

## West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

## Results - Session 4 (Warmup (3.30 - 4.20))

**Event 231 Girls 11-12 50 LC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Parry, Abigail	12 Carmarthen	39.30
2 Rossiter-Wargent, Mia	12 Milford Havn	43.35
3 Lewis, Evie	12 Pems Cty	43.41
4 Hughes, Megan	12 C Dolphins	43.57
5 Coles, Aria	12 Neath	46.16
6 Kurys, Bonnie	12 Carmarthen	46.53
7 Griffiths, Isla	12 Pems Cty	47.43
8 Szmigiero, Kaya	12 Aberystwyth	48.10
9 Dashfield, Olivia	12 Tenby	48.65
10 Launder, Beatrix	12 Neath	49.08
11 Iturbe, Carys	12 Afan Valley	50.37
12 Lennon, Amelia	11 Carmarthen	50.84
13 Williams, April	11 Neath	51.57
14 Roberts, Arwyn	12 Afan Valley	52.63
15 Thomas, Enlli	12 NexusValleys	53.26
16 Hawkins, Lottie	12 Haverfordwes	53.77

**Event 231 Girls 13-14 50 LC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Evans, Cadi	13 Swansea Aq	39.70
2 Davies, Isabella	14 Llanelli	40.04
3 Patterson, Hollie	14 Carmarthen	40.65
4 Hall, Isabelle	14 Pems Cty	41.10
5 Williams, Paige	13 Swansea Aq	41.96
6 Filmer, Gwennan	13 Aberystwyth	42.62
7 Hnoiana, Valentyna	13 Swansea Aq	43.05
8 Longar, Miriam	13 Carmarthen	44.37
9 Hughes, Mollie	14 C Dolphins	44.45
10 Jones, Alaw	13 Carmarthen	45.11
11 Davies, Eva	14 Afan Valley	45.15
12 Wilde, Ayla-Belle	13 NexusValleys	45.45
13 Jewitt, Anya	14 Swansea Aq	45.53
14 Layland, Seren	14 Penyrheol	45.89
15 Gil Wood, Elena	13 Swansea Aq	46.12
16 Lewis, Martha	14 Carmarthen	46.34
17 Massey, Mia	13 C Dolphins	46.60
18 Pearce, Ava	14 Afan Valley	47.05
19 Griffiths, Elizabeth	14 Pems Cty	47.41
20 Harris, Chloe	13 C Dolphins	48.19
21 Williams, Fay	13 Neath	48.33
22 Davies, Betsi	13 Fishguard	48.59
23 Davies, Erin	14 C Dolphins	48.62
24 Hawkins, Betsy-May	14 Llanelli	48.76
25 Duncan, Ava	13 Amman Valley	49.46
26 Heron, Edith	13 Aberystwyth	49.75
27 Tittley, Lola	13 Milford Havn	50.13
28 Fenemore, Emily	13 Carmarthen	50.52
29 Leane, Megan	13 Haverfordwes	50.54
30 Williams, Grace	14 NexusValleys	51.00
31 Ellis, Eve	13 C Dolphins	51.02

**Event 231 Girls 15-16 50 LC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Stark, Tala	15 Pems Cty	38.90
2 Knight, Lily	15 Swansea Aq	39.81
3 Hughes, Nancy	16 NexusValleys	40.10
4 Ostrowski, Julia	16 Pems Cty	41.42
5 Holloway, Olivia	16 Afan Valley	42.79
6 Snellgrove, Chloe	15 Neath	43.63
7 Blyth, Isobelle	15 Haverfordwes	43.69

8 Alexander, Seren	15 Aberystwyth	43.79
9 Bowen, Seren	15 Carmarthen	47.95

**Event 231 Girls 17 & Over 50 LC Meter Breaststroke**

Name	AgeTeam	Finals Time
1 Stoimenova, Kameliya	22 Swansea Uni	33.55
2 Huellon, Claire	20 Swansea Uni	34.28
3 Bissicks, Ella	18 Swansea Aq	34.44
4 Mortimer, Connie	20 Swansea Uni	34.67
5 Mercer, Olivia	21 Swansea Uni	34.69
6 Knight, Bria	20 Swansea Uni	35.66
7 Owen, Kessie	17 Neath	35.82
8 Gibbs, Harriet	17 Amman Valley	36.31
9 Phillips, Emily	17 Neath	38.51
10 Lewis, Lowri	19 Neath	39.49
11 David, Isabelle	18 Swansea Aq	39.66
12 Gilderdale, Celyn	17 Pems Cty	40.25
13 Thomas, Medi	17 Llanelli	41.01
14 Ley, Lucy	17 Swansea Aq	41.03
15 Davies, Alice	17 Fishguard	44.08
16 Williams, Efa	17 Neath	46.10

