

West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025

Results - Session 7 (Warmup 3.35 - 4.25)

Event 331 Boys 11-12 50 LC Meter Breaststroke

Name	Age	Team	Finals Time
1 Lloyd, Vincent-Owen	12	Swansea Aq	41.85
2 Williams, Lucas	11	Swansea Aq	43.74
3 Jermin, Morgan	12	Llanelli	45.91
4 Rees, Oscar	12	Llanelli	46.96
5 Munt, Oliver	12	Haverfordwes	48.71
6 Treinis, Lucian	11	Tenby	49.37
7 Gorvett, Blu	11	Aberavon	52.26
8 Salah, Karim	11	Carmarthen	53.74

Event 331 Boys 13-14 50 LC Meter Breaststroke

Name	Age	Team	Finals Time
1 Sekula, Mateusz	14	NexusValleys	36.97
2 Fogarty, Oliver	13	Pembs Cty	38.94
3 Sekula, Szymon	14	NexusValleys	39.44
4 Batcup, Oliver	13	Swansea Aq	40.07
5 Marques-Jones, Felix	13	Amman Valley	40.90
6 Jones, Dafydd	13	Amman Valley	41.13
7 Hughes, Freddy	13	NexusValleys	41.85
8 Lewis, Henry	13	Neath	44.93
9 Evans, Sam	13	Pembs Cty	46.47
10 Lloyd- Roberts, Harry	13	Milford Havn	48.22

Event 331 Boys 15-16 50 LC Meter Breaststroke

Name	Age	Team	Finals Time
1 Phillips, Finley	15	Carmarthen	33.60
2 Stuart-Lavender, Jac	15	Llanelli	33.84
3 Twigger, Owen	16	Swansea Aq	33.97
4 Phillips, Ioan	15	Neath	34.84
5 Hall, Ethan	16	Fishguard	36.15
6 Lerigo, Oli	15	Aberystwyth	39.02
7 Thomas, Rhys	15	Pembs Cty	39.15
8 Burt, Caio	15	Llanelli	40.41
9 Lewis, Cian	16	Neath	41.05
10 Poole, Tomos	15	Afan Valley	41.92
11 Davis, Oliver	15	Carmarthen	42.81

Event 331 Boys 17 & Over 50 LC Meter Breaststroke

Name	Age	Team	Finals Time
1 Davies, Aneurin	21	Swansea Uni	30.01
2 Walford, Nathan	20	Swansea Uni	30.10
3 Hoey, Luke	23	Swansea Uni	30.67
4 Kendrick, Elijah	21	Swansea Uni	31.01
5 Clarke, Henry	18	Swansea Aq	31.30
6 Stratton, Joe	21	Swansea Uni	31.40
7 Upton-Boorman, Liam	18	Carmarthen	33.65
8 Lloyd, Thomas	17	Swansea Aq	34.98
9 Backen, Henry	17	Haverfordwes	40.19

Event 332 Girls 11-12 200 LC Meter Butterfly

Name	Age	Team	Finals Time
1 Lewis, Evie	12	Pembs Cty	3:37.62
46.23	56.91	57.31	57.17

Event 332 Girls 13-14 200 LC Meter Butterfly

Name	Age	Team	Finals Time
1 Dyde, Phoebe	13	Pembs Cty	3:36.43
45.14	57.71	58.45	55.13

Event 332 Girls 15-16 200 LC Meter Butterfly

Name	Age	Team	Finals Time
1 Mason, Phoebe	15	Pembs Cty	3:02.71
37.95	45.05	49.49	50.22
2 Hughes, Nancy	16	NexusValleys	3:12.03
39.15	49.40	52.17	51.31

Event 332 Girls 17 & Over 200 LC Meter Butterfly

Name	Age	Team	Finals Time
1 Roberts, Catherine	22	Swansea Uni	2:19.75
31.53	36.28	36.24	35.70
2 Davies, Megan	20	Swansea Uni	2:21.87
31.80	35.65	36.83	37.59
3 Hornby, Rachel	21	Swansea Uni	2:25.25
32.51	36.48	37.80	38.46
4 Huws, Awen	17	NexusValleys	3:01.53
38.66	50.10	51.33	41.44

