

West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

Results - Session 5 (Warmup 8.00 - 8.50)

Event 311 Girls 11-12 200 LC Meter IM					Event 311 Girls 13-14 200 LC Meter IM				
Name	Age	Team	Finals Time		Name	Age	Team	Finals Time	
1	Davies, Isla	12	Amman Valley	2:37.96	3	Kazmiruk, Anastasiia	14	Amman Valley	2:44.42
	33.95	39.89	49.33	34.79		32.83	42.81	50.47	38.31
2	Berner, Iyla	12	Carmarthen	2:39.70	4	Galdes Cutting, Daisy	14	Pembs Cty	2:44.76
	33.34	43.10	48.07	35.19		35.54	44.17	50.63	34.42
3	Davies, Elizabeth	12	Pembs Cty	2:54.49	5	Jones, Hunydd	14	Carmarthen	2:46.12
	37.60	44.53	53.67	38.69		37.64	40.28	49.08	39.12
4	Beasley, Evaleigh	12	Swansea Aq	2:56.34	6	Williams, Paige	13	Swansea Aq	2:48.44
	39.15	46.76	52.15	38.28		36.02	41.45	52.00	38.97
5	Lewis, Evie	12	Pembs Cty	2:59.96	7	Hall, Isabelle	14	Pembs Cty	2:52.54
	38.19	48.23	53.45	40.09		37.04	46.13	50.41	38.96
6	Davies, Ava-Rose	12	Llanelli	3:04.80	8	Filmer, Gwennan	13	Aberystwyth	2:54.11
	42.59	46.72	56.96	38.53		37.58	45.79	51.96	38.78
7	Coles, Aria	12	Neath	3:06.09	9	Hall, Ellena	14	Pembs Cty	2:55.15
	40.20	50.85	54.00	41.04		38.24	45.32	52.08	39.51
8	Szmigiero, Kaya	12	Aberystwyth	3:09.08	10	Evans, Cadi	13	Swansea Aq	2:55.75
	40.58	49.81	59.39	39.30		38.54	46.21	49.13	41.87
9	Williams, April	11	Neath	3:09.85	11	Summerfield, Lucy	13	Llanelli	2:56.58
	40.64	48.20	59.20	41.81		36.58	48.91	49.26	41.83
10	Williams, Evie	12	Milford Havn	3:10.71	12	Short, Amelia	14	Neath	2:59.59
	45.70	47.27	57.53	40.21		35.13	47.33	55.93	41.20
11	Henson, Jessica	12	Pembs Cty	3:11.48	13	Morgan, Evelyn	14	Llanelli	3:00.47
	43.12	47.68	57.88	42.80		36.08	45.17	1:00.43	38.79
12	Morris, Besi	12	Amman Valley	3:13.45	14	Davies, Eva	14	Afan Valley	3:00.86
	40.41	47.79	59.16	46.09		38.00	47.42	54.70	40.74
13	Kurys, Bonnie	12	Carmarthen	3:16.75	15	Griffiths, Ffion	14	Pembs Cty	3:02.07
	44.60	50.91	57.06	44.18		38.35	44.70	1:00.51	38.51
14	Jones, Alexa	12	Llanelli	3:17.44	16	Davies, Erin	14	C Dolphins	3:04.07
	41.94	49.23	1:00.62	45.65		37.68	48.31	58.52	39.56
15	Griffiths, Isla	12	Pembs Cty	3:18.83	17	Kaill-Franks, Nia	14	Pembs Cty	3:04.37
	43.15	50.64	59.24	45.80		40.18	46.86	55.42	41.91
16	Hawkins, Lottie	12	Haverfordwes	3:19.73	18	Kenny, Jemima	14	Pembs Cty	3:04.42
	45.56	49.83	1:03.64	40.70		39.66	44.65	59.87	40.24
17	Mason, Ezmee	12	Pembs Cty	3:21.24	19	Powell, Nina	13	Pembs Cty	3:04.83
	46.45	53.43	59.75	41.61		40.52	48.59	56.66	39.06
18	Iturbe, Carys	12	Afan Valley	3:23.32	20	Morris, Ffion	13	Pembs Cty	3:05.83
	46.07	50.86	1:01.96	44.43		41.38	47.00	56.69	40.76
19	Polverino, Tilly	12	Neath	3:23.56	21	Pitans, Caitlin	13	Swansea Aq	3:06.61
	47.98	52.82	55.54	47.22		39.74	49.73	57.75	39.39
20	Owen, Maisie	12	Neath	3:29.31	22	Pinnock, Betsan	13	Swansea Aq	3:10.16
	43.73	57.32	1:00.03	48.23		42.71	46.28	58.82	42.35
21	Roberts, Arwyn	12	Afan Valley	3:31.02	23	Dyde, Phoebe	13	Pembs Cty	3:10.79
	50.66	55.09	1:02.39	42.88		42.30	52.63	55.82	40.04
22	Francis, Mia	12	Haverfordwes	3:33.11	24	Fry, Tilly	13	Llanelli	3:11.38
	47.73	57.47	1:01.27	46.64		42.42	50.79	57.81	40.36
23	Prince, Edith	11	Swansea Aq	3:33.54	25	Roberts Mylan, Ffion	13	Swansea Aq	3:11.58
	48.67	53.32	1:04.21	47.34		39.04	47.78	1:01.69	43.07
24	Snellgrove, Maddie	11	Neath	3:34.68	26	Williams, Fay	13	Neath	3:13.70
	45.05	53.77	1:09.46	46.40		42.94	46.82	1:03.92	40.02
25	Williams, Kelsey	12	NexusValleys	3:40.28	27	Percival, Bella	13	C Dolphins	3:15.42
	48.32	52.29	1:12.46	47.21		42.94	50.17	58.17	44.14
26	Edmunds, Freya	12	Llanelli	3:49.60	28	Clement, Darcey	13	Afan Valley	3:16.87
	53.80	56.36	1:11.91	47.53		46.35	50.48	57.43	42.61
					29	Griffiths, Elizabeth	14	Pembs Cty	3:17.63
						47.75	51.84	58.48	39.56
					30	Rees-Davies, Saoirse	14	Llanelli	3:17.71
						39.02	51.50	1:00.80	46.39
					31	Williams, Lois	13	Swansea Aq	3:18.51
						42.98	48.91	59.57	47.05
					32	May, Gwen	13	NexusValleys	3:18.60
						44.80	52.41	57.88	43.51
					33	Foldi, Kristina	13	Haverfordwes	3:21.21
						42.43	54.28	1:01.12	43.38

