

West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

Meet Program - Session 6 (Warmup (12.00 - 12.50))

Event 321 Female 11 & Over 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 12 Finals

1				—
2	Arnold, Olivia	12	Milford Havn	1:43.57
3	Davies, Betsi	13	Fishguard	1:39.80
4	Iturbe, Carys	12	Afan Valley	1:38.60
5	Snellgrove, Maddie	11	Neath	1:38.88
6	Boyle, Samantha	11	Carmarthen	1:42.60
7	Antwhistle, Esme	11	Swansea Aq	1:46.16
8				—

Heat 2 of 12 Finals

1	Wilde, Ayla-Belle	13	NexusValleys	1:38.00
2	Phillips, Isabelle	12	Haverfordwes	1:36.60
3	Prince, Edith	11	Swansea Aq	1:35.60
4	Kurys, Bonnie	12	Carmarthen	1:33.90
5	Foldi, Kristina	13	Haverfordwes	1:35.20
6	Richards, Chloe-Elin	13	C Dolphins	1:35.67
7	Heron, Edith	13	Aberystwyth	1:36.97
8	Joseph, Ellie	13	C Dolphins	1:38.53

Heat 3 of 12 Finals

1	Duncan, Ava	13	Amman Valley	1:33.07
2	Williams, Kelsey	12	NexusValleys	1:32.60
3	Davies, Eva	14	Afan Valley	1:31.10
4	Percival, Bella	13	C Dolphins	1:30.47
5	Morris, Besi	12	Amman Valley	1:30.70
6	Kurys, Emiliese	11	Carmarthen	1:31.20
7	Williams, Lois	13	Swansea Aq	1:32.60
8	Morgan, Iolah	11	PembrokeDist	1:33.51

Heat 4 of 12 Finals

1	Hawkins, Lottie	12	Haverfordwes	1:29.60
2	Williams, Evie	12	Milford Havn	1:28.10
3	Williams, Fay	13	Neath	1:27.89
4	Bowen, Seren	15	Carmarthen	1:27.80
5	Williams, April	11	Neath	1:27.81
6	Griffiths, Isla	12	Pembs Cty	1:28.10
7	Gil Wood, Elena	13	Swansea Aq	1:29.00
8	Thomas, Carys	14	Penyrheol	1:29.90

Heat 5 of 12 Finals

1	Davies, Ava-Rose	12	Llanelli	1:25.70
2	Thomas, Leah	14	Haverfordwes	1:25.40
3	Szmigiero, Kaya	12	Aberystwyth	1:25.04
4	Rice, Lily	21	Pembs Cty	1:24.80
5	Kasto, Evie	14	Swansea Aq	1:25.00
6	Jones, Alexa	12	Llanelli	1:25.20
7	Wilcockson, Alys	15	Aberystwyth	1:25.63
8	Morris, Blair	12	Neath	1:26.48

Heat 6 of 12 Finals

1	Rowland, Scarlett	13	Neath	1:24.46
2	Pinnock, Betsan	13	Swansea Aq	1:24.00
3	Dafydd, Mali	15	Carmarthen	1:22.60
4	Price, Seren-louise	13	Carmarthen	1:21.90
5	George, Eilir	15	Llanelli	1:22.40
6	Powell, Nina	13	Pembs Cty	1:23.20
7	Morris, Ffion	13	Pembs Cty	1:24.40
8	Edwards, Ffion	14	Penyrheol	1:24.80

Heat 7 of 12 Finals

1	Lewis, Megan	14	Neath	1:21.68
2	Collins-Falconer, Alesha	17	NexusValleys	1:20.80
3	Thomas, Nikita	16	Llanelli	1:20.10
4	Kenny, Jemima	14	Pembs Cty	1:20.00
5	Filmer, Gwennan	13	Aberystwyth	1:20.01
6	Davies, Elizabeth	12	Pembs Cty	1:20.50
7	Layland, Seren	14	Penyrheol	1:21.00
8	Short, Amelia	14	Neath	1:21.75