Event 333 Boys 11-12 100 LC Meter Butterfly

Name	Age	Team	Finals Time
1 Jermin, Morgan	12	Llanelli	1:30.46
41.04	49.42		

Event 333 Boys 13-14 100 LC Meter Butterfly

Name	Age	Team	Finals Time
1 Mills, Thomas	14	Llanelli	1:14.55
33.88	40.67		
2 Hughes, Freddy	13	NexusValleys	1:15.96
34.66	41.30		
3 Smith, Declan	14	Amman Valley	1:16.81
35.46	41.35		
4 Bowes, James	13	Carmarthen	1:30.65
43.03	47.62		

Event 333 Boys 15-16 100 LC Meter Butterfly

Name	Age	Team	Finals Time
1 Silverstone, Sol	16	Pembs Cty	1:02.75
27.87	34.88		
2 Williams, Thomas	15	Llanelli	1:06.49
31.05	35.44		
3 Galbraith, Elian	16	Llanelli	1:07.28
31.54	35.74		
4 Hnoianyi, Andrii	16	Swansea Aq	1:07.87
31.81	36.06		
5 Chapman, Coby	16	Penyrheol	1:09.85
31.70	38.15		
6 Harris, Osian	16	Pembs Cty	1:10.73
31.89	38.84		
7 Davies, Gethin	16	Pembs Cty	1:13.68
33.31	40.37		
8 Morgan, Ben	16	Pembs Cty	1:15.79
34.78	41.01		
9 Burt, Caio	15	Llanelli	1:22.37
36.02	46.35		

Event 333 Boys 17 & Over 100 LC Meter Butterfly

Name	Age	Team	Finals Time
1 Burton, Luke	22	Swansea Uni	57.79
26.89	30.90		
2 Murray, Ross	20	Swansea Uni	58.40
26.75	31.65		
3 Docking-Smith, Frankie	21	Swansea Uni	59.66
26.96	32.70		

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(Event 333 Boys 17 & Over 100 LC Meter Butterfly)

Name	Age	Team	Finals Time
4 Chapman, Nathan	21	Swansea Uni	1:00.13
28.20	31.93		
5 Richardson, Osian	17	Swansea Aq	1:06.73
30.05	36.68		
6 McIntyre, Jonah	20	Swansea Uni	1:08.21
31.25	36.96		

Event 334 Girls 11-12 400 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Berner, Iyla	12	Carmarthen	4:57.94
32.89	37.51	39.33	38.58
38.53	38.91	37.52	34.67
2 Davies, Elizabeth	12	Pembs Cty	5:33.19
36.60	41.90	43.06	43.18
43.10	43.29	42.23	39.83
3 Beasley, Evaleigh	12	Swansea Aq	5:34.13
38.58	42.19	43.37	43.76
43.83	44.02	41.57	36.81
4 Davies, Ava-Rose	12	Llanelli	5:38.01
37.93	42.11	43.88	43.31
43.34	44.18	43.62	39.64
5 Hughes, Megan	12	C Dolphins	5:55.11
38.13	43.42	44.86	45.79
47.24	47.14	46.42	42.11
6 Coles, Aria	12	Neath	5:58.72
39.80	46.00	44.95	47.09
45.32	46.94	45.34	43.28
7 Kurys, Emiliese	11	Carmarthen	6:02.17
40.55	46.95	47.72	47.62
46.51	46.96	43.45	42.41
8 Roberts, Arwyn	12	Afan Valley	6:13.25
39.98	46.41	47.38	47.58
47.89	48.10	48.45	47.46
9 Morgan, Iolah	11	PembrokeDist	6:22.13
42.35	48.83	48.55	49.93
48.94	49.97	47.82	45.74
10 Enoch, Erin	11	Carmarthen	6:41.77
45.21	52.22	52.98	52.77
52.04	52.08	48.08	46.39
11 Thomas, Enlli	12	NexusValleys	6:51.49
44.52	52.89	52.59	53.21
52.81	52.51	53.05	49.91

