, Liam	16	Milford Havn	2:51.23
3	Hughes, Freddy	13	NexusValleys	2:49.00
4	Flynn, Asten	15	NexusValleys	2:46.40
5	Hall, Ethan	16	Fishguard	2:46.89
6	Waters, Toby	14	Swansea Aq	2:50.20
7	Hughes-Llewellyn, David	15	Llanelli	2:52.80
8	Taylor, Joshua	13	NexusValleys	2:56.70

Heat 4 of 5 Finals

1	Burt, Caio	15	Llanelli	2:44.90
2	Harris, Osian	16	Pembs Cty	2:40.10
3	Davies, Ellis	14	Llanelli	2:35.80
4	King, Ethan	13	Penyrheol	2:28.90
5	Harwood, Jack	14	Pembs Cty	2:30.00
6	Noden, Rory	13	Pembs Cty	2:36.70
7	Gray, Gruffudd	16	Swansea Aq	2:40.60
8	Hale, Oliver	14	Swansea Aq	2:45.90

Heat 5 of 5 Finals

1	Montague, Mason	17	Pembs Cty	2:21.50
2	Keeble, Alex	21	Swansea Uni	2:16.97
3	West, Dexter	16	Pembs Cty	2:12.50
4	Hollinsky, Gideon	20	Swansea Uni	2:08.79
5	Armon, Jacob	22	Swansea Uni	2:12.10
6	Thomas, Iolo	15	Neath	2:16.35
7	Johnson, Louis	21	Swansea Uni	2:19.51
8	Elmes, Max	14	Carmarthen	2:21.88

Event 315 Female 11 & Over 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 21 Finals

1				—
2	Tooze, Moli	11	Aberystwyth	43.52
3	Lennon, Amelia	11	Carmarthen	42.60
4	Enoch, Erin	11	Carmarthen	41.30
5	Watson, Isabelle	12	Neath	41.83
6	McFarlane, Mali	11	Milford Havn	43.11
7				—
8				—

Heat 2 of 21 Finals

1	Shepherd, Amelia	11	C Dolphins	40.73
2	Boyle, Samantha	11	Carmarthen	40.30
3	Owen, Maisie	12	Neath	40.15
4	Jenkins, Alys	13	Amman Valley	39.68
5	Harding, Esmee	11	Neath	40.14
6	Phillips, Isabelle	12	Haverfordwes	40.20
7	Polverino, Tilly	12	Neath	40.30
8	Clay, Emelia	11	Swansea Aq	41.00

Heat 3 of 21 Finals

1	Morgan, Iolah	11	PembrokeDist	39.46
2	Snellgrove, Maddie	11	Neath	39.19
3	Edmunds, Freya	12	Llanelli	38.80
4	Mekael, Jolie	12	Neath	38.58
5	Longar, Miriam	13	Carmarthen	38.60
6	Williams, Kelsey	12	NexusValleys	39.14
7	Austin, Sophie Haf	12	C Dolphins	39.33
8	Goss, Lucia	13	C Dolphins	39.65

Heat 4 of 21 Finals

1	Prince, Edith	11	Swansea Aq	38.30
2	Arnold, Olivia	12	Milford Havn	37.99
3	Duncan, Ava	13	Amman Valley	37.80
4	Roberts Mylan, Sophie	13	Swansea Aq	37.56
5	Fenemore, Emily	13	Carmarthen	37.60
6	Roberts, Arwyn	12	Afan Valley	37.90
7	Richards, Chloe-Elin	13	C Dolphins	38.12
8	Thomas, Enlli	12	NexusValleys	38.30

Heat 5 of 21 Finals

1	Lewis, Martha	14	Carmarthen	37.30
2	Baylis, Ellie	13	Penyrheol	37.10
3	Jewitt, Anya	14	Swansea Aq	37.03
4	Davies, Halle	11	Amman Valley	37.00
5	Kurys, Emiliese	11	Carmarthen	37.00
6	Rossiter-Wargent, Mia	12	Milford Havn	37.06
7	Kurys, Bonnie	12	Carmarthen	37.20
8	Davies, Betsi	13	Fishguard	37.45

Heat 6 of 21 Finals

1	Davies, Alana	13	Neath	36.84
2	Foldi, Kristina	13	Haverfordwes	36.70
3	Clement, Darcey	13	Afan Valley	36.50
4	Roberts-Truman, Betsan	13	Neath	36.43
5	Joseph, Ellie	13	C Dolphins	36.45
6	Massey, Mia	13	C Dolphins	36.66
7	Hawkins, Lottie	12	Haverfordwes	36.70
8	Mason, Ezmee	12	Pembs Cty	36.92

