

## West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

## Results - Session 3 (Warmup 11.50 - 12.40)

## Event 221 Boys 11-12 100 LC Meter Backstroke

Name	Age	Team	Finals Time
1 Jermin, Morgan	12	Llanelli	1:25.53
	42.34	43.19	
2 Lloyd, Vincent-Owen	12	Swansea Aq	1:28.47
	43.71	44.76	
3 Dadswell, Harry	12	Haverfordwes	1:29.69
	42.91	46.78	
4 Jones, Carter	12	Swansea Aq	1:30.17
	43.97	46.20	
5 Treinis, Lucian	11	Tenby	1:31.07
	43.61	47.46	
6 Pyzer, Cyrus	12	Carmarthen	1:32.93
	46.59	46.34	
7 Lewis, Gethin	11	Neath	1:34.75
	47.17	47.58	
8 Nash, Oliver	12	Carmarthen	1:34.91
	48.66	46.25	
9 Pirmohamed, Eshan	12	Swansea Aq	1:37.48
	46.73	50.75	
10 Salah, Karim	11	Carmarthen	1:38.58
	49.34	49.24	
11 Elmes, Samuel	12	Carmarthen	1:41.30
	49.15	52.15	
12 Davies, Gruffydd	11	Carmarthen	1:47.85
	52.53	55.32	

## Event 221 Boys 13-14 100 LC Meter Backstroke

Name	Age	Team	Finals Time
1 Elmes, Max	14	Carmarthen	1:08.71
	32.89	35.82	
2 King, Ethan	13	Penyrheol	1:08.93
	33.27	35.66	
3 Harwood, Jack	14	Pembs Cty	1:11.52
	34.98	36.54	
4 Noden, Rory	13	Pembs Cty	1:15.48
	36.97	38.51	
5 Hughes, Freddy	13	NexusValleys	1:16.17
	38.18	37.99	
6 Waters, Toby	14	Swansea Aq	1:17.89
	38.00	39.89	
7 Mills, Thomas	14	Llanelli	1:18.58
	38.44	40.14	
8 Davies, Ellis	14	Llanelli	1:19.11
	38.23	40.88	
9 Jones, Dafydd	13	Amman Valley	1:20.60
	40.37	40.23	
10 Taylor, Joshua	13	NexusValleys	1:22.82
	41.04	41.78	
11 Antwhistle, Isaac	13	Swansea Aq	1:23.49
	42.30	41.19	
12 Bowes, James	13	Carmarthen	1:25.16
	42.46	42.70	
13 Morgan, Thomas	13	Neath	1:26.61
	42.19	44.42	
14 Marques-Jones, Felix	13	Amman Valley	1:26.71
	43.35	43.36	
15 Green, William	13	Aberystwyth	1:27.18
	44.24	42.94	
16 George, Kieran	14	Milford Havn	1:28.51
	42.62	45.89	

17 Lummis, Ralph	14	NexusValleys	1:31.03
	43.64	47.39	
18 Chapman, Henry	14	Carmarthen	1:31.05
	43.87	47.18	
19 Moore, Hari	13	Fishguard	1:31.07
	45.05	46.02	
20 Backen, Freddie	13	Pembs Cty	1:31.18
	44.97	46.21	

## Event 221 Boys 15-16 100 LC Meter Backstroke

Name	Age	Team	Finals Time
1 West, Dexter	16	Pembs Cty	1:03.41
	30.50	32.91	
2 Thomas, Iolo	15	Neath	1:04.62
	31.14	33.48	
3 Phillips, Finley	15	Carmarthen	1:07.94
	33.53	34.41	
4 Galbraith, Elian	16	Llanelli	1:09.40
	33.49	35.91	
5 Harris, Osian	16	Pembs Cty	1:14.96
	35.45	39.51	
6 Burt, Caio	15	Llanelli	1:19.44
	38.63	40.81	
7 Hall, Ethan	16	Fishguard	1:20.35
	38.14	42.21	
8 Lerigo, Oli	15	Aberystwyth	1:22.43
	39.98	42.45	