Heat 8 of 12 Finals

1	Giles, Seren	15	Neath	1:19.77
2	Edwards, Isabel	16	Penyrheol	1:18.70
3	Thomas, Caitlin	17	Penyrheol	1:18.50
4	Beasley, Evaleigh	12	Swansea Aq	1:18.20
5	Hughes, Nancy	16	NexusValleys	1:18.30
6	Chapman, Olivia	15	Swansea Aq	1:18.70
7	Mcfarlane, Una	14	Pembs Cty	1:19.00
8	Griffiths, Ffion	14	Pembs Cty	1:19.90

Heat 9 of 12 Finals

1	Miles, Megan	17	Pembs Cty	1:17.80
2	Jenkins, Elli	14	Swansea Aq	1:17.20
3	Dash, Amelie	14	Pembs Cty	1:16.10
4	Philpott, Ffion	16	Llanelli	1:15.19
5	Upton-Boorman, Isabella	15	Carmarthen	1:15.46
6	Perrott, Niamh	16	Swansea Aq	1:16.60
7	Hnoiana, Valentyna	13	Swansea Aq	1:17.70
8	Clissold, Bronwyn	17	Pembs Cty	1:18.19

Heat 10 of 12 Finals

1	Webb, Saskia	18	Pembs Cty	1:14.90
2	Cressey-Rodgers, Gwenllian	15	Carmarthen	1:14.60
3	Goodliffe, Faith	25	C Dolphins	1:14.32
4	Bruce, Skye	16	Pembs Cty	1:13.74
5	Williams, Paige	13	Swansea Aq	1:14.30
6	Burns, Freya	14	Amman Valley	1:14.33
7	Jones, Hunydd	14	Carmarthen	1:14.60
8	Catling, Freya	17	C Dolphins	1:14.95

Heat 11 of 12 Finals

1	Huws, Awen	17	NexusValleys	1:11.60
2	Carter, Ava	17	Penyrheol	1:10.90
3	Coffey, Cora	15	Neath	1:10.55
4	Arnold, Jessica	15	Swansea Aq	1:09.90
5	Rees, Katie	27	Swansea Uni	1:10.13
6	Stokes, Aimee	21	Swansea Uni	1:10.86
7	Taffetsauffer, Isabella	14	Llanelli	1:11.29
8	Davies, Isla	12	Amman Valley	1:11.91

Heat 12 of 12 Finals

1	Leggott, Holly	23	Swansea Uni	1:08.31
2	Keepings, Charlotte	19	Swansea Uni	1:08.08
3	Bamborough, Katie	21	Swansea Uni	1:06.13
4	Major, Scarlet	22	Swansea Uni	1:02.80
5	Nichols, Grace	15	Pembs Cty	1:05.50
6	Butcher, Katherine	21	Swansea Uni	1:07.55
7	Smart, Charlotte	18	Swansea Aq	1:08.30
8	Lush, Emily	23	Swansea Uni	1:09.23

West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

Meet Program - Session 6 (Warmup (12.00 - 12.50))

Event 322 Boys 11 & Over 800 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Finals

1	Chapman, Henry	14	Carmarthen	12:04.90	___
2	Mills, Thomas	14	Llanelli	10:43.30	___
3	Flynn, Asten	15	NexusValleys	10:40.20	___
4	Roberts-Truman, Harri	15	Neath	10:17.50	___
5	Hughes, Freddy	13	NexusValleys	10:29.50	___
6	Hughes-Llewellyn, David	15	Llanelli	10:40.70	___
7	Bowes, James	13	Carmarthen	11:53.20	___
8					___

Heat 2 of 2 Finals

1	Davies, Ellis	14	Llanelli	10:09.30	___
2	Keeble, Alex	21	Swansea Uni	9:01.62	___
3	Staines, Luca	21	Swansea Uni	8:33.62	___
4	Adams, Max	21	Swansea Uni	8:25.67	___
5	Clegg, Luke	20	Swansea Uni	8:31.30	___
6	Twigger, Owen	16	Swansea Aq	8:58.20	___
7	Thomas, Iolo	15	Neath	9:12.17	___
8	Morgan, Ben	16	Pembs Cty	10:14.60	___