**Event 231 Girls 50 LC Meter Breaststroke Multi-Class**

Name	AgeTeam	Finals Time
1 Philpott, Lowri SB14	14 Llanelli	53.57

**Event 232 Boys 15-16 200 LC Meter Butterfly**

Name	AgeTeam	Finals Time
1 West, Dexter	16 Pems Cty	2:28.07
31.17	37.50	39.68
		39.72

**Event 232 Boys 17 & Over 200 LC Meter Butterfly**

Name	AgeTeam	Finals Time
1 Chapman, Nathan	21 Swansea Uni	2:10.53
29.63	34.30	33.46
		33.14
2 Armon, Jacob	22 Swansea Uni	2:12.02
28.34	33.61	34.40
		35.67
3 Ryan, Sam	19 Swansea Uni	2:13.29
29.68	34.42	34.80
		34.39

**Event 233 Girls 11-12 100 LC Meter Butterfly**

Name	AgeTeam	Finals Time
1 Berner, Iyla	12 Carmarthen	1:11.09
33.46	37.63	
2 Gwenter, Isobel	11 Neath	1:29.46
40.33	49.13	
3 Szmigiero, Kaya	12 Aberystwyth	1:29.88
41.66	48.22	
4 Salmon, Amelia	12 NexusValleys	1:33.59
43.67	49.92	
5 Henson, Jessica	12 Pems Cty	1:36.45
41.77	54.68	
6 Snellgrove, Maddie	11 Neath	1:39.05
45.93	53.12	
7 Kurys, Emiliese	11 Carmarthen	1:41.59
44.42	57.17	
8 Kurys, Bonnie	12 Carmarthen	1:45.85
48.15	57.70	
9 Iturbe, Carys	12 Afan Valley	1:47.19
47.20	59.99	
10 Rossiter-Wargent, Mia	12 Milford Havn	1:48.18
49.45	58.73	
11 Morgan, Iolah	11 PembrokeDist	1:51.22
52.73	58.49	

## West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

## Results - Session 4 (Warmup (3.30 - 4.20))

## Event 233 Girls 13-14 100 LC Meter Butterfly

Name	Age	Team	Finals Time
1 Bissicks, Cari	14	Neath	1:14.81
	33.75	41.06	
2 Rowland, Scarlett	13	Neath	1:18.35
	36.43	41.92	
3 Morgan, Evelyn	14	Llanelli	1:20.18
	36.88	43.30	
4 Hall, Isabelle	14	Pembs Cty	1:22.85
	38.37	44.48	
5 Gil Wood, Elena	13	Swansea Aq	1:24.17
	38.83	45.34	
6 Short, Amelia	14	Neath	1:24.61
	37.92	46.69	
7 Roberts Mylan, Ffion	13	Swansea Aq	1:24.62
	38.03	46.59	
8 Pitans, Caitlin	13	Swansea Aq	1:25.18
	39.02	46.16	
9 Hall, Ellena	14	Pembs Cty	1:26.47
	40.06	46.41	
10 Davies, Eva	14	Afan Valley	1:28.45
	39.75	48.70	
11 Kaill-Franks, Nia	14	Pembs Cty	1:31.23
	42.14	49.09	
12 Mitrjaikina, Kerly-Annaly	13	Swansea Aq	1:31.65
	39.44	52.21	
13 Dyde, Phoebe	13	Pembs Cty	1:31.71
	42.07	49.64	
14 Kenny, Jemima	14	Pembs Cty	1:32.73
	42.38	50.35	
15 Roberts Mylan, Sophie	13	Swansea Aq	1:40.10
	45.86	54.24	
--- Foldi, Kristina	13	Haverfordwes	DQ
	40.87	55.37	