Event 334 Girls 13-14 400 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Galdes Cutting, Daisy	14	Pembs Cty	4:49.88
32.12	36.42	37.12	37.34
36.85	37.26	36.56	36.21
2 Burns, Freya	14	Amman Valley	4:55.43
32.67	36.67	38.14	38.18
37.67	38.26	37.46	36.38
3 Mcfarlane, Una	14	Pembs Cty	5:05.19
34.20	38.61	38.91	39.15
39.10	39.62	38.74	36.86
4 Davies, Isabella	14	Llanelli	5:13.49
36.44	39.78	40.39	39.81
40.83	39.24	39.38	37.62
5 Morgan, Evelyn	14	Llanelli	5:14.14
34.32	39.00	39.69	40.74
40.46	40.94	40.51	38.48

6 Williams, Paige	13	Swansea Aq	5:18.76
36.73	38.52	40.47	40.57
40.83	41.83	41.22	38.59
7 Hall, Ellena	14	Pembs Cty	5:19.77
35.86	39.57	40.67	40.73
41.28	41.25	41.17	39.24
8 Patterson, Hollie	14	Carmarthen	5:22.71
36.02	41.21	41.17	41.62
42.05	41.90	40.10	38.64
9 Jenkins, Elli	14	Swansea Aq	5:24.13
38.45	41.51	41.25	41.24
41.22	41.49	41.12	37.85
10 Griffiths, Elizabeth	14	Pembs Cty	5:50.91
39.43	44.83	45.60	46.79
45.96	45.47	43.02	39.81
11 Kaill-Franks, Nia	14	Pembs Cty	5:52.66
39.00	43.36	45.15	46.40
45.51	46.49	44.64	42.11
12 Kenny, Jemima	14	Pembs Cty	5:53.68
38.85	43.79	45.31	45.16
45.91	45.50	46.10	43.06
13 Pinnock, Betsan	13	Swansea Aq	5:55.75
37.85	44.15	45.65	45.66
47.39	46.29	46.52	42.24
14 Roberts Mylan, Ffion	13	Swansea Aq	5:56.35
38.25	45.85	46.14	44.19
46.95	44.41	46.34	44.22
15 Evans, Annie	14	Neath	5:57.33
38.18	43.69	45.86	46.35
47.02	46.47	46.48	43.28
16 Davies, Eva	14	Afan Valley	5:57.49
41.34	45.48	46.01	46.48
45.68	45.95	44.63	41.92
17 Fenemore, Emily	13	Carmarthen	5:58.58
39.14	44.44	45.20	47.01
46.56	46.89	44.16	45.18
18 May, Gwen	13	NexusValleys	5:59.51
40.45	44.98	45.13	46.45
47.04	47.77	44.76	42.93
19 Roberts Mylan, Sophie	13	Swansea Aq	6:11.75
41.12	46.99	47.26	47.14
48.64	47.46	47.66	45.48

Event 334 Girls 15-16 400 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Griffiths, Cerys	15	Pembs Cty	4:39.04
31.08	34.91	35.30	35.97
36.38	35.74	35.32	34.34
2 Philpott, Ffion	16	Llanelli	4:59.57
33.05	36.14	37.63	38.91
38.47	38.99	38.45	37.93
3 Williams, Marys	16	Swansea Aq	5:04.36
34.00	37.79	38.59	39.39
39.74	39.40	38.80	36.65
4 Thompson, Freya	15	Pembs Cty	5:12.41
34.86	39.55	40.67	40.41
40.17	39.89	38.84	38.02
5 Upton-Boorman, Isabella	15	Carmarthen	5:14.25
34.32	38.41	40.21	40.60
40.75	40.50	40.76	38.70

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Name	Age	Team	Finals Time	
6 Bruce, Skye	16	Pembs Cty	5:14.84	
			34.69	39.04
			41.27	40.80
			40.20	39.95
			40.27	38.62
7 Watkins, Mylee	15	Neath	5:20.10	
			34.89	38.82
			40.16	41.23
			42.22	41.97
			40.81	40.00
8 Thomas, Nikita	16	Llanelli	5:26.13	
			35.28	40.52
			42.63	42.70
			42.71	42.17
			41.35	38.77
9 Chapman, Olivia	15	Swansea Aq	5:40.91	
			38.24	43.62
			44.74	44.73
			43.30	42.86
			42.27	41.15
10 Jones, Ashleigh	15	Carmarthen	6:06.56	
			39.73	44.95
			48.00	48.40
			47.95	47.57
			45.89	44.07