West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

Results - Session 5 (Warmup 8.00 - 8.50)

(Event 311 Girls 13-14 200 LC Meter IM)

Name	Age	Team	Finals Time
34 Jewitt, Sophia	14	Swansea Aq	3:21.84
47.66	48.28	59.20	46.70
35 Massey, Mia	13	C Dolphins	3:22.75
44.08	51.89	1:00.02	46.76
36 Edwards, Ffion	14	Penyrheol	3:23.81
44.18	47.45	1:04.02	48.16
37 Fenemore, Emily	13	Carmarthen	3:24.61
49.14	54.09	59.03	42.35
38 Davies, Betsi	13	Fishguard	3:24.83
48.90	53.20	58.59	44.14
39 Lewis, Martha	14	Carmarthen	3:26.00
45.92	56.72	59.14	44.22
40 Roberts Mylan, Sophie	13	Swansea Aq	3:26.57
46.19	53.43	1:02.28	44.67
41 Gardner-Rolfe, Mia	13	Swansea Aq	3:30.63
44.06	52.32	1:05.10	49.15
42 Wilde, Ayla-Belle	13	NexusValleys	3:36.95
50.25	55.31	59.42	51.97
43 Davies, Alana	13	Neath	3:42.63
48.26	59.01	1:08.55	46.81
--- Gil Wood, Elena	13	Swansea Aq	DQ
38.52	49.48	55.01	40.87
--- Williams, Grace	14	NexusValleys	DQ
45.31	52.09	57.22	41.82
--- Harris, Chloe	13	C Dolphins	DQ
42.26	49.04	56.52	40.12