## Event 233 Girls 15-16 100 LC Meter Butterfly

Name	Age	Team	Finals Time
1 Geach, Libbie	16	Neath	1:07.70
	30.52	37.18	
2 Nichols, Grace	15	Pembs Cty	1:08.68
	31.13	37.55	
3 Coffey, Cora	15	Neath	1:10.15
	32.88	37.27	
4 Griffiths, Cerys	15	Pembs Cty	1:11.08
	32.70	38.38	
5 Koo, Kathryn	16	Pembs Cty	1:15.09
	34.47	40.62	
6 Thompson, Freya	15	Pembs Cty	1:19.53
	35.95	43.58	
7 Mason, Phoebe	15	Pembs Cty	1:19.97
	35.87	44.10	
8 George, Eilir	15	Llanelli	1:20.08
	35.80	44.28	
9 Martin, Phoebe	15	Penyrheol	1:21.26
	36.63	44.63	
10 Bowen, Seren	15	Carmarthen	1:22.56
	38.48	44.08	
11 Blyth, Isobelle	15	Haverfordwes	1:33.67
	41.45	52.22	

## Event 233 Girls 17 &amp; Over 100 LC Meter Butterfly

Name	Age	Team	Finals Time
1 Roberts, Catherine	22	Swansea Uni	1:03.17
	30.00	33.17	
2 Willis, Hannah	20	Swansea Uni	1:04.52
	30.36	34.16	
3 Crawley, Abigail	20	Swansea Uni	1:06.09
	30.46	35.63	
4 Dewsbury, Daisy	20	Swansea Uni	1:06.35
	30.26	36.09	
5 Davis, Bethan	20	Swansea Uni	1:06.86
	30.97	35.89	
6 Fry, Caitlyn	21	Swansea Uni	1:07.19
	30.79	36.40	
7 Clissold, Elizabeth	19	Pembs Cty	1:14.07
	34.22	39.85	
8 Goodliffe, Faith	25	C Dolphins	1:15.26
	34.75	40.51	
9 Knight, Cari	17	Penyrheol	1:16.22
	33.85	42.37	
10 Huws, Awen	17	NexusValleys	1:16.41
	35.22	41.19	
11 Gibbs, Harriet	17	Amman Valley	1:16.66
	34.50	42.16	
12 Miles, Megan	17	Pembs Cty	1:21.11
	35.73	45.38	
13 Davies, Lowri	17	C Dolphins	1:28.70
	39.68	49.02	

## Event 233 Girls 100 LC Meter Butterfly Multi-Class

Name	Age	Team	Finals Time
1 Webb, Saskia S14	18	Pembs Cty	1:13.91
	33.31	40.60	

## Event 234 Boys 13-14 400 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Harwood, Jack	14	Pembs Cty	5:03.50
	33.57	37.51	38.71
	39.77	38.54	39.16
			37.02
2 Mills, Thomas	14	Llanelli	5:04.64
	33.28	37.52	39.06
	40.08	38.72	39.04
			37.56
3 Davies, Ellis	14	Llanelli	5:07.44
	35.07	38.68	38.99
	39.86	39.33	38.21
			37.74
4 Hughes, Freddy	13	NexusValleys	5:09.00
	35.37	39.33	39.05
	39.98	39.93	39.08
			36.30
5 Hale, Oliver	14	Swansea Aq	5:21.35
	34.70	41.44	41.83
	41.69	42.00	40.19
			37.81
6 Smith, Declan	14	Amman Valley	5:21.78
	35.46	40.92	40.87
	41.31	41.12	40.19
			40.34
7 Jones, Dafydd	13	Amman Valley	5:26.51
	36.18	41.50	42.77
	42.48	40.73	40.82
			38.21
8 Evans, Sam	13	Pembs Cty	5:27.42
	37.56	43.04	41.80
	41.42	42.86	40.34
			37.97

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## Results - Session 4 (Warmup (3.30 - 4.20))