Event 334 Girls 17 & Over 400 LC Meter Freestyle

Name	Age	Team	Finals Time	
1 Johnson, Charlotte	22	Swansea Uni	4:30.65	
			31.27	33.49
			34.18	33.91
			34.27	34.62
			34.83	34.08
2 Tree, Charlotte	21	Swansea Uni	4:47.50	
			31.99	35.27
			36.36	36.90
			36.63	37.08
			36.99	36.28
3 Clissold, Elizabeth	19	Pembs Cty	4:56.58	
			33.44	36.45
			37.56	38.19
			38.13	37.77
			38.16	36.88
4 Clissold, Bronwyn	17	Pembs Cty	5:04.66	
			32.81	37.77
			39.14	39.63
			39.65	39.26
			39.56	36.84
5 Gilderdale, Celyn	17	Pembs Cty	5:13.76	
			33.84	38.47
			40.37	40.42
			40.40	40.77
			40.07	39.42
6 Cooper, Megan	17	Neath	5:27.18	
			35.47	40.32
			40.95	42.28
			41.79	42.83
			42.19	41.35
7 Clifford, Bethany	18	Neath	5:31.89	
			36.52	39.82
			41.96	42.33
			42.23	43.81
			42.80	42.42
8 Heredia-Rowe, Rhiannon	19	Neath	5:50.73	
			37.78	42.00
			44.06	44.89
			46.19	44.90
			46.29	44.62

Event 334 Girls 400 LC Meter Freestyle Multi-Class

Name	Age	Team	Finals Time	
1 Philpott, Lowri S14	14	Llanelli	7:13.10	
			46.50	54.16
			56.18	55.43
			56.48	56.68
			55.64	52.03

Event 335 Boys 11-12 200 LC Meter Freestyle

Name	Age	Team	Finals Time	
1 Lloyd, Vincent-Owen	12	Swansea Aq	2:50.21	
			39.01	45.57
			45.53	40.10
2 Treinis, Lucian	11	Tenby	3:11.48	
			42.21	51.51
			52.13	45.63
3 Gorvett, Blu	11	Aberavon	3:12.15	
			44.82	50.71
			51.54	45.08
4 Munt, Oliver	12	Haverfordwes	3:17.97	
			44.81	49.80
			53.14	50.22
5 Weston, Zac	11	PembrokeDist	3:20.88	
			46.50	52.04
			53.69	48.65

6 Davies, Gruffydd	11	Carmarthen	3:21.86	
			42.32	50.41
			53.86	55.27

Event 335 Boys 13-14 200 LC Meter Freestyle

Name	Age	Team	Finals Time	
1 Harwood, Jack	14	Pembs Cty	2:17.71	
			31.28	35.08
			36.86	34.49
2 King, Ethan	13	Penyrheol	2:18.33	
			31.17	35.34
			36.69	35.13
3 Mills, Thomas	14	Llanelli	2:21.51	
			32.80	35.55
			37.15	36.01
4 Morris, Leo	14	Llanelli	2:29.02	
			33.49	38.32
			40.14	37.07
5 Evans, Sam	13	Pembs Cty	2:31.20	
			33.71	38.52
			40.34	38.63
6 Noden, Rory	13	Pembs Cty	2:32.75	
			33.77	39.96
			39.93	39.09
7 Fogarty, Oliver	13	Pembs Cty	2:33.48	
			34.34	39.02
			40.95	39.17
8 Marques-Jones, Felix	13	Amman Valley	2:37.74	
			36.31	41.68
			41.76	37.99
9 Antwhistle, Isaac	13	Swansea Aq	2:38.10	
			37.21	41.22
			40.76	38.91
10 Jones, Dion	14	Carmarthen	2:43.54	
			38.19	41.86
			43.10	40.39
11 Weston, Ben	14	PembrokeDist	2:45.96	
			37.34	42.70
			45.55	40.37
12 Phillips, Gethin	14	Haverfordwes	2:47.15	
			35.45	41.18
			46.09	44.43
13 Backen, Freddie	13	Pembs Cty	2:49.02	
			39.11	43.53
			44.11	42.27
14 Jones, Tomi	13	Neath	2:52.13	
			37.75	44.24
			46.14	44.00