Heat 7 of 21 Finals

1	Gardner-Rolfe, Mia	13	Swansea Aq	36.40
2	Deganello, Isabella	14	Swansea Aq	36.25
3	Williams, Evie	12	Milford Havn	35.87
4	Thomas, Eden	12	Neath	35.73
5	Pitans, Caitlin	13	Swansea Aq	35.80
6	May, Gwen	13	NexusValleys	36.05
7	Iturbe, Carys	12	Afan Valley	36.30
8	Morris, Besi	12	Amman Valley	36.40

West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

Meet Program - Session 5 (Warmup 8.00 - 8.50)

Heat 8 Finals (#315 Female 11 & Over 50 LC Meter Freestyle)

1	Pinnock, Betsan	13	Swansea Aq	35.60	_____
2	Hughes, Megan	12	C Dolphins	35.57	_____
3	Morris, Blair	12	Neath	35.50	_____
4	Francis, Mia	12	Haverfordwes	35.40	_____
5	Williams, Grace	14	NexusValleys	35.50	_____
6	Williams, April	11	Neath	35.51	_____
7	Henson, Jessica	12	Pembs Cty	35.60	_____
8	David, Emily	14	Haverfordwes	35.60	_____

Heat 9 of 21 Finals

1	Roberts Mylan, Ffion	13	Swansea Aq	35.28	_____
2	Thomas, Leah	14	Haverfordwes	35.10	_____
3	Perrott, Hannah	15	C Dolphins	34.62	_____
4	Gale, Jasmine	15	Afan Valley	34.60	_____
5	Davies, Eva	14	Afan Valley	34.60	_____
6	Thomas, Carys	14	Penyrheol	34.95	_____
7	Richards, Amber	16	C Dolphins	35.10	_____
8	McAdie, Imogen	16	Swansea Aq	35.30	_____

Heat 10 of 21 Finals

1	Jones, Ashleigh	15	Carmarthen	34.40	_____
2	Davies, Ava-Rose	12	Llanelli	34.20	_____
3	Gil Wood, Elena	13	Swansea Aq	34.10	_____
4	Jones, Alaw	13	Carmarthen	34.00	_____
5	Evans, Annie	14	Neath	34.02	_____
6	Coles, Aria	12	Neath	34.16	_____
7	Andreassen, Freya	14	Amman Valley	34.40	_____
8	Launder, Beatrix	12	Neath	34.55	_____

Heat 11 of 21 Finals

1	Alexander, Seren	15	Aberystwyth	33.93	_____
2	Szmigiero, Kaya	12	Aberystwyth	33.75	_____
3	Wood, Lilly	12	Neath	33.56	_____
4	Collins-Falconer, Alesha	17	NexusValleys	33.30	_____
5	Jenkins, Elli	14	Swansea Aq	33.40	_____
6	Kasto, Evie	14	Swansea Aq	33.60	_____
7	Wilcockson, Alys	15	Aberystwyth	33.83	_____
8	Harris, Chloe	13	C Dolphins	33.93	_____

Heat 12 of 21 Finals

1	Pearce, Ava	14	Afan Valley	33.20	_____
2	Price, Seren -louise	13	Carmarthen	33.10	_____
3	Knight, Lily	15	Swansea Aq	32.80	_____
4	Giles, Seren	15	Neath	32.62	_____
5	Griffiths, Elizabeth	14	Pembs Cty	32.68	_____
6	Snellgrove, Chloe	15	Neath	33.06	_____
7	Short, Amelia	14	Neath	33.15	_____
8	Williams, Efa	17	Neath	33.21	_____

Heat 13 of 21 Finals

1	Holloway, Olivia	16	Afan Valley	32.50	_____
2	Hall, Ellena	14	Pembs Cty	32.42	_____
3	Bowen, Seren	15	Carmarthen	32.40	_____
4	Edwards, Isabel	16	Penyrheol	32.40	_____
5	Beasley, Evaleigh	12	Swansea Aq	32.40	_____
6	Dafydd, Mali	15	Carmarthen	32.40	_____
7	Conway, Erin	16	Swansea Aq	32.47	_____
8	Mason, Phoebe	15	Pembs Cty	32.53	_____

Heat 14 of 21 Finals

1	George, Eilir	15	Llanelli	32.20	_____
2	Mcfarlane, Una	14	Pembs Cty	32.16	_____
3	Davies, Erin	14	C Dolphins	32.05	_____
4	Hughes, Tirion	14	Swansea Aq	31.88	_____
5	Davies, Elizabeth	12	Pembs Cty	32.01	_____
6	Bruce, Skye	16	Pembs Cty	32.14	_____
7	Martin, Phoebe	15	Penyrheol	32.20	_____
8	Clifford, Bethany	18	Neath	32.37	_____