**(Event 234 Boys 13-14 400 LC Meter Freestyle)**

Name	Age	Team	Finals Time	
9 Sekula, Mateusz	14	NexusValleys	5:28.51	
			34.68	42.32
			41.74	42.91
			41.81	43.51
			41.62	39.92
10 Bowes, James	13	Carmarthen	5:35.10	
			38.26	42.28
			42.55	42.90
			43.01	42.67
			42.28	41.15
11 Taylor, Joshua	13	NexusValleys	5:41.09	
			39.14	43.52
			43.64	44.36
			43.92	44.50
			42.85	39.16
12 Sekula, Szymon	14	NexusValleys	5:41.22	
			38.89	44.29
			43.51	44.69
			43.26	44.41
			42.67	39.50
13 Backen, Freddie	13	Pembs Cty	5:52.72	
			40.09	43.61
			45.25	44.93
			45.18	45.67
			45.15	42.84
14 Chapman, Henry	14	Carmarthen	5:55.80	
			39.58	44.21
			44.46	45.57
			45.52	46.22
			45.38	44.86

**Event 234 Boys 15-16 400 LC Meter Freestyle**

Name	Age	Team	Finals Time	
1 Twigger, Owen	16	Swansea Aq	4:16.24	
			30.51	32.44
			32.81	32.48
			32.42	32.18
			32.24	31.16
2 Silverstone, Sol	16	Pembs Cty	4:30.18	
			29.75	33.49
			33.35	34.15
			34.34	35.26
			34.97	34.87
3 Williams, Thomas	15	Llanelli	4:38.21	
			31.52	34.27
			35.32	36.19
			36.37	35.81
			35.54	33.19
4 Bennett, Finley	16	Pembs Cty	4:40.27	
			30.94	33.23
			35.63	36.06
			36.41	36.79
			36.21	35.00
5 Roberts-Truman, Harri	15	Neath	5:01.46	
			32.01	36.30
			38.14	38.67
			39.52	39.99
			39.35	37.48
6 Morgan, Ben	16	Pembs Cty	5:02.46	
			31.58	36.16
			38.24	39.22
			38.86	40.10
			39.88	38.42
7 Flynn, Asten	15	NexusValleys	5:06.16	
			34.67	38.49
			40.07	40.16
			38.41	40.23
			37.64	36.49

**Event 234 Boys 17 & Over 400 LC Meter Freestyle**

Name	Age	Team	Finals Time	
1 Braddock, Patrick	21	Swansea Uni	4:07.59	
			28.07	30.58
			31.56	31.62
			32.08	31.99
			31.23	30.46
2 Neroshenko, Valeriy	20	Swansea Uni	4:11.02	
			28.20	30.61
			31.74	31.27
			32.17	32.79
			32.95	31.29
3 Adams, Max	21	Swansea Uni	4:13.13	
			27.98	31.37
			31.58	31.77
			32.02	33.22
			33.38	31.81
4 Staines, Luca	21	Swansea Uni	4:13.33	
			28.31	31.09
			31.63	32.32
			32.36	32.62
			32.67	32.33
5 Burton, Luke	22	Swansea Uni	4:19.68	
			29.29	32.05
			32.81	32.73
			32.91	33.51
			34.13	32.25

6 Clegg, Luke	20	Swansea Uni	4:19.75	
			29.09	32.70
			33.54	34.02
			32.87	32.91
			32.56	32.06
7 Neaves, Archie	20	Swansea Uni	4:22.27	
			29.99	32.44
			33.10	33.53
			33.57	33.51
			33.45	32.68
8 Burton, Matt	24	Swansea Uni	4:26.61	
			29.48	33.64
			33.64	33.35
			33.00	34.50
			34.91	34.37
9 Griffiths, Sam	17	Carmarthen	4:53.78	
			33.20	36.18
			36.88	37.86
			37.75	38.60
			37.79	35.52