Event 335 Boys 15-16 200 LC Meter Freestyle

Name	Age	Team	Finals Time	
1 Silverstone, Sol	16	Pembs Cty	2:07.52	
			28.17	30.73
			34.31	34.31
2 Williams, Thomas	15	Llanelli	2:10.73	
			30.55	33.09
			34.09	33.00
3 Galbraith, Elian	16	Llanelli	2:14.85	
			29.82	33.95
			36.02	35.06
4 Morgan, Ben	16	Pembs Cty	2:20.63	
			31.38	35.49
			37.45	36.31
5 Flynn, Asten	15	NexusValleys	2:20.87	
			32.68	37.33
			37.88	32.98
6 Smith, Herbie	15	Swansea Aq	2:26.53	
			33.91	37.07
			38.02	37.53
7 Stuart-Lavender, Jac	15	Llanelli	2:26.81	
			32.60	38.41
			38.85	36.95
8 Gray, Gruffudd	16	Swansea Aq	2:28.19	
			33.36	37.76
			39.26	37.81
9 Thomas, Rhys	15	Pembs Cty	2:28.94	
			33.86	38.51
			39.05	37.52
10 Stephens, Charlie	15	Neath	2:33.24	
			34.78	38.20
			41.34	38.92
11 Hill, Alexander Ralph	15	Carmarthen	2:39.30	
			34.00	39.78
			44.34	41.18

Event 335 Boys 17 & Over 200 LC Meter Freestyle

Name	Age	Team	Finals Time	
1 Staines, Luca	21	Swansea Uni	1:56.02	
			27.32	29.44
			30.17	29.09

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Name	Age	Team	Finals Time
2 Armon, Jacob	22	Swansea Uni	1:56.84
27.21	29.52	30.45	29.66
3 Gallahger, Dylan	22	Swansea Uni	1:56.91
27.82	29.57	30.26	29.26
*4 Neroshenko, Valeriy	20	Swansea Uni	1:57.55
26.94	29.62	31.08	29.91
*4 Kershaw, Charles	23	Swansea Uni	1:57.55
26.59	28.75	30.16	32.05
6 Adams, Max	21	Swansea Uni	1:57.71
26.88	30.02	30.21	30.60
7 Lee, Jacob	19	Swansea Uni	1:58.27
27.45	29.76	30.94	30.12
8 Burton, Luke	22	Swansea Uni	2:01.54
27.65	29.99	31.66	32.24
9 Keeble, Alex	21	Swansea Uni	2:02.79
28.11	30.51	32.35	31.82
10 Ryan, Sam	19	Swansea Uni	2:02.86
28.35	30.65	31.80	32.06
11 Broom, Dylan	23	Swansea Uni	2:03.86
28.08	31.49	32.33	31.96
12 Upton-Boorman, Liam	18	Carmarthen	2:11.27
29.17	32.99	35.50	33.61
13 Lloyd, Thomas	17	Swansea Aq	2:16.18
30.74	33.57	36.41	35.46
14 Read, William	17	Swansea Aq	2:17.36
29.99	34.86	36.24	36.27

Event 336 Girls 11-12 400 LC Meter Medley Relay

Team	Relay	Finals Time
1 Pembs Cty	A	5:44.05
1) Griffiths, Isla 12	2) Lewis, Evie 12	
3) Davies, Elizabeth 12	4) Mason, Ezmee 12	
41.93	1:28.39	44.89
37.51	1:25.39	36.04
		1:15.80
2 Neath	A	5:46.60
1) Morris, Blair 12	2) Coles, Aria 12	
3) Gwenter, Isobel 11	4) Wood, Lilly 12	
40.61	1:25.81	45.49
40.05	1:31.63	34.53
		1:12.51
3 Llanelli	A	6:20.04
1) Jones, Alexa 12	2) Bowen, Ella 12	
3) Edmunds, Freya 12	4) Davies, Ava-Rose 12	
41.83	1:25.97	52.82
48.59	1:47.47	33.99
		1:12.12
--- Neath	B	DQ
1) Williams, April 11	2) Polverino, Tilly 12	
3) Snellgrove, Maddie 11	4) Thomas, Eden 12	
42.02	1:26.75	47.41
45.75	3:00.17	1:41.27