Event 311 Girls 15-16 200 LC Meter IM

Name	Age	Team	Finals Time
1 Griffiths, Cerys	15	Pembs Cty	2:36.46
33.18	40.90	50.67	31.71
2 Geach, Libbie	16	Neath	2:36.83
32.12	40.31	49.77	34.63
3 Coffey, Cora	15	Neath	2:44.00
33.70	41.73	50.74	37.83
4 Stark, Tala	15	Pembs Cty	2:47.76
35.04	44.07	48.80	39.85
5 Upton-Boorman, Isabella	15	Carmarthen	2:48.24
35.72	41.81	52.01	38.70
6 Holmes, Seren	16	Neath	2:50.18
34.72	44.15	51.90	39.41
7 Bruce, Skye	16	Pembs Cty	2:51.47
36.30	43.22	53.68	38.27
8 Thompson, Freya	15	Pembs Cty	2:51.62
36.59	43.56	53.24	38.23
9 Mason, Phoebe	15	Pembs Cty	2:53.28
36.95	45.26	53.38	37.69
10 Jenkins, Alexandra	16	Swansea Aq	2:55.85
35.22	46.67	53.95	40.01
11 Ostrowski, Julia	16	Pembs Cty	3:00.43
35.02	46.49	56.85	42.07
12 Martin, Phoebe	15	Penyrheol	3:03.17
37.21	46.91	57.91	41.14
13 Dafydd, Mali	15	Carmarthen	3:06.38
37.99	46.72	58.59	43.08
14 Wilcockson, Alys	15	Aberystwyth	3:08.73
38.99	46.43	59.34	43.97
15 Bowen, Seren	15	Carmarthen	3:09.89
38.98	48.53	1:00.17	42.21

16 Perrott, Hannah	15	C Dolphins	3:11.74
39.28	49.32	58.39	44.75
17 Gale, Jasmine	15	Afan Valley	3:20.54
42.28	50.74	1:01.09	46.43
18 Jones, Ashleigh	15	Carmarthen	3:29.03
45.38	55.06	1:03.96	44.63

Event 311 Girls 17 & Over 200 LC Meter IM

Name	Age	Team	Finals Time
1 Hornby, Rachel	21	Swansea Uni	2:27.67
31.96	38.55	42.27	34.89
2 Dickinson, Jessica	20	Swansea Uni	2:30.98
30.38	39.35	46.86	34.39
3 Tree, Charlotte	21	Swansea Uni	2:35.08
32.75	40.25	45.26	36.82
4 Davis, Bethan	20	Swansea Uni	2:36.10
31.55	39.57	49.56	35.42
5 Dewsbury, Daisy	20	Swansea Uni	2:36.99
31.41	40.34	50.00	35.24
6 Lewis, Lowri	19	Neath	2:41.29
32.46	42.73	48.85	37.25
7 King, Marley	17	Penyrheol	2:41.49
34.94	40.85	50.11	35.59
8 Gillett, Keira	20	Swansea Uni	2:44.39
34.44	41.84	48.89	39.22
9 Ley, Lucy	17	Swansea Aq	2:49.74
35.51	44.81	49.19	40.23
10 Collins-Falconer, Alesha	17	NexusValleys	3:02.48
39.49	44.72	57.03	41.24

Event 311 Girls 200 LC Meter IM Multi-Class

Name	Age	Team	Finals Time
1 Webb, Saskia SM14	18	Pembs Cty	2:46.47
32.66	42.50	52.61	38.70

Event 312 Boys 13-14 400 LC Meter IM

Name	Age	Team	Finals Time
1 Sekula, Mateusz	14	NexusValleys	5:54.82
37.05	47.15	47.06	45.39
48.27	48.00	41.36	40.54
2 Sekula, Szymon	14	NexusValleys	6:15.40
41.23	51.98	50.92	49.13
48.76	48.95	44.19	40.24

Event 312 Boys 15-16 400 LC Meter IM

Name	Age	Team	Finals Time
1 Bennett, Finley	16	Pembs Cty	5:04.86
31.32	38.21	41.06	39.66
43.93	43.20	34.24	33.24
2 Phillips, Finley	15	Carmarthen	5:32.00
33.41	39.99	44.27	43.53
43.20	44.87	41.93	40.80
3 Davies, Gethin	16	Pembs Cty	5:41.78
33.19	41.09	44.54	44.27
51.27	49.66	39.35	38.41
4 Thomas, Rhys	15	Pembs Cty	6:03.04
37.86	48.11	47.13	45.87
51.10	51.47	41.41	40.09
5 Lerigo, Oli	15	Aberystwyth	6:19.82
37.53	48.82	49.74	48.21
52.53	54.72	45.36	42.91

West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

Results - Session 5 (Warmup 8.00 - 8.50)

Event 312 Boys 17 & Over 400 LC Meter IM

Name	Age	Team	Finals Time
1 Patsalides, Antonis	23	Swansea Uni	4:44.29
	29.38	34.08	36.64 35.98
	41.56	41.79	32.71 32.15
2 Neaves, Archie	20	Swansea Uni	4:51.64
	30.69	34.63	38.23 37.22
	41.61	41.84	34.16 33.26
3 Richardson, Osian	17	Swansea Aq	5:13.85
	32.43	38.77	41.84 39.46
	42.65	42.93	39.14 36.63
4 Upton-Boorman, Liam	18	Carmarthen	5:14.65
	30.51	37.13	41.19 41.05
	45.86	46.25	37.40 35.26