## Event 221 Boys 17 &amp; Over 100 LC Meter Backstroke

Name	Age	Team	Finals Time
1 Burton, Matt	24	Swansea Uni	1:00.66
	28.62	32.04	
2 Braddock, Patrick	21	Swansea Uni	1:02.92
	30.47	32.45	
3 Montague, Mason	17	Pembs Cty	1:05.49
	32.01	33.48	
4 Read, William	17	Swansea Aq	1:11.10
	34.53	36.57	

## Event 222 Girls 11-12 800 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Davies, Ava-Rose	12	Llanelli	11:26.75
	38.02	41.22	42.97
	43.70	43.55	44.71
	44.23	44.55	43.79
	43.40	42.71	42.37
			40.60
2 Mason, Ezmee	12	Pembs Cty	13:01.09
	42.92	48.77	48.17
	49.52	49.18	50.82
	49.08	49.49	51.58
	49.33	49.10	48.84
			45.51
3 Morgan, Iolah	11	PembrokeDist	13:16.24
	43.34	49.17	49.53
	51.18	51.56	51.23
	51.27	51.64	50.81
	49.58	48.80	48.66
			46.63
4 Thomas, Enlli	12	NexusValleys	14:14.94
	43.13	52.39	54.40
	56.13	56.56	55.29
	55.65	55.85	50.67
	53.33	53.16	52.78
			49.11

## West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

## Results - Session 3 (Warmup 11.50 - 12.40)

## Event 222 Girls 13-14 800 LC Meter Freestyle

Name	Age	Team	Finals Time	
1 Galdes Cutting, Daisy	14	Pembs Cty	10:01.59	
			32.96	36.89
			37.93	38.20
			38.49	38.45
			38.04	38.28
			37.31	37.86
			38.10	38.30
			37.84	37.94
			38.02	36.98
2 Morgan, Evelyn	14	Llanelli	10:43.00	
			34.41	39.77
			39.85	40.49
			41.23	41.38
			41.05	41.61
			39.92	40.74
			40.51	41.07
			40.98	41.34
			40.38	38.27
3 Hall, Ellena	14	Pembs Cty	10:54.10	
			36.79	39.40
			41.46	41.32
			42.66	41.67
			41.70	41.01
			40.83	41.03
			41.78	41.66
			41.92	41.64
			40.39	38.84
4 Filmer, Gwennan	13	Aberystwyth	11:02.27	
			35.00	41.46
			41.90	42.34
			41.81	43.08
			42.12	42.33
			40.88	42.34
			41.72	42.89
			42.22	42.63
			40.26	39.29
5 Price, Seren -louse	13	Carmarthen	11:39.02	
			39.86	44.67
			45.00	44.74
			44.44	43.98
			43.60	43.08
			44.46	45.05
			44.43	44.57
			43.93	43.93
			42.64	40.64
6 Short, Amelia	14	Neath	11:52.92	
			36.66	43.52
			47.13	46.32
			44.93	45.43
			46.46	44.46
			45.75	41.80
			44.97	47.52
			47.20	45.84
			43.85	41.08
7 Gardner-Rolfe, Mia	13	Swansea Aq	12:33.46	
			41.90	45.69
			47.95	47.47
			48.08	48.03
			48.17	47.97
			47.43	47.56
			48.41	47.98
			48.91	48.33
			47.07	42.51

## Event 222 Girls 15-16 800 LC Meter Freestyle

Name	Age	Team	Finals Time	
1 Mason, Phoebe	15	Pembs Cty	10:50.98	
			35.42	40.08
			41.27	41.37
			41.27	41.35
			41.48	41.83
			40.62	41.25
			41.34	40.91
			41.30	41.60
			40.95	38.94
2 Bruce, Skye	16	Pembs Cty	10:54.99	
			36.42	39.70
			41.36	40.89
			41.73	40.97
			41.46	41.45
			41.62	41.34
			41.85	41.52
			41.75	41.55
			41.60	39.78
3 Chapman, Olivia	15	Swansea Aq	11:55.23	
			40.99	47.77
			46.19	46.74
			44.51	43.91
			43.79	44.51
			48.03	46.41
			45.34	44.91
			44.02	43.95
			42.74	41.42