Event 337 Girls 13-14 400 LC Meter Medley Relay

Team	Relay	Finals Time
1 Neath	A	5:17.44
1) Lewis, Megan 14	2) Bissicks, Cari 14	
3) Rowland, Scarlett 13	4) Sedgemore, Lola 13	
39.01	1:22.47	40.90
35.17	1:16.67	32.30
		1:09.41

2 Swansea Aq	A	5:21.58
1) Williams, Paige 13	2) Hughes, Tirion 14	
3) Hnoiana, Valentyna 13	4) Goodman, Evie 14	
38.84	1:18.26	42.62
36.83	1:24.70	31.98
		1:08.06
3 Llanelli	A	5:43.91
1) Fry, Tilly 13	2) Koszalski, Soffia 13	
3) Summerfield, Lucy 13	4) Hawkins, Betsy-May 14	
40.49	1:23.61	48.67
37.00	1:22.96	35.35
		1:14.83
4 C Dolphins	A	5:47.09
1) Percival, Bella 13	2) Hughes, Mollie 14	
3) Harris, Chloe 13	4) Davies, Erin 14	
44.75	1:31.95	44.62
41.84	1:31.27	33.02
		1:09.94
--- Pembs Cty	A	DQ
1) Mcfarlane, Una 14	2) Hall, Isabelle 14	
3) Dash, Amelie 14	4) Galdes Cutting, Daisy 14	
38.59	1:18.59	41.07
33.49	1:11.95	32.90
		1:08.39

Event 338 Girls 15-16 400 LC Meter Medley Relay

Team	Relay	Finals Time
1 Pembs Cty	A	4:50.61
1) Nichols, Grace 15	2) Stark, Tala 15	
3) Griffiths, Cerys 15	4) Bruce, Skye 16	
33.42	1:08.84	37.80
33.01	1:12.47	32.05
		1:07.15
2 Neath	A	4:57.41
1) Coffey, Cora 15	2) Holmes, Seren 16	
3) Geach, Libbie 16	4) Watkins, Mylee 15	
35.23	1:13.79	40.43
30.48	1:07.13	32.02
		1:07.83
3 Swansea Aq	A	5:00.72
1) Chapman, Olivia 15	2) Knight, Lily 15	
3) Lythgoe, Manon 16	4) Williams, Marys 16	
37.48	1:18.03	41.30
32.61	1:11.17	30.87
		1:04.86
--- Llanelli	A	DQ
1) Murphy, Sienna 15	2) Tucker, Lowri 16	
3) George, Eilir 15	4) Thomas, Nikita 16	
44.53	1:32.00	49.35
36.04	1:21.81	33.62
		1:11.33

Event 339 Girls 17 & Over 400 LC Meter Medley Relay

Team	Relay	Finals Time
1 Swansea Aq	A	4:42.58
1) Smart, Charlotte 18	2) Bissicks, Ella 18	
3) Tucker, Holly 17	4) Hatton-Ellis, Isabelle 17	
34.04	1:09.81	35.09
31.84	1:10.47	30.39
		1:05.35
2 Neath	A	5:01.65
1) Evans, Bethan 20	2) Owen, Kessie 17	
3) Lewis, Lowri 19	4) Thomas, Nyla 18	
36.22	1:16.54	37.20
31.88	1:11.12	32.90
		1:11.91
3 C Dolphins	A	5:32.84
1) Goodliffe, Faith 25	2) Bray, Bethan 19	
3) Catling, Freya 17	4) Davies, Lowri 17	
37.66	1:19.18	44.00
35.50	1:16.90	36.63
		1:17.49

West Wales Regional LC Championships 2025 - 07/02/2025 to 09/02/2025**Results - Session 7 (Warmup 3.35 - 4.25)****Event 500 Mixed 100 LC Meter Freestyle**

	Name	AgeTeam	Finals Time
1	Geach, Libbie	16 Neath	1:01.54
2	Bissicks, Cari	14 Neath	1:06.97
3	Jones, Alexa	12 Llanelli	1:17.75
4	Davies, Halle	11 Amman Valley	1:20.96

Event 501 Mixed 100 LC Meter Backstroke

	Name	AgeTeam	Finals Time
1	Thomas, Iolo	15 Neath	1:04.43
2	Fry, Tilly	13 Llanelli	1:23.61