Event 313 Girls 11-12 100 LC Meter Breaststroke

Name	Age	Team	Finals Time
1 Rossiter-Wargent, Mia	12	Milford Havn	1:32.98
	44.50	48.48	
2 Hughes, Megan	12	C Dolphins	1:33.19
	44.16	49.03	
3 Lewis, Evie	12	Pembs Cty	1:34.91
	45.46	49.45	
4 Polverino, Tilly	12	Neath	1:42.44
	48.74	53.70	
5 Gwenter, Isobel	11	Neath	1:43.74
	48.49	55.25	
6 Kurys, Bonnie	12	Carmarthen	1:44.28
	49.92	54.36	
7 Owen, Maisie	12	Neath	1:46.01
	51.16	54.85	
8 Lennon, Amelia	11	Carmarthen	1:48.73
	51.57	57.16	
9 Griffiths, Isla	12	Pembs Cty	1:49.45
	51.75	57.70	
10 Salmon, Amelia	12	NexusValleys	1:49.61
	53.08	56.53	
11 Boyle, Samantha	11	Carmarthen	1:54.69
	55.07	59.62	
12 Francis, Mia	12	Haverfordwes	1:56.90
	56.61	1:00.29	
13 Alexander, Fflur	12	Aberystwyth	1:57.82
	54.08	1:03.74	
14 Bowen, Ella	12	Llanelli	1:59.61
	55.13	1:04.48	

Event 313 Girls 13-14 100 LC Meter Breaststroke

Name	Age	Team	Finals Time
1 Davies, Isabella	14	Llanelli	1:25.07
	41.74	43.33	
2 Hall, Isabelle	14	Pembs Cty	1:28.65
	42.01	46.64	
3 Bissicks, Cari	14	Neath	1:28.82
	41.70	47.12	
4 Patterson, Hollie	14	Carmarthen	1:30.10
	41.83	48.27	
5 Evans, Cadi	13	Swansea Aq	1:30.12
	42.21	47.91	
6 Dash, Amelie	14	Pembs Cty	1:30.35
	42.43	47.92	
7 Hughes, Tirion	14	Swansea Aq	1:32.98
	43.56	49.42	

8 Hughes, Mollie	14	C Dolphins	1:33.56
	44.83	48.73	
9 Longar, Miriam	13	Carmarthen	1:36.82
	47.28	49.54	
10 Filmer, Gwennan	13	Aberystwyth	1:36.83
	45.23	51.60	
11 Jewitt, Anya	14	Swansea Aq	1:37.06
	45.56	51.50	
12 Rowland, Scarlett	13	Neath	1:37.45
	46.12	51.33	
13 Pearce, Ava	14	Afan Valley	1:40.53
	48.28	52.25	
14 Gil Wood, Elena	13	Swansea Aq	1:42.28
	47.97	54.31	
15 Wilde, Ayla-Belle	13	NexusValleys	1:43.36
	47.39	55.97	
16 Davies, Betsi	13	Fishguard	1:44.27
	48.30	55.97	
17 Duncan, Ava	13	Amman Valley	1:45.94
	49.91	56.03	
18 Rees-Davies, Saoirse	14	Llanelli	1:46.51
	49.62	56.89	
19 Jones, Alaw	13	Carmarthen	1:46.64
	48.77	57.87	
20 Heron, Edith	13	Aberystwyth	1:48.45
	51.57	56.88	
21 Williams, Fay	13	Neath	1:49.73
	49.87	59.86	
--- Leane, Megan	13	Haverfordwes	DQ
	52.14	58.64	
--- Summerfield, Lucy	13	Llanelli	DQ
	43.80	47.93	

Event 313 Girls 15-16 100 LC Meter Breaststroke

Name	Age	Team	Finals Time
1 Stark, Tala	15	Pembs Cty	1:23.22
	39.03	44.19	
2 Hughes, Nancy	16	NexusValleys	1:28.50
	41.11	47.39	
3 Dafydd, Iola	16	Carmarthen	1:32.31
	44.51	47.80	
4 Holmes, Seren	16	Neath	1:32.35
	43.18	49.17	
5 Alexander, Seren	15	Aberystwyth	1:35.91
	44.99	50.92	
6 Snellgrove, Chloe	15	Neath	1:36.60
	44.85	51.75	
7 Thomas, Nikita	16	Llanelli	1:38.15
	45.58	52.57	
8 Wilcockson, Alys	15	Aberystwyth	1:42.43
	49.87	52.56	