Event 323 Female 11 & Over 100 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 19 Finals

1					___
2					___
3	Philpott, Lowri S14	14	Llanelli	1:41.86	___
4	Owen, Maisie	12	Neath	1:29.91	___
5	Boyle, Samantha	11	Carmarthen	1:31.20	___
6					___
7					___
8					___

Heat 2 of 19 Finals

1	Arnold, Olivia	12	Milford Havn	1:28.56	___
2	Snellgrove, Maddie	11	Neath	1:28.00	___
3	Austin, Sophie Haf	12	C Dolphins	1:26.79	___
4	Roberts, Grace	13	C Dolphins	1:26.51	___
5	Thomas, Enlli	12	NexusValleys	1:26.60	___
6	Richards, Chloe-Elin	13	C Dolphins	1:27.41	___
7	Enoch, Erin	11	Carmarthen	1:28.20	___
8	Phillips, Isabelle	12	Haverfordwes	1:29.20	___

Heat 3 of 19 Finals

1	Edmunds, Freya	12	Llanelli	1:26.20	___
2	Francis, Mia	12	Haverfordwes	1:25.00	___
3	Rossiter-Wargent, Mia	12	Milford Havn	1:23.93	___
4	Joseph, Ellie	13	C Dolphins	1:23.57	___
5	Kurys, Bonnie	12	Carmarthen	1:23.90	___
6	Roberts, Arwyn	12	Afan Valley	1:24.30	___
7	Baylis, Ellie	13	Penyrheol	1:25.70	___
8	Williams, Kelsey	12	NexusValleys	1:26.38	___

Heat 4 of 19 Finals

1	Roberts Mylan, Sophie	13	Swansea Aq	1:23.40	___
2	Mason, Ezmee	12	Pembs Cty	1:22.70	___
3	Kurys, Emiliese	11	Carmarthen	1:22.20	___
4	Clement, Darcey	13	Afan Valley	1:21.80	___
5	Iturbe, Carys	12	Afan Valley	1:22.10	___
6	Fry, Tilly	13	Llanelli	1:22.25	___
7	Davies, Alana	13	Neath	1:22.85	___
8	Davies, Betsi	13	Fishguard	1:23.44	___

Heat 5 of 19 Finals

1	Thomas, Leah	14	Haverfordwes	1:21.50	___
2	Thomas, Eden	12	Neath	1:21.24	___
3	Foldi, Kristina	13	Haverfordwes	1:20.80	___
4	Henson, Jessica	12	Pembs Cty	1:20.50	___
5	Percival, Bella	13	C Dolphins	1:20.59	___
6	Lewis, Martha	14	Carmarthen	1:21.00	___
7	Fenemore, Emily	13	Carmarthen	1:21.40	___
8	Duncan, Ava	13	Amman Valley	1:21.68	___

Heat 6 of 19 Finals

1	Jones, Rosie	14	Swansea Aq	1:19.99	___
2	Hawkins, Lottie	12	Haverfordwes	1:19.30	___
3	Gwenter, Isobel	11	Neath	1:18.97	___
4	Szmigiero, Kaya	12	Aberystwyth	1:18.70	___
5	Morris, Besi	12	Amman Valley	1:18.70	___
6	Roberts-Truman, Betsan	13	Neath	1:19.07	___
7	Lauder, Beatrix	12	Neath	1:19.47	___
8	David, Emily	14	Haverfordwes	1:20.30	___

Heat 7 of 19 Finals

1	Salmon, Amelia	12	NexusValleys	1:17.80	___
2	Williams, April	11	Neath	1:17.70	___
3	Hawkins, Betsy-May	14	Llanelli	1:17.20	___
4	Gale, Jasmine	15	Afan Valley	1:17.10	___
5	Morris, Blair	12	Neath	1:17.16	___
6	Hughes, Megan	12	C Dolphins	1:17.45	___
7	Perrott, Hannah	15	C Dolphins	1:17.71	___
8	Roberts Mylan, Ffion	13	Swansea Aq	1:17.90	___