**Event 235 Girls 11-12 200 LC Meter Freestyle**

Name	Age	Team	Finals Time	
1 Davies, Isla	12	Amman Valley	2:18.40	
			31.51	35.58
			36.68	34.63
2 Berner, Iyla	12	Carmarthen	2:19.28	
			31.68	36.10
			36.81	34.69
3 Davies, Elizabeth	12	Pembs Cty	2:33.63	
			34.92	39.19
			41.13	38.39
4 Lewis, Evie	12	Pembs Cty	2:35.99	
			34.79	40.08
			40.80	40.32
5 Davies, Ava-Rose	12	Llanelli	2:41.17	
			36.94	41.36
			43.44	39.43
6 Wood, Lilly	12	Neath	2:43.66	
			35.87	43.05
			45.29	39.45
7 Mason, Ezmee	12	Pembs Cty	2:45.14	
			37.34	42.65
			43.42	41.73
8 Parry, Abigail	12	Carmarthen	2:45.15	
			37.52	43.13
			43.56	40.94
9 Griffiths, Isla	12	Pembs Cty	2:46.50	
			37.18	41.91
			43.41	44.00
10 Morris, Blair	12	Neath	2:48.35	
			38.52	45.54
			43.90	40.39
11 Williams, April	11	Neath	2:48.75	
			38.30	42.77
			44.95	42.73
12 Hughes, Megan	12	C Dolphins	2:50.24	
			39.05	43.01
			46.15	42.03
13 Launder, Beatrix	12	Neath	2:50.56	
			37.01	42.99
			46.48	44.08
14 Williams, Evie	12	Milford Havn	2:51.86	
			40.03	44.89
			44.37	42.57
15 Coles, Aria	12	Neath	2:52.04	
			40.49	44.61
			44.51	42.43
16 Morris, Besi	12	Amman Valley	2:53.53	
			38.69	45.25
			46.89	42.70
17 Roberts, Arwyn	12	Afan Valley	2:54.68	
			38.08	45.15
			47.55	43.90
18 Hawkins, Lottie	12	Haverfordwes	2:58.06	
			41.32	46.03
			48.25	42.46
19 Kurys, Emiliese	11	Carmarthen	2:59.63	
			39.47	47.46
			46.96	45.74
20 Kurys, Bonnie	12	Carmarthen	3:00.44	
			41.83	46.50
			47.15	44.96
21 Snellgrove, Maddie	11	Neath	3:07.24	
			43.32	48.77
			50.63	44.52
22 Dashfield, Olivia	12	Tenby	3:09.38	
			41.85	49.47
			50.87	47.19
23 Enoch, Erin	11	Carmarthen	3:10.31	
			42.63	49.25
			48.69	49.74

## West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

## Results - Session 4 (Warmup (3.30 - 4.20))

**(Event 235 Girls 11-12 200 LC Meter Freestyle)**

Name	Age	Team	Finals Time
24 Arnold, Olivia	12	Milford Havn	3:15.95
	43.99	52.28	51.00 48.68
--- Austin, Sophie Haf	12	C Dolphins	DQ
	42.22	2:26.81	46.26

**Event 235 Girls 13-14 200 LC Meter Freestyle**

Name	Age	Team	Finals Time
1 Galdes Cutting, Daisy	14	Pembs Cty	2:19.74
	31.83	35.75	36.30 35.86
2 Burns, Freya	14	Amman Valley	2:21.61
	31.41	35.70	37.66 36.84
3 Mcfarlane, Una	14	Pembs Cty	2:27.21
	34.16	37.08	38.61 37.36
4 Williams, Paige	13	Swansea Aq	2:29.14
	34.84	38.68	38.65 36.97
5 Davies, Isabella	14	Llanelli	2:30.41
	34.99	37.71	39.73 37.98
6 Jenkins, Elli	14	Swansea Aq	2:30.42
	37.05	38.96	38.37 36.04
7 Davies, Erin	14	C Dolphins	2:31.09
	35.18	39.16	40.20 36.55
8 Patterson, Hollie	14	Carmarthen	2:32.46
	34.37	39.69	39.87 38.53
9 Layland, Seren	14	Penyrheol	2:34.57
	36.49	1:58.08	36.66
10 Griffiths, Ffion	14	Pembs Cty	2:34.85
	34.05	39.01	40.92 40.87
11 Powell, Nina	13	Pembs Cty	2:38.89
	36.22	41.25	41.63 39.79
12 Pitans, Caitlin	13	Swansea Aq	2:39.93
	35.98	40.81	42.41 40.73
13 Gil Wood, Elena	13	Swansea Aq	2:40.40
	36.99	40.89	42.12 40.40
14 Mitrjaikina, Kerly-Annaly	13	Swansea Aq	2:41.18
	36.56	41.35	42.38 40.89
15 Griffiths, Elizabeth	14	Pembs Cty	2:42.73
	37.16	43.59	43.91 38.07
16 Morris, Ffion	13	Pembs Cty	2:43.35
	37.97	42.60	42.39 40.39
17 Kaill-Franks, Nia	14	Pembs Cty	2:43.53
	37.59	41.61	44.24 40.09
18 Kenny, Jemima	14	Pembs Cty	2:46.59
	38.26	42.19	43.60 42.54
19 Andreassen, Freya	14	Amman Valley	2:47.18
	38.37	42.94	43.92 41.95
20 Roberts-Truman, Betsan	13	Neath	2:47.26
	37.12	43.05	44.31 42.78
21 Williams, Fay	13	Neath	2:47.57
	37.46	42.97	45.63 41.51
22 Wells, Iris	14	C Dolphins	2:48.75
	38.78	43.37	44.46 42.14
23 Hawkins, Betsy-May	14	Llanelli	2:49.29
	38.67	43.51	44.52 42.59
24 May, Gwen	13	NexusValleys	2:50.77
	39.24	43.40	44.80 43.33
25 Roberts Mylan, Ffion	13	Swansea Aq	2:52.76
	38.87	44.90	46.99 42.00
26 Foldi, Kristina	13	Haverfordwes	2:54.55
	38.69	45.79	46.47 43.60