Event 313 Girls 17 & Over 100 LC Meter Breaststroke

Name	Age	Team	Finals Time
1 Bissicks, Ella	18	Swansea Aq	1:14.39
	34.63	39.76	
2 Huellon, Claire	20	Swansea Uni	1:17.66
	35.96	41.70	
3 Rees, Katie	27	Swansea Uni	1:17.71
	36.41	41.30	
4 Mercer, Olivia	21	Swansea Uni	1:17.79
	35.74	42.05	

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Results - Session 5 (Warmup 8.00 - 8.50)

(Event 313 Girls 17 & Over 100 LC Meter Breaststroke)

Name	Age	Team	Finals Time
5 Owen, Kessie	17	Neath	1:19.12
36.35	42.77		
6 Mortimer, Connie	20	Swansea Uni	1:21.40
37.70	43.70		
7 Phillips, Emily	17	Neath	1:23.95
39.46	44.49		
8 Gibbs, Harriet	17	Amman Valley	1:24.40
38.42	45.98		
9 David, Isabelle	18	Swansea Aq	1:26.83
40.70	46.13		
10 Gillett, Keira	20	Swansea Uni	1:29.42
42.14	47.28		
11 Heredia-Rowe, Rhiannon	19	Neath	1:38.31
45.48	52.83		

Event 313 Girls 100 LC Meter Breaststroke Multi-Class

Name	Age	Team	Finals Time
1 Rice, Lily SB7	21	Pembs Cty	1:48.95
51.11	57.84		
2 Philpott, Lowri SB14	14	Llanelli	1:59.28
55.44	1:03.84		

Event 314 Boys 11-12 200 LC Meter Backstroke

Name	Age	Team	Finals Time
1 Lloyd, Vincent-Owen	12	Swansea Aq	3:09.60
44.69	48.45	49.38	47.08
2 Treinis, Lucian	11	Tenby	3:19.42
45.98	51.38	52.78	49.28

Event 314 Boys 13-14 200 LC Meter Backstroke

Name	Age	Team	Finals Time
1 King, Ethan	13	Penyrheol	2:29.84
34.03	38.32	38.94	38.55
2 Harwood, Jack	14	Pembs Cty	2:32.94
35.44	38.67	39.89	38.94
3 Davies, Ellis	14	Llanelli	2:41.50
37.93	40.38	42.09	41.10
4 Waters, Toby	14	Swansea Aq	2:42.96
38.08	41.59	42.13	41.16
*5 Hughes, Freddy	13	NexusValleys	2:44.38
39.64	43.04	44.13	37.57
*5 Noden, Rory	13	Pembs Cty	2:44.38
38.05	42.05	43.20	41.08
7 Hale, Oliver	14	Swansea Aq	2:46.34
39.22	43.11	43.37	40.64
8 Taylor, Joshua	13	NexusValleys	2:53.20
41.85	44.63	45.35	41.37
9 Antwhistle, Isaac	13	Swansea Aq	2:54.51
43.08	45.42	44.49	41.52
10 Marques-Jones, Felix	13	Amman Valley	2:57.80
43.19	46.80	46.12	41.69
11 Banner, Harry	13	Penyrheol	3:01.80
41.92	2:19.88		44.00
12 George, Kieran	14	Milford Havn	3:06.23
42.62	47.67	48.66	47.28
13 McAdie, Isaac	13	Swansea Aq	3:08.44
44.99	47.87	48.34	47.24
14 Backen, Freddie	13	Pembs Cty	3:12.23
45.46	49.42	50.33	47.02

Event 314 Boys 15-16 200 LC Meter Backstroke

Name	Age	Team	Finals Time
1 Thomas, Iolo	15	Neath	2:19.00
31.69	35.63	36.56	35.12
2 West, Dexter	16	Pembs Cty	2:20.03
31.98	34.92	36.66	36.47
3 Gray, Gruffudd	16	Swansea Aq	2:43.61
37.96	41.91	42.75	40.99
4 Hall, Ethan	16	Fishguard	2:47.62
39.76	42.11	43.41	42.34
5 Burt, Caio	15	Llanelli	2:49.17
39.43	43.09	44.21	42.44
6 Flynn, Asten	15	NexusValleys	2:56.77
39.76	46.03	45.50	45.48
7 Lerigo, Oli	15	Aberystwyth	2:59.06
42.00	46.99	47.15	42.92