## Event 222 Girls 17 &amp; Over 800 LC Meter Freestyle

Name	Age	Team	Finals Time	
1 Forwood, Emily	21	Swansea Uni	9:08.81	
			32.79	34.80
			34.46	34.55
			34.47	34.46
			34.22	34.31
			34.89	34.67
			34.52	34.42
			34.41	34.25
			34.22	33.37
2 Johnson, Charlotte	22	Swansea Uni	9:17.69	
			33.11	35.14
			34.45	34.80
			34.79	34.74
			35.33	35.55
			35.10	34.84
			34.90	34.81
			34.78	35.14
			35.68	34.53
3 Patterson, Millie	19	Swansea Uni	9:23.19	
			32.32	35.81
			35.18	34.96
			35.33	35.41
			35.75	35.84
			35.27	35.23
			35.08	35.12
			35.38	35.78
			35.80	34.93
4 Mitchell, Abby	19	Swansea Uni	9:28.99	
			32.70	35.61
			35.17	35.29
			35.33	35.97
			36.15	36.41
			35.42	35.32
			35.49	35.45
			36.08	36.33
			36.60	35.67
5 Clissold, Elizabeth	19	Pembs Cty	10:17.64	
			34.31	38.37
			38.97	39.61
			39.04	39.06
			38.94	38.65
			39.33	39.47
			38.81	39.34
			38.54	39.07
			38.54	37.59
6 Clissold, Bronwyn	17	Pembs Cty	10:38.25	
			34.39	38.82
			40.98	40.70
			40.45	41.02
			40.48	40.59
			39.98	40.53
			40.92	41.33
			40.42	40.44
			39.75	37.45
7 Cooper, Megan	17	Neath	11:08.21	
			36.67	40.90
			42.16	41.90
			42.09	43.04
			42.40	42.07
			41.76	42.23
			41.89	42.36
			42.79	43.21
			42.09	40.65
8 Bray, Bethan	19	C Dolphins	12:30.61	
			36.22	41.60
			46.50	47.82
			49.68	48.65
			49.73	48.95
			45.22	46.28
			46.90	48.05
			49.37	49.13
			48.90	47.61

## Event 223 Boys 11-12 100 LC Meter Freestyle

Name	Age	Team	Finals Time	
1 Jermin, Morgan	12	Llanelli	1:14.59	
			35.86	38.73
2 Williams, Lucas	11	Swansea Aq	1:15.03	
			35.78	39.25
3 Lloyd, Vincent-Owen	12	Swansea Aq	1:15.59	
			36.14	39.45
4 Dadswell, Harry	12	Haverfordwes	1:23.97	
			40.65	43.32
5 Pirmohamed, Eshan	12	Swansea Aq	1:24.57	
			39.54	45.03
6 Treinis, Lucian	11	Tenby	1:25.73	
			40.18	45.55
7 Nash, Oliver	12	Carmarthen	1:27.03	
			41.42	45.61
8 Salah, Karim	11	Carmarthen	1:32.51	
			42.56	49.95



## West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

## Results - Session 3 (Warmup 11.50 - 12.40)

**(Event 223 Boys 17 & Over 100 LC Meter Freestyle)**

Name	Age	Team	Finals Time
12 Sellick, Fenn	17	Swansea Aq	59.22
28.94	30.28		
13 Jones, Lloyd	22	Swansea Uni	59.25
28.56	30.69		
14 Williams, Corey	19	Swansea Aq	59.48
28.67	30.81		
15 Lloyd, Thomas	17	Swansea Aq	1:00.82
28.93	31.89		
16 Montague, Mason	17	Pembs Cty	1:01.12
29.38	31.74		

**Event 224 Girls 11-12 200 LC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Parry, Abigail	12	Carmarthen	3:01.76
40.86	47.71	48.41	44.78
2 Berner, Iyla	12	Carmarthen	3:11.36
43.25	48.32	49.56	50.23
3 Lewis, Evie	12	Pembs Cty	3:19.85
45.91	51.07	52.26	50.61
4 Rossiter-Wargent, Mia	12	Milford Havn	3:21.48
46.46	53.37	54.27	47.38
5 Coles, Aria	12	Neath	3:32.08
48.72	54.41	55.69	53.26
6 Kurys, Bonnie	12	Carmarthen	3:41.29
51.28	57.64	59.71	52.66
7 Dashfield, Olivia	12	Tenby	3:43.21
51.62	56.79	58.79	56.01
8 Salmon, Amelia	12	NexusValleys	3:43.99
51.39	58.82	58.05	55.73
9 Williams, April	11	Neath	3:49.96
51.35	58.16	59.38	1:01.07
10 Hawkins, Lottie	12	Haverfordwes	4:05.11
55.80	1:03.60	1:04.54	1:01.17
11 Alexander, Fflur	12	Aberystwyth	4:08.80
55.25	1:04.63	1:06.45	1:02.47