Heat 8 of 19 Finals

1	Davies, Eva	14	Afan Valley	1:17.00	___
2	May, Gwen	13	NexusValleys	1:16.70	___
3	Richards, Amber	16	C Dolphins	1:16.18	___
4	Jones, Ashleigh	15	Carmarthen	1:15.90	___
5	Williams, Fay	13	Neath	1:15.93	___
6	Coles, Aria	12	Neath	1:16.40	___
7	Thomas, Carys	14	Penyrheol	1:16.79	___
8	Pitans, Caitlin	13	Swansea Aq	1:17.10	___

Heat 9 of 19 Finals

1	Dyde, Phoebe	13	Pembs Cty	1:15.40	___
2	Pearce, Ava	14	Afan Valley	1:14.70	___
3	Rice, Lily	21	Pembs Cty	1:14.50	___
4	Harris, Chloe	13	C Dolphins	1:14.31	___
5	Davies, Ava-Rose	12	Llanelli	1:14.46	___
6	Kaill-Franks, Nia	14	Pembs Cty	1:14.54	___
7	Morris, Ffion	13	Pembs Cty	1:15.30	___
8	Andreassen, Freya	14	Amman Valley	1:15.80	___

Heat 10 of 19 Finals

1	Gil Wood, Elena	13	Swansea Aq	1:14.10	___
2	Beasley, Evaleigh	12	Swansea Aq	1:13.70	___
3	Kasto, Evie	14	Swansea Aq	1:13.60	___
4	Collins-Falconer, Alesha	17	NexusValleys	1:13.40	___
5	Snellgrove, Chloe	15	Neath	1:13.46	___
6	Powell, Nina	13	Pembs Cty	1:13.64	___
7	Griffiths, Elizabeth	14	Pembs Cty	1:14.00	___
8	Evans, Annie	14	Neath	1:14.29	___

West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

Meet Program - Session 6 (Warmup (12.00 - 12.50))

Heat 11 Finals (#323 Female 11 & Over 100 LC Meter Freestyle)

1	Evans, Cadi	13	Swansea Aq	1:12.50	_____
2	Heredia-Rowe, Rhiannon	19	Neath	1:12.27	_____
3	Davies, Elizabeth	12	Pembs Cty	1:11.93	_____
4	Dafydd, Mali	15	Carmarthen	1:11.20	_____
5	Short, Amelia	14	Neath	1:11.50	_____
6	Lewis, Evie	12	Pembs Cty	1:12.00	_____
7	Conway, Erin	16	Swansea Aq	1:12.30	_____
8	Holloway, Olivia	16	Afan Valley	1:12.50	_____

Heat 12 of 19 Finals

1	Thomas, Nyla	18	Neath	1:10.91	_____
2	Bowen, Seren	15	Carmarthen	1:10.80	_____
3	Davies, Erin	14	C Dolphins	1:10.33	_____
4	Jenkins, Alexandra	16	Swansea Aq	1:10.17	_____
5	Mitirjaikina, Kerly-Annaly	13	Swansea Aq	1:10.30	_____
6	Martin, Phoebe	15	Penyrheol	1:10.40	_____
7	Goodman, Lola	14	Swansea Aq	1:10.80	_____
8	Giles, Seren	15	Neath	1:11.01	_____

Heat 13 of 19 Finals

1	Hall, Isabelle	14	Pembs Cty	1:09.81	_____
2	Griffiths, Ffion	14	Pembs Cty	1:09.70	_____
3	Patterson, Hollie	14	Carmarthen	1:09.50	_____
4	Mason, Phoebe	15	Pembs Cty	1:09.00	_____
5	Hall, Ellena	14	Pembs Cty	1:09.09	_____
6	Knight, Lily	15	Swansea Aq	1:09.60	_____
7	Stark, Tala	15	Pembs Cty	1:09.80	_____
8	Williams, Paige	13	Swansea Aq	1:10.10	_____