Event 314 Boys 17 & Over 200 LC Meter Backstroke

Name	Age	Team	Finals Time
1 Hollinsky, Gideon	20	Swansea Uni	2:09.66
29.87	33.33	33.78	32.68
2 Armon, Jacob	22	Swansea Uni	2:10.95
30.18	33.53	34.36	32.88
3 Keeble, Alex	21	Swansea Uni	2:16.61
32.00	34.97	35.36	34.28
4 Montague, Mason	17	Pembs Cty	2:25.12
32.73	36.59	38.44	37.36

Event 315 Girls 11-12 50 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Berner, Iyla	12	Carmarthen	29.09
2 Davies, Isla	12	Amman Valley	29.23
3 Davies, Elizabeth	12	Pembs Cty	31.71
4 Beasley, Evaleigh	12	Swansea Aq	32.52
5 Morris, Blair	12	Neath	32.63
6 Szmigiero, Kaya	12	Aberystwyth	32.82
7 Wood, Lilly	12	Neath	33.30
8 Coles, Aria	12	Neath	33.71
9 Thomas, Eden	12	Neath	34.00
10 Mason, Ezmee	12	Pembs Cty	34.08
11 Laundry, Beatrix	12	Neath	34.11
12 Morris, Besi	12	Amman Valley	34.16
13 Davies, Halle	11	Amman Valley	34.25
*14 Williams, April	11	Neath	34.65
*14 Davies, Ava-Rose	12	Llanelli	34.65
16 Henson, Jessica	12	Pembs Cty	34.88
17 Williams, Evie	12	Milford Havn	34.94
18 Hughes, Megan	12	C Dolphins	35.26
19 Hawkins, Lottie	12	Haverfordwes	35.35
20 Kurys, Emiliese	11	Carmarthen	35.55
21 Francis, Mia	12	Haverfordwes	36.02
22 Iturbe, Carys	12	Afan Valley	36.16
23 Arnold, Olivia	12	Milford Havn	36.72
24 Rossiter-Wargent, Mia	12	Milford Havn	36.82
25 Kurys, Bonnie	12	Carmarthen	37.10
26 Mekael, Jolie	12	Neath	37.71
27 Clay, Emelia	11	Swansea Aq	37.99
28 Harding, Esmee	11	Neath	38.12
29 Prince, Edith	11	Swansea Aq	38.42
30 Thomas, Enlli	12	NexusValleys	38.47
31 Roberts, Arwyn	12	Afan Valley	38.48
32 Morgan, Iolah	11	PembrokeDist	38.52

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Results - Session 5 (Warmup 8.00 - 8.50)

(Event 315 Girls 11-12 50 LC Meter Freestyle)

Name	AgeTeam	Finals Time
33 Williams, Kelsey	12 NexusValleys	38.80
34 Austin, Sophie Haf	12 C Dolphins	38.92
35 Enoch, Erin	11 Carmarthen	38.96
36 Polverino, Tilly	12 Neath	39.10
37 Owen, Maisie	12 Neath	40.23
38 Snellgrove, Maddie	11 Neath	40.44
39 Boyle, Samantha	11 Carmarthen	40.67
40 Edmunds, Freya	12 Llanelli	40.88
41 Lennon, Amelia	11 Carmarthen	41.09
42 Watson, Isabelle	12 Neath	41.52
43 Shepherd, Amelia	11 C Dolphins	42.44
44 Tooze, Moli	11 Aberystwyth	45.07
45 McFarlane, Mali	11 Milford Havn	46.81