27 Fenemore, Emily	13	Carmarthen	2:54.90
	39.39	44.95	46.48 44.08
28 Clement, Darcey	13	Afan Valley	2:54.98
	39.31	44.77	46.23 44.67
29 Thomas, Carys	14	Penyrheol	2:55.99
	40.54	44.61	47.63 43.21
30 Lewis, Martha	14	Carmarthen	2:57.33
	38.77	45.54	47.69 45.33
31 Jewitt, Sophia	14	Swansea Aq	3:00.37
	40.93	46.12	47.50 45.82
32 Roberts Mylan, Sophie	13	Swansea Aq	3:02.60
	41.16	48.78	46.96 45.70
33 Titley, Lola	13	Milford Havn	3:03.45
	42.28	49.00	49.47 42.70
--- Harris, Chloe	13	C Dolphins	DQ
	37.35	42.04	44.03 39.72

**Event 235 Girls 15-16 200 LC Meter Freestyle**

Name	Age	Team	Finals Time
1 Griffiths, Cerys	15	Pembs Cty	2:08.26
	29.26	32.25	33.55 33.20
2 Nichols, Grace	15	Pembs Cty	2:15.54
	30.62	33.83	35.23 35.86
3 Lythgoe, Manon	16	Swansea Aq	2:20.36
	31.35	36.00	37.14 35.87
4 Williams, Marys	16	Swansea Aq	2:22.61
	32.18	35.63	37.52 37.28
5 Philpott, Ffion	16	Llanelli	2:24.88
	32.78	36.24	37.50 38.36
6 Upton-Boorman, Isabella	15	Carmarthen	2:28.91
	33.77	37.22	39.00 38.92
7 Thompson, Freya	15	Pembs Cty	2:28.94
	34.16	37.79	38.61 38.38
8 Bruce, Skye	16	Pembs Cty	2:29.50
	34.40	38.92	38.57 37.61
9 Jenkins, Alexandra	16	Swansea Aq	2:31.72
	34.93	38.79	39.89 38.11
10 Koo, Kathryn	16	Pembs Cty	2:33.90
	34.38	38.77	40.28 40.47
11 Giles, Seren	15	Neath	2:35.25
	35.68	39.19	40.09 40.29
12 Holloway, Olivia	16	Afan Valley	2:38.29
	36.94	40.75	41.03 39.57
--- Snellgrove, Chloe	15	Neath	DNF