**Event 224 Girls 13-14 200 LC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Davies, Isabella	14	Llanelli	3:05.09
43.56	46.78	48.30	46.45
2 Summerfield, Lucy	13	Llanelli	3:09.91
43.38	49.19	49.57	47.77
3 Hall, Isabelle	14	Pembs Cty	3:10.32
43.77	48.35	49.38	48.82
4 Dash, Amelie	14	Pembs Cty	3:10.92
43.96	48.45	49.29	49.22
5 Patterson, Hollie	14	Carmarthen	3:13.88
43.38	49.01	50.85	50.64
6 Evans, Cadi	13	Swansea Aq	3:15.30
43.45	50.22	51.31	50.32
7 Hughes, Mollie	14	C Dolphins	3:25.51
46.81	52.80	53.60	52.30
8 Kaill-Franks, Nia	14	Pembs Cty	3:25.72
45.54	53.18	54.00	53.00
9 Jewitt, Anya	14	Swansea Aq	3:28.28
46.65	53.19	54.04	54.40
10 Clement, Darcey	13	Afan Valley	3:32.38
49.61	54.23	54.57	53.97
11 Mitrjaikina, Kerly-Annaly	13	Swansea Aq	3:32.49
46.71	53.33	56.46	55.99

12 Powell, Nina	13	Pembs Cty	3:37.87
49.69	56.49	56.65	55.04
13 Massey, Mia	13	C Dolphins	3:38.43
49.91	54.96	57.87	55.69
14 Davies, Betsi	13	Fishguard	3:38.68
48.96	55.32	57.86	56.54
15 Lewis, Martha	14	Carmarthen	3:38.87
49.04	57.65	57.75	54.43
16 Wilde, Ayla-Belle	13	NexusValleys	3:39.51
49.74	56.95	57.46	55.36
17 Jones, Alaw	13	Carmarthen	3:40.49
47.96	56.69	58.24	57.60
18 Pinnock, Betsan	13	Swansea Aq	3:42.50
48.86	55.92	58.59	59.13
19 Percival, Bella	13	C Dolphins	3:42.74
50.95	56.51	58.20	57.08
20 Leane, Megan	13	Haverfordwes	3:47.79
52.82	59.27	58.41	57.29
21 Williams, Grace	14	NexusValleys	3:49.77
51.57	58.97	1:01.09	58.14
22 May, Gwen	13	NexusValleys	3:50.64
52.00	58.58	59.72	1:00.34
23 Ellis, Eve	13	C Dolphins	3:51.44
52.46	59.00	1:02.12	57.86
24 Heron, Edith	13	Aberystwyth	3:54.18
52.87	1:01.73	1:01.54	58.04

**Event 224 Girls 15-16 200 LC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Lythgoe, Manon	16	Swansea Aq	2:53.27
38.97	44.38	45.18	44.74
2 Stark, Tala	15	Pembs Cty	2:58.09
40.82	45.50	46.60	45.17
3 Knight, Lily	15	Swansea Aq	3:03.84
41.86	47.19	47.52	47.27
4 Holmes, Seren	16	Neath	3:11.66
42.40	48.67	50.41	50.18
5 Hughes, Nancy	16	NexusValleys	3:16.19
42.40	50.79	51.88	51.12
6 Alexander, Seren	15	Aberystwyth	3:26.86
46.52	53.15	54.47	52.72
7 Snellgrove, Chloe	15	Neath	3:37.91
48.20	53.98	56.64	59.09
8 Blyth, Isobelle	15	Haverfordwes	3:41.21
46.54	56.21	58.85	59.61