Event 315 Girls 13-14 50 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Bissicks, Cari	14 Neath	30.21
2 Burns, Freya	14 Amman Valley	30.29
3 Layland, Seren	14 Penyrheol	30.53
4 Filmer, Gwennan	13 Aberystwyth	30.60
5 Goodman, Lola	14 Swansea Aq	30.80
6 Goodman, Evie	14 Swansea Aq	30.92
7 Sedgemore, Lola	13 Neath	30.99
8 Griffiths, Elizabeth	14 Pembs Cty	31.09
9 Jones, Hunydd	14 Carmarthen	31.12
10 Mcfarlane, Una	14 Pembs Cty	31.27
11 Griffiths, Ffion	14 Pembs Cty	31.48
12 Morgan, Evelyn	14 Llanelli	31.81
13 Davies, Erin	14 C Dolphins	31.93
14 Kasto, Evie	14 Swansea Aq	32.59
*15 Harris, Chloe	13 C Dolphins	32.67
*15 Jenkins, Elli	14 Swansea Aq	32.67
17 Hughes, Tirion	14 Swansea Aq	32.72
18 Davies, Eva	14 Afan Valley	32.75
19 Hall, Ellena	14 Pembs Cty	32.78
20 Price, Seren -louise	13 Carmarthen	33.04
21 Short, Amelia	14 Neath	33.24
22 Evans, Annie	14 Neath	33.33
23 Gil Wood, Elena	13 Swansea Aq	33.52
24 Pearce, Ava	14 Afan Valley	33.89
25 Thomas, Carys	14 Penyrheol	34.01
26 David, Emily	14 Haverfordwes	34.10
27 Andreassen, Freya	14 Amman Valley	34.40
28 Jones, Alaw	13 Carmarthen	34.52
29 Deganello, Isabella	14 Swansea Aq	34.62
30 Thomas, Leah	14 Haverfordwes	34.65
31 Foldi, Kristina	13 Haverfordwes	34.72
32 Roberts-Truman, Betsan	13 Neath	34.75
33 Joseph, Ellie	13 C Dolphins	34.76
34 Pitans, Caitlin	13 Swansea Aq	34.93
35 Pinnock, Betsan	13 Swansea Aq	35.00
36 Gardner-Rolfe, Mia	13 Swansea Aq	35.11
37 Roberts Mylan, Ffion	13 Swansea Aq	35.25
38 Lewis, Martha	14 Carmarthen	35.69
39 Massey, Mia	13 C Dolphins	35.70
40 Davies, Betsi	13 Fishguard	35.97
41 May, Gwen	13 NexusValleys	36.04
42 Duncan, Ava	13 Amman Valley	36.21
43 Clement, Darcey	13 Afan Valley	36.23
44 Williams, Grace	14 NexusValleys	36.57

45 Roberts Mylan, Sophie	13 Swansea Aq	36.73
46 Jewitt, Anya	14 Swansea Aq	36.76
47 Fenemore, Emily	13 Carmarthen	36.90
48 Baylis, Ellie	13 Penyrheol	37.12
49 Jenkins, Alys	13 Amman Valley	37.28
50 Davies, Alana	13 Neath	37.44
51 Richards, Chloe-Elin	13 C Dolphins	38.36
52 Longar, Miriam	13 Carmarthen	38.53
53 Goss, Lucia	13 C Dolphins	40.71

Event 315 Girls 15-16 50 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Nichols, Grace	15 Pembs Cty	27.79
2 Geach, Libbie	16 Neath	29.15
3 Williams, Marys	16 Swansea Aq	30.06
4 Coffey, Cora	15 Neath	30.19
5 Watkins, Mylee	15 Neath	30.70
6 Thompson, Freya	15 Pembs Cty	31.14
7 Ostrowski, Julia	16 Pembs Cty	31.24
8 Conway, Erin	16 Swansea Aq	31.30
9 Thomas, Nikita	16 Llanelli	31.40
10 Upton-Boorman, Isabella	15 Carmarthen	31.59
11 Philpott, Ffion	16 Llanelli	31.85
12 Koo, Kathryn	16 Pembs Cty	31.90
13 Dafydd, Mali	15 Carmarthen	31.97
14 George, Eilir	15 Llanelli	32.15
15 Bruce, Skye	16 Pembs Cty	32.17
16 Holloway, Olivia	16 Afan Valley	32.26
17 Mason, Phoebe	15 Pembs Cty	32.33
18 Giles, Seren	15 Neath	32.56
19 Edwards, Isabel	16 Penyrheol	32.70
20 Bowen, Seren	15 Carmarthen	32.86
21 Martin, Phoebe	15 Penyrheol	33.47
22 Gale, Jasmine	15 Afan Valley	33.90
23 Snellgrove, Chloe	15 Neath	33.92
24 Wilcockson, Alys	15 Aberystwyth	34.02
25 Jones, Ashleigh	15 Carmarthen	34.07
26 Perrott, Hannah	15 C Dolphins	34.42
27 Alexander, Seren	15 Aberystwyth	36.11
28 McAdie, Imogen	16 Swansea Aq	36.35