**Event 235 Girls 17 & Over 200 LC Meter Freestyle**

Name	Age	Team	Finals Time
1 Sutton, Rebecca	24	Swansea Uni	2:06.59
	29.70	31.80	32.61 32.48
2 Davies, Megan	20	Swansea Uni	2:08.37
	30.40	32.44	32.92 32.61
3 Crawley, Abigail	20	Swansea Uni	2:12.93
	30.32	33.76	35.16 33.69
4 Rees, Katie	27	Swansea Uni	2:13.75
	31.03	33.77	35.45 33.50
5 King, Marley	17	Penyrheol	2:18.63
	30.93	35.55	36.49 35.66
6 Clissold, Elizabeth	19	Pembs Cty	2:21.29
	32.28	36.11	36.65 36.25
7 Clissold, Bronwyn	17	Pembs Cty	2:24.19
	32.64	36.53	37.99 37.03

## West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

## Results - Session 4 (Warmup (3.30 - 4.20))

**(Event 235 Girls 17 & Over 200 LC Meter Freestyle)**

Name	Age	Team	Finals Time
8 Gilderdale, Celyn	17	Pembs Cty	2:25.40
31.56	37.51	38.92	37.41
9 Ley, Lucy	17	Swansea Aq	2:30.55
34.06	37.51	39.43	39.55
10 Clifford, Bethany	18	Neath	2:32.91
34.02	38.66	40.14	40.09
11 Miles, Megan	17	Pembs Cty	2:39.82
34.59	40.90	42.60	41.73
12 Bray, Bethan	19	C Dolphins	2:45.46
35.91	40.14	44.12	45.29

--- Pembs Cty	A	DQ
1) West, Dexter 16	2) Bennett, Finley 16	
3) Harris, Osian 16	4) Silverstone, Sol 16	
31.48	1:05.79	34.53
31.23	1:09.39	27.76
		59.85

**Event 235 Girls 200 LC Meter Freestyle Multi-Class**

Name	Age	Team	Finals Time
1 Webb, Saskia S14	18	Pembs Cty	2:24.69
32.44	36.52	37.85	37.88
2 Philpott, Lowri S14	14	Llanelli	3:24.49
45.14	52.44	53.95	52.96

**Event 237 Boys 11-12 400 LC Meter Medley Relay**

Team	Relay	Finals Time
1 Llanelli	A	7:06.81
1) Burt, Gwion 12	2) Rees, Oscar 12	
3) Jermin, Morgan 12	4) Evans, Jacob 12	
2:50.73	2:00.80	2:27.48
2:23.32	1:33.23	1:45.97
		1:46.81

**Event 237 Boys 13-14 400 LC Meter Medley Relay**

Team	Relay	Finals Time
1 Neath	A	5:16.71
1) Smudzinski, Max 13	2) Morgan, Thomas 13	
3) Douglas, Lucas 14	4) Williams, Efan 13	
40.38	1:24.23	42.71
30.99	1:09.69	1:31.14
		33.12
		1:11.65
--- Swansea Aq	A	DQ
1) Hale, Oliver 14	2) Batcup, Oliver 13	
3) Waters, Toby 14	4) Antwhistle, Isaac 13	
38.85	1:20.40	44.15
36.61	1:22.94	1:35.23
		34.74
		1:10.54
--- Llanelli	A	DQ
1) Davies, Ellis 14	2) Morris, Leo 14	
3) Mills, Thomas 14	4) Bevan, Driw 13	
38.64	1:19.22	47.41
33.68	1:14.06	1:38.25
		35.33
		1:16.04

**Event 238 Boys 15-16 400 LC Meter Medley Relay**

Team	Relay	Finals Time
1 Llanelli	A	4:42.49
1) Galbraith, Elian 16	2) Stuart-Lavender, Jac 15	
3) Williams, Thomas 15	4) Burt, Caio 15	
33.53	1:11.20	35.44
31.84	1:07.96	1:16.63
		31.23
		1:06.70
2 Neath	A	4:47.69
1) Thomas, Iolo 15	2) Phillips, Ioan 15	
3) Roberts-Truman, Harri 15	4) Hetherington, Trystan 16	
30.95	1:04.43	37.60
32.35	1:16.33	1:21.15
		30.82
		1:05.78
3 Swansea Aq	A	4:47.93
1) Huang, Peidong 15	2) Twigger, Owen 16	
3) Hnoianyi, Andrii 16	4) Smith, Herbie 15	
36.28	1:16.52	35.12
31.37	1:08.42	1:16.88
		32.54
		1:06.11