**Event 224 Girls 17 & Over 200 LC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Hornby, Rachel	21	Swansea Uni	2:42.63
36.91	40.85	42.16	42.71
2 Wheeler, Oriana	20	Swansea Uni	2:42.90
36.43	41.49	42.75	42.23
3 Owen, Kessie	17	Neath	2:55.00
36.80	44.51	46.90	46.79
4 Tree, Charlotte	21	Swansea Uni	2:57.62
37.75	43.67	47.06	49.14
5 Gibbs, Harriet	17	Amman Valley	2:59.92
41.12	46.04	47.04	45.72
6 Lewis, Lowri	19	Neath	3:03.85
40.43	46.61	48.34	48.47
7 Huws, Awen	17	NexusValleys	3:09.64
41.46	48.24	50.70	49.24

## West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

## Results - Session 3 (Warmup 11.50 - 12.40)

**Event 226 Boys 11-12 400 LC Meter Freestyle Relay**

Team	Relay	Finals Time
1 Llanelli	A	6:06.92
1) Burt, Gwion 12	2) Rees, Oscar 12	
3) Jermin, Morgan 12	4) Evans, Jacob 12	
3:44.06	3:06.42	2:05.57
	1:42.12	1:18.47

**Event 227 Boys 17 & Over 400 LC Meter Freestyle Relay**

Team	Relay	Finals Time
1 Swansea Aq	A	3:58.91
1) Clarke, Henry 18	2) Sellick, Fenn 17	
3) Richardson, Osian 17	4) Williams, Corey 19	
	2:58.68	

**Event 226 Boys 13-14 400 LC Meter Freestyle Relay**

Team	Relay	Finals Time
1 Pembs Cty	A	4:29.84
1) Harwood, Jack 14	2) Noden, Rory 13	
3) Fogarty, Oliver 13	4) Evans, Sam 13	
30.71	1:04.37	33.35
32.36	1:08.11	31.56
		1:10.58
		1:06.78
2 Llanelli	A	4:38.52
1) Davies, Ellis 14	2) Morris, Leo 14	
3) Bevan, Driw 13	4) Mills, Thomas 14	
32.23	1:08.83	32.49
36.07	1:17.71	29.91
		1:03.39
3 Neath	A	4:45.50
1) Douglas, Lucas 14	2) Morgan, Thomas 13	
3) Smudzinski, Max 13	4) Williams, Efan 13	
28.77	1:01.26	33.23
34.99	1:17.63	32.82
		1:12.64
		1:13.97
4 Swansea Aq	A	4:49.23
1) Hale, Oliver 14	2) Waters, Toby 14	
3) Antwhistle, Isaac 13	4) Batcup, Oliver 13	
32.63	1:08.17	32.62
35.93	1:11.89	36.59
		1:19.71
5 NexusValleys	A	4:55.48
1) Taylor, Joshua 13	2) Sekula, Szymon 14	
3) Sekula, Mateusz 14	4) Hughes, Freddy 13	
35.74	1:15.78	36.67
34.50	1:13.82	31.62
		1:18.09
		1:07.79

**Event 227 Boys 15-16 400 LC Meter Freestyle Relay**

Team	Relay	Finals Time
1 Pembs Cty	A	4:01.88
1) West, Dexter 16	2) Morgan, Ben 16	
3) Bennett, Finley 16	4) Silverstone, Sol 16	
29.97	1:02.65	29.91
28.34	59.70	26.66
		56.57
2 Neath	A	4:10.37
1) Phillips, Ioan 15	2) Hetherington, Trystan 16	
3) Roberts-Truman, Harri 15	4) Thomas, Iolo 15	
31.45	1:06.12	29.12
30.29	1:03.16	27.94
		58.92
3 Swansea Aq	A	4:16.22
1) Twigger, Owen 16	2) Huang, Peidong 15	
3) Hnoianyi, Andrii 16	4) Smith, Herbie 15	
27.18	55.69	31.12
31.14	1:05.10	32.98
		1:06.29
		1:09.14
4 Llanelli	A	4:18.10
1) Stuart-Lavender, Jac 15	2) Burt, Caio 15	
3) Williams, Thomas 15	4) Galbraith, Eliau 16	
32.08	1:08.17	31.81
30.31	1:02.06	27.88
		59.96