Heat 14 of 19 Finals

1	Davies, Isabella	14	Llanelli	1:08.77	_____
2	Layland, Seren	14	Penyrheol	1:08.60	_____
3	Thompson, Freya	15	Pembs Cty	1:08.30	_____
4	Taffetsauffer, Isabella	14	Llanelli	1:08.15	_____
5	Kazmiruk, Anastasiia	14	Amman Valley	1:08.20	_____
6	Miles, Megan	17	Pembs Cty	1:08.30	_____
7	Koo, Kathryn	16	Pembs Cty	1:08.68	_____
8	Goodman, Evie	14	Swansea Aq	1:08.90	_____

Heat 15 of 19 Finals

1	Thomas, Nikita	16	Llanelli	1:08.09	_____
2	Thomas, Caitlin	17	Penyrheol	1:07.65	_____
3	Morgan, Evelyn	14	Llanelli	1:07.31	_____
4	Cressey-Rodgers, Gwenllian	15	Carmarthen	1:07.17	_____
5	Watkins, Mylee	15	Neath	1:07.21	_____
6	Sedgemore, Lola	13	Neath	1:07.56	_____
7	Jones, Hunydd	14	Carmarthen	1:07.80	_____
8	Ostrowski, Julia	16	Pembs Cty	1:08.10	_____

Heat 16 of 19 Finals

1	Bissicks, Cari	14	Neath	1:06.88	_____
2	Philpott, Ffion	16	Llanelli	1:06.63	_____
3	Knight, Cari	17	Penyrheol	1:06.00	_____
4	Gilderdale, Celyn	17	Pembs Cty	1:05.23	_____
5	Galdes Cutting, Daisy	14	Pembs Cty	1:05.47	_____
6	Webb, Saskia	18	Pembs Cty	1:06.48	_____
7	Ley, Lucy	17	Swansea Aq	1:06.80	_____
8	Upton-Boorman, Isabella	15	Carmarthen	1:06.89	_____

Heat 17 of 19 Finals

1	Williams, Marys	16	Swansea Aq	1:05.00	_____
2	Goodliffe, Faith	25	C Dolphins	1:04.52	_____
3	Davies, Isla	12	Amman Valley	1:03.90	_____
4	Carter, Ava	17	Penyrheol	1:03.80	_____
5	Williams, Hollie	18	Llanelli	1:03.87	_____
6	Burns, Freya	14	Amman Valley	1:04.20	_____
7	Lythgoe, Manon	16	Swansea Aq	1:04.70	_____
8	Clissold, Bronwyn	17	Pembs Cty	1:05.00	_____

Heat 18 of 19 Finals

1	Dewsbury, Daisy	20	Swansea Uni	1:03.22	_____
2	Humphreys, Holly	17	Swansea Aq	1:02.77	_____
3	Berner, Iyla	12	Carmarthen	1:02.37	_____
4	Stead, Martha	20	Swansea Uni	1:01.61	_____
5	King, Marley	17	Penyrheol	1:01.90	_____
6	Hatton-Ellis, Isabelle	17	Swansea Aq	1:02.68	_____
7	Clissold, Elizabeth	19	Pembs Cty	1:03.12	_____
8	Lewis, Lowri	19	Neath	1:03.28	_____

Heat 19 of 19 Finals

1	Nichols, Grace	15	Pembs Cty	1:00.61	_____
2	Griffiths, Cerys	15	Pembs Cty	1:00.29	_____
3	Stokes, Aimee	21	Swansea Uni	59.21	_____
4	Major, Scarlet	22	Swansea Uni	57.33	_____
5	Davies, Megan	20	Swansea Uni	59.13	_____
6	Willis, Hannah	20	Swansea Uni	1:00.10	_____
7	Crawley, Abigail	20	Swansea Uni	1:00.41	_____
8	Geach, Libbie	16	Neath	1:01.13	_____

Event 324 Boys 11 & Over 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

1	Gorvett, Blu	11	Aberavon	4:12.09	_____
2	Lloyd, Vincent-Owen	12	Swansea Aq	3:38.90	_____
3	Williams, Gethin	14	NexusValleys	3:32.20	_____
4	Antwhistle, Isaac	13	Swansea Aq	3:29.93	_____
5	Jones, Dafydd	13	Amman Valley	3:30.60	_____
6	Lewis, Henry	13	Neath	3:36.32	_____
7	Lloyd- Roberts, Harry	13	Milford Havn	3:43.36	_____
8	Weston, Zac	11	PembrokeDist	4:13.93	_____