Heat 15 of 21 Finals

1	Thomas, Nyla	18	Neath	31.71	_____
2	Goodman, Lola	14	Swansea Aq	31.60	_____
3	Perrott, Niamh	16	Swansea Aq	31.50	_____
4	Morgan, Evelyn	14	Llanelli	31.48	_____
5	Thompson, Freya	15	Pembs Cty	31.50	_____
6	Griffiths, Ffion	14	Pembs Cty	31.50	_____
7	Jones, Hunydd	14	Carmarthen	31.70	_____
8	Filmer, Gwennan	13	Aberystwyth	31.72	_____

Heat 16 of 21 Finals

1	Watkins, Mylee	15	Neath	31.39	_____
2	Thomas, Medi	17	Llanelli	31.30	_____
3	Thomas, Caitlin	17	Penyrheol	31.19	_____
4	Ostrowski, Julia	16	Pembs Cty	31.10	_____
5	Layland, Seren	14	Penyrheol	31.11	_____
6	Thomas, Nikita	16	Llanelli	31.22	_____
7	Goodman, Evie	14	Swansea Aq	31.34	_____
8	Philpott, Ffion	16	Llanelli	31.44	_____

Heat 17 of 21 Finals

1	Ley, Lucy	17	Swansea Aq	30.90	_____
2	Upton-Boorman, Isabella	15	Carmarthen	30.62	_____
3	Knight, Cari	17	Penyrheol	30.33	_____
4	Bissicks, Cari	14	Neath	30.31	_____
5	Sedgemore, Lola	13	Neath	30.32	_____
6	Burns, Freya	14	Amman Valley	30.41	_____
7	Miles, Megan	17	Pembs Cty	30.75	_____
8	Cressey-Rodgers, Gwenllian	15	Carmarthen	30.98	_____

Heat 18 of 21 Finals

1	Koo, Kathryn	16	Pembs Cty	30.20	_____
2	Williams, Marys	16	Swansea Aq	30.13	_____
3	Smart, Charlotte	18	Swansea Aq	29.88	_____
4	Huws, Awen	17	NexusValleys	29.70	_____
5	Gilderdale, Celyn	17	Pembs Cty	29.80	_____
6	Arnold, Lily	17	Milford Havn	30.10	_____
7	Owen, Kessie	17	Neath	30.18	_____
8	Coffey, Cora	15	Neath	30.26	_____

Heat 19 of 21 Finals

1	Clapham, Rhiannon	20	Fishguard	29.55	_____
2	Clissold, Bronwyn	17	Pembs Cty	29.46	_____
3	Goodliffe, Faith	25	C Dolphins	29.35	_____
4	Williams, Hollie	18	Llanelli	29.22	_____
5	Clissold, Elizabeth	19	Pembs Cty	29.34	_____
6	Davies, Isla	12	Amman Valley	29.36	_____
7	Davies, Rachel	20	Swansea Uni	29.55	_____
8	Hatton-Ellis, Isabelle	17	Swansea Aq	29.70	_____

West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025**Meet Program - Session 5 (Warmup 8.00 - 8.50)****Heat 20 Finals (#315 Female 11 & Over 50 LC Meter Freestyle)**

1	Carter, Ava	17	Penyrheol	29.00	___
2	Berner, Iyla	12	Carmarthen	28.75	___
3	Lewis, Lowri	19	Neath	28.67	___
4	Butcher, Katherine	21	Swansea Uni	28.49	___
5	Tucker, Holly	17	Swansea Aq	28.57	___
6	Geach, Libbie	16	Neath	28.68	___
7	King, Marley	17	Penyrheol	28.82	___
8	Gibbs, Harriet	17	Amman Valley	29.19	___

Heat 21 of 21 Finals

1	Knight, Bria	20	Swansea Uni	28.24	___
2	Stokes, Aimee	21	Swansea Uni	27.99	___
3	Stead, Martha	20	Swansea Uni	27.46	___
4	Dickinson, Jessica	20	Swansea Uni	26.97	___
5	Lush, Emily	23	Swansea Uni	27.37	___
6	Leggott, Holly	23	Swansea Uni	27.74	___
7	Nichols, Grace	15	Pembs Cty	28.08	___
8	Fry, Caitlyn	21	Swansea Uni	28.39	___

Event 316 Boys 11-12 800 LC Meter Freestyle Relay

Team	Relay	Seed Time
---	No entries for event	

Event 317 Boys 13-14 800 LC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			___
2			___
3	Llanelli	A	NT
4	NexusValleys	A	10:56.19
	1) Taylor, Joshua 13	2) Sekula, Mateusz 14	
	3) Sekula, Szymon 14	4) Hughes, Freddy 13	
5	Swansea Aq	A	11:06.00
6			___
7			___
8			___

Event 318 Boys 15-16 800 LC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1			___
2			___
3	Pembs Cty	A	NT
4	Swansea Aq	A	9:35.00
5	Llanelli	A	NT
6			___
7			___
8			___

Event 319 Boys 17 & Over 800 LC Meter Freestyle Relay

Team	Relay	Seed Time
---	No entries for event	