Event 315 Girls 17 & Over 50 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Stead, Martha	20 Swansea Uni	27.32
2 Dickinson, Jessica	20 Swansea Uni	27.75
3 Lush, Emily	23 Swansea Uni	27.91
4 Leggott, Holly	23 Swansea Uni	28.33
5 Fry, Caitlyn	21 Swansea Uni	28.55
6 Knight, Bria	20 Swansea Uni	28.83
7 Butcher, Katherine	21 Swansea Uni	29.00
8 Carter, Ava	17 Penyrheol	29.02
9 Tucker, Holly	17 Swansea Aq	29.13
10 King, Marley	17 Penyrheol	29.30
11 Clissold, Elizabeth	19 Pembs Cty	29.38
12 Clissold, Bronwyn	17 Pembs Cty	29.40
13 Lewis, Lowri	19 Neath	29.51
14 Davies, Rachel	20 Swansea Uni	29.53
15 Gibbs, Harriet	17 Amman Valley	29.56
16 Goodliffe, Faith	25 C Dolphins	29.73
17 Gilderdale, Celyn	17 Pembs Cty	29.81
*18 Huws, Awen	17 NexusValleys	29.96
*18 Smart, Charlotte	18 Swansea Aq	29.96

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Results - Session 5 (Warmup 8.00 - 8.50)

(Event 315 Girls 17 & Over 50 LC Meter Freestyle)

Name	Age	Team	Finals Time
20 Williams, Hollie	18	Llanelli	30.07
21 Miles, Megan	17	Pembs Cty	30.56
22 Knight, Cari	17	Penyrheol	30.60
23 Clapham, Rhiannon	20	Fishguard	30.75
24 Owen, Kessie	17	Neath	30.98
25 Ley, Lucy	17	Swansea Aq	31.49
26 Arnold, Lily	17	Milford Havn	31.60
27 Thomas, Caitlin	17	Penyrheol	31.65
28 Clifford, Bethany	18	Neath	31.87
29 Thomas, Medi	17	Llanelli	32.02
30 Thomas, Nyla	18	Neath	32.22
31 Williams, Efa	17	Neath	33.25
32 Collins-Falconer, Alesha	17	NexusValleys	33.74

Event 317 Boys 13-14 800 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 NexusValleys	A	10:09.70
1) Taylor, Joshua 13	2) Sekula, Mateusz 14	
3) Sekula, Szymon 14	4) Hughes, Freddy 13	
35.81	1:16.57	1:58.29 2:38.36
33.21	1:12.89	1:53.70 2:32.43
36.66	1:17.23	1:59.03 2:39.12
30.90	1:06.86	1:44.56 2:19.79
2 Llanelli	A	10:11.42
1) Davies, Ellis 14	2) Morris, Leo 14	
3) Bevan, Driw 13	4) Mills, Thomas 14	
33.89	1:12.05	1:50.35 2:27.15
36.68	1:16.75	1:57.33 2:35.92
37.53	1:20.57	2:05.47 2:48.43
30.57	1:05.68	1:43.60 2:19.92
3 Swansea Aq	A	10:37.99
1) Hale, Oliver 14	2) Waters, Toby 14	
3) Antwhistle, Isaac 13	4) Batcup, Oliver 13	
34.59	1:14.59	1:55.53 2:34.01
35.39	1:15.41	1:55.50 2:34.20
39.19	1:20.88	2:01.66 2:38.36
37.81	1:21.66	2:07.47 2:51.42

Event 317 Boys 15-16 800 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Pembs Cty	A	8:59.27
1) Bennett, Finley 16	2) West, Dexter 16	
3) Davies, Gethin 16	4) Silverstone, Sol 16	
29.61	1:02.33	1:36.99 2:10.94
31.00	1:05.06	1:40.13 2:15.23
29.63	1:04.92	1:43.73 2:22.07
28.05	1:01.75	1:36.61 2:11.03
2 Llanelli	A	9:18.82
1) Williams, Thomas 15	2) Stuart-Lavender, Jac 15	
3) Burt, Caio 15	4) Galbraith, Elian 16	
30.51	1:03.54	1:38.33 2:12.48
32.08	1:10.59	1:49.21 2:26.73
31.98	1:08.75	1:47.83 2:25.61
28.98	1:02.25	1:38.87 2:14.00
3 Swansea Aq	A	9:46.46
1) Twigger, Owen 16	2) Huang, Peidong 15	
3) Hnoianyi, Andrii 16	4) Smith, Herbie 15	
28.00	57.79	1:28.97 2:01.16
33.56	1:12.93	1:54.97 2:36.17
33.82	1:13.53	1:57.09 2:37.80
34.44	1:13.75	1:53.18 2:31.33