Heat 2 of 4 Finals

1	Batcup, Oliver	13	Swansea Aq	3:20.59	_____
2	Lewis, Cian	16	Neath	3:15.27	_____
3	Smith, Declan	14	Amman Valley	3:12.10	_____
4	Burt, Caio	15	Llanelli	3:06.00	_____
5	Thomas, Rhys	15	Pembs Cty	3:06.90	_____
6	Marques-Jones, Felix	13	Amman Valley	3:13.40	_____
7	Fogarty, Oliver	13	Pembs Cty	3:19.33	_____
8	Morgan, Thomas	13	Neath	3:26.34	_____

Heat 3 of 4 Finals

1	Sekula, Szymon	14	NexusValleys	3:05.70	_____
2	Davies, Gethin	16	Pembs Cty	2:57.10	_____
3	Stuart-Lavender, Jac	15	Llanelli	2:48.00	_____
4	Bennett, Finley	16	Pembs Cty	2:38.70	_____
5	Lloyd, Thomas	17	Swansea Aq	2:47.10	_____
6	Sekula, Mateusz	14	NexusValleys	2:55.90	_____
7	Hall, Ethan	16	Fishguard	3:00.90	_____
8	Thomas, Wilf	13	Aberystwyth	3:05.88	_____

West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

Meet Program - Session 6 (Warmup (12.00 - 12.50))

Heat 4 Finals (#324 Boys 11 & Over 200 LC Meter Breaststroke)

1	Richardson, Osian	17	Swansea Aq	2:35.70	___
2	Armon, Jacob	22	Swansea Uni	2:28.10	___
3	Kendrick, Elijah	21	Swansea Uni	2:24.59	___
4	Walford, Nathan	20	Swansea Uni	2:23.20	___
5	Davies, Aneurin	21	Swansea Uni	2:24.06	___
6	Lovell - Pascal, Jean Luc	20	Swansea Uni	2:25.76	___
7	Hoey, Luke	23	Swansea Uni	2:28.58	___
8	Phillips, Finley	15	Carmarthen	2:37.40	___

Event 325 Female 11-12 400 LC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
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Heat 1 of 1 Finals

1			___	
2	Llanelli	A	NT	___
3	Neath	B	5:34.00	___
4	Neath	A	5:18.35	___
5	Swansea Aq	A	5:33.00	___
6	Pembs Cty	A	NT	___
7	Amman Valley	A	NT	___
8			___	

Event 326 Female 13-14 400 LC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
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Heat 1 of 1 Finals

1			___	
2	Llanelli	A	NT	___
3	Amman Valley	A	NT	___
4	Swansea Aq	A	4:33.00	___
5	Neath	A	5:03.93	___
	1) Bissicks, Cari 14	2) Lewis, Megan 14		
	3) Rowland, Scarlett 13	4) Sedgemore, Lola 13		
6	C Dolphins	A	NT	___
7	Pembs Cty	A	NT	___
8			___	

Event 327 Female 15-16 400 LC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
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Heat 1 of 1 Finals

1			___	
2			___	
3	Pembs Cty	A	NT	___
4	Swansea Aq	A	4:23.00	___
5	Neath	A	4:33.83	___
	1) Geach, Libbie 16	2) Giles, Seren 15		
	3) Watkins, Mylee 15	4) Coffey, Cora 15		
6	Llanelli	A	NT	___
7			___	
8			___	

Event 328 Female 17 & Over 400 LC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
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Heat 1 of 1 Finals

1			___	
2			___	
3	Pembs Cty	A	NT	___
4	Swansea Aq	A	4:11.00	___
5	Neath	A	4:33.23	___
	1) Lewis, Lowri 19	2) Owen, Kessie 17		
	3) Clifford, Bethany 18	4) Ezard, Emily 23		
6	C Dolphins	A	NT	___
7			___	
8			___	